Marking the Millennium

FLASHBACK 2000

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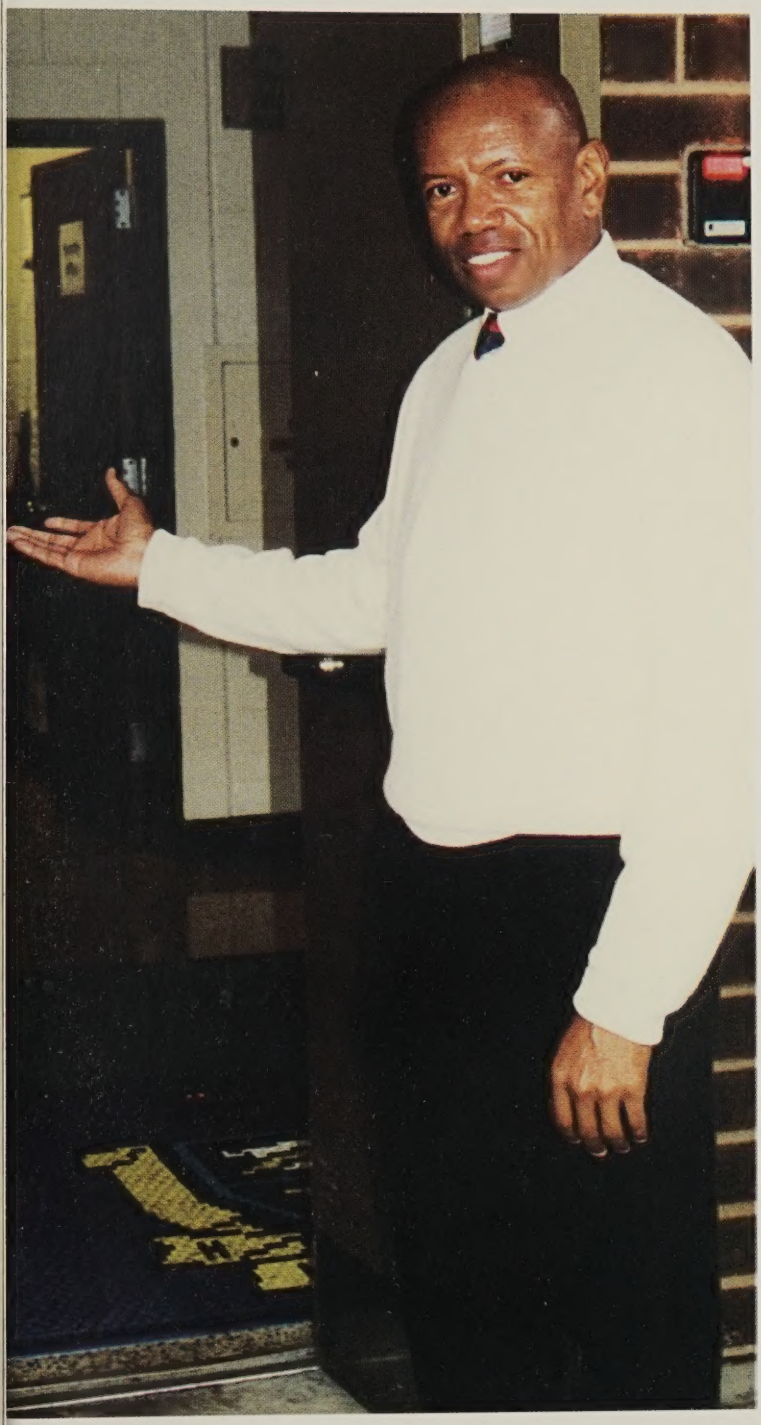
Marking the Millennium

Marking the Millennium



North Stafford High School
2000 Flashback
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There's no place like home! The door is always open for members of the community, especially students. Principal Henry Johnson, Jr. did his very best to make sure each and every student felt like North Stafford High School was their home away from home.

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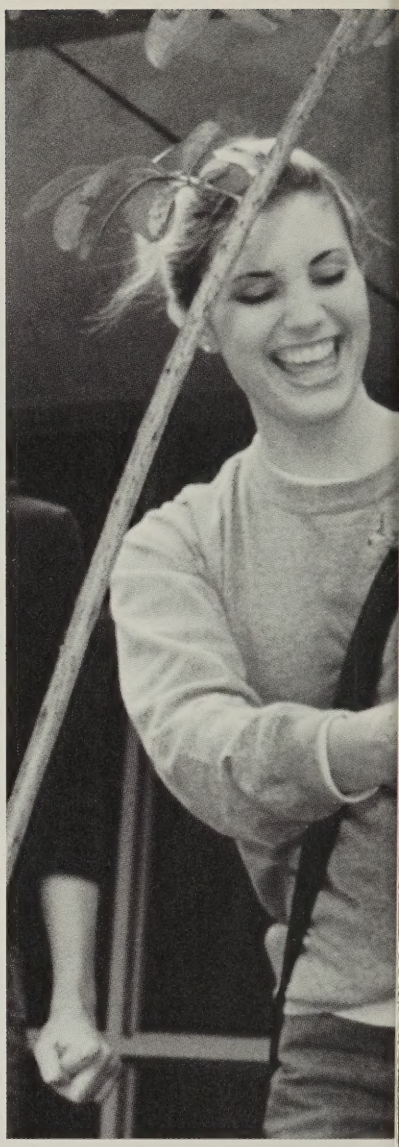
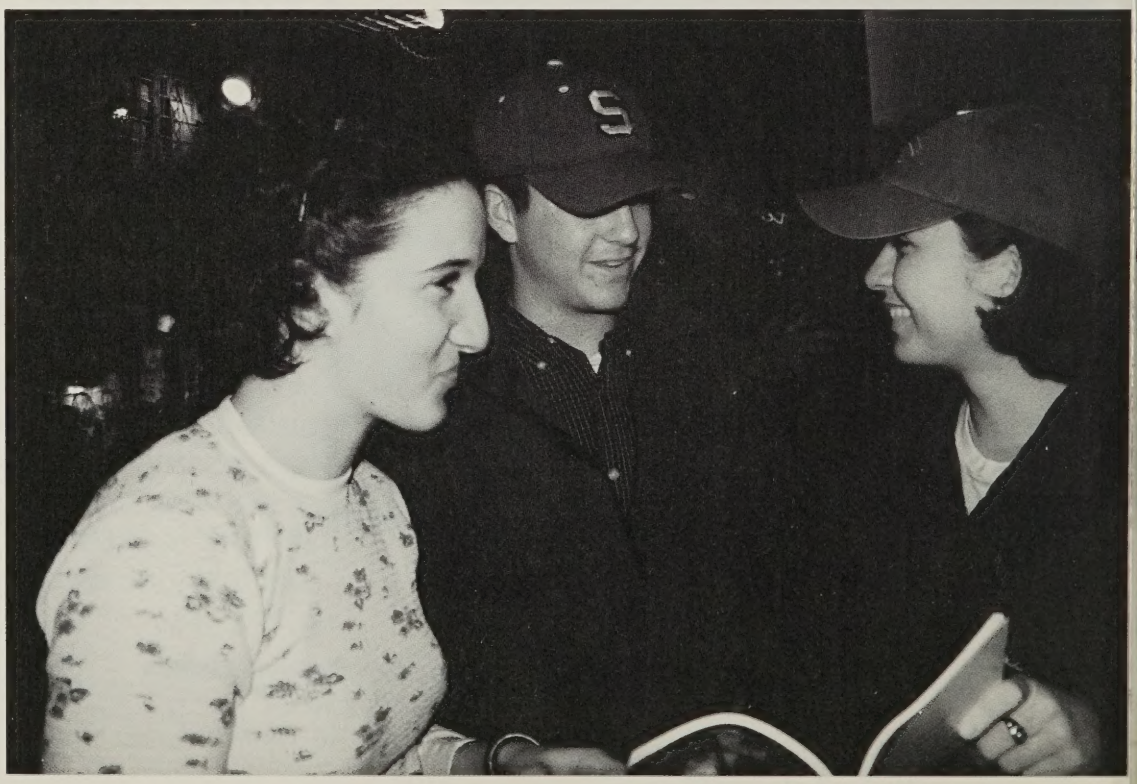
Marking the Millennium



As we came to the end of another school year we also came to the beginning of a new millennium. We reached higher for our goals, and we grew in more ways than one. We were ready to embark on a new journey that would lead us down many different paths. We learned not only from our classes, but from our relationships with other students. Every day we are find new ways of marking the millennium. **By: Courtney Willis**



Which one was your favorite? College night at Spotyslvania mall was helpful to many students who were unsure about their plans for he future. Seniors Jaclyn Decourcey, Jimmy Kingman and Jaime Schoolcraft discuss information they found that night. **Photo by: Kisha Adams**

That smells nice! The Interact club contributed to the environment by planting flowers in the front of the school. Senior Dan Byrnside and freshman Izzy Shotwell planted marigolds to brighten the place up. **Photo by: Fronk Shannon, Jr.**

The wheels on the bus.. As the school day began students could be found driving to school or riding the bus. A school bus pulls into the school ready to drop students off for another day. **Photo by: Debbi Keller**

The many and varied personalities of each member of the student body of North Stafford, could be seen contributing to our school.

Through clubs, athletic teams, journalistic publications, and community service, we gave our time to better ourselves, and our world.

We participated in food, clothing, and blood drives, excelled in athletic competition, and received honors and awards throughout the school.

All just examples of how we are Leaving Our Mark! **By: Debbi Keller**

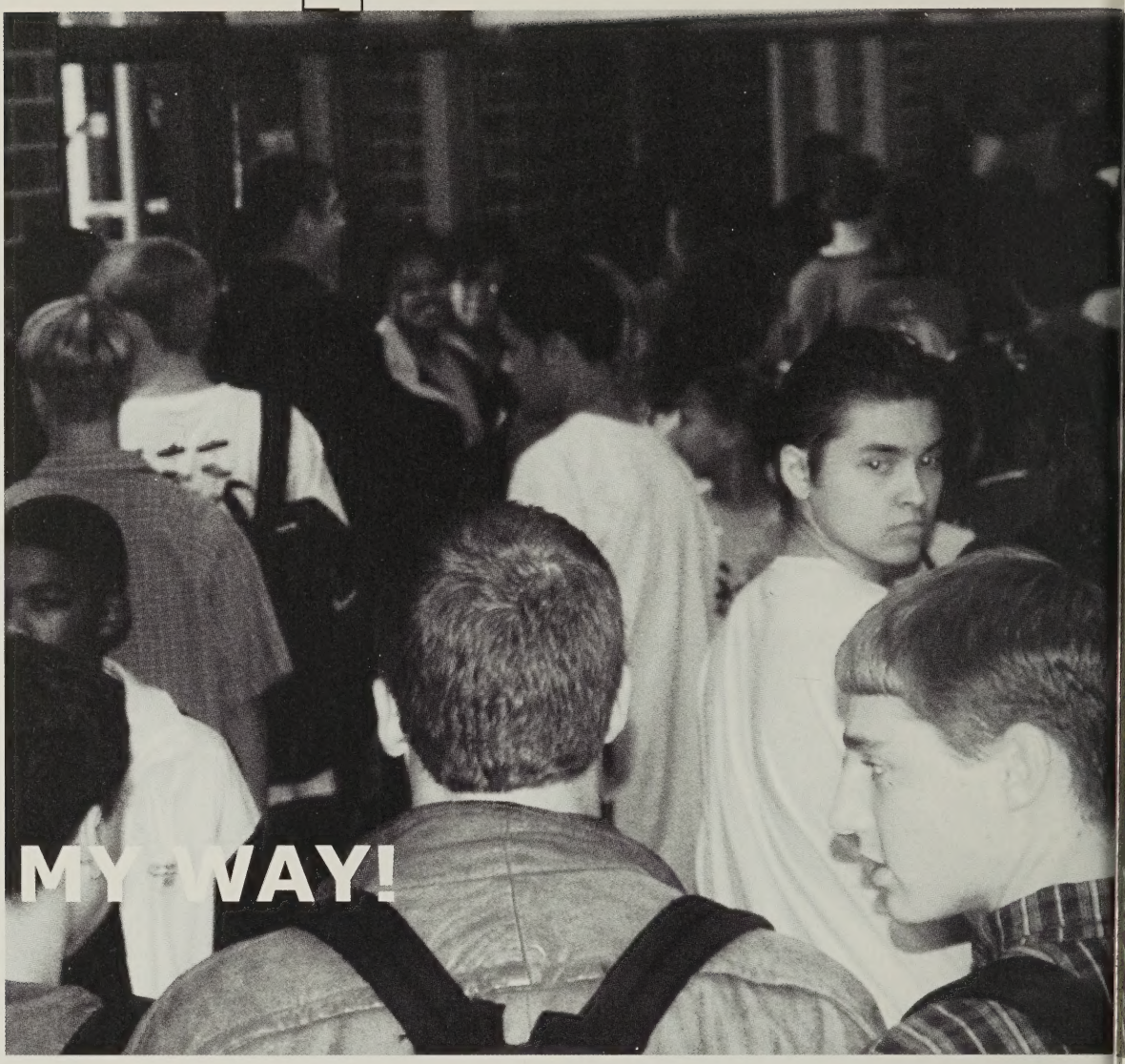
Student Life

LEAVING OUR *MARK*

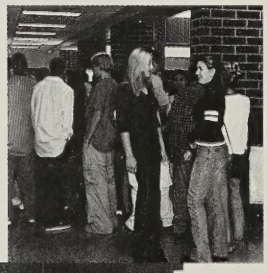
Move out of my way!

As the bell rings and classes let out for the next period, students were found to be packed in the hallways. Students of all grades struggled to get to their destinations on time.

Photo by: Jacqui Capriglione



OUTTA MY WAY!



Big, bad, brand-new Colonial Forge was recently erected in the many hopes of diminishing overcrowding problems in local schools. North Stafford was upset by the loss of its junior, sophomore, and upcoming freshman classes. However, high hopes of breathing room lifted the school's spirits. As the school year began, expectations for easier locker and bathroom access were sadly enough dampened.

"Why are there so many people still here when there's a new school"? asked sophomore Liz Driegert.

Students began to notice the same crowding problems that had been recognized in previous years.

"It doesn't seem like all the people who were supposed to leave left", commented junior Natalie Brito.

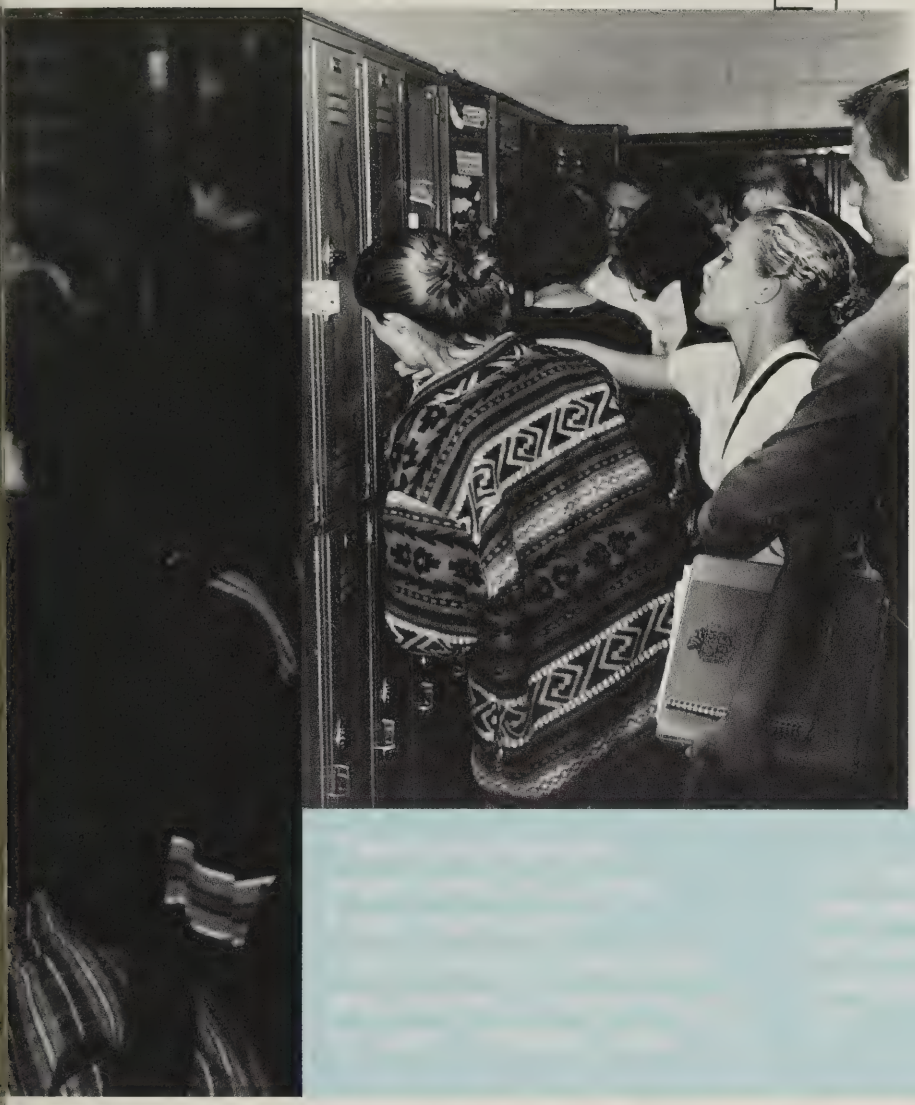
Frustrated students have no one to turn to for complaints, leading to angry outbursts of exasperation.

"It feels like there's more people here than last year. It's ridiculous!" stated sophomore Katie Fox.

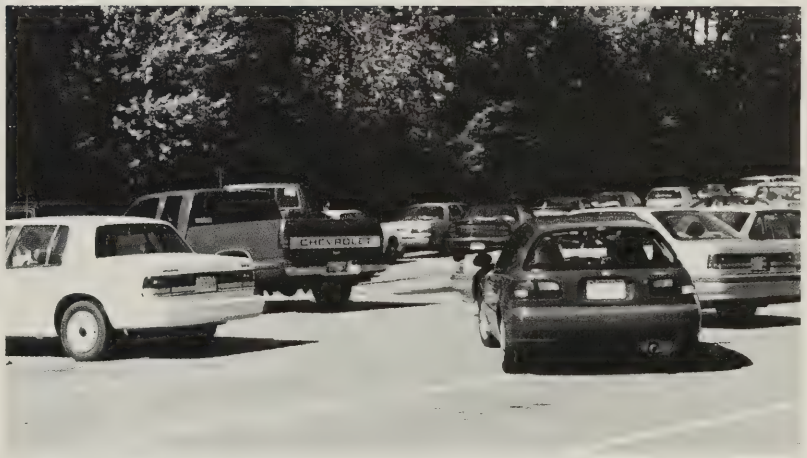
Solutions seem vague, but the cause of the problem seems evident.

Senior Amanda Moreland says, "Taking away other classes didn't help any, because the senior class is so big".

With over five hundred students form the class of 2000, and over 1,600 students enrolled, who could disagree? **By: Chelsea McNair**



Junior Melissa Barrett struggles to find her seemingly non-existent locker among the countless masses of people. **Photo by: Jacqui Capriglione**



If students waited too long after school let out, leaving the parking lot was a messy and drawn out process **Photo by: Jacqui Capriglione**

The amazingly over crowded locker area always seemed to be the place with the most traffic. **Photo by: Jacqui Capriglione**

While on thier school sponsered vacation in Mexico, students stand in front of the Sun Pyramid at Chichen Itza. It has been said that the view from the top of the pyramid is exellent and one can see for miles. **Photo courtesy of: Chawrdi Verser**

SUMMER DAZE

School ended and summer activities finally began to fill in those long hours of each day. Those all-day trips to the mall, weekends spent at the beach and out-of-town traveling took up the summers of the students. Family trips were also a popular activity.

"My family took a boat around the islands down by Florida," said sophomore Whitney Lanham. "There was this one restaurant we went to that had dollar bills hanging all over the and ceiling and walls. You just signed your name and the date on the dollar and hung it up."

Several sports teams, including field hockey and varsity poms, went to camps over the summer. The field hockey team went to a cap at the College of William and Mary.

"The best thing was I got to room with my best friend Dana, but we had to get up at like the crack of dawn to eat breakfast!" junior Jessie Trosclair said.

Varsity Poms went to one at James Madison University. "We learned so much new stuff, like five dances in three days. But the hardest part was the competition and evaluations on the last day," said sophomore Meagan Bressler.

For others, bad memories stuck in their minds more than good ones.

"My friends and I went camping in the middle of a hurricane with a leaky tent! It was wet," said senior Rebecca Hedger.

For better or worse, summer was a time to make memories and remember the old ones. Whether with family or friends, students cherished the long days of the summer. **By: Tracy Oakes**

[illegible]
During her deep-sea fishing excursion in North Carolina, Sophomore Jenn Ashinhurst came back with a prize... her first fish!
Photo courtesy of: Jenn Ashinhurst

"I went to Disney World it was great because I've never before and there's lots to do. The best thing was going on the Tower of Terror because I was so scared! But I never met Mickey Mouse." Jenny Kelley - 12

"I stayed at my best friend's house for two weeks because my parents are out of town. One time we went to Spotsy Mall and almost met Ginuwine!" - Amber Williams - 9

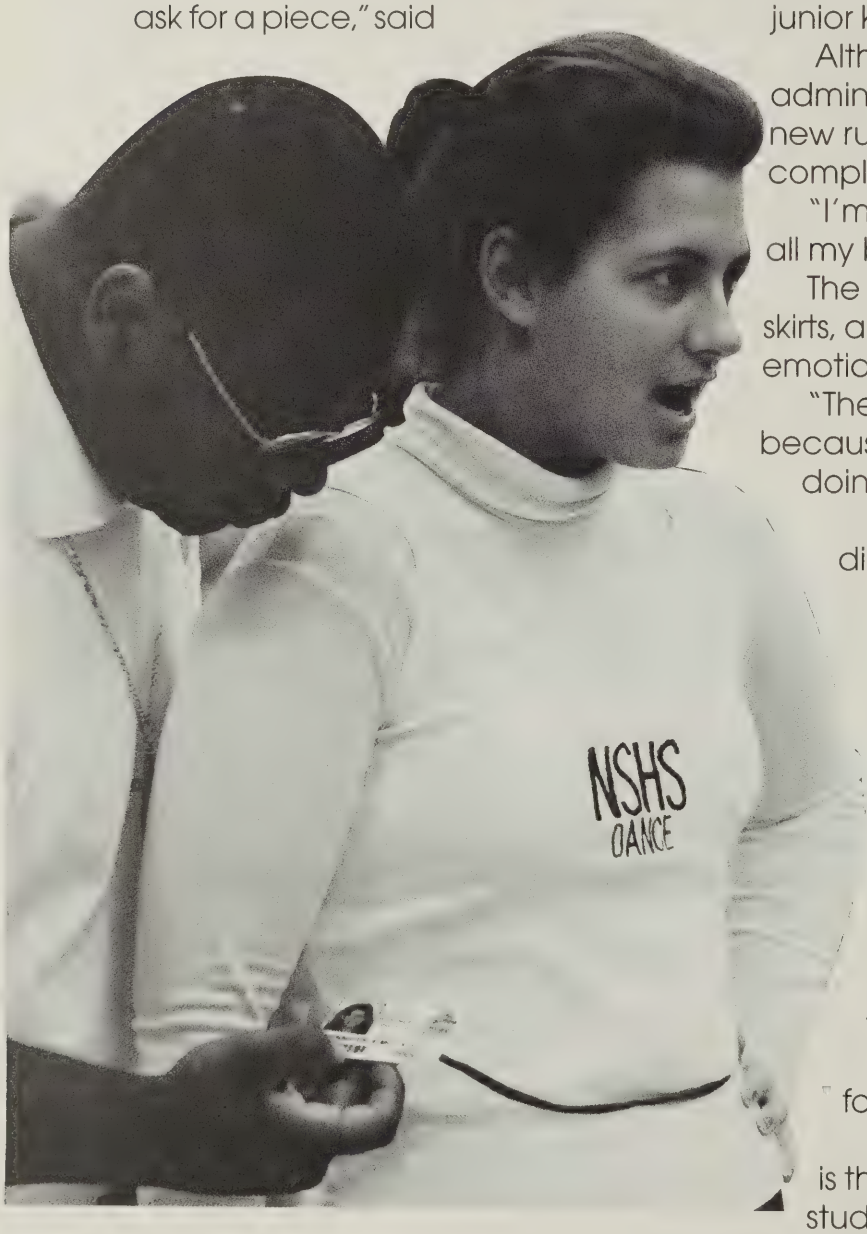
[illegible] Centifuge, a church camp held in Carson Newman, Tennessee, hosted many North Stafford students this summer. **Photo courtesy of: Rachael Amos**

[illegible] At a beach in Wilmington, North Carolina seniors Lindsay Gahr, Jamie Schoolcraft, Jaclyn Decourcey, and Megan Bailey enjoy the weather and each other. **Photo courtesy of: Jamie Schoolcraft**

RULES AND REGS

Do you have your student I. D. and handbook? You better hope so. The student body created quite an uproar over all of the new rules that wee enforced. Administration did not allow bookbags unless they were clear or mesh in the classrooms. A strict dress code was put into place, and student I. D.s were required to be on hand at all times.

"I hate having to wear a mesh bookbag because then people see your gum and ask for a piece," said junior Kevin Skewes.



Although this may seem petty to the administration, many students argued that this new rule took away from their privacy. Others complained of the physical strain.

"I'm getting arthritis in my arm from carrying all my books around," said senior Chris Roland.

The new dress code, which disallowed short skirts, and sleeveless tops, created mixed emotions among the students.

"The dress code is definitely a good thing because it puts focus on what we should be doing," said junior Allison Cwick.

Some shared this opinion, while others didn't agree with the purpose of the code.

"Clothes that we wear do not have an affect on our learning abilities, We should wear what we feel comfortable in," said sophomore Tiffany Harris.

While in the hallways, all students were required to display their I. D. badges and student handbooks as a hall pass. Some saw this as necessary action, while others just saw it as a hassle.

"The I. D. badges are annoying to carry around and I don't see the point in them," said junior Lauren Parker.

Our new police officer, Mr. Carey, was all for the new rules.

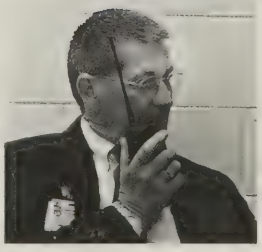
"I think they are great. The bottom line is that administrators are looking out for the students' best interests," said Officer Carey.

No matter how against the new rules students were, everyone had to abide by them. Living with rules was easier than dealing with the punishment. **By: Kate Waldhauser**

This year, students were only allowed to carry mesh or clear bookbags. Sophomore Tina Kennedy abides by the rules when she wears her Jansport backpack. **Photo by: Jessica Loy**

The presence of the Stafford County Sheriff's office was not only evident with Officer Carey but also with his squad car parked in the front of the school. **Photo by: Jessica Loy**

Being late to class meant reporting to the cafeteria or library for a pass to class. Too many of these tardies meant ISSP. Mr. Prady writes passes for these tardy students. **Photo by: Jacqui Capriglione**



LET ME HEAR YOU CLAP YOUR HANDS

Spirit week is a great time for the whole student body to get involved. Since people would participate, many others joined in the festivities who normally would not have. They knew they would not be alone.

Toga Day took place on Monday. Students liked this because it had been nice to wake up late, throw on a sheet, and walk out the door.

"It was neat! I saw everything from Little Mermaid to Strawberry Shortcake sheets," said junior Jade Lines.

Farmer Brown Day transpired on Tuesday. All over the school, students were adorned with overalls, freckles, and braids. Students also wore flannel shirts and bandanas to show enthusiasm. College Day on Wednesday had been favorable with the students because it was easy for each individual to contribute their own zealousness.

"I really enjoyed College Day because an array of us could participate without being fanatical or feeling humiliated," said junior Randy Hayes.

Observing students in the halls, we looked to see how many different colleges and universities we could spot. The most common were UVA and UNC.

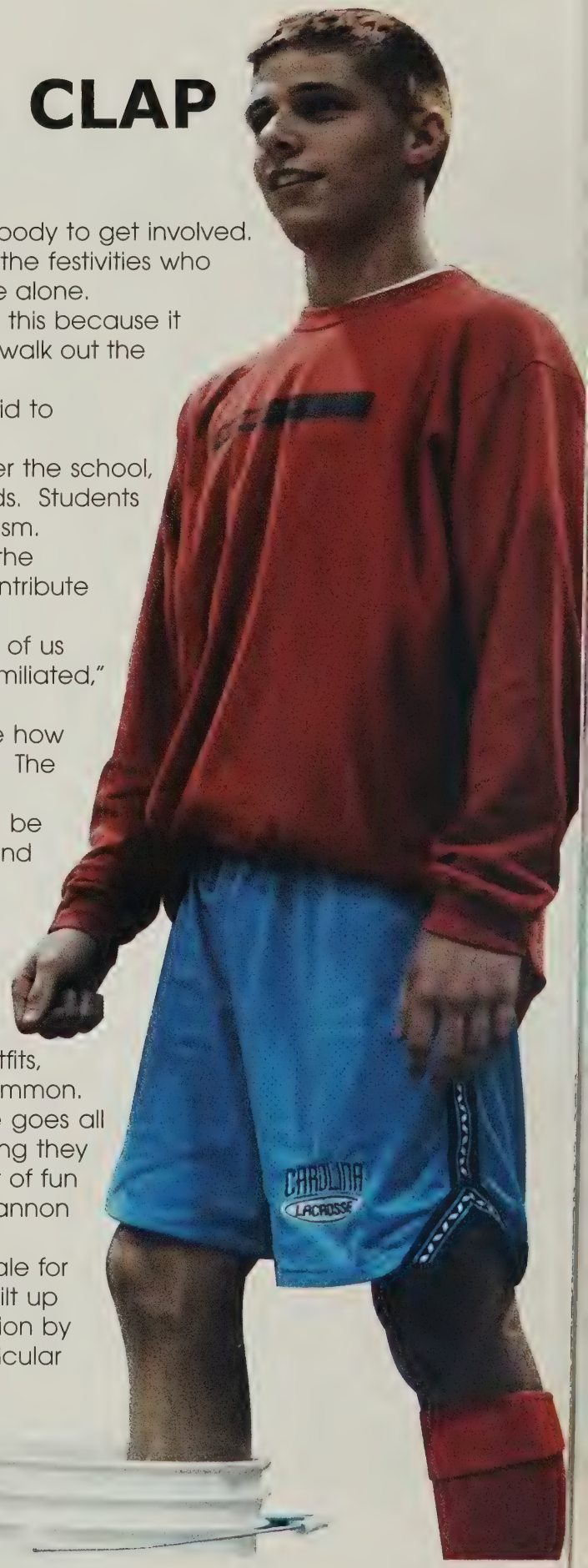
Decade Day resided on Thursday. People could be seen wearing poodle skirts, leather jackets, long skirts and vests, and a medley of bright colors.

"I thought the Pink Ladies costumes were really glitzy," said senior Dianna Starks.

The week concluded with an orange and blue Spirit Day on Friday. This continued to be another amusing day in which everyone could wear the things that they had accumulated over time. Funky outfits, wigs, tons of glitter and wacky hair-do's were not uncommon.

"I love orange and blue day because everyone goes all out for it. The whole school gets anything and everything they have with the school colors to show their spirit. It's a lot of fun and something everyone can do," said sophomore Shannon Cotton.

Friday ended with the pep-rally as the grand finale for the week. The spirit filled most everyone, which had built up from the previous days. Each day brimmed with diversion by being dressed up in the appropriate gear for that particular day. Students got excited and played their own part throughout the week. **Article by: Megan Bieber , Photo by Emily Kulbeth**



Riding on the shoulders of his classmates, Mini Me proudly represents the senior class. **Photo by: Ashley Hall**

Showing off class spirit was an important part of pep rallies, as seniors Dan Schott and Shawn Maye demonstrate. **Photo by: Jessica Loy**

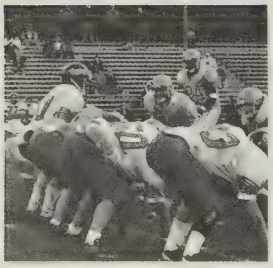
"It was neat! I saw everything from Little Mermaid to Strawberry Shortcake!" -Jade Lines, 11

"I love orange and blue day because everyone goes all out for it. The whole school gets anything they have with the school colors and show their spirit. It's a lot of fun and something everyone can do!" -Shannon Cotton, 10

At the homecoming pep rally, the school spirit was a major factor in helping the atletic teams win their games. The varsity cheerleaders contributed to this spirit. **Photo by: Frank Shannon, Jr.**

Even sitting on the bench was important for the football players. This break gave them a chance to replenish their energy. Senior Steve Thorpe takes time on the bench to drink some water during the big game. **Photo by: Debbi Keller**

HOMECOMING



Spirit days, floats, and the big game are all important parts of Homecoming. Then there's the night when you get to dress up in your dancing shoes. The dance.

"Homecoming last year was pretty and it was a great idea. I hope this year is the same", said sophomore Ashley Moon. Homecoming is the Saturday when the commons area turns into a dance floor.

"I am excited, but I don't know what to expect, because my older sister never went", said freshman Cory Dykstra. For many the night was full of new experiences, such as corsages and dinner.

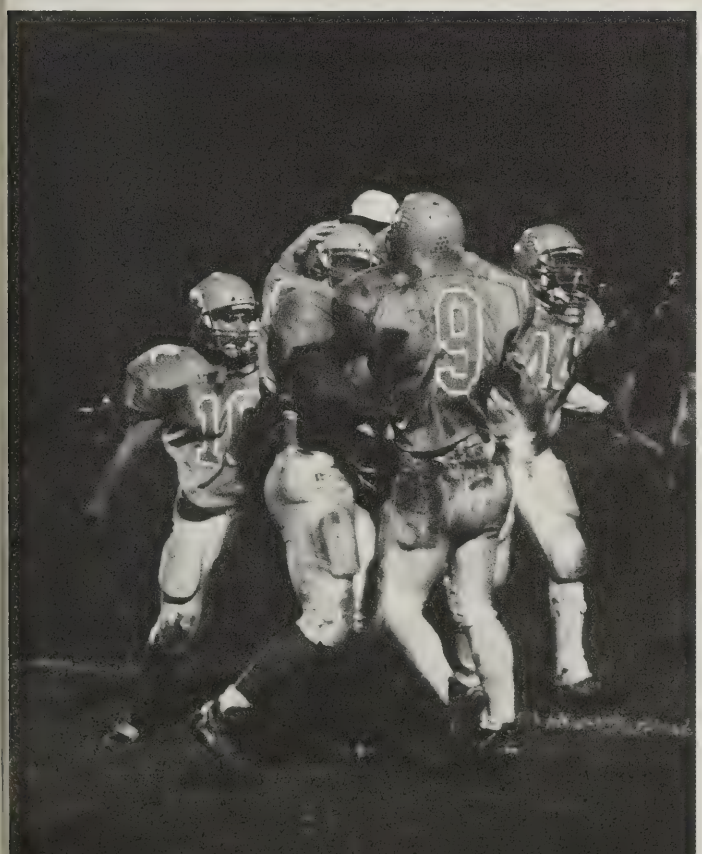
"Homecoming comes too soon. You have to go shopping in July for a dress your size", said senior Katie Martz. Preparation for the dance took weeks, or even months, for some.

"I get really excited about dressing up for Homecoming and wondering who I am going to go with, but I think people put too much emphasis on it", said junior Casey Hannah.

"My freshman year I was the only person to go on crutches", said sophomore Becca Byrnside. Homecoming left the students with memories they will never forget.

"Homecoming is the most exciting week of the school year, everyone dresses up and is so spirited. It's so fun! I am going to miss it!" said senior Christy Oakes. **By: Michelle Ensrud**

The halftime show of the homecoming game included a performance by the varsity dance team. Seniors Meghann Reist and Jozanne Summerville perform their last homecoming halftime show to a medley of female musicians. **Photo by: Debbi Keller**



The colorful display of flags by the colorguard helped to create a dramatic effect when the marching band took their turn on the football field during halftime. **Photo by: Debbi Keller**

The football team had many reasons to celebrate throughout the season. Senior Kevin Newport # 9 enjoys one of these moments with his teammates. **Photo by: Debbi Keller**

IT'S A SENIOR THING!

The blue and orange faces screamed the realization of graduation as they chanted "Two-thousand!" at the first pep-rally of the year. They've earned it all: the respect, the graduation and the privileges.

Official senior privileges include the senior courtyard, being able to have five absences instead of four, getting out of school five minutes early, and the respected senior parking. Most people enjoy the privileges.

"I like the senior privileges, it's the only benefit of going through high school," said Steve Thorpe.

"It's good that seniors have privileges because we're better than everyone else," said Sam Sykes.

"What senior privileges?" said Amanda Hursh.

Some students don't feel like there are many senior privileges. The underclassmen are also able to take advantage of the five minute early out rule because they are in a senior class during seventh period, and the alleged "upperclassmen" lunch line is not regulated and underclassmen can sneak into it undetected. As a result, most seniors think that the privileges are nonexistent, and new ideas have been suggested.

"Seniors should get out fifteen minutes earlier on Friday," Ted Serbinski.

"We should be allowed to eat off campus," said Chudney Mason.

"We could have senior skip month," said Brandon McGraw.

Unofficial privileges are also shared, like senior skip day, senior seniority, slacking off, and respect.

"The best senior privilege is space. Space to walk in the hall. I don't get shoved into the lockers anymore. The superiority over the underclassmen is enjoyable," said Matt May.

Seniority is the best privilege because when the year ends you can graduate and leave. **By: Amanda Hibbert Photo by: Emily Kulbeth**

Reserved! Senior parking expanded an extra row this year giving more room to the upperclassmen. **Photo by: Frank Shannon, Jr.**

Alone! Picnics outside in the senior courtyard are a right reserved for seniors alone. **Photo by: Frank Shannon, Jr.**

"I like the senior privileges, it's the only benefit of going through high school," Steve Thorpe - 12

"What senior privileges?" Amanda Hursh - 12

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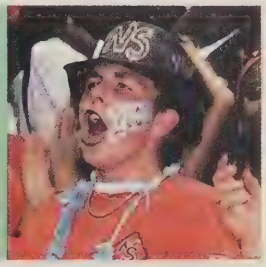
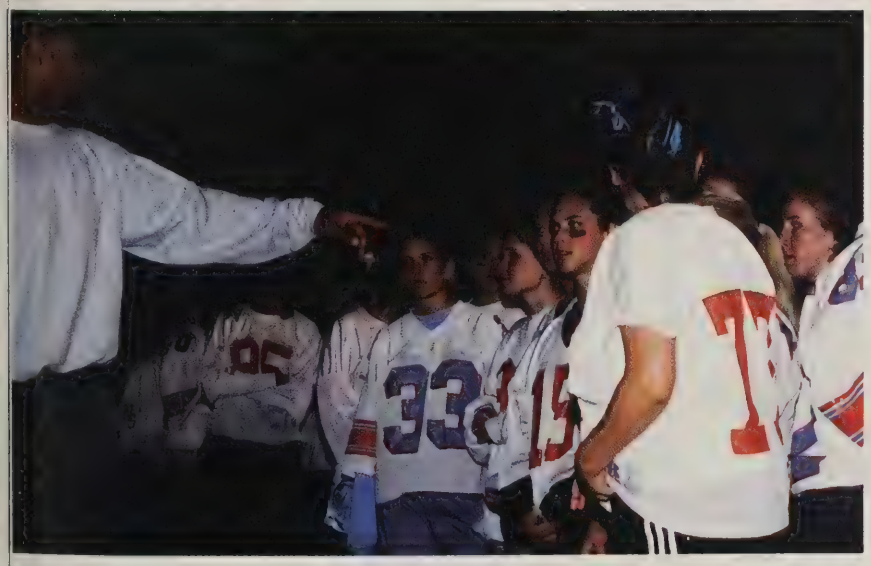
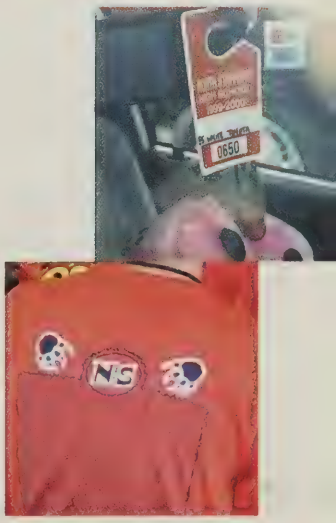


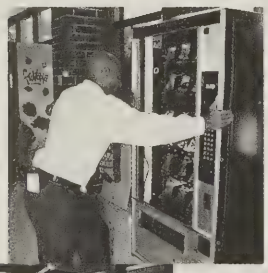


Keep your head in the game! The senior team beats the junior team in powder puff football almost ever year. One more great reason to be a senior! Senior team coach, Mr. Smith, goes over a play with his team. **Photo by: Frank Shannon, Jr.**



I am so bored! Waiting for the school day to let out seems endless, especially if you are not doing anything in your class. Juniors Anna Willard and Meghan Leeds sit and tap their fingernails to pass the time. **Photo by: Ashley Hall**

ANNOYED... WHO, ME?



What is the one thing that irritated you the most in high school? Some students were bothered by the actions of other people.

"I hate when people try to be something they're not. It bothers me a lot. You should be real and individual," said sophomore Susan Ishman.

While others were more easily annoyed by material objects.

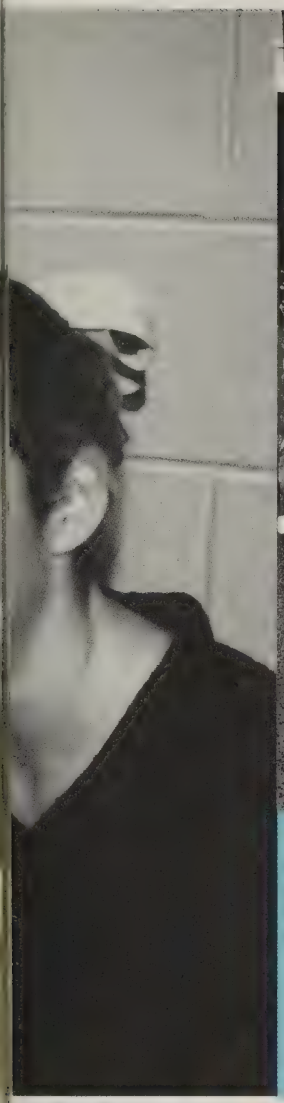
"What annoys me the most? My alarm clock. That thing gets on my nerves after hearing it in my sleep for thirty minutes," said sophomore Damenicos Eaton.

Students were annoyed with trying to get to class through the crowded halls.

"People that walk really slow bother me because I always get stuck behind them and it takes forever to get by," said junior Liz Barrett.

When asked what annoyed the teachers the most, Earth Science teacher Mr. Welker said "Students that don't pay attention in class and force me to repeat myself because they weren't listening."

Little or big, there is always something that bothered everyone. Whether it was loud alarm clocks or the new schools, students had to put up with their annoyance everyday of the school year. **By: Tracy Oakes**



Wow that's some gum! Used gum was found daily stuck to the bottoms of tables, desks, and chairs. Senior Nate Depasquale and junior Mike Green scrape the gum off one of the tables in the commons area. **Photo by: Ashley Hall**

"What annoys me the most? My alarm clock. That thing gets on my nerves after hearing it in my sleep for thirty minutes." -Domenicos Eaton 10

"Students that don't pay attention in class and force me to repeat myself because they weren't listening." -Mr. Welker

Can I please get through? At the end of the day junior Kelly Bernier tried to get her way through junior Christina Carmen in order to get home before the crowd of students flooded the hallways. **Photo by: Ashley Hall**

Watch out! Some students had bottom lockers which was a disadvantage. Junior Katie Thomen tries to avoid falling objects from junior Katie McFaddens locker above. **Photo by: Ashley Hall**

Any good sales! The mall always proves to be an interesting place to spend time for teens. Senior Katey Siler passes her time by browsing through a shopping rack. **Photo by: Joy Thompson**

MALL RATS

Malls have always attracted a steadfast population of teenagers. Looking to buy hair accessories, clothes, shoes; or even just hanging out with friends. Malls prove to be a common ground for the teen elite.

Mall "rats" go to the mall often, because it proves to be something interesting to do.

Junior Rachael Amos says, "It's a chance to meet guys and to buy the latest trends."

As long as a teenager can scrounge up money from a job or from his or her parents, the mall is the ideal place to be.

"I'd rather be there than at school", says junior Anna Willard.

However, the mall selection down in Stafford and Fredericksburg does not please many students.

"Spotsylvania mall is too small", states freshman Kendra Cox.

Students want a mall with all of their favorite stores.

Senior Shannon Graeber says, "We need a J. Crew store".

Sophomore Sophie Malati states, "We need a Tyson's Corner down here."

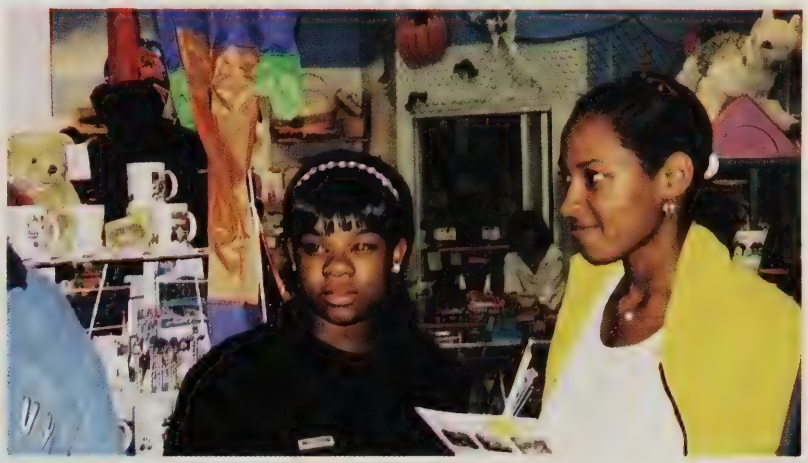
Hopefully, students begin to like Spotsylvania mall after going 2 or 3 times Come on, North Stafford! It's all we've got! **By: Chelsea McNair**

What's in here? Brochures and mall directories always helped shoppers save time. Junior Amy Savarese reaches down to pick up one of these brochures. **Photo by: Joy Thompson**

"We need a Tyson's Corner down here". Sophie Malati - 10

"I'd rather be there than at school." Anna Willard - 11

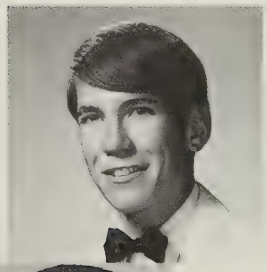
"Spotsylvania is not very good". Amanda Kimble - 10



What to do next! Taking a break while shopping can be very helpful. Junior Crystal Dorsey and sophomore Lara Childs stop at the Sweet City candy shop to come up with a shopping plan. **Photo by: Joy Thompson**

This is so cute! The display of Puffkin animals is an attraction to all ages. Senior Teresa Carr stops to admire the Puffkins while shopping. **Photo by: Joy Thompson**

Going to Seneca Valley's Junior Prom, Mrs. Robinson said "The most memorable thing about my prom was that my date was a foot and a half taller than me. I got a crick in my neck very quickly."
Photo courtesy of: Mrs. Robinson



"That was a long time ago," said Mrs.Chartters when asked about her high school experience. Many teachers had those same sentiments when trying to recall how much had changed.

"We didn't have as many rules and policies," said Coach Cassidy.

"High schools were smaller and more personal, there were not as many opportunities as today," said Mrs. Flood.

Although teachers attended high school in different times, the same changes have occurred between the time when they were in high school, and now.

Drugs and violence were less prevalent, but people still acted odd and different, like in most communities.

"I thought that many of my friends in high school were dazed and confused," said Mr. Donahoe.

"It's a completely different world from then," said Mrs. Reif.

Respect for teachers and administrators were standard in high school.

"Teachers were always addresses as Sir, Ma'am, Mr., or Mrs., I never thought of calling a teacher dude," said Mr.Gonzales.

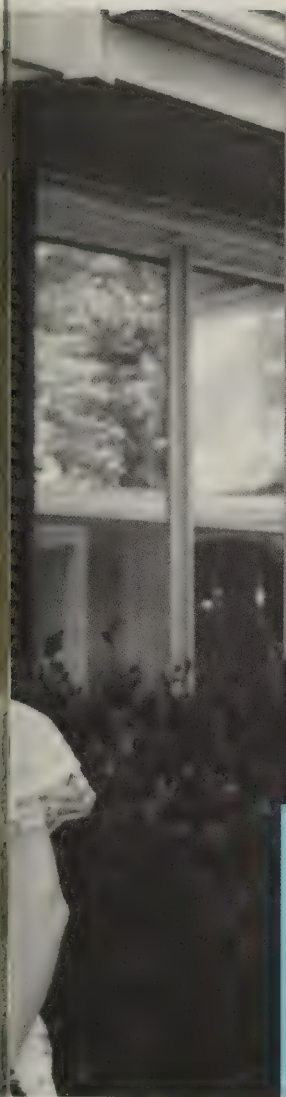
Kids were different then too.

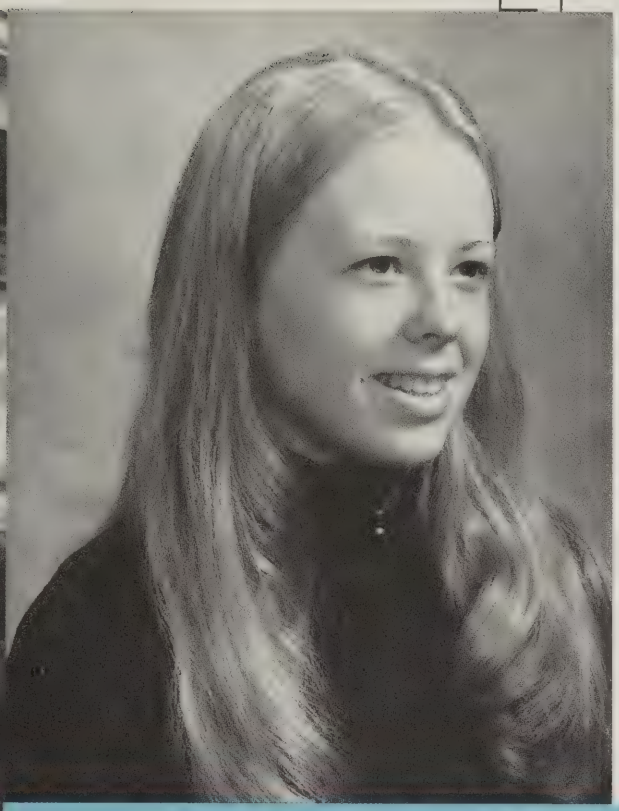
"Everyone went to the dances then," said Mrs. Houk.

Unlike today, most students were more involved in their school. Mrs. Burger started her school's first video announcement.

"Get involved with your school, because you have more freedom now then in college," said Mrs. Burger.

Whether or not a teacher went to high school in the 1960's or the 1990's, it has impacted their life. Many things have changed since then. Kids today struggle with more teen violence, drugs, and pressure than before, but no matter what their high school experience will be memorable.



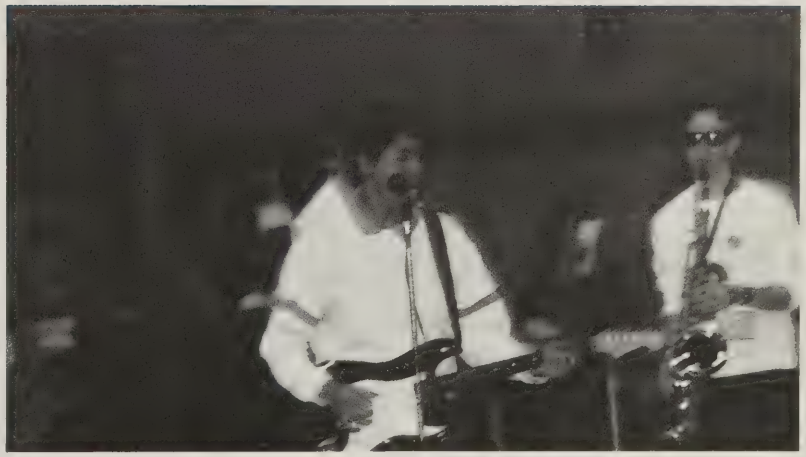


I'm ready for my close up! Rochelle Township High School didn't take their senior pictures with black drapes. Here, Mrs. McCluskey smiles for the camera. **Photo courtesy of Mrs. McCluskey**

"Teachers were always addressed as Sir, Ma'am, Mr., or Mrs., I never thought of calling a teacher dude." - Mr. Gonzales

"It was a great learning opportunity for those who had the guts to do it." - Ms King

"We used to make the 9th and 10th grade boys buy the 11th and 12th grade girls ice cream." - Mrs. Nelms



I wanna Rock and Roll! When teachers were in high school they found many different ways to occupy their time. Mr. Palomino rocks the house by singing La Bamba. **Photo courtesy of Mr. Palomino**

How did I look? Here, Mrs Eyestone poses for her senior picture at Senn High School in Chicage, IL. **Photo courtesy of Mrs. Eyestone**

LIFE IN THE FAST LANE

Nitrous, it's the gas that makes you laugh. Strobes, they are flashing lights used at dances. Sub, a really good sandwich. Supercharger, it must be a character from Power Rangers. Rim, the top of a cylinder. Actually, in the world of driving students these were all parts of their cars.

"I want my truck to be my own creation, nobody else's ideas, just mine," said senior David Bromley.

From stickers, to strobes, and supercharged engines, students added special features to their cars to create a sense of character and originality.

"I love my car. It's my baby, said senior Scott Serraro. There aren't many people with a bug like mine."

Scott designed the stickers on the back of his '99 Volkswagen Beetle himself. "(He created the style of his bug) to catch people's attention and be flashy," said Scott.

Carl Johnson, a sophomore, added a flashing blue strobe light to the front of his '99 Mitsubishi Mirage.

"(He placed the blue strobe on his car) so people will talk about it," said Carl.

The emphasis of many extra features was to improve the speed of the car. Senior Walter Regan installed a supercharged engine in his truck to add horsepower and make it run faster. He also wanted it to look good for shows.

Most additions to cars were merely there for looks. Students applied chrome rims to their cars to improve the look of the wheel. There was not a practical purpose for the rims.

"They're just shiny," said senior Steve Thorpe.

However, alloyed rims were better for cars than chrome, because they were lighter and made cars faster.

"It's original, it's easy to find, and my friends all think it's cute," said senior Sandra Boyd.

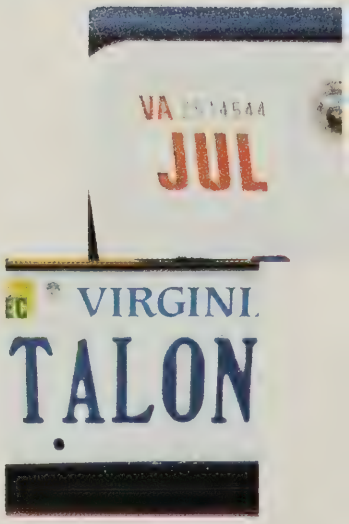
Sandra placed stickers on her '95 Lime green Neon. Most girls kept standard features in their cars, and added little things to create personality.

The addition of extra features was noticeably a male trend. Rims, strobes, speakers, and faster engines were just a few things added by guys to their cars. Most features were not needed, but made the car look better. Was the male preoccupation with things of bigger and better performance to blame? Whatever the motivation, students left a mark of creativity through their cars. **By: Katie Walters**

Jeep Wranglers were a popular form of transportation for students. **Photo by: Debbi Keller**

Student drivers often spent hours keeping their cars looking brand new, like senior Kevin Collier's '99 Ford Mustang. **Photo by: Debbi Keller**

No... you aren't seeing double! Sophomore Jeff Miller and Senior Steve Bretthauer had matching Chevy S10 Extreme trucks and happened to park next to each other. **Photo by: Debbi Keller**



Girls aren't the only ones who are able to get into the spirit of powder puff.Senior guys also showed their spirit by dressing as the cheerleaders. Their measurements made spectators take a second look.

PRETTY IN PINK

Football: the "manly-man" sport. Guys grunting and running into each other. It's an American tradition. Wait, then why were girls on the field with the guys cheering? It's Powder Puff, a North Stafford tradition that has been running for more than ten years.

"My favorite part of Powder Puff was redeeming ourselves from last year and beating the juniors," said Senior Paula Speight, number 77, offensive linebacker.

The final score was 28-12, making the seniors champions once again. Junior Rascheka Pitts, number 21, running back, said "The worst part of Powder Puff game was losing and on top of that, getting rained on. But despite our failure to win, we still had fun."

Having fun was what this game was all about. Not only did the girls get to dress up in football jerseys, the guys led cheers in skirts and wigs. "The cheerleaders were hilarious! I think they were one of the reasons from our successful win," said Senior Christina Parrish, number 24, running back.

On and the field, the senior/junior rivalry went on strong. Throughout the game, the senior cheerleaders tried to take the junior's water, or even the junior cheerleaders. Senior Jeremey Bosken, one of the male cheerleaders, said, "The highlight of the whole night was taping Dan McCleese to the pole in front of the senior's bench and covering him with shaving cream and silly string."

Whether it was before, during, or after the game, the senior versus junior rivalry stayed alive and strong through the years. This is one battle in which the score will never be settled. **By: Stacy Way and Jenn DiCristina**

To show support for their fellow teammates, many of the girls on the senior team painted their bodies with spirited phrases. Here, senior team member #77 demonstrates this with her colorfully painted arms. **Photo by: Frank Shannon, Jr.**

"My favorite part of Powder Puff was redeeming ourselves from last year and beating the Juniors" Senior Paula Speight

"The worse part of the Powder Puff game was losing and on top of that, getting ruined on." Junior Raschelle Pitts

"The highlight of the whole night was taping Dan McCleese to the pole in front of the Senior's bench and covering him with shaving cream and silly string." Senior Jeremey Bobian

While the girls were on the field and working their way to a victory, the guys were on the sidelines cheering them on. Senior Mike Dailey watches the senior girls as they run for a touchdown. **Photo by: Frank Shannon, Jr.**

Senior cheerleaders also provided a source of entertainment for the audience. Senior Mike D'eridita waves a banner on the field. **Photo by: Frank Shannon, Jr.**

STYLE 2000

The hallways seemed to have a certain sparkle about them, since one of the biggest trends was body glitter. Girls covered their checks and chests with sparkles in order to get an extra shine.

"Body glitter is the best," said junior Carly Hatcher. "It brightens up my face and my mood."

Many girls also incorporated 3/4 length sleeved shirts into their wardrobe. This trend was found in every store, from American Eagle, to Contempo Casuals. However, popular as they may have seemed, some just couldn't get into the style.

"I don't understand the point on those shirts. It seems like someone forgot to finish making the sleeves," said junior Thomas Bell.

The looks that ruled over the guys were preppy and surfer. Students could turn in the halls and spot an Abercrombie T-shirts, and look the other way to run into a Billabong sweatshirt. The grunge look of the 90's seemed to take step behind when "looking good" for school became a big trend.

"J.Crew, is my all time favorite store. Their cloths look good and they aren't played out," said senior Russ Wells.

While girls went for the glittery look and followed the trend of 3/4 shirts, guys were decked out in surfer and preppy clothes. Will the glitter and "boy next door" look last forever? Going along with the ever changing world, probably not. However, the student body left its mark, and a few sparkles behind. Article by: Kate Waldehauser Photos by: Debbi Keller

LEARNING ON THE GO

What do permission slips, buses with bathrooms, and excused absences all have in common? They all make up a field trip.

Field trips showed the students how to use classroom experience in everyday life. Field trips also helped to create an interest in the students' education.

"My Sign Language class went to see a performance and interact with the deaf at Gallaudet University", said junior Amanda Blatchford.

"The Chuck Close Art Museum was fun and entertaining, but at the same time educational", said junior Chris Bennett. Field trips allowed the students to have fun with their classmates and reinforce lessons learned in class.

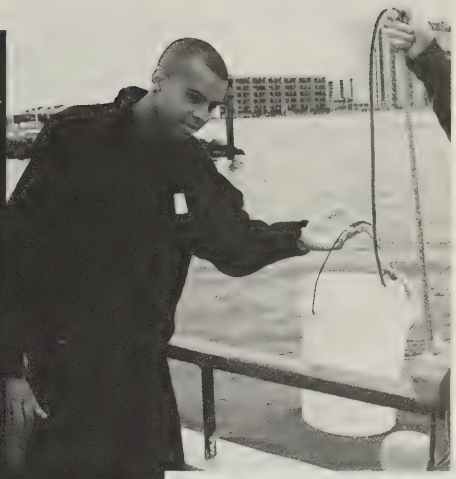
Like all good things, field trips weren't always perfect. There are always some things that can go wrong.

"My Marine Science class went to Virginia Beach to collect fish. I didn't think it was that fun, because it was cold, rainy, and smelled like fish", said senior Amanda Jones.

Senior Jackie Trosclair also had one of these not so perfect experiences. "When I was a sophomore, we went to Moorefield Mine, and one of the three buses broke down. I had to sit on the floor for three hours."

Even though some field trips weren't so great, they were usually a welcome change from the dull, sometimes confining walls of North Stafford. **By: Michelle Ensrud Photo by: Joy Thompson**

Photo by: Joy Thompson

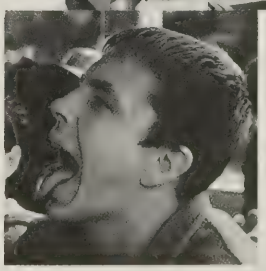


Monticello was a great place for the AP history and American studies classes. This home of Thomas Jefferson was a welcome getaway from the classroom. **Photo by: Emily Kulbeth**

"My Marine Science class went to Virginia Beach to collect fish. I didn't think it was that fun, because it was cold, rainy, and smelled like fish." - Amanda Jones 12

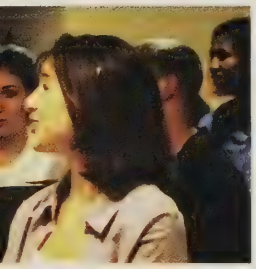
"When I was a sophomore, we went to Mooretield Mine, and one of the three buses broke down. I had to sit on the floor for three hours." - Jackie Trosclair 12

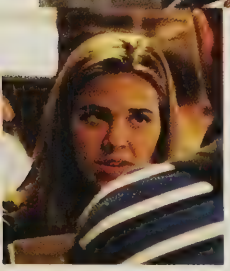
Student onlookers enjoy the beauty of Monticello while their tour guide shares some of her knowledge with them. Field trips were a great opportunity to learn for everyone involved. **Photo by: Emily Kulbeth**



Hanging out after the last bell of the day was a time for friends to dicuss the events of the day. Freshman Mandy Sharp shared one of these discussions with one of her friends. **Photo by: Joy Thompson**

BATTLE OF THE SEXES





Friends are an important part of our lives. There are varied characteristics we look for in our friends. Trustworthiness, reliability, and loyalty are a few. There are also things that classify a best friend.

Junior Dana Pruessner said, "The reason I prefer one the of same sex is because there are more personal things we can talk about."

"It's better to have a best friend of the same sex because you can tell them everything and they will understand it better," said junior Ashley Duenez.

Certain people prefer a best friend of the same sex that we can relate to, while others like one of the opposite sex.

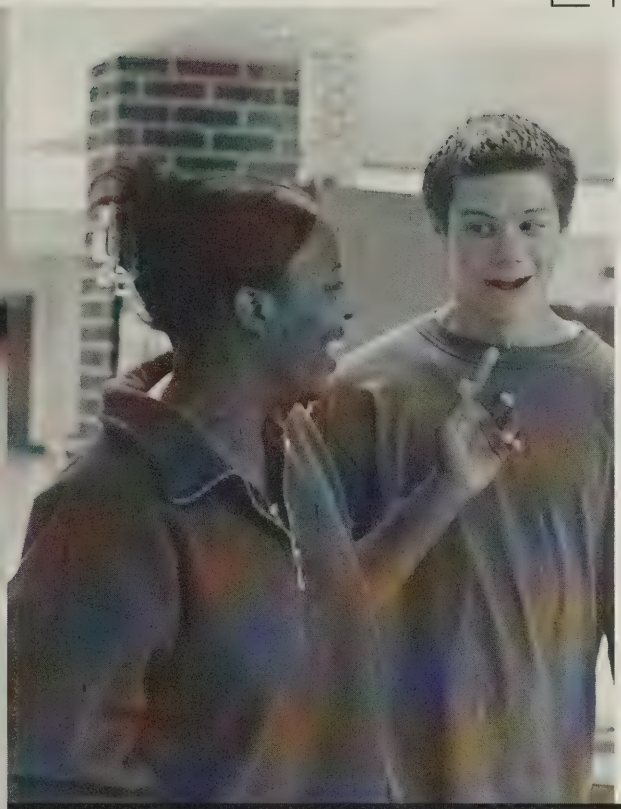
Senior Amanda Allison said, "I prefer a guy because they are easier to talk and get along with. Also, there isn't the competitiveness."

"I like having a girl for a best friend. They are fun to hang with," said senior Kyle Skewes.

Still other people say that they would rather have one of each. That way they can have the best of both worlds.

"I like both because there are certain things I can tell each of them," said sophomore Meagan Bressler.

It's nice to have both guy and girl friends because you can talk with each of them about particular things. **By: Megan Bieber**



No.. you are! While walking in the hallway, Senior Scott Abukoff shares a playful arguement with a friend. Many students argued in the halls, but all was in jest. **Photo by: Joy Thompson**

"The reason I prefer one the of same sex is because there are more personal things we can talk about." - Dana Pruessner 11

"I prefer a guy because they are easier to talk and get along with. Also, there isn't the competitiveness." -Amanda Allison 12

Hey, girlfriend! Time between classes allowed juniors Kelly Norris and Karen Sugahara to catch up. Meeting friends at lockers was something students tried to do everyday. **Photo by: Joy Thompson**

I'll trade ya! Lunch was another time to hang with friends and relax. Juniors Dee Wolfe and Jon Cerny discuss their plans for weekend activities. **Photo by: Joy Thompson**

In the Navy! Navy recruiters often came to North Stafford in hopes of increasing their numbers. Students who were interested in military service made sure to make time to gather information. **Photo by: Kisha Adams**

LET THE STRESS BEGIN

"Take them early, and take them often" said senior Laura Hanscom. Doing well on the SATs often meant that students had to take the them multiple times so that they could achieve a high enough score to be competitive for the college of their choice. Often, students tried to increase their score to overshadow other shortcomings.

"I wanted a high SAT score to make up for my class rank" said senior Brandon Sasnett.

The SATs caused more than just stress on students' academic lives, but it also spilled over to their home lives as well.

" I had a fight with my parents over my SATs, I'm gonna take them once and do really well, at least that's the plan" said Junior Alberto Medina.

Students also could visit the guidance office for SAT and college information. There, bookcases were filled with opportunites to help students get into the school of their choice including study tips for the SATs, for students with enough initiative, and time to look through them.

While SATs are rarely looked forward to by students, they know that they are a necessity for those who are college bound. They know that a lot of preparation and studying in high school, will mean lots of fun, ahem, studying in college. **Article by: Megan Tunney**

Call me! College night is always informative, but it can bring opportunities too. Senior Jennifer Berry isn't giving out her number; she's signing up to get on a college mailing list. **Photo by: Kisha Adams**

"I'm taking the SATs three times because I heard your score gets better every time." - Meghan Leeds 11

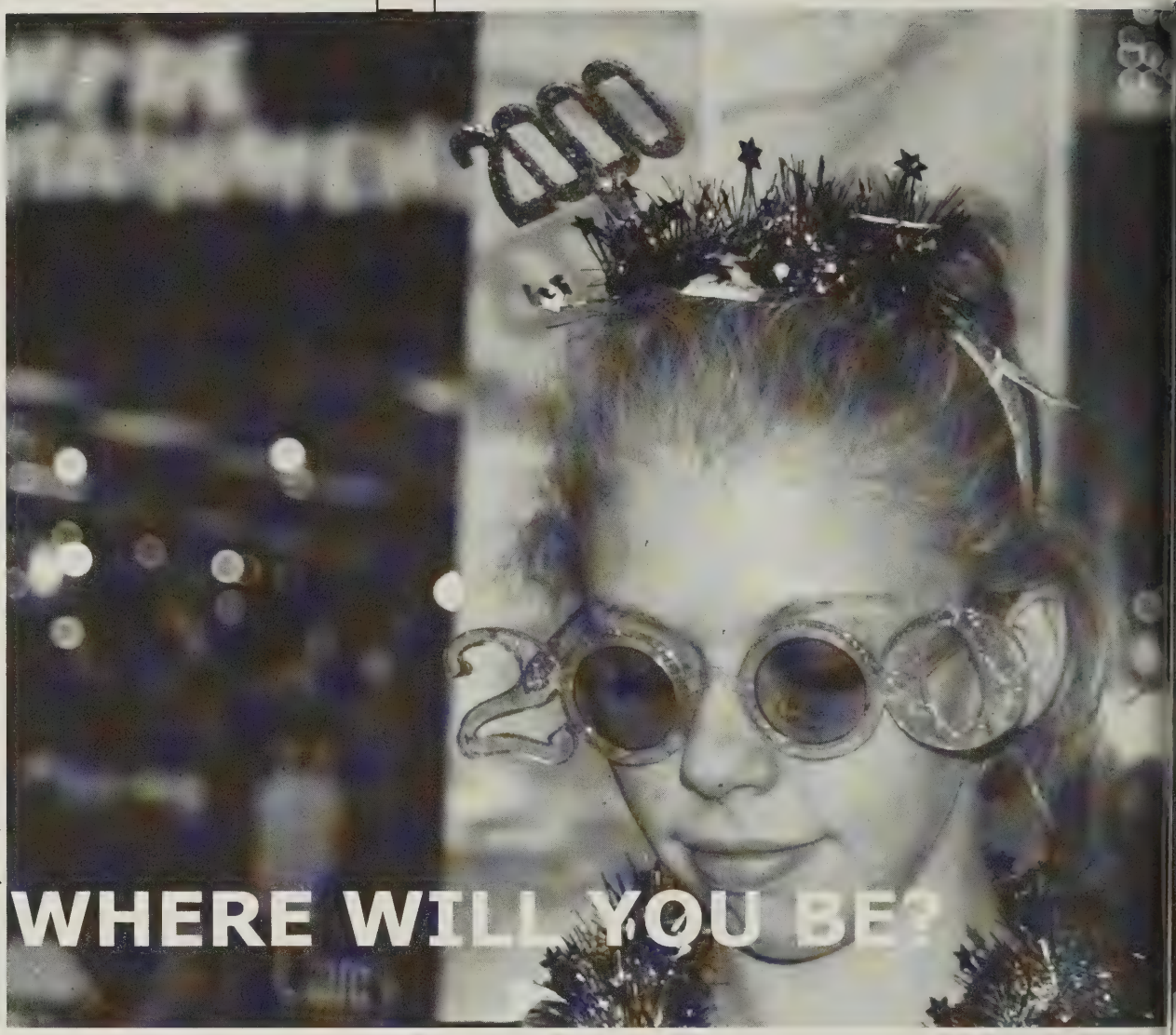
" I'm looking for any school that will take me. I think the SATs are dumb because they don't really show what you've learned." - Greg Lavoie 12

I want to go to college. Doubt I'll ever make it though..." - David Hilbmann 11

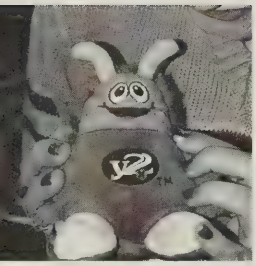
I spy... College recruiters invaded Spotsylvania mall for college night. Senior Sandra Mwila takes time to give a possible college closer inspection. **Photo by: Kisha Adams**

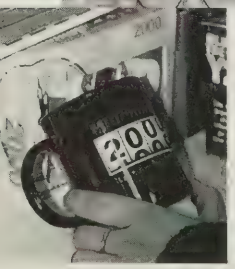
Cut above the rest! In order to distribute the necessary passes to visit the "college room," junior Crisitina Carmen cuts passes for her fellow students so that they can make educated choices regarding college. **Photo by: Kisha Adams**

Happy New Year! With excitement of a leap into the new century, many teens celebrated the new year in different ways. Junior Faith Foster displays a true sense of spirit for the new year as she wears 2000 glasses and a tiara. **Photo by: Jacqui Capriglione**



Y2K WHERE WILL YOU BE?





"My boyfriend, my parents and I went to Virginia beach to watch the sunrise," Said senior Amanda Hibbert.

As it came to the final countdown of ten seconds, students were finding a way to spend their last few seconds of the millennium.

"My dad and I rented all of the Rocky movies and started a marathon New Year's eve and watched them all night," said sophomore Dan Purcell.

Other students may have stayed home because of the "Y2K" worries.

Many students celebrated locally, going to Fredericksburg to watch the annual dropping of the "pear." However, many other students went to larger celecrations in Washington, D.C., or even Time Square. Some students went even farther.

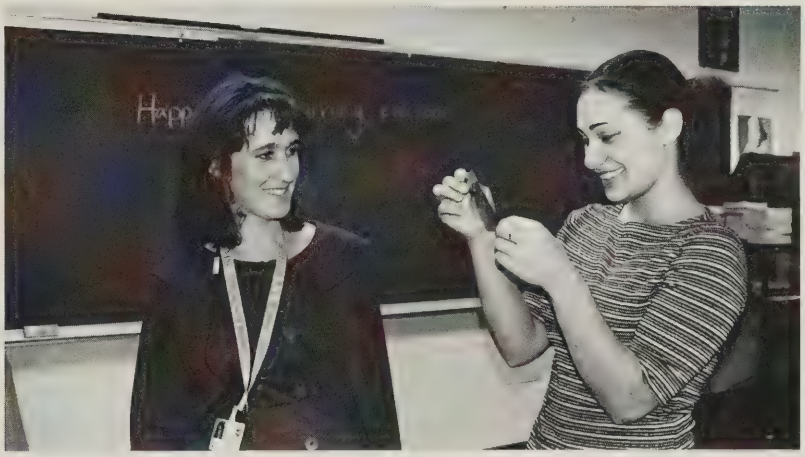
" I went to Spain for New Year's Eve. We were right by the ocean and it was beautiful," said senior Gina Woodlief.

No matter where the students went, a good time was had by all. **By: Courtney Willis and Debbi Keller.**

Strike a pose! Many new styles are expected to make an impact on the year 2000. Materials such as vinyl and shiny fabric were used to make pants, shirts, jackets, purses and other articles of clothing. Senior Diana Starks modeled some of these up and coming fashions. **Photo by: Jacqui Capriglione**

" I went to Spain for New Year's eve. We were right by the ocean and it was beautiful." - Gina Woodleif 12

" I'm a firefighter, so I wanted to go down and spend the night at the firehouse because I expected some good calls... but my girlfriend made me spend it with her. At least I got a kiss at midnight." - Doug Van Oort 12



I think I see a hand! 2000 holds many prospects for many people. For Mrs. Stemple, it held the birth of her third child. **Photo by: Jacqui Capriglione**

Stylin' and profilin' While trying on new fashions for the year 2000 at Gadzook's, Senior Danny Harwell models for the camera. **Photo by: Jacqui Capriglione**

Ooh La La! One of the most well-known landmarks of Europe is the Eiffel Tower in Paris, France. So, of course, the students went to see this man-made marvel. **Photo courtesy of: Nick Lynch**

EUROPE TRIP

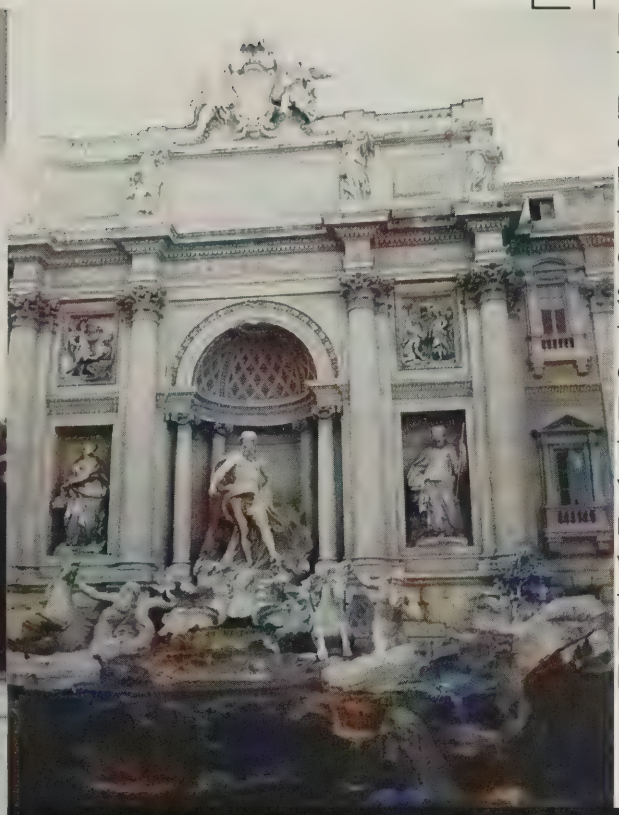
"It was an experience that no one else can understand. It's like a special secret just between you and the members of your group. No one else knew what it was like on the top of the Eiffel Tower that particular night, or to drive by the Colosseum for the first time," said Senior Jen Duncan.

Every member of the group that went on the school-sponsored trip to Europe this summer had similar fond memories. The trip included visits to Paris, France, Rome, Italy,Lucerne, Switzerland, and London, England.

" Bus rides were fun and very interesting. All of us sat at the back of the bus and told dirty jokes. When someone slept, there was always someone snoring," said Senior Nick Lynch.

Mr. Harris, the teacher who sponsored and chaperoned the trip, has been planning these trips for over a decade. He enjoys the trips now as much as he did when he first started.

" It's great coming home and watching movies or the t.v., and being able to say you've been there," said Duncan. **By: Debbi Keller and Courtney Willis**



Make a wish! The Trevi Fountain, a popular tourist attraction, is full of legends. One, is that if you throw a coin over your left shoulder into the fountain you will, one day return to Rome. The fountain was often visited on hot nights since the water in the fountain was cold. **Photo courtesy of Nick Lynch**

"You quickly realize how small the world really is. We were standing in line at the Eiffel Tower, and just happened to see a former NSHS student across the street." - Jen Duncan 12

"The trip was one of the best ever. Our group and the group from Missouri became fast friends. I hadn't been to Rome for several years and it was nice returning there, especially the night we went to Festival." - Mr. Harris

Stairway to heaven! The Spanish Steps in Rome, Italy, were also a popular tourist attraction. The group, along with some friends they made took a break to sit on the stairs. **Photo courtesy of Nick Lynch**

Light my fire! While visiting Paris, France, the group made a stop at the graveyard where musician and Doors lead singer, Jim Morrisson, is buried. **Photo courtesy of Nick Lynch**

MARK

"I WILL MISS SPIRIT WEEK; YOU NEVER KNOW WHAT TO EXPECT." KELLY NORRIS - 11

"I'LL MISS THE CHEERLEADERS, POMS GIRLS, AND ALL THE WONDERFUL TEACHERS." IVAN JENKINS - 11

"GETTING MONEY FROM MY MOM." LINDSEY GARR - 12

"I'LL MISS HEATHER, THE PERSON CLOSEST TO ME." ELIZABETH LINDBERG - 10

MY

"EVERYTHING EXCEPT THE TEST, QUIZZES, HOMEWORK, AND BELL SCHEDULE." RACHEL AMOS - 11

"MY FRIENDS, PEOPLE I'VE BEEN AROUND SINCE ELEMENTARY SCHOOL." MEGAN BAILY - 12

"THE PEP RALLEYS." MEGHAN KLINE - 9

"BEING ABLE TO GET AWAY WITH DOING ANYTHING." MATT LINGUAI - 12

WHAT WILL YOU MISS ABOUT HIGH SCHOOL?

"CHILLIN' IN THE HALLWAYS WITH MY PEEPS." RAY GRIFFIN - 11

"GETTING FREE RIDES FROM MY BIG BROTHER." JAKE BELL - 9

"I'LL MISS SEEING MY FRIENDS EVERYDAY AND PARTYING." TRACEE O'FERRELL - 12

WORDS

"THROWING THE FRESHMAN FOOTBALL TEAM UP AGAINST THE LOCKERS." STEPHEN ZABOROWSKI - 10

BANDS OUTSIDE OF SCHOOL

Folk music and punk rock might not sound like they would blend together smoothly, but Sam Sykes and Chad McGinnis pulled it off. Because they both liked to play fast, hard, and loud Chad and Sam jelled perfectly.

For the millennium, Chad and Sam hopes were to bring about some changes and open up people's eyes to the world around them.

"America, and possibly other places have become intellectually, politically, and emotionally stagnant. We don't believe in that. We believe in the ideal and we'll work as hard as we can to let people know what that ideal is, whether it be good or bad and I don't know if singing existentialist songs in front of teenagers is going to do it, but we have to try somehow." Chad explained.

Sam continued. "I'm sick of being told that my thoughts and values are evil and bad."

Although they share many of the same beliefs as far as politics, religion, etc. go, the basis of Chad and Sam's musical expressions are in some respects quite different.

"When I write, preaching social protest isn't the first thing on my mind, being emotional is." Chad said.

In contrast, Sam said, "My emotions are all about social protest."

Emotional expression and social protest are not the basis of all bands outside of school. Take the band started by Sophomore Mackenzie Monday and Senior Emily Scalf. These two got together and played instruments like the kazoo, cello and xylophone just to hear themselves make crazy noises.

"We met in the woods one day after school after drama practice." Mackenzie said. It was then that they decided to get together and play, just for something to do.

Another thing that brought them together was their dislike of the "Boy band" craze ending the millennium. Whether Mackenzie and Emily plan on making a mark on the millennium was unclear.

"I really don't think that I could physically do anything to "make a mark" on this millennium. Except throw away boy bans and bury the stupid music," Emily said. Mackenzie felt the same way.

"2000 is like, just another year for me, and I think we'd have the same impact if it was just another year," said Mackenzie.

Bands outside of school were diverse in musical style, influence and motivation. By expressing their music in original ways they left a mark of inspiration for others to follow. **By: Jenn Huggins and Katie Walters Photo by: Joy Thompson**

Hook me up! Before a practice session, senior Chad McGinnis plugs an amplifier into his acoustic guitar. This allowed the sound of the guitar to travel throughout the room. **Photo by: Joy Thompson**

"When I write, preaching social protest isn't the first thing on my mind, being emotional is." - Chad McGinnis 12

"2000 is like, another year for me, and I think we'd have the same impact if it was just another year." - MacKenzie Monday 10

R-O-C-K in the USA! Playing hard and working up a sweat were normal aspects of any performance for freshman drummer Brian Donlan and junior bassist Josh Schimpf, members of the band "My Own Discretion." **Photo by: Joy Thompson**

I hope I don't trip! While onlookers stand to the side, prom court attendants Chris Bebel and Meadow Davis exchange nervous looks as they walked across the dance floor . **Photo courtesy of Lifetouch**

PROM NIGHT

Lights produced a glare when they bounced off the white cafeteria floor during prom at other schools. Riverside Center, however, had carpet, a wooden dance floor and even a miniature waterfall for pictures.

"I didn't really like the music and I got really lost on the way there," said junior Brian Atkins.

The new location was farther away than the school but it was well worth it.

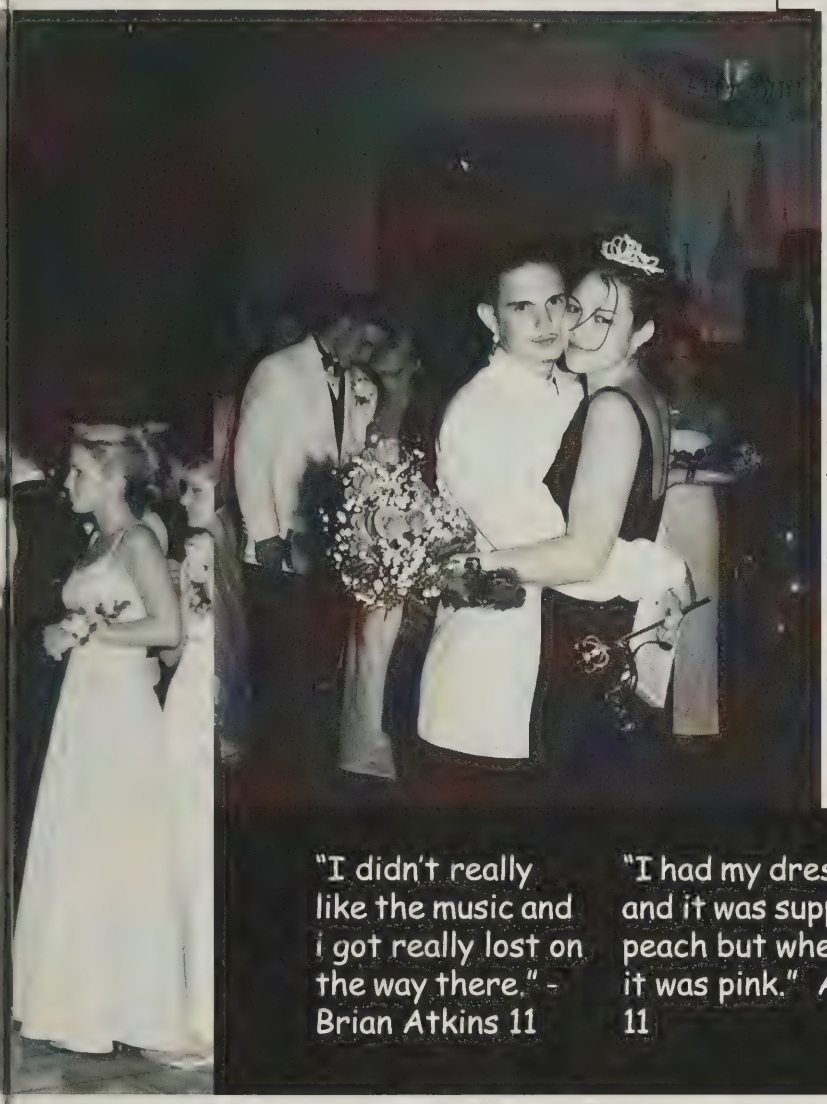
"Prom was fun because it was at Riverside instead of school," said junior Kevin Newport.

Students found themselves paying extra money just to make the night absolutely perfect.

"I had my dress specially made and it was supposed to be peach but when I picked it up it was pink," said junior Amanda Allison.

Whatever went wrong prom was the last dance for graduating seniors and a chance for everyone to show off their fancy, expensive clothes.

"Dinner and the tux were really expensive; it was definitely a once a year thing," said freshman Dan Purcell.



Save the last dance for me! The biggest event on prom night was the crowning of the King and Queen. Erik Hernandez was voted king and Denise Buccie was queen. They enjoyed a dance together while everyone else watched. **Photo courtesy of Lifetouch**

"I didn't really like the music and i got really lost on the way there." -Brian Atkins 11

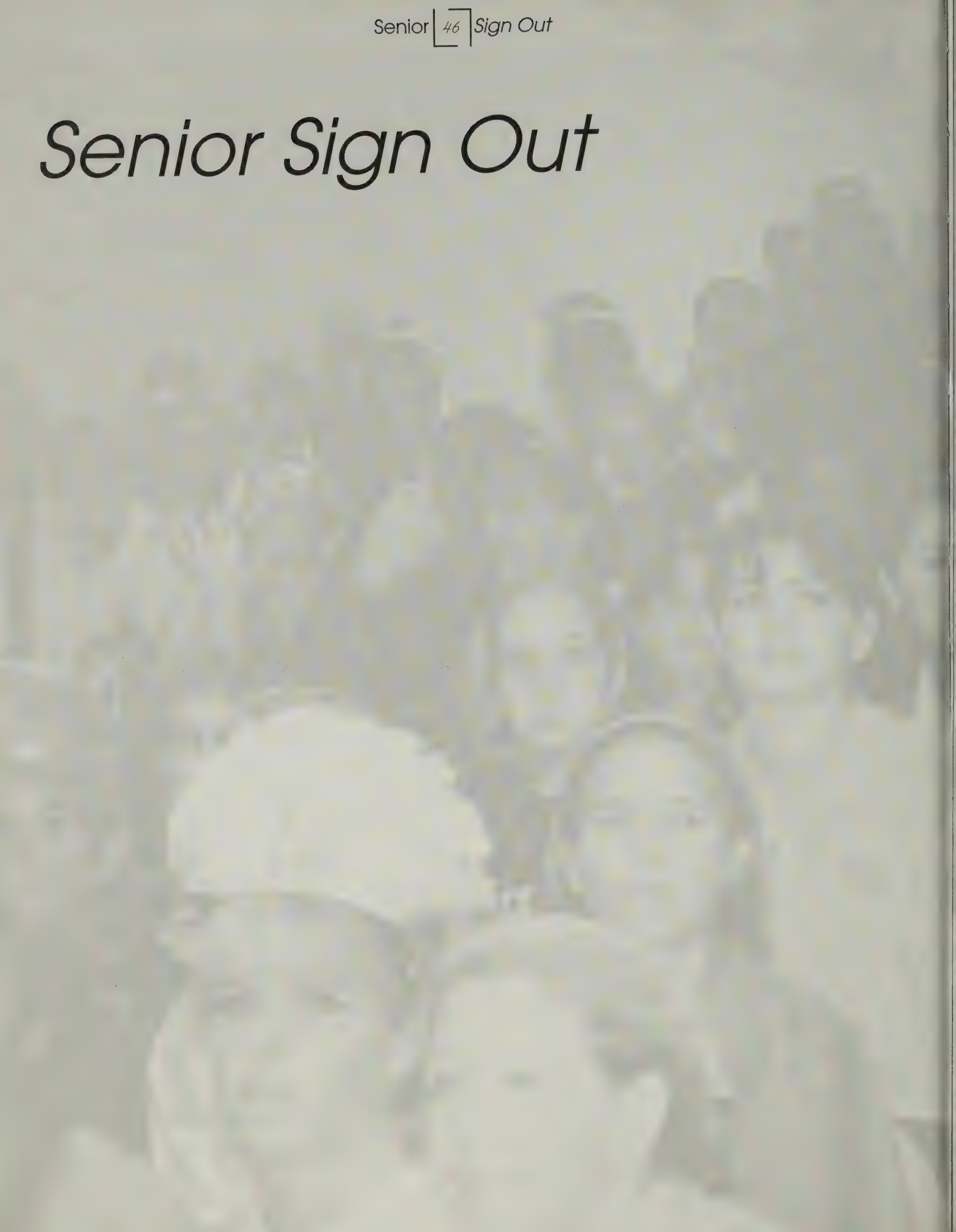
"I had my dress specially made and it was supposed to be peach but when I picked it up it was pink." Amanda Allison 11

Dinner and the tux were really expensive; it was really a once a year thing." -Dan Purcell 9

Don't they look cute! After being crowned the king and queen share a dance while other students looked on and envyed the couple. **Photo courtesy of Lifetouch**

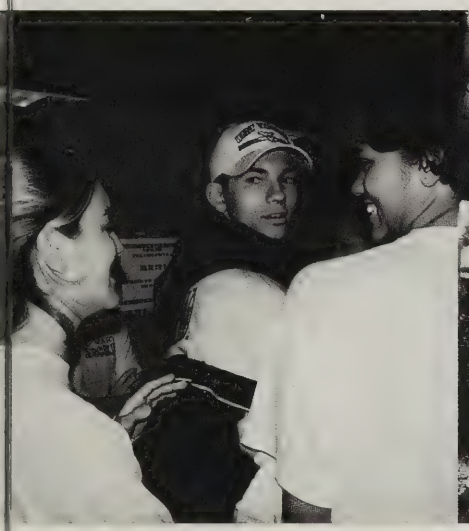
And the winner is... Anticipation ran high as everyone attending the prom waited patiently for the prom king and queen to be announced. **Photo courtesy of Lifetouch**

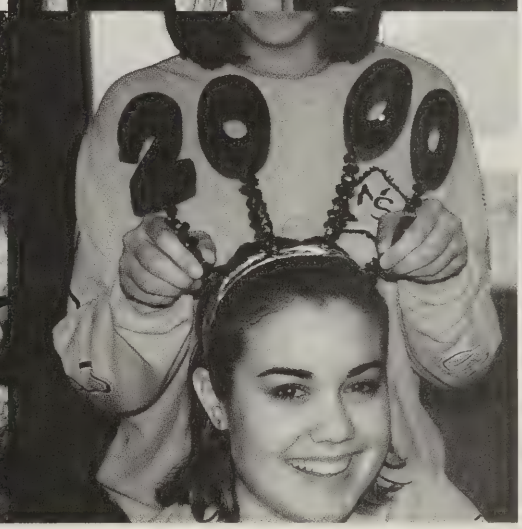
Senior Sign Out



Eventually, all the students here today will be gone. Will there ever be another group of students like the ones here today? Chances are there won't, but there will always be the memory of what they did while still here. Participating in clubs, sports and other activities all shape our class's personality as a whole. Ultimately, we will leave and be replaced by the class of another year, but our lasting mark will be remembered throughout the next millennium. **By: Katie Walters**

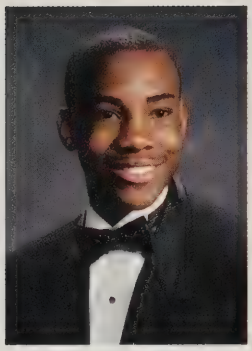
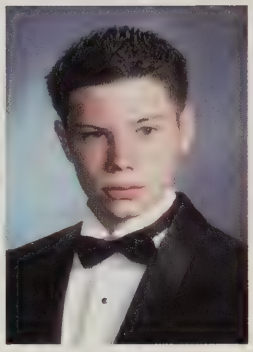
People Section



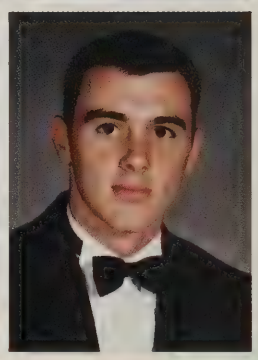


OUR LASTING *MARK*

Clyde Abbott
Scott Abukoff
Drumline 9-12 (captain 11,12)
Glen Adams
Takisha Adams
FBLA 12,Track 10,Yearbook 12

Candice Aiken
Danielle Allen
Advanced Women's Ensemble 9-11, Lacrosse Manager 11-12, Swimming 10, 12,Spanish Club 9-10
Amanda Allison
Joe Almand
Cross Country 10-12,Indoor Track 9-12,Outdoor Track 9-12,Interact Club 11,VICA 10-12

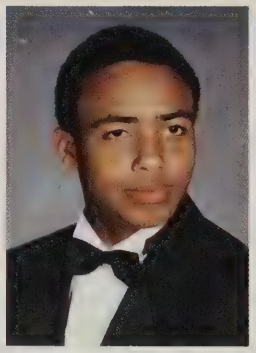
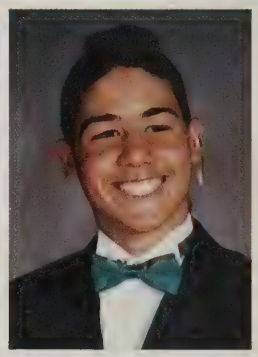


What is the most embarrassing thing that has ever happened to you in High School?

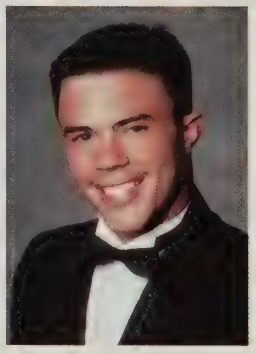
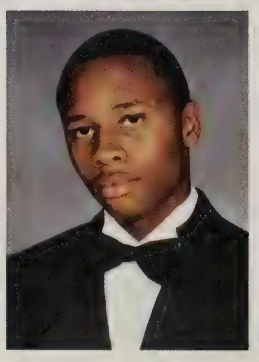
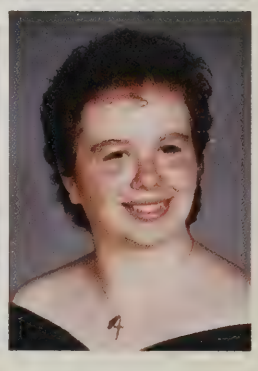
"I got sick on the Marine Biology trip and regurgitated over the side of the boat in front of everyone." -Leon Hughes, 12

"Once I ran over a cement parking barrier in the student parking lot and people laughed as they walked by." - Melissa Cooper, 12

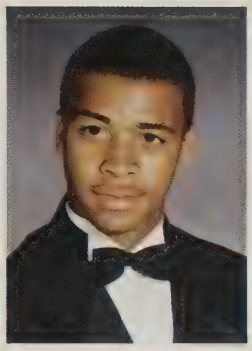
Linda Alpy
Women's Ensemble 9-11,Madrigals 12,Spanish Club,Track 10-11,Student Council 12
Nicole Anderson
Colorguard 9,FBLA 12
Frank Andrews
Cisco Arnold
Science Club 9-12,Lit Mag 10-12, Interact 10, Forensics 10,ASL Club 10-12

Matt Arnold
Anime Club 11-12 Pres.,NHS, Drama 11-12,Lit Mag 11-12,Wrestling 9
Chris Ashinhurst
Football 9-12,Wrestling 9-12,Baseball 9-12,JV Football Coach 12,FCA 9-12
Brian Atkins
Football 9-12,FBLA 11-12,Multicultural Club 9
Jen Badger
Lit Mag 11, 12,HOSA 10,Peer Mediation 11

Jeff Baggarly
Bianca Bailey
Advanced Drama Club 9-12,JV/ Varsity Boys Basketball manager 10-11,FCCLA 12,Spanish Club 12,
Jennifer Bailey
Marching Band 9,HOSA 11,Latin Club 9,DECA 12
Larry Bailey

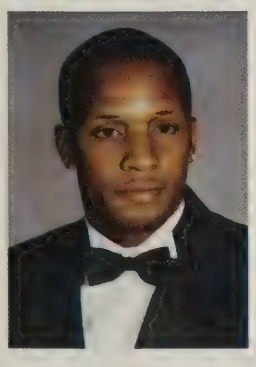


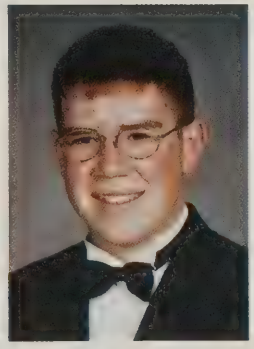
Megan Bailey
Varsity Field Hockey 9-12 (captain 12),Indoor Track 10-12,Soccer 9-12,FCA 9-12,NHS 10-12
Tasha Baker
Jathan Ball
Amanda Ballard

"My most embarrassing moment was when I was in 10th grade. I was talking to a substitute in P.E., and my friend came up behind me and flagged me right in front of her." -Jake Fravel, 12

"During my junior year, I couldn't shave my legs for two mounths because of a bet I'd made. I had to wear a skirt for cross country and you could see my long, bleached leg hairs." - Bethany Beil, 12

Lacey Ballow
Cosmetology 11,DECA 12
Jacob Banks
Zoraida Barnabas
Step Team 9,FCCLA 12
Courtney Barquin
Tennis 9,SADD 11,FCCLA 12





Quandell Beard
Shawna Beck
FCCLA 12,Guidance Aide 12,Library Aide 9
Malcolm Beckett

Bethany Beil
Cross Country 9-12,Winter Track 10-11, Interact Club 9-12
Jennifer Belokon
Field Hockey 9-11,Basketball 9-10,NHS
James M. Belt Jr.
Football 9-12,Debate 10,Winter Track 11,DECA 9
Kim Benson
Interact 9-12,NHS 10-12,NAHS 11-12, Environmental Club 12,Animal Rights 10-12

Jeremy Benton
Jesse Bergman
Football 9,Track 10-11,FBLA12,DECA 12
Jennifer Berry
Robert Bilodeau

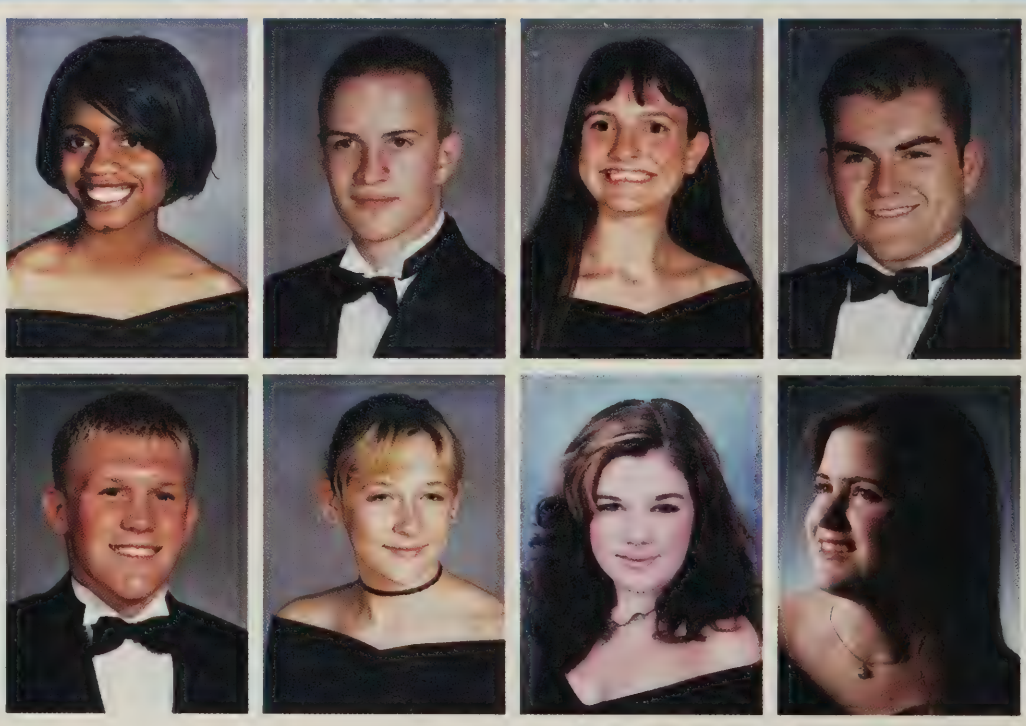
Will you get anything for graduation?

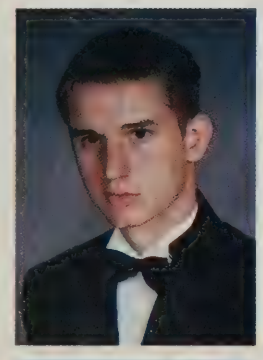
"I am getting a card with no money in it." - Kevin Newport - 12

"All I hope to get for graduation is my diploma." - Chad McGinnis - 12

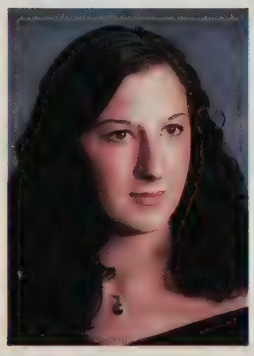
Elouise Blue
Clint Boggs
Football 9
Regina Bohley
Technical Drama 11-12,Art 9, 11
Jason Booth
Football 12,Golf 10-12 (captain 12),Track 10-11,FCA 9-12

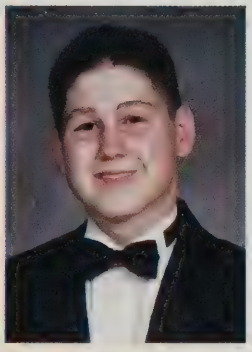
Jeremy Bosken
Football 9-12,Soccer 10-12 (captain 11), Wrestling 9-10,Track 11-12
Kristen Botts
Nicky Bowers
NAHS 10-12
Sandra Boyd
NHS 10-12,Academic teams 11-12,Forensics 9-12,Symphonic Band 9-11,Students Serving Stafford 9-12





Brian Bradley
Swimming 9-12 (captain 12),Tennis 10-12 ,Yearbook 11-12 (sports editor 12),NAHS 12,Marching Band 9-11
Stephen Bretthauer
Ervin Brewer
Winter Track 11-12,fccla 12
David Bromley
Football 9-11,Wrestling 9, 12

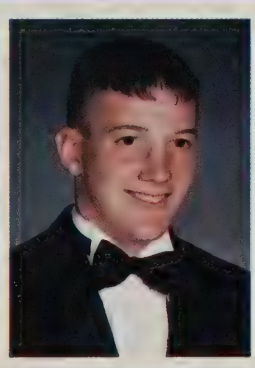
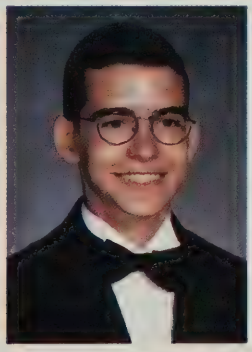




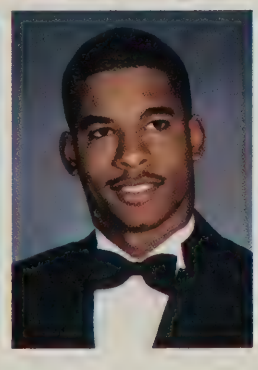
Erika Brown
Softball 9-10,French Club 9-10, NAHS 11-12 (vice president 12)
Melissa Brown
Muti-Cultural Club 9,Poms 10, FCCLA 12
Rebekah Brown
SADD 9-10,Swimming 9-10, 12,FCA 9-10
Justin Brunacci
Video Productions 11-12

"If I get a scholarship to college my dad said that he will but me a new car" - Shawna Beck - 12

" I'm getting a Blazer, and more importantly the oportunnity to move out of my house." - Chris Weaver - 12

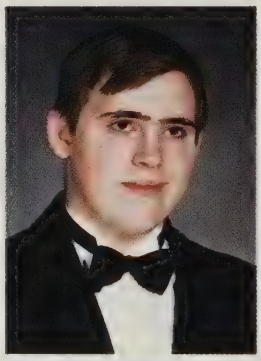
Jean Bryan
Dance Team 9,10,12,NHS 9, 10,12,NAHS 9, 10,12,SADD 12,FBLA 12
Tim Bucher
Football 9-12,Soccer 9-12,Basketball 9-10,FCA 9-12,JV Football Coach 12
Lance Buckley
Stanley Burnett

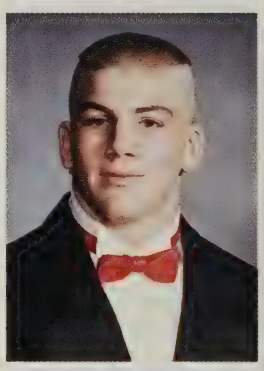


Daniel Byrnside
Wrestling 9-10,Interact 11-12,Academic Team 12
Cordell Cahill
Angie Calabro
Chris Cambell

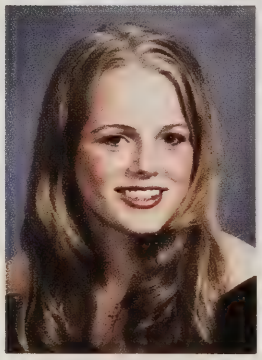
Maria Cancel
Teresa Carr
Advanced Drama 10, 12,Choir 9
Victoria K. Carter
Cross Country 9-12 Co-Captain,Swim Team 9-12,Spring Track 9-12,FCA 9-12,SADD 11-12
Briana Chapman
Marching band 9-10,FBLA 11,concert band 9-12

Aaron Chinault
Mathew Claerbout
Rosie Coffey
Kevin Collier
Wrestling 9-12 ,Football 9-10

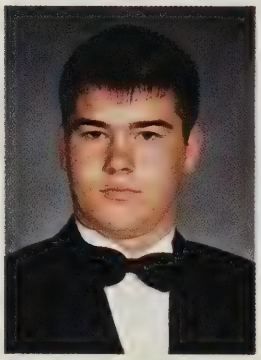
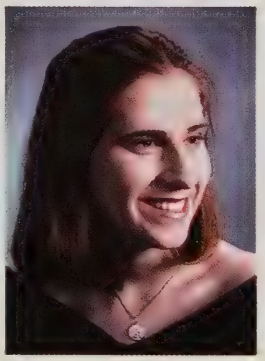


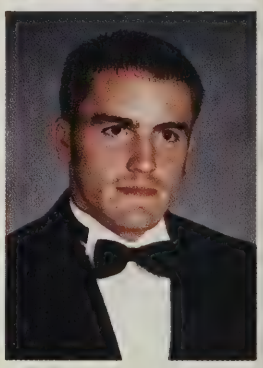


Melissa Comegys
Latin 9,Soccer 9,NAHS 10-12
Melissa Cooper
Dance Team 9,10,12,FBLA 11-12, Spanish Club 12, Multicultural 10
Laura Cortina
Swimming 9-12,Softball 9-11, NHS 10-12, SCA Treasurer 12, FCA 10-12
Meredith Costanza
Cross Country 9-11,Swimming 9,10,12,Spring Track 9-11

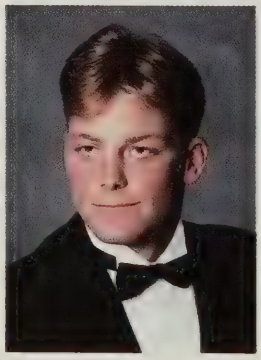
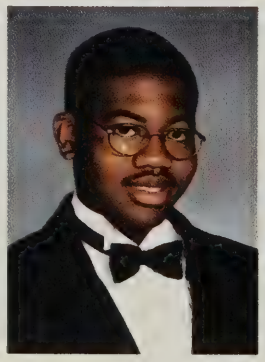


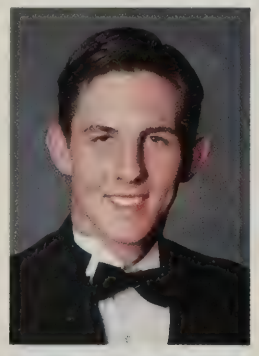
Andrew Couch
Football 9-10,Wrestling 9-12
Athena Crecelius
Matt Curley
Auto tech 1&2
Mike D'Eredita
Football 11-12,Lacrosse 11-12

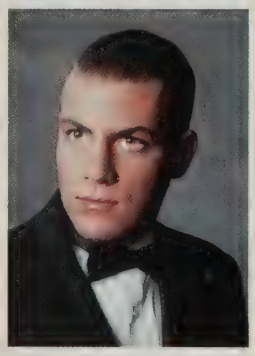
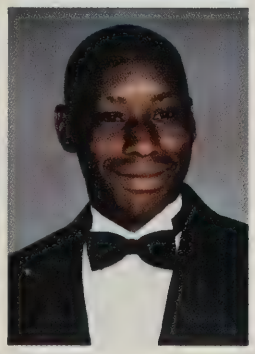
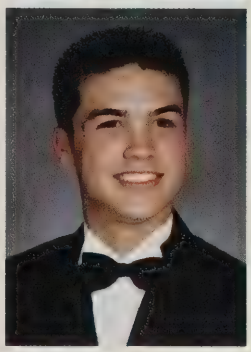


Mike Dailey
Football 9-12,Lacrosse 9-12, Wrestling 9-10,Class Officer 10-12,FCA 11-12
Davaughn Daniel
football 9,12,national honor society 9-10,FBLA 12
Jesse Daniels
Football 9-12,indoor track 9-12,outdoor track 9-10



David Daugherty
baseball 9-12
Susan Dause
marching band 9-12 (section leader 12),jazz band 12,french club 9-11 (president 11),NHS 11-12,concert band
Chad Davis
football 9
James Davis

Michael Davis
football 9,lacrosse 9-12,tennis manager 11-12,senior class vice president
Roy Dean
Jason Dearinger
Jaclyn DeCourcey
field hockey 9-10,fccla 12,cross country 11,fca 10-12,indoor/outdoor track 9-11

Summer After Graduation

Seniors, seniors, seniors, what were after-graduation plans? According to the class of 2000, students scattered throughout the United States and beyond, excited about the last summer dealing with the drama called high school. The summer of 2000 proved to be interesting and versatile one amongst the "kings" and "queens" of the high school.

Vacation entered the minds of soon-to-be college goers. Some decided to head down south, to warmer climates.

"I'm going to Puerto Rico, baby!" said senior Tyranei Powell.

Some decided to go to the beach, to pass those short few months of relaxation.

"Beach week, definitely," said senior Ginni Matern.

Others just pondered generalized thoughts of what they would do to pass that precollege time.

"I'm going to travel, party, and get down to business," said senior Jozanne Summerville.

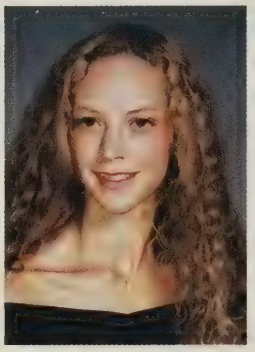
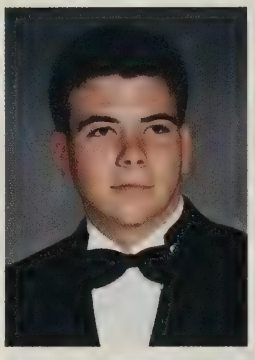
Then again, a select few chose to spend their summers in the "grinder."

Senior Lindsey Mason said, "I'll be working in the veterinarian's office."

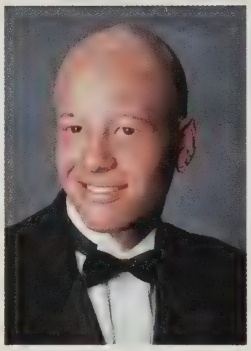
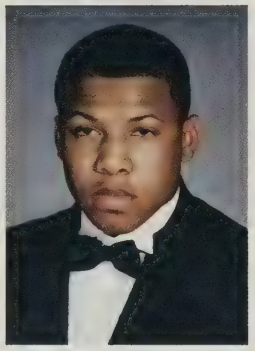
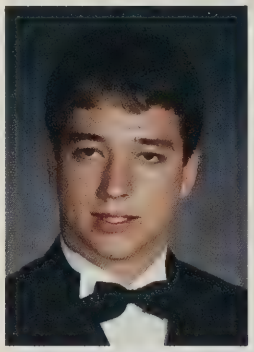
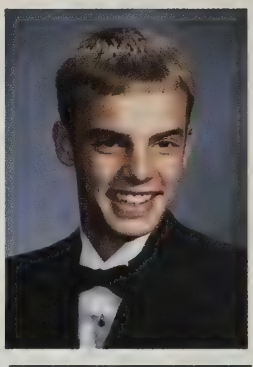
Senior Matt Taylor said, "I'm going to be working in a printing shop."

However seniors chose to pass the time for the summer of 2000, whether it was good or bad, definitely proved to be a memorable few months for the class of 2000. - By Chelsea McNair

Anabel G. dela Cerna
Varsity Poms 10-11,Varsity Cheerleading 12,FCA 11-12,SADD 12
Amy Delwiche
NHS 10-12 (Tresaurer 12),FBLA 12,Volleyball 12
Jason Demory
Taryn Deno
poms 9-10,athletic trainer 11

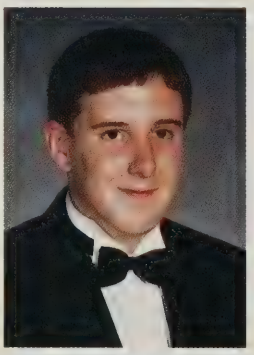



Nathan DePasquale
soccer 9, 11-12,cross country 11-12,wrestling 9-10,winter track 11-12,football 9
Leonard Dillard
Chad Dixon
Jason Donnell
soccer 10, 12

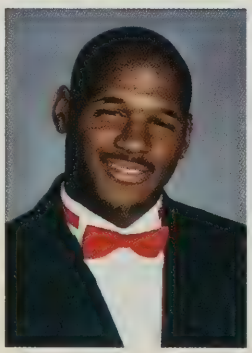





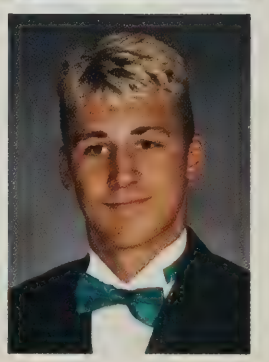
Megan Downey
cross country 10-11,girls lacrosse 10, 12, drama 9-12,FCA 10-12,SADD 10, 12
Courtney Downing
Jenn Duncan
Colorguard 9-12 (captain 12),Drama 9-12,Environmental Club 11-12 (VP 12), Interact 11-12,Forensics 12
Ryan Eagle
Football 9-10,Wrestling 9,Lacrosse 10-12,NAHS 9-10, 12

Kelly Eckstein
FBLA 11-12,NHS 11-12
Eric Edmond
Lanceia Edmonds
Orchestra 9,FCCLA 12
Natasha Edmonds



Paris Edwards
Zach Efaw
Venetia Eldridge
Chris Elliot





Amanda Eppard
Danielle Evans
DECA 12,FCCLA 12,HOSA 10
Jessica Evans
Robert Falcone

David Faltum
Adam Filbey
Interact club 9,FBLA 10, 12
Brandi Fitch
Kevin Fletcher

2000 or 2001, that is the question

"5, 4, 3, 2, 1.... Happy New Year!"

A sound heard round the world December 31, 1999. However, would it be the beginning of a new millennium or just the start of a New Year, which happens to be the last year of the real millennium?

A few seniors said:

"2001- who counts beginning with zero?" Kelsey Sandbakken

"The new millennium starts 2001 because 100 years has not passed until the year 2001" Jon Morgan

Yet why would 2000 be the New Year? What's so different about it compared to other years?

"2000 is the millennium because I am graduating in it" Matt King

"The millennium is 2000 because it's a 1000 years from 1000" Amanda Hursh

Although arguments could persuade a decision either way, it all depends on your point of view.

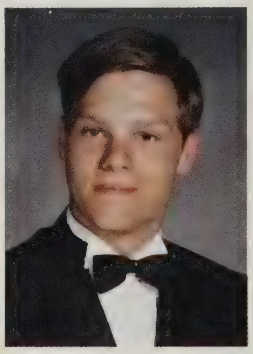
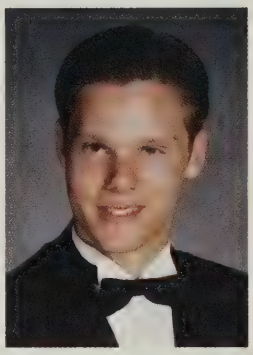
"The new millennium does not begin until the big comet comes down from the sky and kills us all" Matt May

"2001, because that's what I heard" P.J. Ortiz

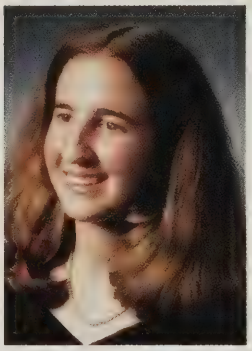
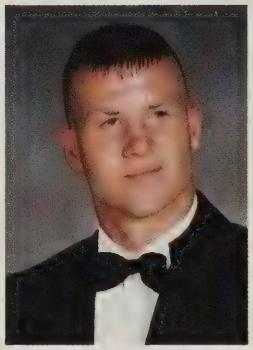
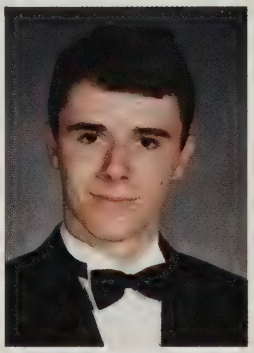
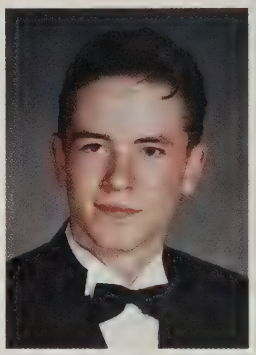
"Many mathematical experts agree that the new millennium doesn't begin 'till January 1, 2001, I will go with their opinion. However, since it has been a thousand years since all four digits of the year has changed (1999-2000) I will still party hard come January 1, 2000!" Matt Arnold

Whether you celebrate the millennium this New Year or the next, the point is that we are living in a new century in history and that we can make it the best one yet. -by Amanda Hibbert

Eryn Fontenot
Mike Ford
Joe Ford
Marching band 9-12,Concert band 9-11,Jazz band 12,Winter track 11
Christina Fortner

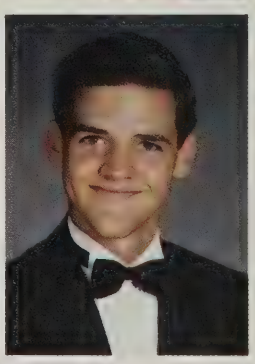



Annie Fox
Chris Franklin
Varsity wrestling 9-12 (captain 11-12),Varsity baseball 9-12
David Franklin
Anime club 11-12
Jacob Fravel
Madrigals 11-12

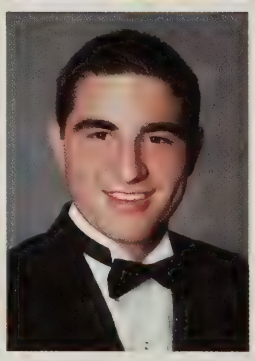
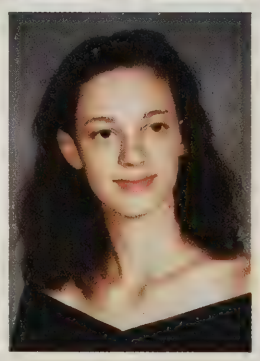





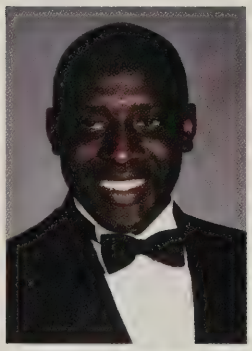
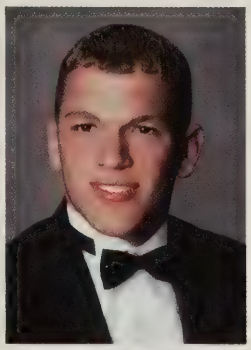
William Friday
Anime club11-12
Lawrence Frierson
Football 9-12,SCA Rep. 12
Michelle Fullem
Chorale 9-11,Women's ensemble 11, Madrigals 12
Lindsey Gahr

Adrienne Galasso
Cheerleading 9
Charity Gallagher
Adam Garbinski
NHS 10-12,Marching Band 9-10, Concert Band 10-11
Hyrum Garvin
NHS 10-12,NAHS 10-12 (president 12),SCA-Publications coordinator 12

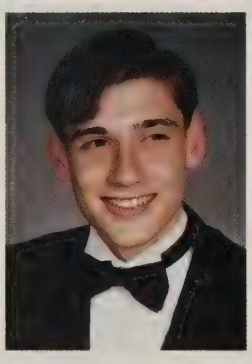
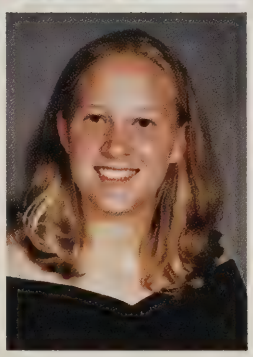


Keisha Gary
Cheerleading 9,Poms 10
Dan Gauvin
Lacrosse 9-12,FBLA 10-12 (treasurer 11-12)
Courtney Geesling
Kelly Gefrich
ASL Club 11-12,Colorguard 11-12,Newspaper 11-12,Softball 9-10,Students Serving Stafford 9-12

Kelly Gierard
Virginia Giles
Charles Gold
Mike Goll
Baseball 9-12,NHS 11-12,SADD 9-12

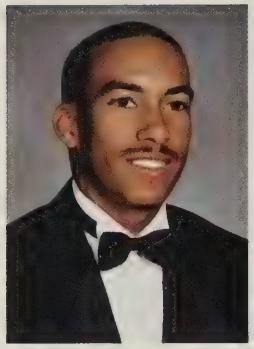



Ryan Goodin
Shannon Graeber
Sonya Gray
Cheerleading 9-11,Drama 9-10
Andrew Green

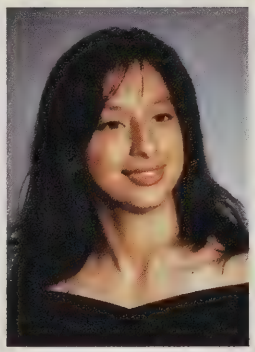
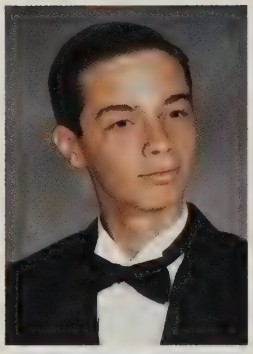
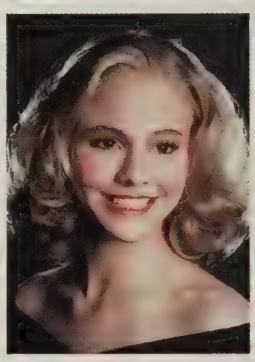
Anne E. Moncure, Mrs. Crocco's first grade class. Front row: (3)Jennifer Bailey, (5)Courtney Willis, (6)Clint Boggs. Middle: (5)Steve Norton,(8)Teressa Krebs, (9)Bryan Penman, (10)Sarah Reynolds, (11)Dennis McGukin. Back: (1)Bethany Beil, (3)Sarah Zimmer.

First Grade, wow where did you get that?

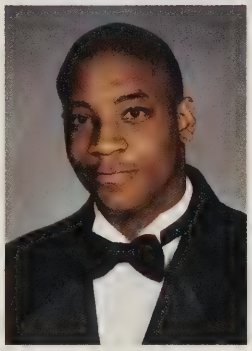
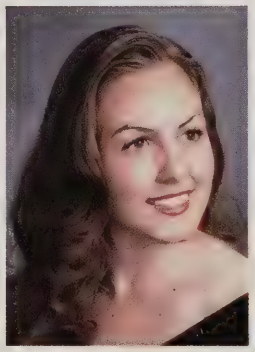
Anthony Green
Varsity Baseball 9-12,Track 10-11, SADD 12
Jason Greene
Tiffany Grogg
Angela Groves

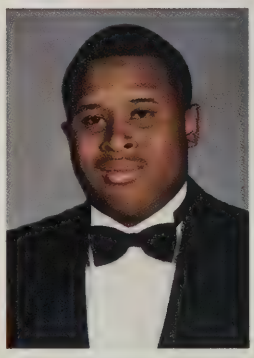


Anthony Guerra
Gabriela Guerrero
Willard Hagen
Cross Country 9-12,Spring Track 9-12, Winter Track 10-12,Orchestra 9-12
Melinda Hall

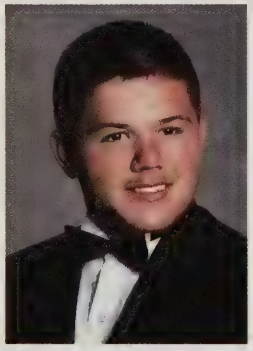
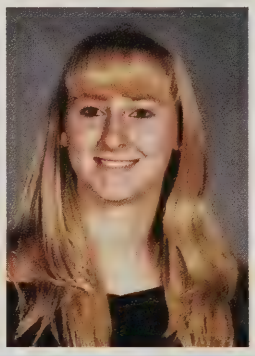
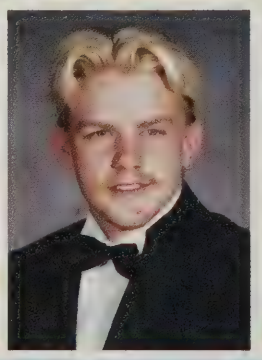




John Hansberry
Laura Hanscome
Interact 9-12 (historian 11, president 12),NHS 10-12 (Vice president),Varsity Soccer 9-12,Environmental Club 9-11,PTSA 11-12 (student representative)
Deena Harper
Chris Harris
FBLA 10,JV/Varsity Basketball manager 10



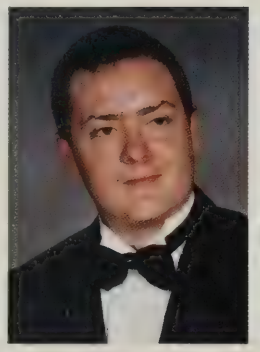
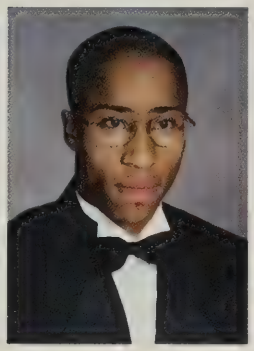
Greg Hartman
Lacrosse 10-12,Football 9-10,Winter track 10-12,Sports Trainer 12
Jennifer Hartzell
Danny Harwell
Shawn Hawkins

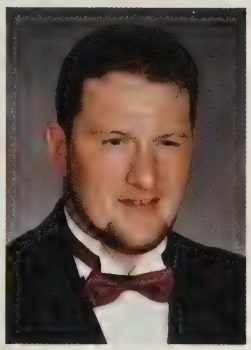




What is your reason for being tardy?

"My locker got stuck." Ginni Matern – 12

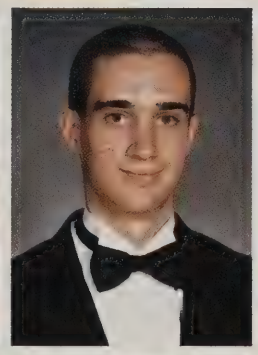
"The toilet wouldn't flush!" Amanda Moreland – 12

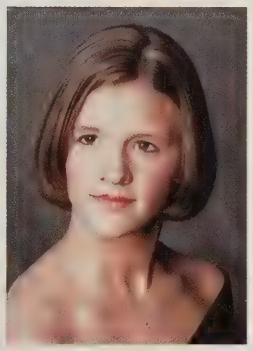





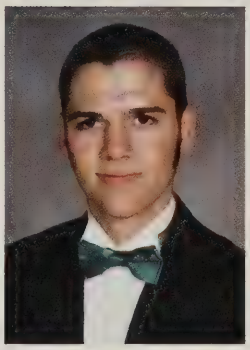
James Hawthorne
Rashanda Hawkins
HOSA 11 (treasurer 11), Step Team 11,FCCLA 12,FBLA 12,Chorus 10-11
Jeni Hayhurst
Technical Drama 12
Patrick Heath

Rebecca Hedger
NHS 10-12,NAHS 11-12 (secretary 12),Varsity Volleyball 12,Yearbook 11, German Club 9-11
Heather Heflin
Cheri Helmandollar
Child Care,FCCLA
Erika Henne
JV Field Hockey 9,Cheerleading 9-11(captain 11),NHS 10-12,HOSA 11





Sarah A. Herbert
Cheerleading 9-12(Captain 11-12),Class President 9-12,SADD 12
Ian Herman
Amanda Hibbert
Swim Team 11-12,French Club 11-12 (reporter),Interact 12,Orchestra 9,Yearbook 12
Katie Hiles
Swim Team 9-12,NHS 9,10,12,FCA 9-10

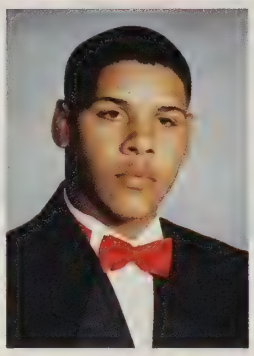
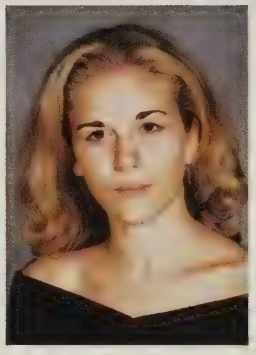


Matthew Hilliker
Football 9-10,Academic Team 11-12,FCA 9-12
Kara Himmler
John Hilsinger
Danielle Hlava

"My car ran out of oil, and I had to change the oil before I came to school." Angie Calabro -12

"These aliens came down and stopped right in front of my driveway; I tried to go around, but I fell into a ditch. I gunned the engine, but ended up in another ditch. Then I finally escaped, went down the road, but was late to school." Jackie Trosclair – 12

Stacey Hohman
Margaret Holder
Field Hockey 9-10,Track 9-11,Student Trainer 12,SADD 11-12 (vice president 12)
David Holland
DECA 12
Kathleen Hom
German Club 10-12 (vice president),NHS 10-12,The North Star 10-12 (editor in chief)
Jennifer Huggins
Drama 11-12,Yearbook 12
Leon Hughes
Mandy Hughes
Tyece Humphrey
FCCLA 11-12 (president 12)

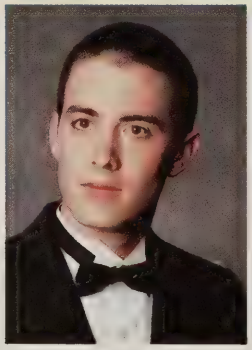



If girls ask guys out, who should pay?

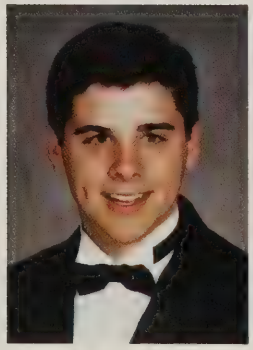
"The guy should pay, it's tradition, it's just their job," Kelly Gierard - 12

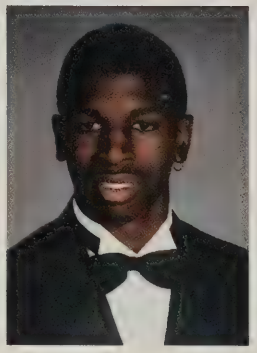
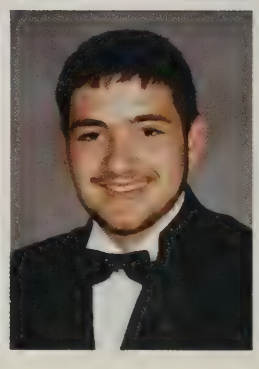
"The guy should always pay no matter what, they should be happy to have someone to go out with," Mike D'Eredita - 12

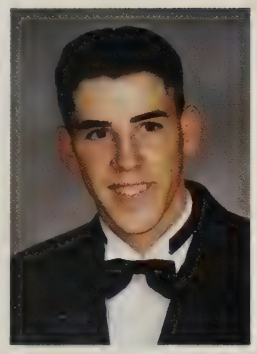
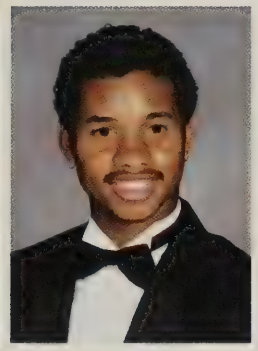
Mike Hurley
Amanda Hursh
NAHS 10-12 (treasurer),SADD 10
Danielle Ingram
Leilani James



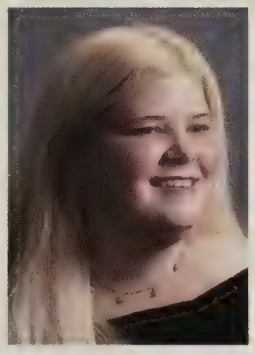
Ben Jaworowski
Ernst Jean-Phillipe
Football 9-12,Basketball 9-12
Derrell Jefferies
Derick Jennings



Darren Johnson
Baseball 9-10, 12,Wrestling 9-10, 12,Football 9,SADD 9-10, 12
David B. Johnson
Track 9-10
Phil Johnson
Travis Johnson

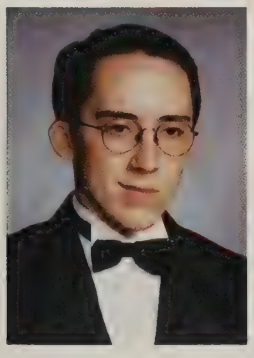


Amanda Jones
Chanel Jones
Carrie Jordan
Crystal Jourdain
Poms 9-10,FBLA 12

"Girls and guys should split it equally because in a relationship each should be treated equally," Kevin Schweer - 12

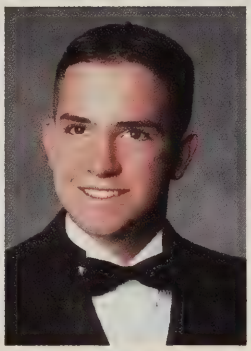
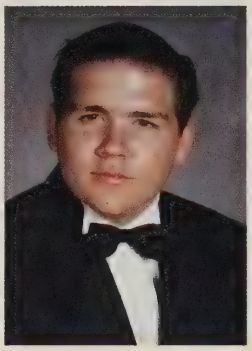
"Yes, girls should pay because the guys probably won't go if they don't," Bianca Bailey - 12

Natalie Kaminsky
Debra Leigh Keller
Tennis 10-11,Yearbook 11-12 (photoeditor 12, student life editor 12),NHS 10-12,NAHS 10-12
Jenny Kelley
Cheerleading 9-11,Women's Ensemble 9, Track 9-10,Student Trainer 11-12
Kristen Kelly
Colorguard 9-11



Sean Kelly
Academic Team 11-12,Latin Club 11
Shannon Kern
FCA 10-12 (officer 11-12),Interact Club 10,Softball 9-12,NHS 10-12
Yong Kim
NAHS 12
Karen Kimble
German Club 10-12

Kris Kimmell
Chevonne King
Chorale 9,Women's Ensemble 10-12,Madrigals 12,Poms 11,MCI outing club 10
Jessica King
Matt King
Football 9-10, 12, Latin Club 11 (co-president 11), Lacrosse 9-12, FCA 10, 12, NHS 10-11, 12
Jimmy Kingman
Sports Medicine 9-12,Cross Country 9-10,Track 9,SADD 12
Wesley Koerner
Teresa Krebs
Marching Band (drum major 12), Symphonic Band10-12,Wind Ensemble 11-12,Women's Chorus 10 ,Madrigals 11
Corrinn Kreft
Marching Band 9-11,FCA 12,FCCLA 12,Child Care 11-12,Concert Band 9

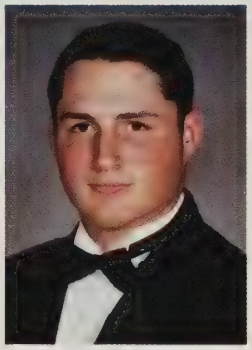
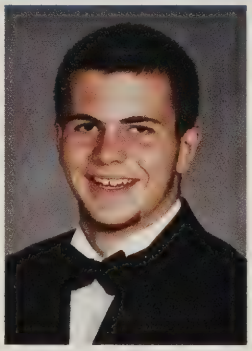



Will Fraternities or Sororities afftect your college picks?

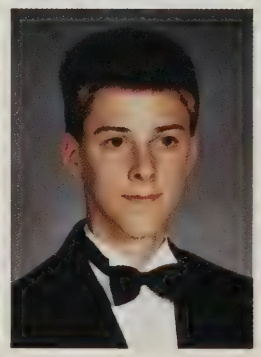
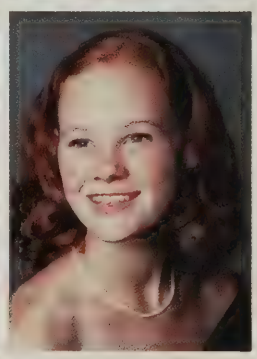
"No, because wherever I go, I just seem to make friends as I go along. I don't limit myself to one group." –Briana Chapman 12

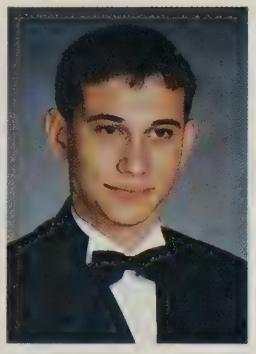
"The more fraterneties the better!" –Ginni Matern 12

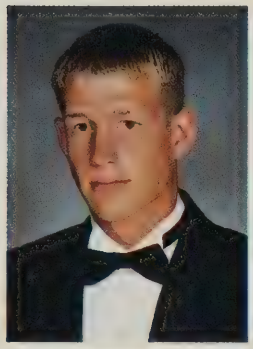
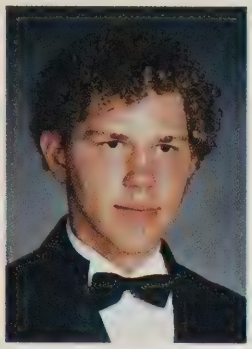
Joseph KucKuk
Mason Lachine
Chris Lamb
Sarah Landrum

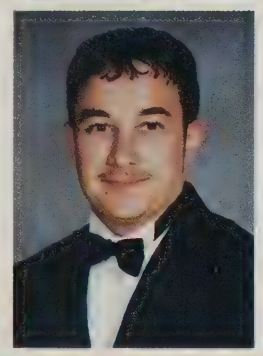
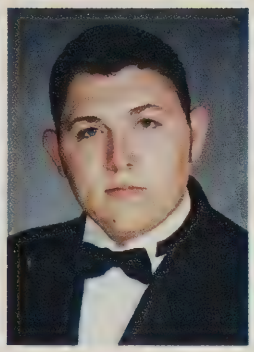
Kerri Langhorne
Greg Lavoie
FBLA 12,Tennis 11-12,Track 9-10
Lon Lawson
Cathy Leeman
JV Poms 9,Varsity Poms 10-12



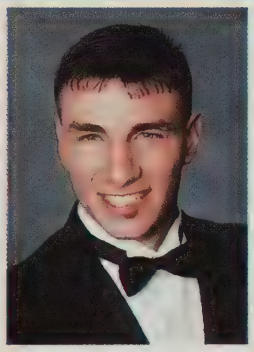
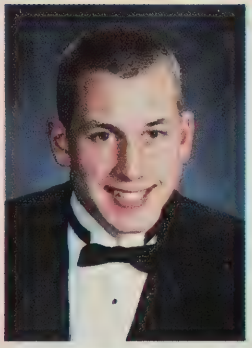
Petru Leu
Tiffany Lilley
Scott Dean Lingo
Basketball 9, Cross Country 9, 11-12
Track 9, 11-12, Winter Track 11-12
Matt Lingvai
Football 9-10,12,Lacrosse 11-12,
NAHS 10-12

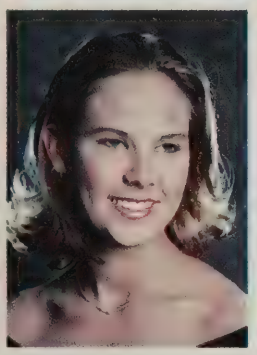
Justin Littrell
Brandon Lloyd
Football 9,Forensics 11,Interact
12,Scholastic Team 12
Danielle Love
Poms 9-10 (captain),Latin 10,
12,SADD 12,Forensics 12,Drama 12
Justin Lowry

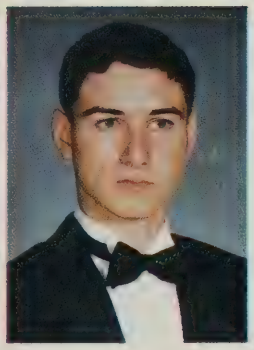
"No, you're going to spend all that money just to join a stupid sorority? I mean they sound fun but I wouldn't place much importance on them."
-Sarah Herbert 12

"No, I don't plan joining one. I'm going to college to study not party, but I think I'll do some of that too." - Mark MostadKlahre 12

Carly Lynch
DECA 12(reporter)
Nikolas Lynch
Drama 10-12,Forensics 10,Students
Serving Stafford 10-11
Chris Maclaird
Matthew Mallory





Jessica Marcey
Matt Marcheselli
Football 9-10,VICA 12
Dana Marks
Childcare 1&2 10-11
Ray Marquez
FBLA 11-12 (Pres. 12),Varsity
IndoorTrack 11-12,Spanish Club
12,Interact 12,DECA 12

Dorte Martens
Katie Martz
Swimming 9-12,German Club 9-12 (president 12),Track 11-12,Newspaper 11-12 (feature editor 12)
Chudney Mason
Tennis 9,Softball 9,Solo & Ensemble 11,UK Leadership Conference 9
Elijah Mason

Lindsey Mason
Ginni Matern
Basketball 9-12,Field Hockey 9-11,Soccer 9-10
Keri Matthews
Matthew May

When are we ever gonna use this?

"I took childcare I and II because I love working with children and I'm good at it," said senior Tasha Baker.

Students took classes depending on what they liked and were interested in for future plans.

"I'm taking Advanced Accounting and Word Processing for my future career in business," said senior Greg Lavoie.

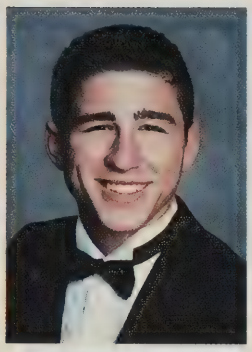
Besides taking a class that would directly help in their future occupation; students took courses that are useful in a variety of circumstances.

"My computer classes will give me more options in the military or in whatever other occupation I choose," said senior Frank Andrews.

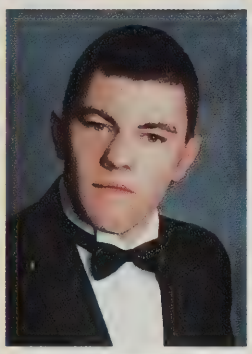
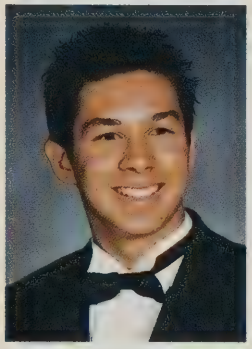
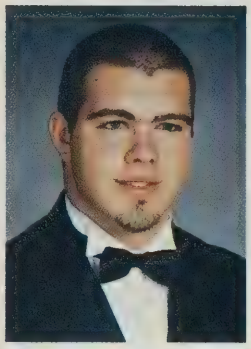
Elective classes helped the people that knew specifically what they wanted to do after graduation. They concentrated in a certain field depending on their interests.

Senior Megan Bailey said, "By taking Sports Medicine it will help me to become a nurse." **By Megan Bieber**

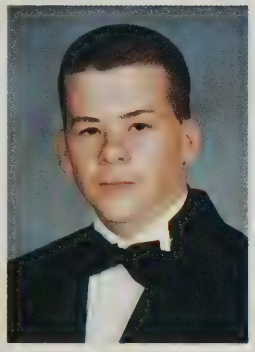
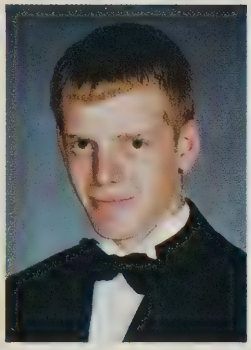
Computer class is full of fun! Senior Jason Patterson stared at the screen while working during his class. Many different types of computer classes were offer, such as keyboarding. **Photo by Jessica Loy**

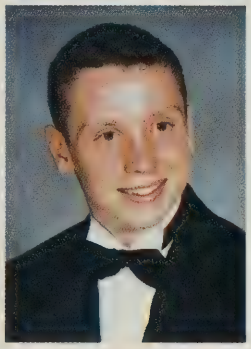


Shawn Maye
Varsity Baseball 9-12
Basketball, 10
SADD 9-10
Gennifer McCauley
Poms 10-12 (spirit captain 12),FBLA 12,French Club 12,SADD 12
Travis McClure
Wrestling 9-12
Megan McCreedy
Basketball 9,Varsity Field Hockey 9-12,Varsity Soccer 9-12

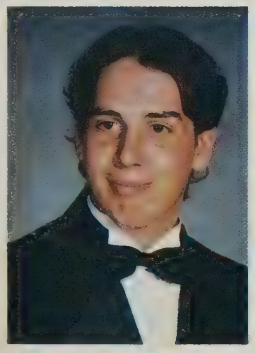




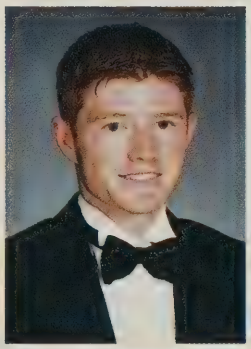
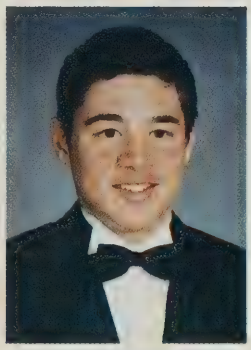
Chad McGinnis
John McGovern
Steven McGovern
Brandon McGraw

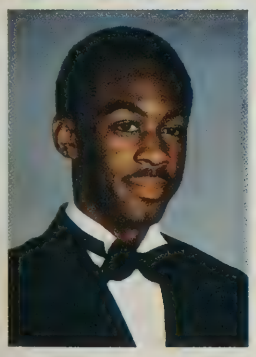


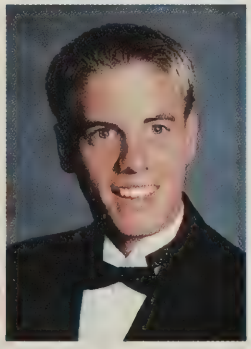
Dennis McGuckin
NAHS 12
Daniel J. McMains
Interact 11, Officer 12,Jazz Band 10
Rachel McMann
Austin McNair
Jazz Band 9, 12



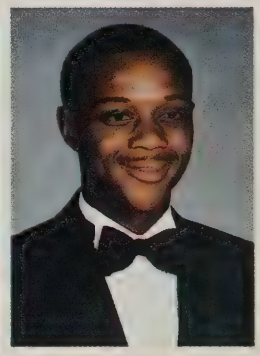
Zach Mears
Kristen Meehan
Basketball 9-10, 12,NAHS 11-12,Soccer 9
Obel Middaugh
Chris Miles



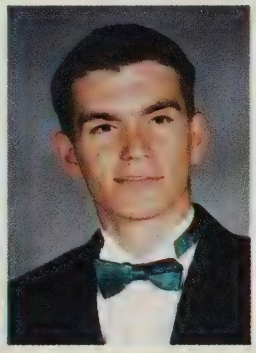
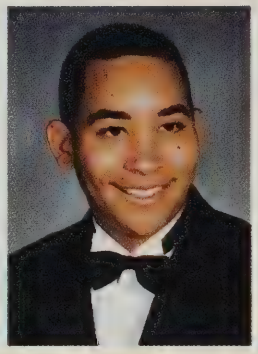
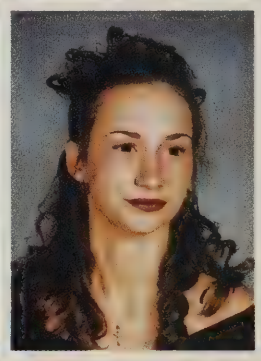


Bryan Miller
Heather Mills
Harold Minor
Track 9,Basketball 9
Matt Mitchell
Cross Country 10,FBLA 12,Golf 11-12,SADD 9,12,Soccer 9-10

Michael Mitchell
Monique Moore
Basketball 9-10,Field Hockey 10,Soccer 9-10
Amanda Moreland
Anime Club 12,Environment Club 11, French Club 9-12(V.P.10-11,Pres. 12), Lit Mag Editor 11-12) SADD 11-12
Jon Morgan



Kevin Mornot
Josh Morris
Mark Mostad-Klahre
Jessica Mudd
Mixed Chorus 9,Chorale 10,Cosmetology 11-12,Food & Wellness 9

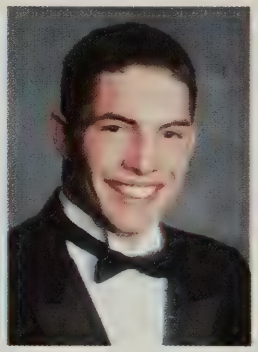
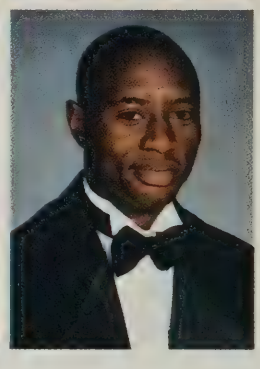
What do you think about the new Senior lockers?

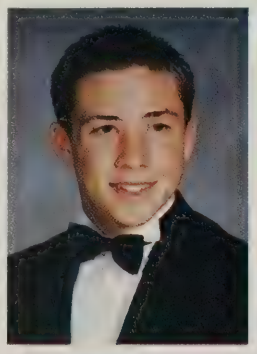
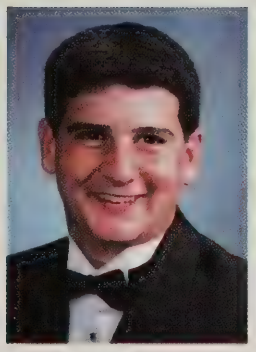
"When they are so small that you can't even fit me in there, there's a problem" - Susan Dause 12

"You might as well ask me what I think about paper cuts." - Amanda Ballard 12

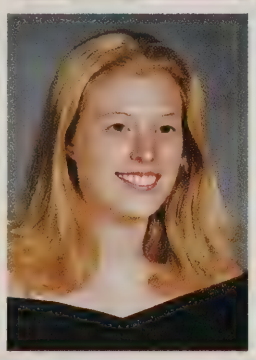
Sandra Mwila
FBLA 12,French Club 9-12,Step Team 9-12,Track 9-12,Women's Ensemble 9-12
Melissa Napper
Nicole Nasuti
Lindsey Neish

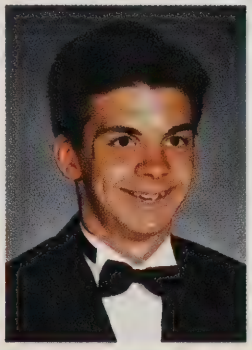
Erin Nelson
Cross Country 11,Environmental Club 12,Winter Track 11
Jessica Nelson
German Club 9-12,Pep Club 9-10
Kevin Newport
Bobby Newsome

Josh Nida
Football 9,Wrestling 9-12
Steven Norton
Athletic Trainer 12,Concert Band 9-12,Jazz Band 10-12,Swimming 9-12
Christy Oakes
Cheerleading 9-10,NHS, Softball 9-12,Volleyball 12,Winter Track 11-12
Ryan O'Connor
FBLA 11,Football 9-10,Lacrosse 10-12,Winter Track 10

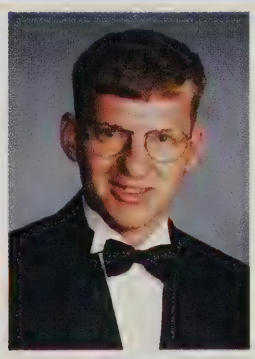




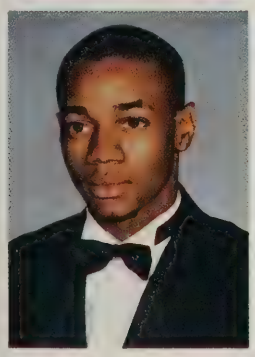
Tracee O' Ferrell
Cheerleading 11-12,FCA 11-12,Gymnastics 9-10
Ji-Yon Oh
Sarah Olds
William O'Neil

"They're the worst pieces of junk in the whole world" - Shannon Graber 12

"I like them a lot because they're superdeep and I can fit my hulking backpack into them. I think that the hue of purple is rather distasteful though." - Jon Stradling 12



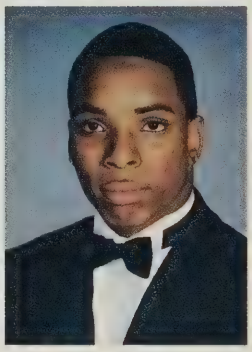
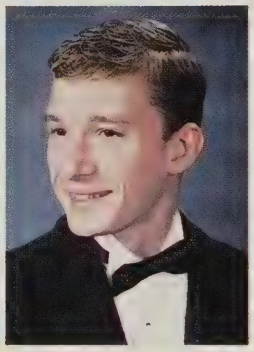
Jarelis Ortiz
Child Care ,FCCLA,Track 9
P.J. Ortiz
Football 9-11,Baseball 10 (captain 10),Ski Club 10 (president 10),Scholastic Team 12
Blaine Oxendine
Multi-Cultural Club(pres. 12), Spanish Club Pres, 11-12
Brian Palmer



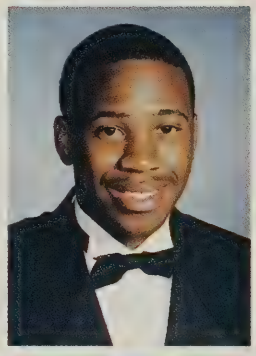
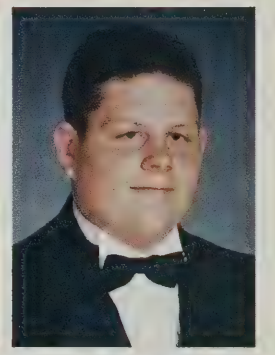
D.J. Palmer
Football 9 Varsity 11-12,Marching band 10,Basketball 9, 12
Frank Parker III
Robin Parker
Christina Parrish
Indoor Track 11-12,Outdoor Track 9-12,FBLA 11-12 (officer),FCA 11-12 , Multicultural 9 (officer)

Holly Paschall
Jason Patterson
Weightlifting 9-12
Stacy Paul
Cosmetology 11-12,Child Care 10
Brandi Payne
Step Team 9-12 (captain),French Club 9-12,MCI Outing Club 10,Cover to Cover Book Club 12

Russell Payton
Basketball 10-12,Football 12,Art 9-12
Thomas Payne
Bryan Penman
Daniel Peterson

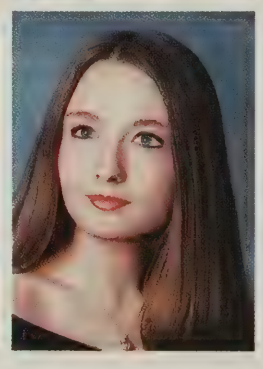



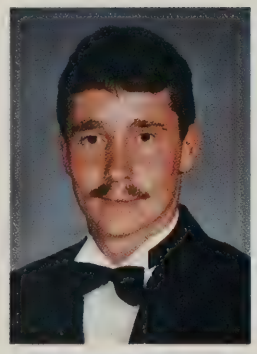
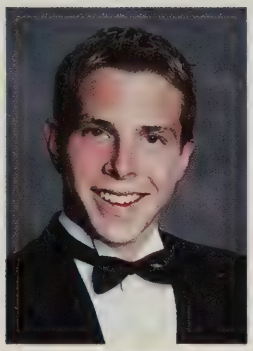
Jennifer Peterson
Cosmetology 11-12,FCA 11-12,VICA 11-12
Kevin Peterson
Jerrod Philson
Football 9-10, 12,DECA 12
Ryan Piddington

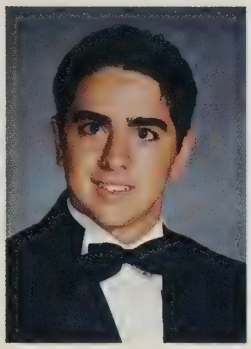



Leaya Pippen
Mulitcultural Club 11,FBLA 12,Spanish Club 12,Cosmetology I 11
Shakoya Pittman
Tyranei Powell
Band Adv. 9-11,Symphonic Band 12, Peer Counseling 11,M. Band 11-12
Katrina Purcell
Dance Team 9,NHS 10-12,Yearbook 12,Pep Club(V.P.11)

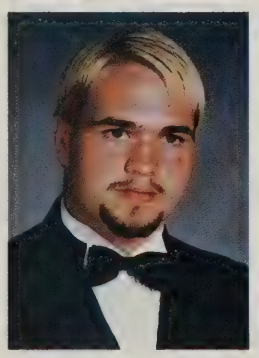
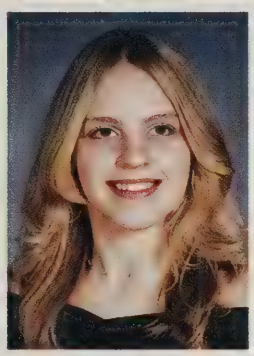
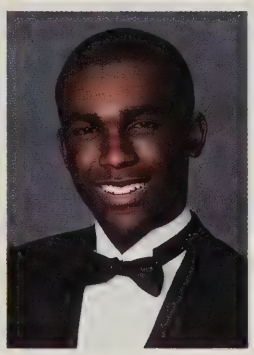
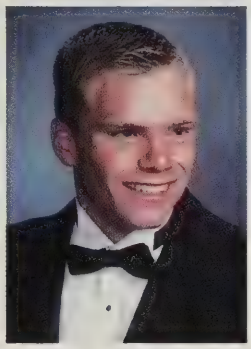
Teslin Purkey
Mixed Chorus 9,Chorale 10-12,Lit. Mag 11
Jessica Purvis
Dustin Qualls
Wrestling 9-12,Drama 9-11
Tina Radford





James Rainey
Matthew Ramey
Brandi Ramos
Steve Ramos
Varsity Soccer 9-12 (capt. 11-12),FCA 11-12,FBLA 12,SADD 12

Daniel Ramsey
Lisa Randall
Chad Raynor
Winter Track 11-12,Lacrosse 11-12,Concert Band 9,Symphonic Band 11,SADD 12
Jeremy Reed
Cross Country 9-12 capt.12,Winter track 9-12 capt.12,Spring track 9-12(captain 12) , Interact 11

It's fake and bake and I helped

Has your summer tan started to fade? Well hop on in the tanning bed! Numerous girls, and a few guys, saw tanning beds as a way to keep that bronzed bod look all year long. Surprisingly to some there were young men who found tanning beds a necessity.

"I go to the fake and bake every once in awhile, a tan makes everyone look better," said Shawn Maye.

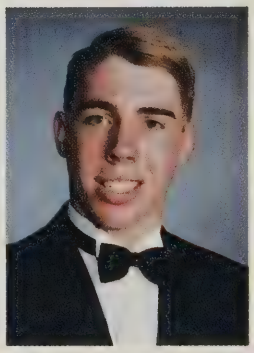
Others were just plain frightened by the tanning bed experience. Some students were so terrified by tanning that they vowed to never go again.

"I've been to a tanning bed once before and it horrified me! I fell asleep, and when I woke up I thought I was in an alien spaceship because my nails were glowing in the dark, and it smelled like disinfectant," said Anabel dela Cerna.

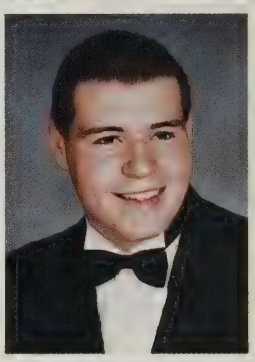
That certainly sounds scary! Sometimes the downfalls just outweighed a tan. **By: Kate Waldhauser**

Coppertone is not just for the summertime! Seniors Tracee O'Ferrell and Sophmore Melissa Wotherspoon consider all their tannining options. **Photo by Ashley Hall**

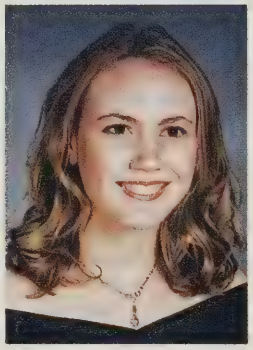
Tiffanie Reed
Varsity Soccer 9-12,Field Hockey 10,Cross Country 11-12,Basketball 9-10, 12,FCA 11-12
Walter Regan
Meghan Reist
Ryan Renuad

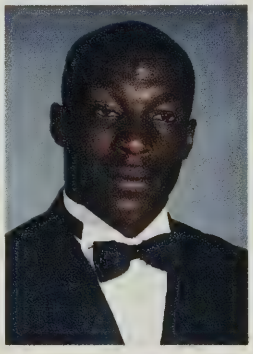
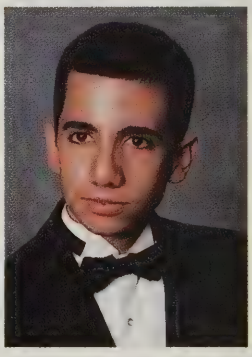


Sarah Lynn Reynolds
Women's Ensemble 10,12,Madrigals 11-12
John Rhoten
Cross Country 9-12,Winter Track 9-12),Spring Track 9-12,Latin Club 9-10, Forensics 11-12
Jerod Richrdson
Football,Wrestling 9,Chess Club 9-12
John Rieker
VICA 11

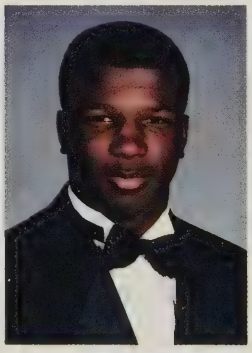
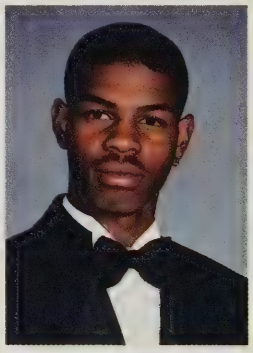


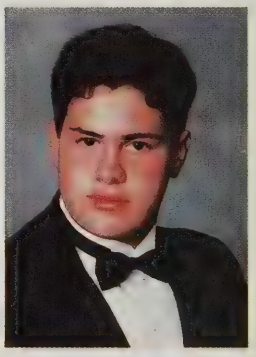
Casey Roberts
Color guard 9-10
Nicole Roberts
Students Serving Stafford 10-12,FBLA 11,FCCLA 12,Lit. Mag 10
Ernest Robinson
MCJ ROTC 9-10,Track 10,Varsity Football 12,Jazz Band 12,Marching Band 9-10
Daniel Rodriguez



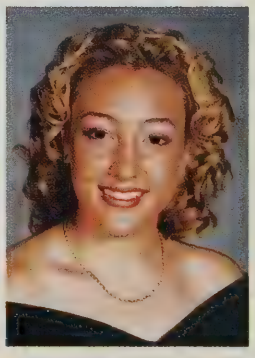



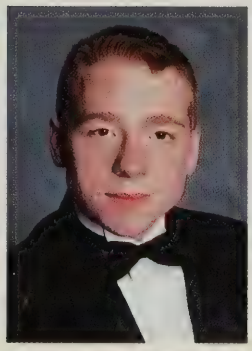
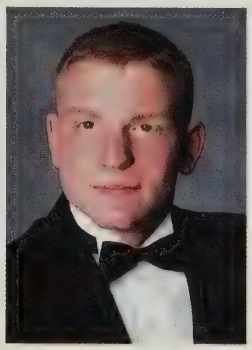
Jerome Rogers
Varsity Football 10-12,Basketball 9-12,Track 9-10, 12,FCA 11-12
Nathaniel Rogers III
Angela Rouse
David Rovira
Lacrosse 11-12.Scholastic Team 11-12.Ski Club 10 vice president.FCA 11-12,FBLA 12

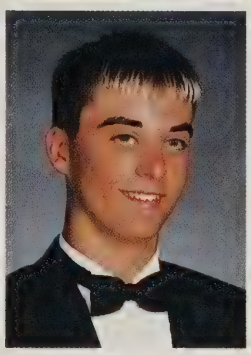


Dan Rowe
Kate Ryalls
Kelsey Sandbakken
Marching band 9-12 (section leader 12),Academic Team 11-12 (manager 12),French Club 9-10 (president),NHS 10-12 (secretary),Forensics 11-12
Melissa San Pietro



Jamie Sansone
Andrea Sargent
Brandon Sasnett
Cameron Sasnett
Cheerleading 10-12,SADD 10,Jazz Band 9



Sarah Sasser
Varsity Cheerleading 9-10,Soccer 9-10,Spanish Club 9-11
Emily Scalf
Schlona Schermerhorn
Poms 10,Interact 9,Spanish Club12,Forensics 10,Environmental Club 11,12
Jarrod Schmidt
Lacrosse 9-12,Wrestling 9-10,Golf 12

Plan on Attending your class reunion?

Remember those '80s movies where characters go to their high school reunion either stuck in a dead end job or still infatuated with their high school sweetheart-after ten years? Did you ever see yourself in that situation? Students had some interesting responses when asked whether or not they were going to go to their class reunion.

"I'll go just to prove people wrong, that I'm not all screwed up," Emily Scalf said.

"I'll go to my high school reunion because I'll be a famous singer by then and I'll want to thank all the little people that helped me get there," Kat Wisener replied.

"I'll definitely go to my class reunion to see if the football players kept up their girlish figure," Tiffany Walker said.

"I'd go to the reunion to see how people changed," Said Rachel McMann.

"Yeah, I'd go...yeah..." Danielle Love confirmed.

Whether or not students would attend their high school reunion, they would all remember the times they spent in school. **By: Chelsea McNair and Jenn Huggins**

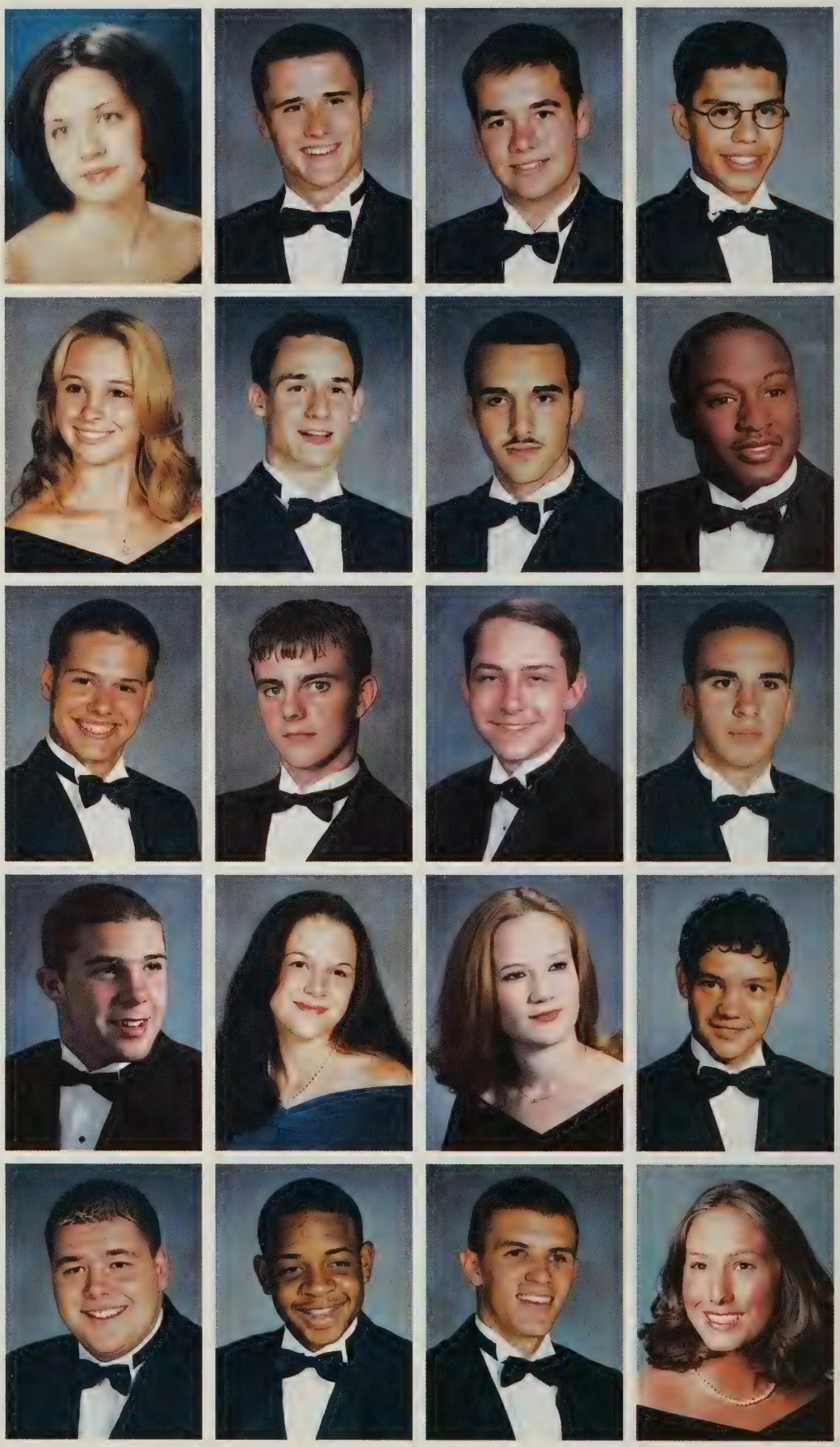
Jaime Schoolcraft
Tennis 9-11,FCA 10-12
Daniel Schott
Kevin Schweer
NHS Treasurer 11 President 12,Interact Club 10-12(Treasurer 11, V.P. 12),Marching Band 9-12 (Student Leader 12 Section Leader 11),Environmental Club 9-12
John Seger
Lacrosse 10-12

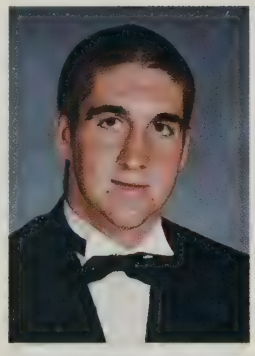
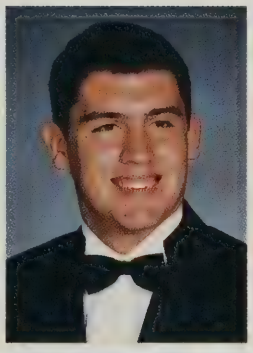
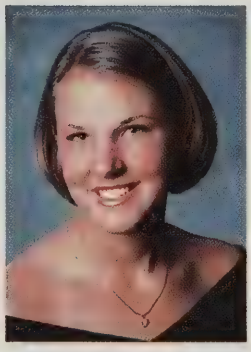
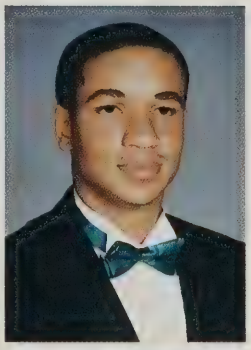
Bridget Seitzinger
Colorgaurd 9-12
Ted Serbinski
NHS 10-12,Swimming 10-12,Interact 10-12,Academic Team 11-12
Scott Serraro
Ira Seth
Swimming 9-12,Track 9-10, 12,SADD 10-12,German Club 11-12,Student Athletic Trainer 10-12

Frank Shannon Jr.
Wrestling 9-10, 12,Lacrosse 9, 12,Yearbook 11-12(photo editor 12),Jr. Civitans 9,Newspaper 12
Michael Shannon
Wrestling 9-12,Lacrosse,Football 9-10
Gary Sharp
Adam Shingler
Varsity Soccer 9-12, captain 12,FBLA 10-12,SADD 12,Interact 12,FCA 12

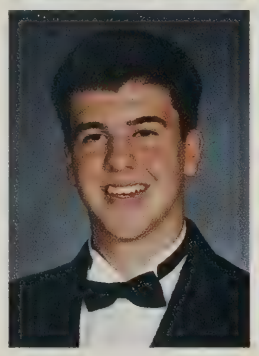
Chris Shriver
FBLA ,Spanish Club,SADD, Interact
Susan Sigman
Swimming,Marching Band ,Interact, ,German Club Treasurer,NHS
Katey Siler
Drama ,Fresh. Class President, Interact 10- 12,Environmental Club, Latin Club
Jeffrey Simons
Tennis,Wrestling, MCI Outing Club

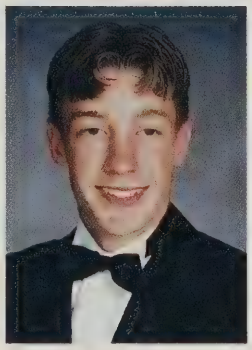
David Simpson
Mario Singletary
Spanish Club 9,FBLA 12
Kyle Skewes
Basketball 9-12,FBLA 12,SADD 12
Michelle Slater
Madrigals 11-12,Cross Country 11,Softball 10



Justin Smarr
Alexander Smith
Lisa Smith
Cheerleading 9-12,Spring Track 10,NAHS 10-12,Class Treasurer 12
Darryl Snyder
Football 12,Basketball 10,FBLA





Kevin Snyder
Marching Band 9-12,Jazz Band 11-12,NHS 10-12,Track 9-12
Danielle Sollers
Christopher Soulier
Stacy Specht

No, that's my brother

Brotherly love
Senior Todd Twombley and Sophmore Tyler Twombley demonstrate what sibling rivalry is all about.

First, you had to share your home with them, but now your school too? Older siblings found their younger siblings too annoying to stand. Parents expected older siblings to drive younger siblings around, and give them inside information on teachers. Students found themselves split into two groups; those who were happy to see their siblings around school, and those who wished their brother or sister would just go away.

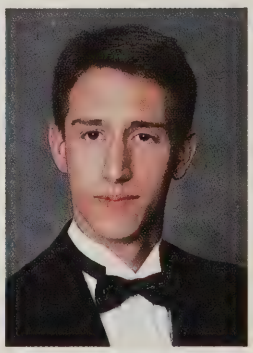
"I'm just glad I don't have any classes with him. I used to, but I switched out," said senior Cameron Sasnett.

Other students tried to find a balance between home and school life with their siblings. They showed that they were truly the "bigger" person.

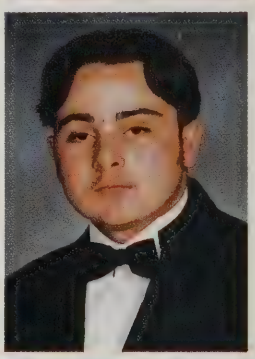
"When my sister and I are in school, we're cool with each other, but at home it's a different story," said senior Tabitha Apple.

Whether it was by confrontations, being friends, or just plain avoidance, siblings discovered ways to deal with the "family relations" **By: Megan Tunney**

Paula Speight
Chris Spencer
Demetria Spicer
Patricia St. Clair
JV Poms 9, Varsity 10-11,Varsity Cheerleading 12,FBLA 9,HOSA 10,SADD 10



Rachel St. John
James Stafford
Environmental Club 9,Anime Club(V.P. 12),Students Serving Stafford 9
Julie Stanard
Donald Staples Jr.

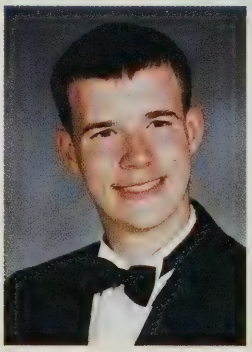
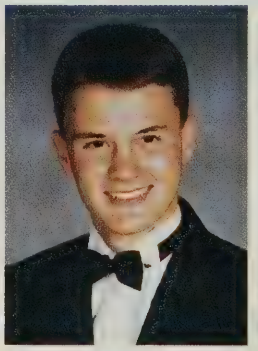
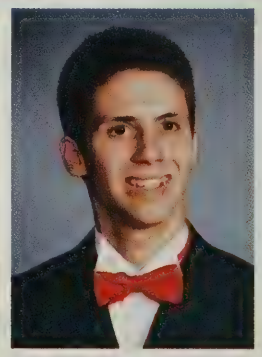


Do you have any crazy nicknames?

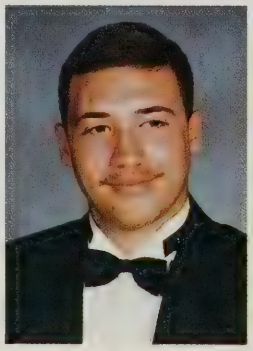
"They call me Cripple, because I broke my thumb and it was in a cast for nine weeks."
Unknown Senior

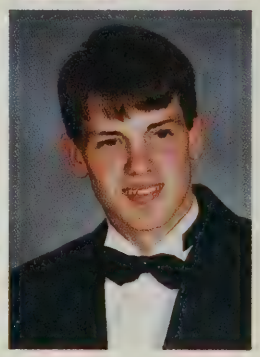
"People get nicknames, because when someone looks like a dork, it's hard to call them their real name." Mike Ford - 12

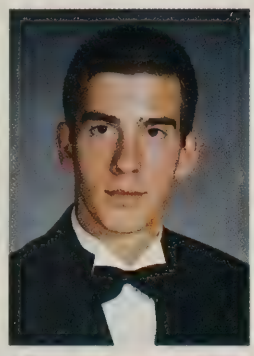
Jessica Starr
Jacob Stewart
Jonathan Stradling
Lacrosse 9-12,Cross Country 9,Forensics 12
David Stull

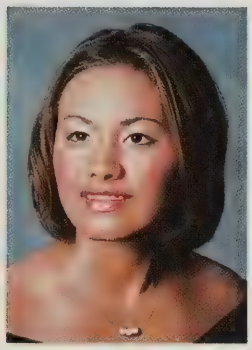




Joshua Sudbeck
Maureen Sullivan
Cheerleading 9,Spanish Club 12,SADD 12
Jozanne Summerville
Marching Band 9,Dance Team 10-12,Concert Band 9,FBLA 12,Forensics 10-12
Jared Sumners

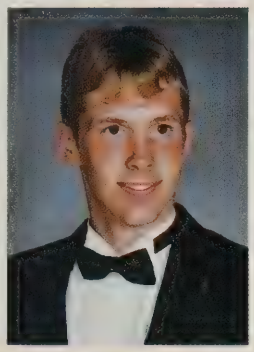
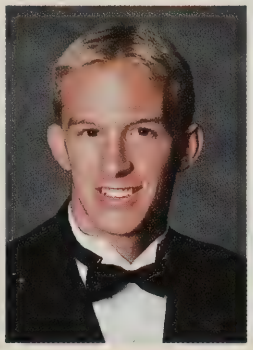
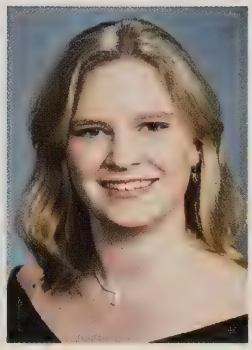
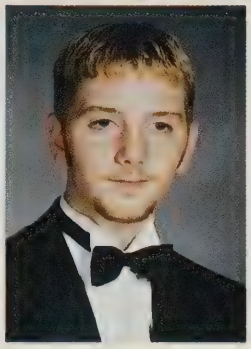






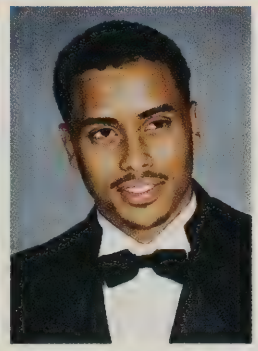
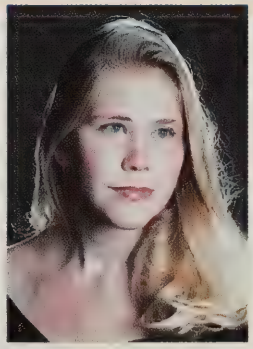


Justin Swanner
Kate Swanstrom
NAHS 11,12,NHS 11,12,FCA 10-12 Officer 11-12,Winter Track 11,Volleyball 12
Kristina Swecker
Leigh Swift
Field Hockey 9-12,Basketball 9-12,Class Secretary 11-12,Soccer 9-10,Spring Track 11

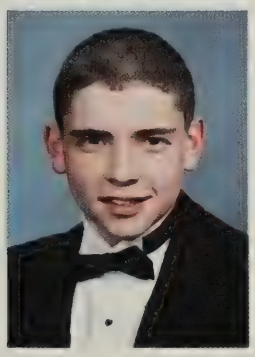
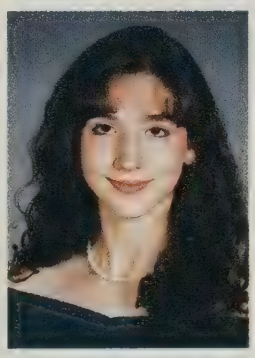





Samuel Sykes
Andrew Sylling
Soccer 9-12,Indoor Track 9-12,Cross Country 10,NHS 11-12,FCA 11-12
Adrienne Taxeras
JV Poms 10,NAHS 10-12,FBLA 12
Jason Taylor

"My brothers call me Sweasel. When I was little, my favorite characters in the movie,"The Wind in the Willows," were the weasels and I couldn't say "weasel"....I said "sweasel" and it stuck!" - Debbi Keller 12

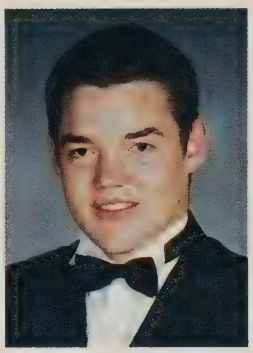
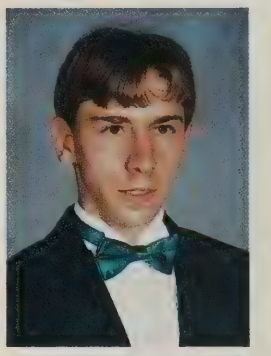



Matthew Taylor
Kurt Thomas
Basketball 9, 12,Multicultural club 10
Gene Thompson
Christopher Thompson

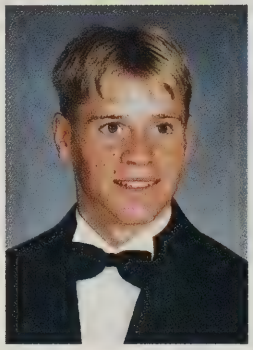



Billie Thompson
Joy Thompson
Madrigals 12,Yearbook 12,FBLA 12,FCA 12
Mikal J. Thompson
Varsity Football 9-12,Varsity Wrestling 11-12,Madrigals 10-12,FCA 12 , SADD 12
Steve Thorpe
Football 9-12,Lacrosse 11-12,Wrestling 9-11,Track 10

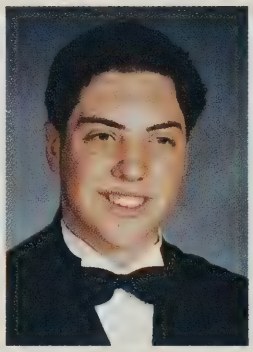
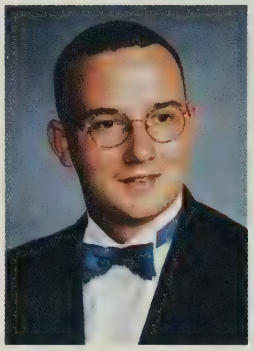
Sheila Tierney
Spring Track 9-10,Cross Country 11,SADD 12,FBLA 12,NHS 9-11
Nichole C. Timmons
Matthew Todd
Aaron Townsend
Wrestling 10-12

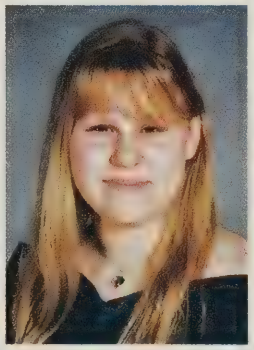
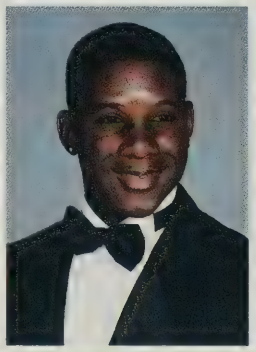
Jackie Trosclair
Girls Tennis 9-12,JV Softball 9
Max Trout
Todd Twombley
Marching Band 9-12,Jazz Band 10-12,Concert Band 9-12,Section Leader 10-12,Student Leader 12
Douglas W. Van Oort, Jr.

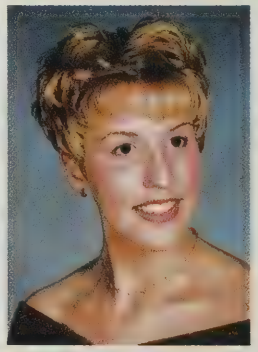


Crissy Vasilas
Drama Club 9-12,Interact 11,Advanced Drama 12
Justin Walker
Marching Band 9, Jazz Band 11-12
Kris Ward
Football 9,Track 9,10,VICA 11,12
Tylvia Ward

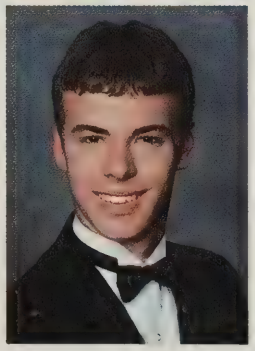
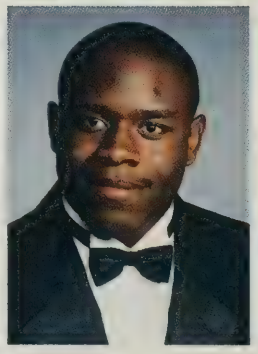
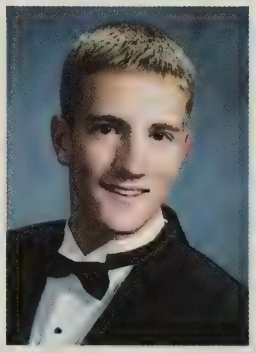



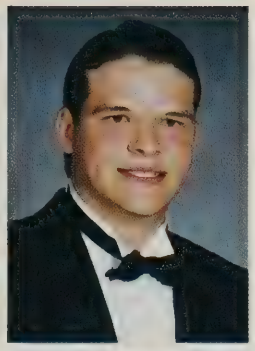
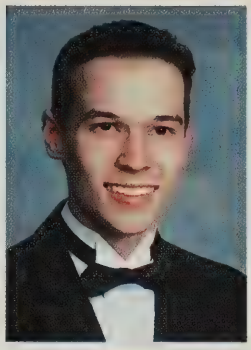
Heather Watkins
Karim Watson
Chris Weaver
BMX Freestyle 9-12,Dirt-Jumping 9-12,Snowboarding 9-12
Courtney Wells
Basketball 9-10,HOSA 11,FCCLA 12

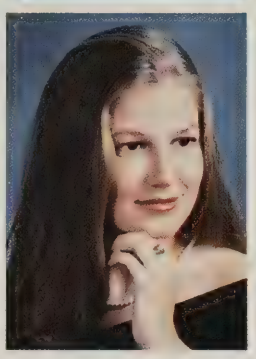
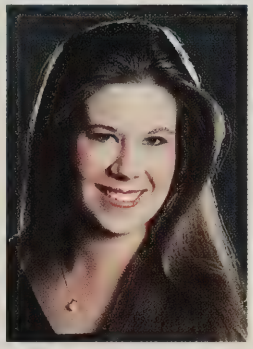
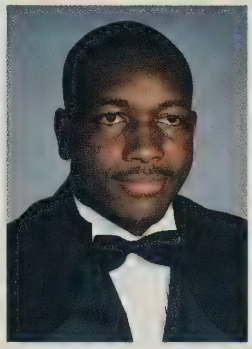


Russell Wells
Cross Country 9-10,Latin Club 9-10,Junior Civitans 10,Interact Club 12,SADD 12
Travis Wells
Football 9-12,FCA 11-12,Cheerleading 12
Chris Whittle
Jennifer Wilbanks

Renae Wilkey
James Willard
Keith Williams
Courtney Paige Willis
Cheerleading 9,11(Captain 11),Chorale 9,Yearbook 10-12 (editor-in-chief 12, co-student life editor 12, co-people editor 12), Lit Mag 11

Kat Wisener
Drama 9-12,Poms 10,Interact 11-12 (secretary 12),Environmental Club 11-12 (president 12),Madrigals 12
Sarah Wood
Allen Woodbridge
Football 9-12,FCA 11-12
Dorian Woodbridge

We got spirit, no we don't

Pep rallies, spirit days, and football games all helped to show school spirit. The spirited students dressed in anything from glitter to blue wigs to show their enthusiasm.

Then there was the flip side. The pep rally skippers and the students who refused to dress up for spirit days.

"I feel school spirit is a deterioration, because it reduces people to orange and blue", said senior Matt May.

"Some people are not spirited, because they think it is a waste of time and they just want to get through school", said senior Heather Watkins.

Senior Michelle Slater said she was unspirited "because school spirit lies on the inside, not the outside."

Pep rally days led to a long line for early outs. The un-spirited students used these days as an excuse to go home early.

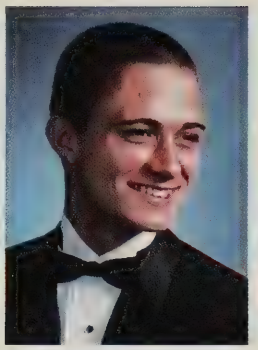
No cheers were heard from the un-spirited groups who could not manage to get out early for the pep rallies. **By: Michelle Ensrud**

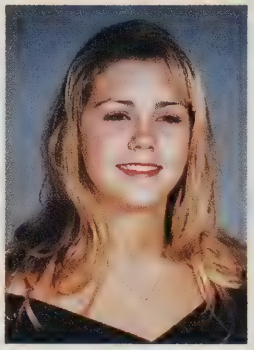
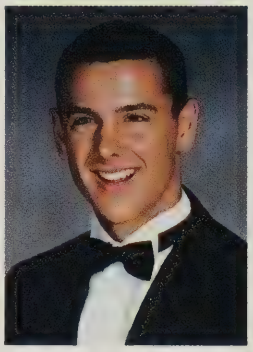
Do you <u>really</u> have a dentist appointment? On the mornings of Pep Rallies, Ms. Hambrick and Ms. Green have their hands full. From 7:20am to 7:40am, they write early out passes for all those students who don't have the "pep bug."

Gina Woodlief
DECA 12 (vice president 12),Soccer 10,FBLA 10,Interact Club 10,Pep Club 10
Crystal Woodruff
Jarrod Woods
Cross Country 10-11,Lacrosse 10, 12,FCA 10-12,Interact Club 11-12,Key Club 9
Lauren Woosley

Katherine Young
JV Poms 10,Childcare 1&2 11-12
Michael Young
Cross Country 9,Track 9,10,Soccer 9-11,Tennis 11,NHS 10-12
Rena Ziegenhorn
Cheerleading 9-10,SCA representative 9
Rebecca Zimmer
Poms 9-12

Sarah Zimmer
Field Hockey 9,10,Soccer 10-12,Basketball 9, 10, 12,SCA Secretary 12,NHS 10-12



College Panic!!

High school ends and thoughts of college took over. But what are you going to major in? Will you see your old friends again? Will you get accepted into the college of your choice? These were questions seniors faced towards the end of their high school years.

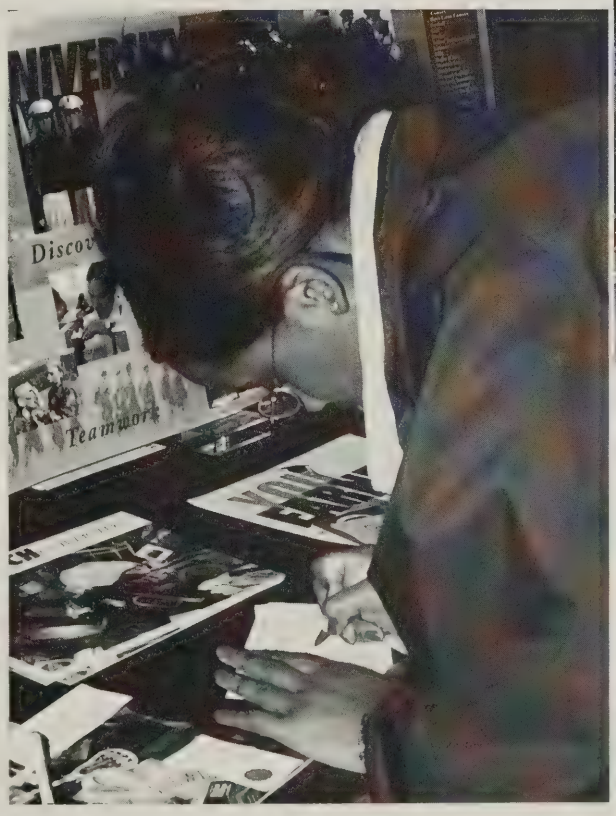
"I'm not worried about college because I know I have the grades to get into a good college. So all I really need to is decide on what college would be best for me," said senior Chris Franklin.

Two thirds of the seniors interviewed agreed that they would miss high school once they leave.

"I'm not gonna miss the academic part of high school at all, but I am going to miss being in high school. There is very little responsibility outside of academics for a kid in high school. I'll miss a lot of the people I'm used to seeing everyday," said senior Chris Ashinhurst.

Senior Jeremy Boskens said, "I think I will miss high school a little, but I can't wait to leave." In high school the senior year can be stressful. There are applications that need to be turned in, colleges that need to be visited, and grades that need to improve.

Choices, Choices. Many colleges were represented at college night. Sponsors handed out brochures with information about the college. Chevonne King reads information on Shenandoah University, while her mother reads about Villanova University.

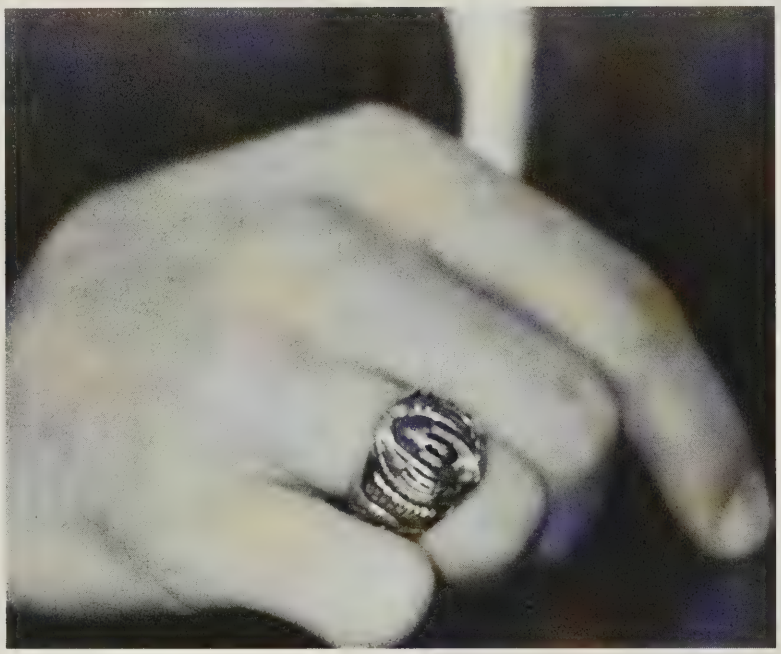


Over the river and through the woods its off to college we go! Senior Amanda Ballard filled cards out at the college night at Spotsylvania Mall. Colleges and Universities used this night to recruit students to their school.

Mazen Abousaleh
Jerahmai Aldo
David Allen
Rachael Amos
Dexter Ang
Victoria Anker
Billy Archuleta

Wayne Austin
Emily Aviles
Melissa Ayres
Christopher Baker
Jesse Baker
Teara Baldwin
Josh Banks

From calf-roping to accounting... You can find just about any type of symbol to put on a class ring. The symbols chosen represent a person's induviduality. **Photo by: Jessica Loy**



Do The Ring Thing

Everyone who can afford it receives a glittering prize for the achievements of the past three years, a ring. Not just any ring, a high school ring. One that can shine and sparkle until the college ring is bought. There are several styles, stones, metals, and uses for the one special ring, but how long will it last? How long will it be cherished? Why even buy one?

"I should have never got one, it's a waste of money. They're cool in 10th when you order them, but they suck after a month," said Doug Fontenot, 11.

Everyone one has their own style, there is even a special 2000 ring that has been very popular this year. Rings can be anything a person wants, anything can be molded, and a lot of people take advantage of that.

"Most people put their own stuff on it, a lot of sports things, especially for the football players," said Bobby Fulton, 11.

"A lot of the girls are getting a sunshine symbol on their rings," said Raquel "Superstar" Hill, 11.

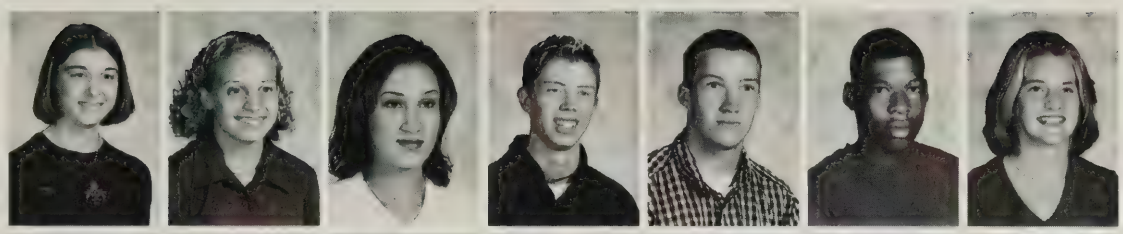
The expense of the rings can be a complete turnoff, some people have bought rings ranging from $90 to about $530.

"It's too expensive," said Rachel Fatheroff, 11.

Even though the price can be high, most students enjoy having a piece of the high school to carry with them.

"I love my ring, it's absolutely beautiful," said Jamie Nobles, 11.

By: Amanda Hibbert

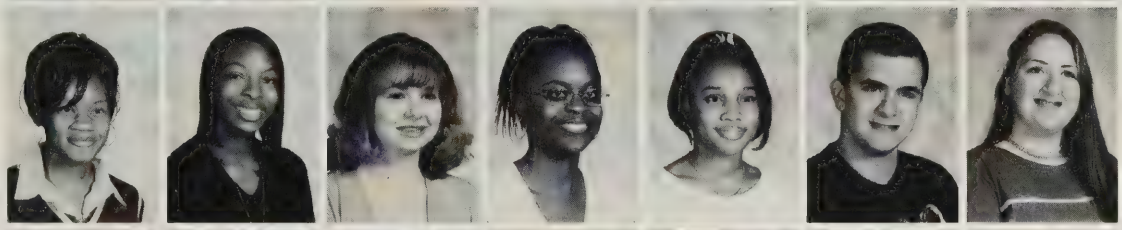


Elizabeth Barrett
Melissa Barrett
Mary Bashay
Colter Bell
Christopher Bennett
Sean Bennett
Kelly Bernier

Robert Berry
Megan Bieber
Byron Binda
Kacie Binks
Aaron Biscombe
Scott Blankenship
Amanda Blatchford

Lisa Blevins
Seth Blochowicz
Lauren Boatwright
Cory Boggs
Brittany Boney
Marcus Boone
John Boothe

Molly Bostelman
Anthony Boswell
Gregory Bray
Pamela Bridenthal
Natalie Brito
Clifton Brooks
Craig Brown



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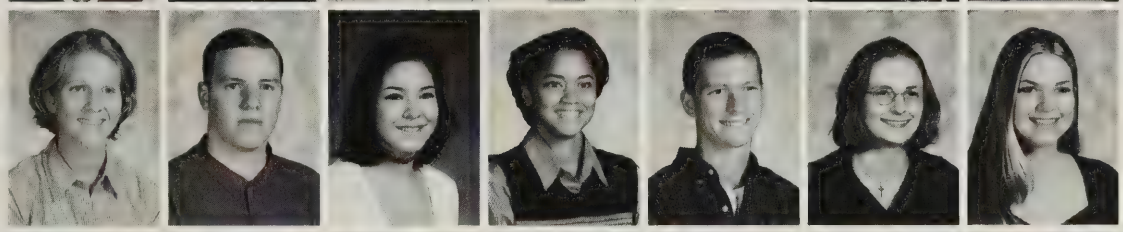
Nakita Brown
Rachael Budowle
Charketa Buie
Nikkida Bundrant
Michael Bunting
Amanda Burks



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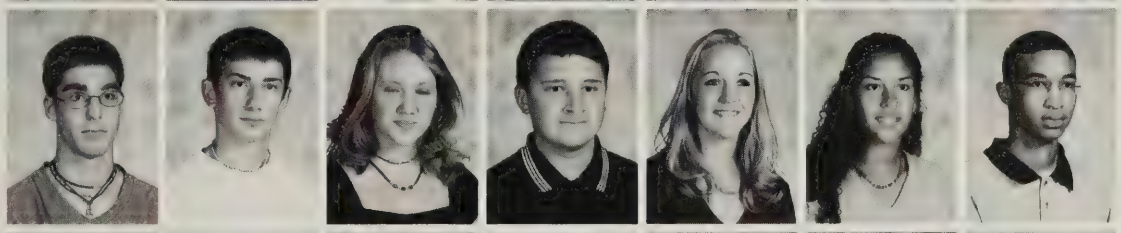
Michael Capparra
Jacqui Capriglione
Christina Carmon
Richard Carnicom
Aimee Carroll
Kristen Cary

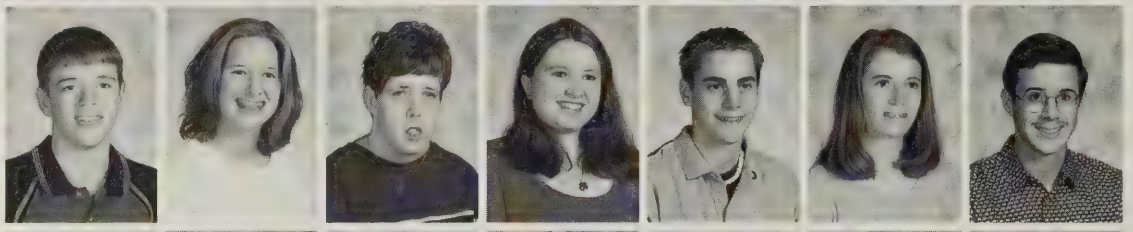


Jason Cassi
Jonathan Cerny
Kandice Chapin
Brian Chapman
Kristin Chase
Marlena Chavez
Peter Chong

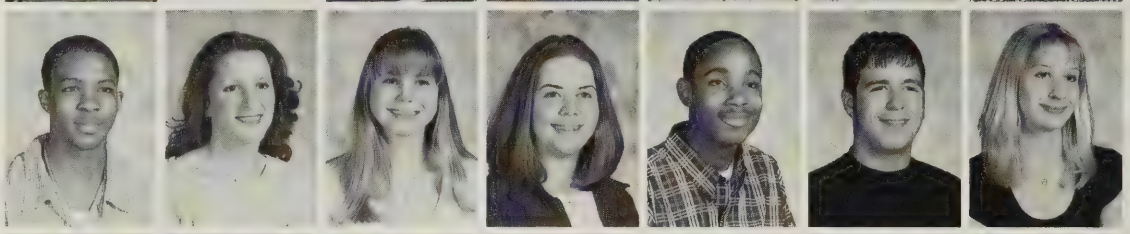
David Clevenger
Kawanis Coffield
Savannah Coffman
Valarie Coles
Melissa Connors
Paula Constable
James Cook

Jed Cooper
Jesse Corbin
Darrin Coulombe
Ashley Cox
Melissa Crawford
Jeremy Crist
Justin Crone

Justin Crum
Allison Cwick
Jackie Dahlkamp
Kathaleen Damjan
Kevin Daniels
Heather Davis
Richard Davis



Rickey Davis
Christina Deyak
Samanda Dickerson
Jennifer diCristina
Victor Dinson
Andrew Dodson
Joy Doggett



Kara Doke
Shannon Donlan
Crystal Dorsey
Stephen Drobnak
Ashley Duenez
Greg Dworchak
Joseph Dwyer

Joy-Ann Eastmond
Ryan Eldridge
Richard Elston
Jonathan Endee
Michelle Ensrud
Ali Esmaili
Justin Etter

"If I Could Turn Back Time?"

Which grade would you repeat?

"3rd grade, because it was the craziest year of my life, we moved three times and it was really fun meeting so many people."- Jennifer O'Neal, 11

"Sophomore year because thats when I fell in love with my boyfriend."
-Shannon Hamilton, 11

"Sophomore year, because I was driving, my classes were easy, and the seniors looked good that year."
-Mary Bashay, 11

Anthony Fabre
Aaron Febuary
John Ferguson
Latia Ferguson
Angela Ferris
Rachel Fetherolf
Myles Fisher

Erin Fitzgerald
Heather Fitzpatrick
Anthony Flores
Michael Flower
Douglas Fontenot
Faith Foster
Joshua Foster

Brian Foundos
Walter Fretwell
Bobby Fulton
Kelly Gabriel
Carrie Gann
Alejandro Garcia
Luis Garcia

Jessica Garza
Blake Gauthier
Ryan Gerwig
Joseph Gibbons
Lance Gilason
Eleanor Glasco
Kerri Glaze

Tiara Gordon
Jens Green
Michael Green
Raymond Griffin
Jazminia Griffith
Wesley Griffitts
Melissa Guerra

"Kindergarten, because I miss those naps man!"
-Doug Fotenot, 11

"Kindergarten, because you got recess and snack time."
-Kacie Binks, 11

"2nd, because it was so fun. You had no homework, but you still learned a little."
-Courtney Kreft, 11

"3rd, because I learned the most there."
-Jamie Nobles, 11

"9th, because I learned that there are a lot more pretty girls in high school, than there are in middle school." -Randy Hayes, 11

Sorcha Guth
Latoya Gwynn
Kala Haggard
James Haig
Aaron Hall
Gregory Hall
Laura Hall

Kristopher Hamilton
Shannon Hamilton
Casey Hannah
Ryan Hanson
Heather Hart
Carly Hatcher
Patrick Hayes

Get Me A Bag Of Ice--Stat!

"I took Sports Med. to learn what an athletic trainer does, and it seemed like a very fun and interesting class," said junior Dan Mcleese.

Sports Medicine was a popular class this year because many students wanted to be athletic trainers. Learning CPR, taping ankles, and icing injuries were among the things learned from the Sports Medicine instructor, Mr. Cooke. Several students plan on continuing their studies after high school.

"After high school I still want to pursue my career in sports medicine, I want to major in it," said junior Amy Savarese.

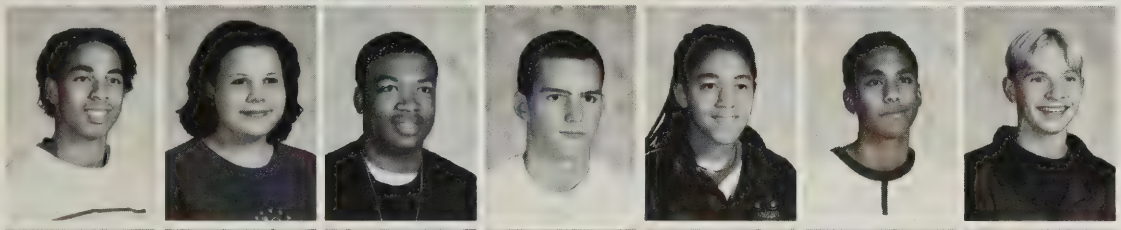
All in all, Sports Medicine was a class worth taking. Knowing different types of injuries and what steps to take during an emergency will always be helpful.

By: Tracy Oakes

Is that a future medical student? Nope, it's just senior Greg Hartman. Practicing medical techniques on fellow classmates were just a few of many methods that students used to learn more about sports medicine. **Photo by: Joy Thompson**

Christopher Heck
John Hernandez
Danielle Hevia
David Hilbmann
Andrew Hill
Raquel Hill
James Hodge

Stephanie Hom
James Honeycutt
Erik Huber
Jason Hunt
John Hunter
Nathan Ilaoa
Lashawnda Jefferson

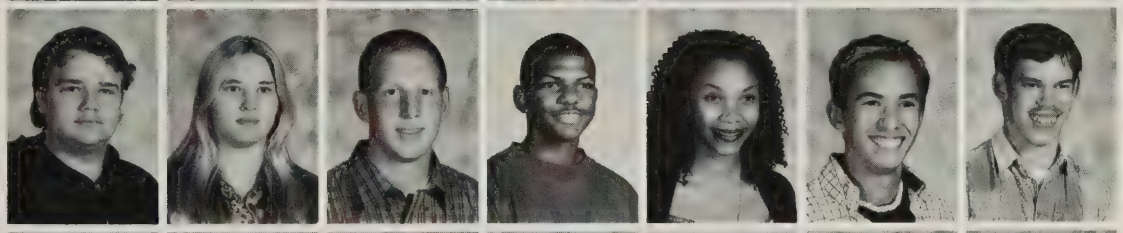


Ivan Jenkins
Chelsey Johnson
Marcus Johnson
Michael Johnson
Amanda Jones
Paul Kaulfers
Christerpher Keller

Angela Kelley
Shannon Kelley
Erin Kelly
Enri Jean Kerr
Deangelo King
Nichole Kistler
Brandon Klein

Broy Klein
Courtney Kreft
Emily Kulbeth
Edwin Lancaster
Matthew Lang
Nathan Lanham
Edward Larkin

Samantha Laudenslager
Sarah Lausman
Marcella Lee
Jade Lines
Deanna Lipscombe
Justin Loucks
Tannica Lugg



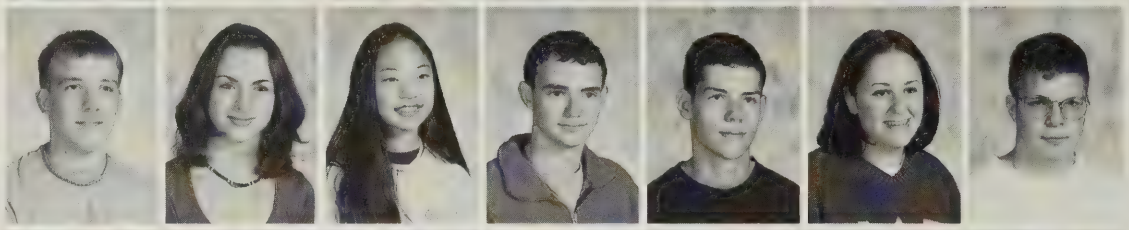
John MacDonald
Roseanna Maddox
William Mallory
Justin Marlowe
Anya Mason
Kyle McAleese
Luke McCann

Daniel McCleese
Daniel McDonald
Patrick McDonald
Kathryn McFadden
Taira McFarland
Robert McKenzie
Christopher McMahon

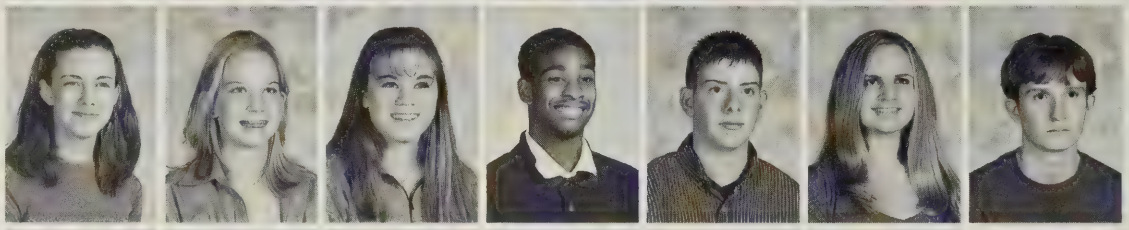
Chelsea McNair
Alberto Medina
Jose Medina
Hope Merritt
Nicholas Miller
Robert Miller
Shawn Miller

Don Mills
Nicholas Misyak
Jennifer Mitchell
Kirstin Mock
Jeremiah Moorman
Jason Mosley
Andrew Mudd

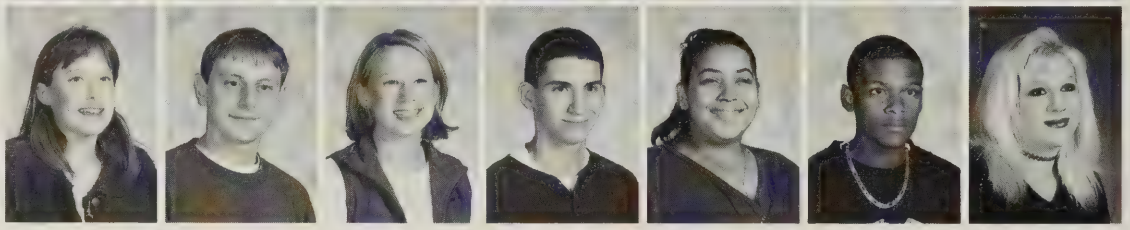
Joseph Mueller
Danielle Myers
Kaycee Nakamoto
Charles Nance
Christopher Neigh
Wendy Nelson
James Nobles



Kelly Norris
Jessica Olechowicz
Natasha Orr
Peter Osborne
Kenneth Outlaw
Ashley Packham
Sean Painter



Kathryn Palmquist
Robert Papanikos
Lauren Parker
Andrew Parks
Cherita Paul
Maurice Paulk
Kathleen Pearson



Top 15 Bands/ Artists of the 1990's

15. Backstreet Boys
14. Notorious BIG
13. Tupac
12. Tim Mc Graw
11. Green Day
10. Boyz II Men
9. Everclear
8. Dave Matthew's Band
7. Whitney Houston
6. Pearl Jam
5. TLC
4. Aerosmith
3. Will Smith
2. Madonna
1. Beastie Boys

Andre Perry
Rascheka Pitts
Wilbert Powers
Dana Pruessner
Sara Purcell
Yasin Rahman
Allison Resler

Vanessa Reyes
Kristine Rhymer
Erin Ridder
Thomas Rivers
Darius Robinson
Chase Rogers
Steven Roupas

Keri Ruggles
Tanique Rush
Kathryn Sandkuhler
Amy Savarese
Shauna Saville
John Sawyer
Richard Scanlon

Joshua Schimpf
William Schlotter
Robert Scott
Jason Seal
Michael Seay
Melony Segar
Ross Shannon

Robert Sheehan
Johnathan Shortridge
Kevin Skewes
Aaron Smith
Lindsay Sollers
Margarita Stafford
David Stanley

Top 15 Movie Stars of the 1990's

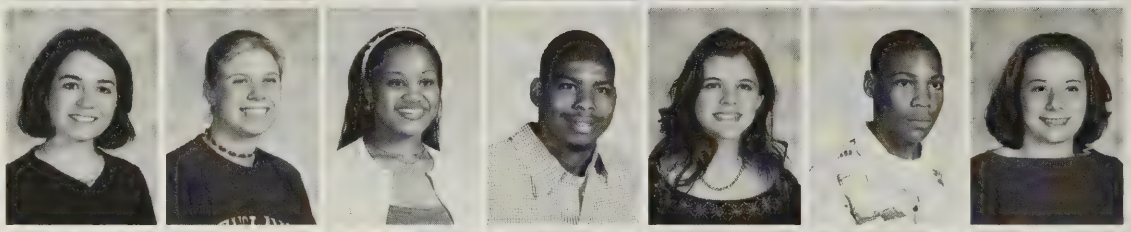
15. Cameron Diaz
14. Ben Affleck
13. Matt Damon
12. Drew Barrymore
11. George Clooney
10. Sandra Bullock
9. Meg Ryan
8. Richard Gere
7. Sean Connery
6. Ben Stiller
5. Tom Hanks
4. Harrison Ford
3. Tom Cruise
2. Julia Roberts
1. Adam Sandler

Brian Steckel
Caitlyn Steining
Justin Stevenson
Amy Stout
Karen Sugahara
Kristi Swisher
Kenneth Taylor

Cara Terry
Katie Thomen
Jacob Thompson
Douglas Tolliver
Melissa Torres
Jessica Trosclair
Shaneka Troupe

Megan Tunney
Lauran Twombley
Charles Tye
Kristen Vestal
Daniel Viverette
Kari Vorrath
Katherine Waldhauser

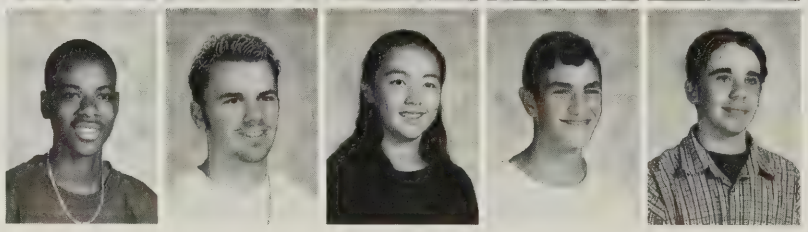
Stacey Walerko
Stephanie Walton
Wajoili Ward
Bernad Washington
Hillary Wasser
Robert Watkins
Stacy Way



Benjamin Weathersbee
Jennifer Wharran
Arthur White
Mary Whitlow
Raymond Whitney
Anna Willard
Amanda Williamson

Alex Wilson
Jennifer Witt
Matthew Witt
Darrell Wolfe
Andrea Woodbridge
Cassandra Woods
Latisha Woolfrey

Wendell Wright
David Yonts
Theresa Young
Michael Zayas
Ryan Zentner



It's Not Just Raining Cats And Dogs...

It's been said that dogs are man's best friend, but what about the chinchilla? There are at least two chinchilla owners among students. They're there learning Spanish next to the former owner of a fighting chicken, that sits beside the girl who has her own horses. What happened to Fido?

Dog lovers don't despair. Dogs and cats still reign supreme over the hearts of the students. Now, however, they have a couple new competitors, such as lizards:

" My teju [that's a type of lizard for the reptile impaired] is about the size of my arm and tries to bite me; it's cool," said freshman John Grove.

I am the lizard king! Pet ownership is a rewarding experience, whether the pet is a cat, hampster..or even an iguana. Senior Nate Rogers was the proud owner of this scaly reptile. **Photo by: Takisha Adams**

Besides the usual pets themselves taking a back seat, so are their tricks. Gone are the usual tricks of sit, beg, and roll over, now talking has entered many pets' repertoire.

"My cockatoo talks; it can say things like pretty bird!" said junior Randy Hayes.

Pets don't have to be able to talk to be loved by students. Sometimes the lines drawn between pets and family get blurred.

"My brother is my family's most unusual pet," said sophomore Jenn Mallory.

Pets provide love, and sources of entertainment for students and become an important part of their life. A part that cannot be overlooked and shape the lives of students significantly. One example of this is Katherine Sigler and her horses, she said:

"I've had horses all my life, and I love them."

From cockerspaniels to cockatoos, the pets owned by students become like one of the family. These adopted members ensure that there is always someone for students to talk to or hang out with. They truly are a student's best friend.

By: Megan Tunney

Jessica Adams
Wesley Ajinga
Megan Alderman
Amber Allardice
Sean Allen
Michelle Alpy
Jessica Anderson

Matthew Anderson
Gwyneth Andrews
Michael Aponte
Fiona Apple
Patricia Arans
Kristina Arnold
Jennifer Ash

When you're a freshman... everyone picks on you, including other freshman! Freshman Kristina Palangi and Nick Bigwood joke around with each other befoer class. Photo by:

Now and Then

Hey, stupid freshmen! Something to this affect could be heard while roaming the halls and in the locker areas a year ago when the now sophomores were freshmen.

"Always hearing 'little freshmen' when an upperclassman was talking to me got really annoying. So it's nice to finally be called by my real name," said sophomore Shannon Cotton.

Believe it or not, the freshmen strove to gratify the upperclassmen.

Sophomore Rachael Merendino said, "When I was a freshman, I tried to please the upperclassmen and I ended up looking stupid. Now I don't really care."

Also the sophomores this year had people looking up to them instead of like last year as freshmen when they had to look up to everyone else.

"You're more accepted on sports teams and you actually have some people looking up to you," said sophomore Julie Price.

Being a freshmen is not as horrible as people portray it to be. The upperclassmen were not as malicious as they had thought.

"It wasn't too bad being a freshmen. Then upperclassmen weren't that mean, so this year I think I just have stronger friendships with them," said sophomore Erin Cwick.

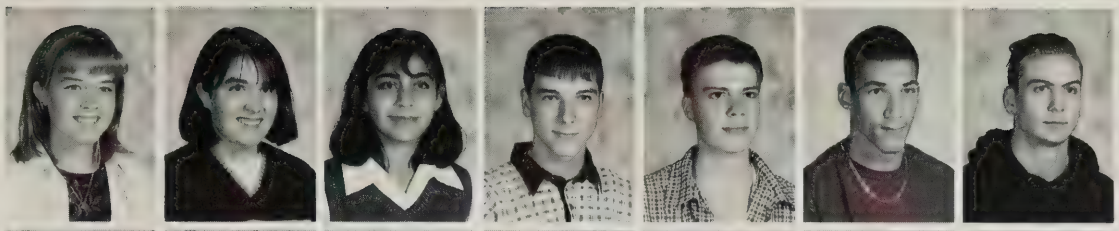
They were not really vindictive however, they did tease and pick on the underclassmen occasionally.

Sophomore Matt Barrett said, "As freshmen you are always getting picked on by the juniors and seniors, but now that we're sophomores, we can pick on the freshmen."

Some things never change.

"I thought getting beat up during wrestling practice would stop after freshman year. Guess I was wrong," said sophomore Corey Cox.

Overall the freshmen year was never as bad as it had been depicted. We dropped the frustrating nicknames we took on as freshmen. A nice change was people looking up to us, instead of having to look up to everyone else. **By: Megan Bieber**



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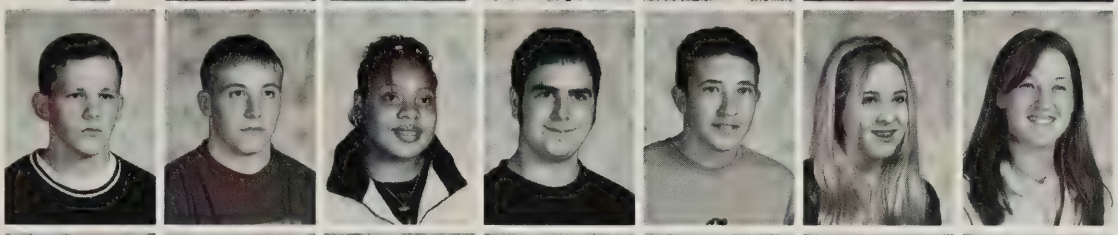
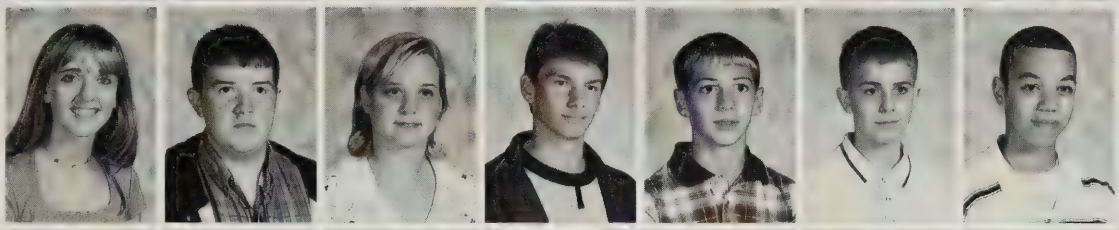
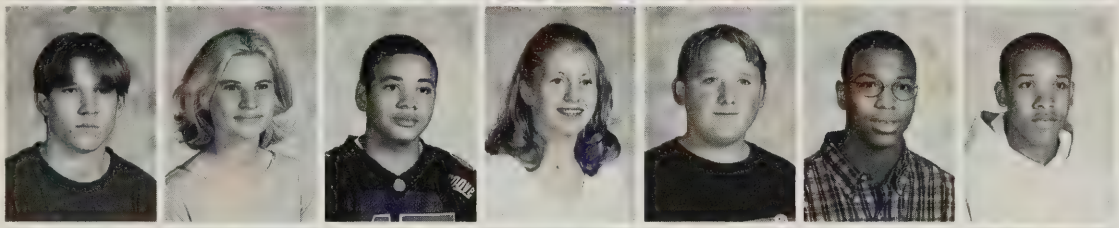
Rebecca Ashinhurst
Huda Ayub
James Baker
Joshua Balduck
Joshua Baldwin
Samuel Bannister



David Barile
William Barrett
Eboney Barry
Adam Bartholomew
Mark Bartoszek
Leah Beard
Jennifer Bennett



Jennifer Bennett
Justin Berg
Kristina Berghoffer
Michael Berl
Matthew Bieber
Jaimeson Bilodeau
Eric Blackwell



Michael Bonafede
Sarah Bostelman
Michael Brawner
Meagan Bressler
Daniel Bromley
Artise Brown
Daniel Brown

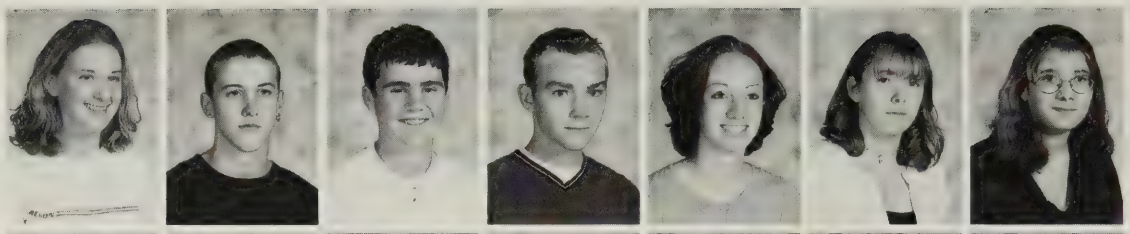
Lindsey Brown
Tracy Brown
Ashley Brunacci
Patrick Bryan
Cynthia Bubniak
Richard Burchnall
Victoria Buskirk

Rebecca Byrnside
Eileen Calvo
Enrique Cancel
Derek Carnicom
Shannon Carr
Tracy Carroll
Pamela Cassell

Dana Cephas
Wayne Champagne
Crystol Chergosky
Michael Child
Melissa Chisley
James Christmas
Christopher Ciechanowski

Nicola Cinco
Will Clapperton
Miya Coffield
Barry Cole
Elizabeth Coleman
Ashley Collie
Dale Colona

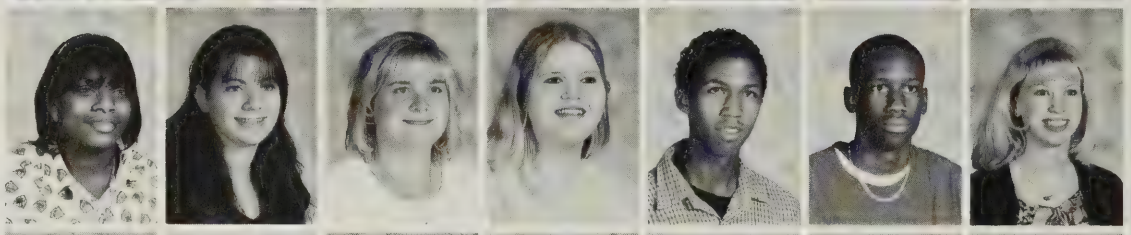
Shannon Cotten
John Cowell
Corey Cox
Heath Crabb
Katelyn Crooks
Krystal Crownover
Stephanie Croxton



Chad Cunningham
Gordon Curry
Tasia Curtusan
Erin Cwick
Kaipo Daniels
Heather Davis
Theresa Davis

Sidney Dement
Raissa Denkenty
Cherie Dennis
Brandon Dionne
Crystal Dirosario
Michelle Dorr
Kyle Downes

Tiesha Drew
Elizabeth Driegert
Katie Duncan
Allyson Durham
Stacey Durham
Damenicos Eaton
Angela Edwards



Andrew Elliott
Michael Elliott
Phillip Embrey
Spencer Emert
Danny Etter
Eric Evans
Valene Evans

Noel Evelyn
Charles Feldbush
Jonathan Ferris
Brian Fields
Chase Fife
Stephen Fitch
Michael Fitzpatrick

Favorite line from a movie...

"Have you seen my baseball??"
-There's Something About Mary,
Debbi Keller, 10

"And this one time at band camp..."
-American Pie,
Elise Reed, 10

"It's cool to pee your pants."
-Billy Madison, Corey Cox,
Fernando Ramos, Jon Ferris, 10

"Im just a girl standing in front of a boy asking him to love her."
-Notting Hill, Tess Winkler, 10

Elizabeth Flodstrom
Joanna Flores
Cassidy Fludd
Jared Fowler
Katie Fox
Stefanie Franklin
Adam Fries

Matthew Fryer
Anthony Fuhrer
Carriane Garcia
Jennifer Gauvin
Freda Gibbs-Hutcherso
Aladdin Glasco
Victoria Glick

Meghan Godbey
Justin Goultrey
Drew Graeber
Kevin Graham
Norman Gricas
Steven Grotsky
Michael Grove

Christina Grubb
Reina Guevara
Alexander Habit
Randall Haggard
Christal Haley
Lamar Hancock
Megan Hanscom

Nikkita Hare
Kirsten Harker
John Harper
Samantha Harris
Tiffany Harris
Jolanda Harrison
Kelly Hartman

Lisa Hennemann
Ronda Herbert
Derek Hicks
Teagra Hicks
Kathryn Holland
Joseph Hornbeck
Jennifer Huddleston

"Kangaroo song, Kangaroo song!!! ALRIGHT!!" -Big Daddy, Meagan Bressler, 10

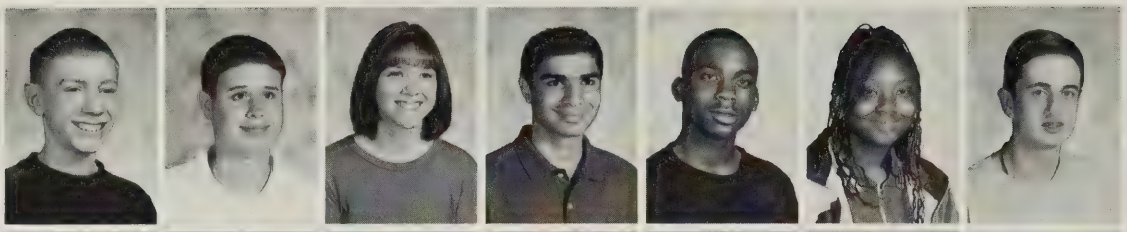
"Touch Me again and I'll kill you!" The Last Boy Scout, Josh Baldwin, 10

"We'll just tell your mother that we ate it." -American Pie, Bryan Penman, 10

"Talk about a girl who fell out of the ugly tree and hit every branch on the way down." -Saving Private Ryan, Katie Fox, 10

"May the Force be with you." -Star Wars, Jeremy Crist, 10

Bobby Hudson
Adam Hugentober
Laura Hull
Damanbir Hundal
Cedric Hunter
Salina Hunter
Steven Hutson



Susan Ishman
Gregory Ivanchishin
Allison Ives
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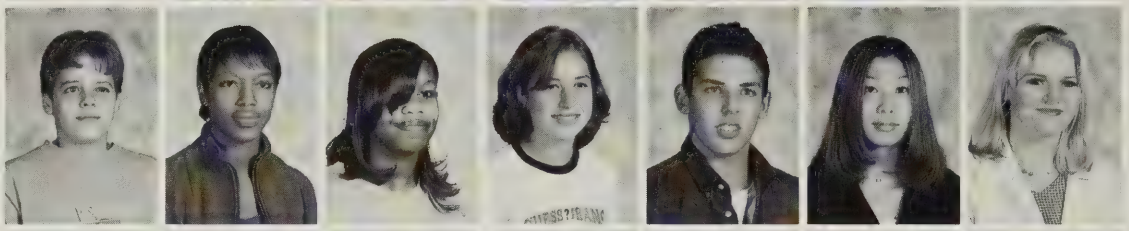
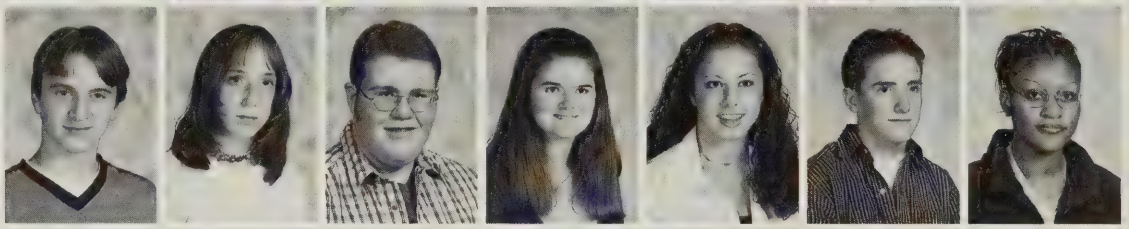
Robert Jacobs
Crystal Jaquith
Clarence Johnson

Jeffrey Johnson
Brandie Jones
Jennifer Jones
Jessica Jones
Ryan Jones
Susan Joo
Tina Kennedy



Keith Kerns
Ardene Kidby
Jared Kidd
Amanda Kimble
Melissa King
John Kingman
Candice Kirk



Jesse Kofler
Raeshella Kohler
Megan Korynta
Tammy Kosh
Megan Kratzer
Christina Lane
Marcus Lang

Whitney Lanham
Michael Lanoue
Joseph Larkin
David Layton
George Lecakes
Brian Lefever
Adriana Lema

Why Don't You Get A Job??

"It's hard to find a job because not many places hire fifteen year olds."
-Leeann Lyall, 10

"All the places I've tried to work want at least sixteen year olds." -Michael Browner, 10

Mike Lewis
Andrew Leyva
David Linscott
Yamillette Lopez
Ryan Loucks
Jessica Loy
Scott Lucas

Leeann Lyall
Ashleigh Lynch
Patrick Mackay
Lantz Mackey
Sophie Malati
Sarah Malliette
Jennifer Mallory

Adrianne Mann
Michael Martin
Robin Martin
Jonathan Martinez
Janet Martini
Zachary Marzaloes
Victoria Matzka

Jason McCaa
Stacy McCaffrey
Jessica McDonald
Matthew McGovern
Paul McHugh
Shawn McKinney
Michael McKoy

Shaun Meekins
Stephanie Meletis
Rachael Merendino
Julianne Metzger
Jeffrey Miller
Scott Miller
Andrew Mitchell

Marc Mohammed
MacKenzie Monday
Ashley Moon
Nathanael Morey
William Morris
Michael Napier
Brooke Neis

"School and work takes up too much time, there's no room for a job."
-Elise Jackson, 10

"No one will hire me, I'm only fifteen."
-Ashley Moon, 10

"I got a job at Dunkin'Donuts so I could get some money."
-Lisa Spence, 10

"I love working at the Aquia Movie Theatre. We make it so much fun."
-Lori Utterback, 10

Lindsey Newquist
Andre Nicholson
Rogers Nunnery
Michael O'Connor
Julie Oakes
Tracy Oakes
Erik Oasen

Megan Oden
Seyon Oh
Amaka Ozah
Danielle Packham
Brandon Palmer
Dustin Pare
Komal Parekh

Driving to school for the first time can be exciting, but there are also times when the blessing turns into a burden. For example, it's 7:40, you are already late and you end up in a traffic jam caused by the school buses. At that point you might be thinking i went through driver's ed for this? **Photo by: Takisha Adams**

Hit The Road

Is the brake on the right or the left?

Turning fifteen led to many sophomores venturing to the DMV for their learner's permit. This event could lead to stress in the minds of parents, instructors, and the new drivers themselves.

"My parents call me 'Chippy' now, because I took a corner too sharp, and I almost hit the median," said sophomore Kristen Taylor.

These mishaps were not uncommon when learning to drive.

"I almost hit a police car's door," said sophomore Bobby Hudson.

Sophomore physical education curriculum included driver education classes to teach students the correct way to drive. The new drivers often had different driving habits on the range, than at home.

"You have to be cautious on the range," said sophomore Aaron Hutson.

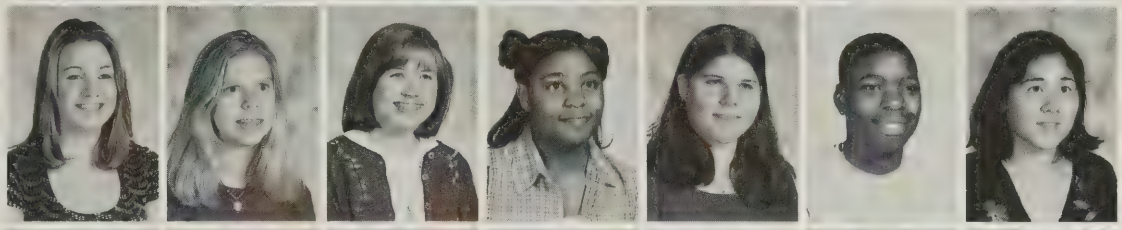
The students had mixed feelings about getting their license.

"Not driving does not bother me, because I can get rides with my friends," said sophomore Sam Bannister.

On the other hand, some anxious permit holders could not wait until the day they could forget about the bus, and legally drive themselves to school.

"I will be glad to drive myself, because you can see your breath on the bus, in the winter," said sophomore Mike O'Connor. **By: Michelle Ensrud**

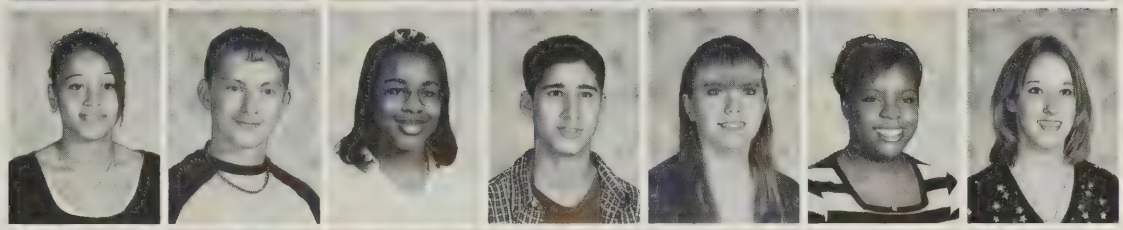
Ryan Parker
Jeremy Parks
Brent Parr
David Patterson
Trevon Patterson
Judea Paul
Adam Peacock



Tera Pellien
Crystal Perry
Kristina Perry
Latoya Perry
Nicole Peters
Steven Pittman
Stephanie Porter

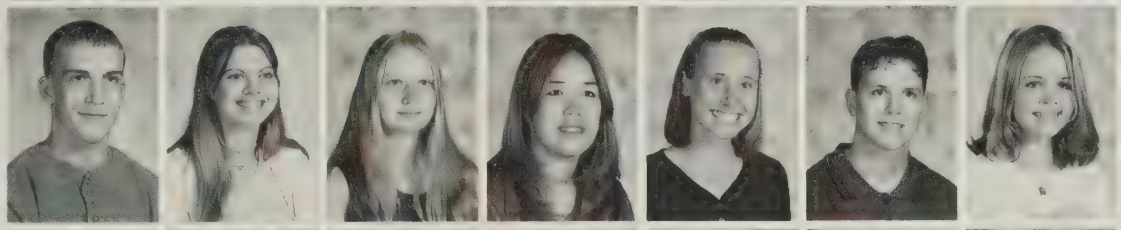
Julie Price
Shannon Priddy
Daniel Purcell
Erin Purcell
Neva Ramcharan
Fernando Ramos
Erin Rantz

Pamela Ray
Akeia Raynor
Puanani Rebeiro
Elise Reed
Joseph Reist
Derek Rinaldo
Lauren Riordan



Kelly Rivera
Jason Roberts
Crystal Robinson
Michael Rodriguez
Crystal Rose
Tameko Rowe
Heather Ruth

Ashley Ryalls
Bryan Sager
Brian Salisbury
Miranda Sanderson
Wendy Santos
Ryan Schoonmaker
Giulietta Scovel

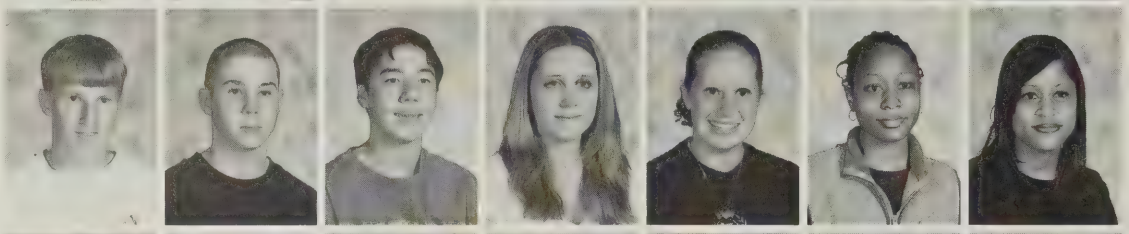


Casey Seabolt
Heather Shannon
Melissa Sharps
Teresa Shipman
Kristyn Shiring
Brandon Shorter
Angel Shreve

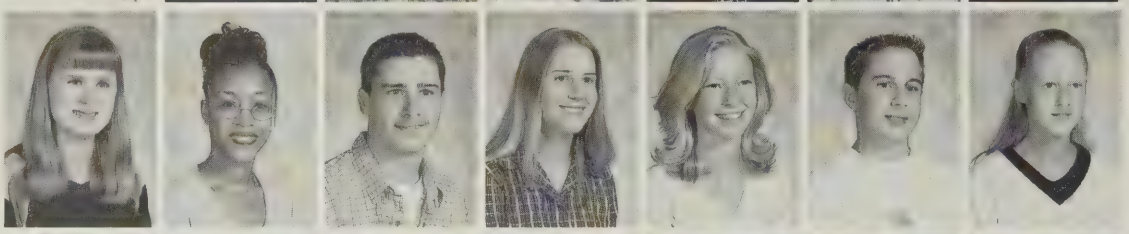
Katherine Sigler
Thomas Sigman
Alandra Simmons
Stuart Simpson
Mike Singer
Kelly Slater
Daniel Slear

Adam Smith
Amalie Smith
Charles Smith
Joshua Smith
Marcus Smith
Rachel Sokoly
Kristen Sondermann

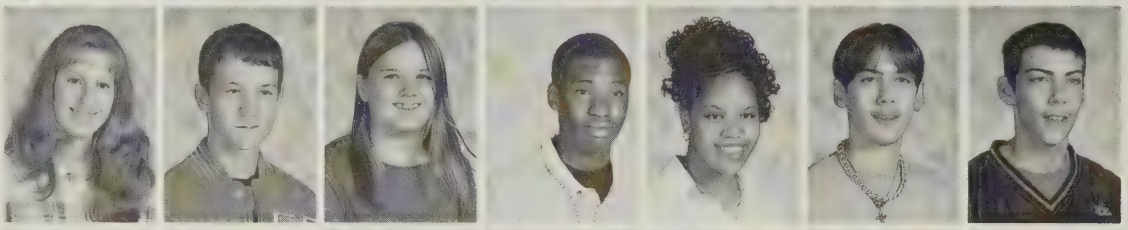
Craig Sparry
Nicholas Spears
David Spence
Lisa Spence
Katelyn Sperry
Gia Sprauve
Kia Sprauve



Jenna Stanton
Naketa Stanton
Michael Stine
Mary Stradling
Lesley Street
Justin Stringer
Kristen Taylor



Rebecca Taylor
Derek Terry
Samantha Thatcher
David Thompson
Shenika Thompson
Matthew Tiani
Khristopher Tolbert



Joseph Tominello
Christopher Townsend
Txomin Trueba
Amanda Tucker
Tyrone Tutson
Tyler Twombley
Serena Tyson

What's The First Concert You Went To?

"Notorious BIG, like 4 or 5 years ago, it's the best one i ever went to, I wish he was still alive so i could go to another one."
-Mike Lewis, 10

"Beach Boys, it was fun, but i had to go with my parents and a lot of old poeple were there."
-Shannon Priddy

"The N'Sync concert. N'sync was fine and the beach was nice." -Susan Ishman, 10

Lori Utterback
Nichole Visocsky
Nicholas Wagner
Sarah Wagner
Tiphany Wall
Katherine Walters
Deanna Warthen

Christopher Wasek
Brett Wasser
William Weaver
Laura Welch
Nicole Wenk
Ashley White
Elizabeth White

Nichelle Whitlock
Amy Whittle
Bryan Williams
Holly Williams
Reva-Ann Williams
Kristen Willis
Tess Winkler

Tabitha Winstead
Kevin Wisener
Christine Wishmyer
Shauna Wolfe
Melissa Wotherspoon
Sheena Young
Francis Zaborowski III

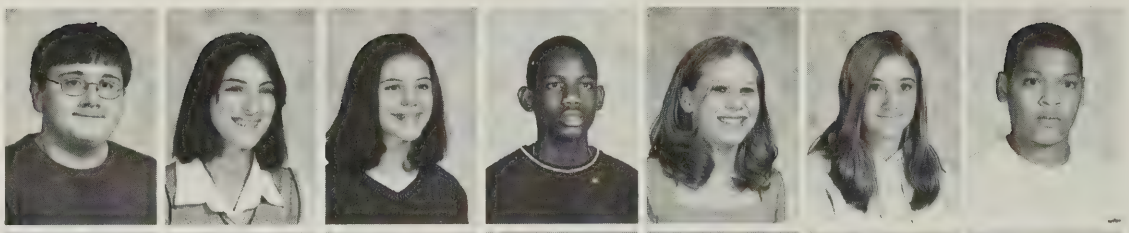
Erin Zeiser
Andrew Zollner

"Boyz II Men, it was awesome because they came over to the crowd and sang." -Brandon Palmer, 10

"HFStival. It was awesome, but the whole stadium smelled like B.O." -Anthony Fuhrer, 10

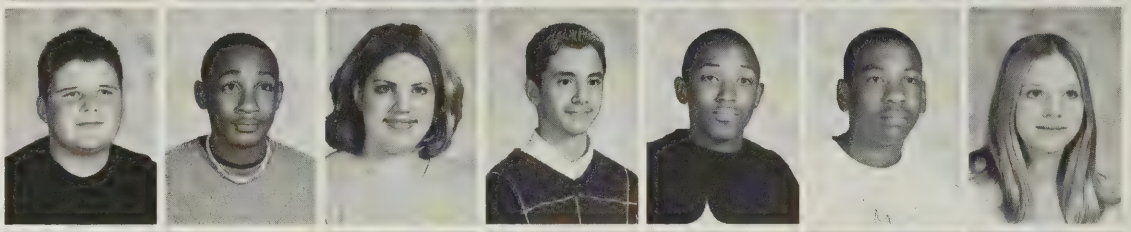
"I went to see Ziggy Marley at UMBC with my friends Katie and Deanna, it was too crucial, we had a great time."
-Lauren Riordan, 10

Nedzad Aksalic
Angela Allardice
Jennifer Allardice
Anwar Allen
Stephanie Allison
Elissa Almand
Mark Anderson

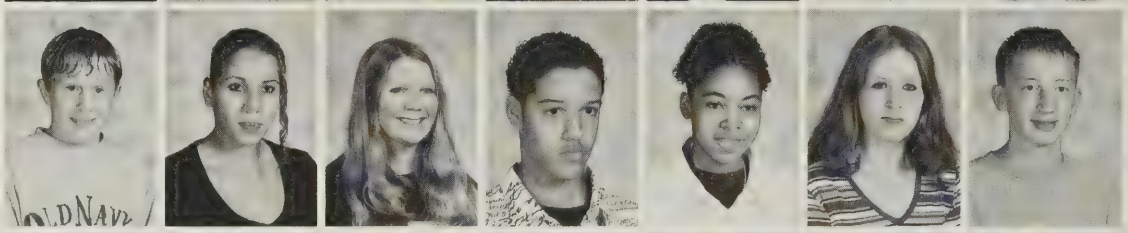


Matthew Anich
Christopher Anna
Gianna Aponte
Amanda Apple
Brett Arbogast
Allison Armstrong
Brandon Arnold

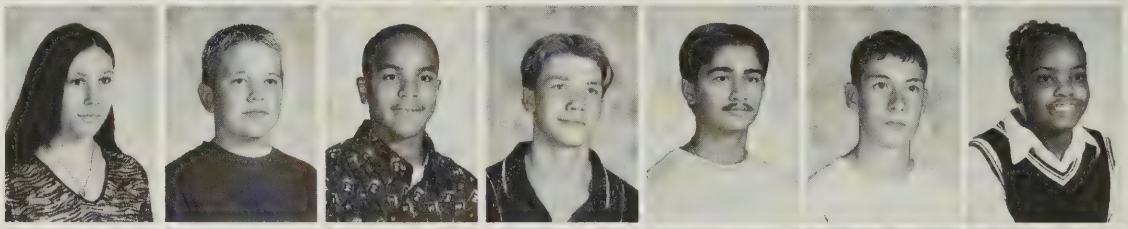
Charles Austin
Michael Austin
Lauren Ayres
Peter Baca
Charles Bailey
Carl Baker
Kaylen Baker



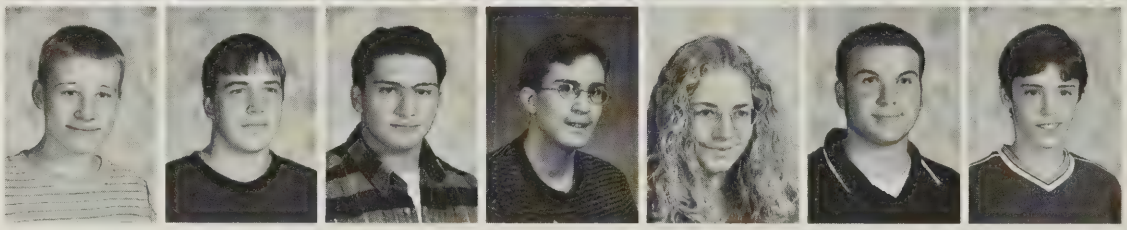
Christopher Baldwin
Jessica Baldwin
Lora Banks
James Bashay
Tiffany Baxter
Christine Beer
Jacob Bell



Nicole Bell
Ryan Bernier
Ronald Berry
Beau Bevard
Manish Bhalani
Nicholas Bigwood
Dionna Billingsley



Ryan Blau
Michael Blevins
Joshua Blochowicz
Steven Boehmer
Beth Bond
Jacob Boney
Michael Bonomo



Is Middle School or High School Better?

"Everyone is more mature in high school."
-Paige Zacharzuk, 9

"High school is so much bigger, and the students are more involved and spirited." -Amanda Burke, 9

"In high school you have a lot more freedom." -Alicia Nguyen, 9

Ashley Booth
Brandon Botts
Alexander Bowlding
Carolyn Bradford
Steven Bray
Shawn Brice
Gerald Brickman

Katya Brodowski
Timmyah Brooks
Brett Brown
Shannon Brown
Stephen Brown
Erik Bruce
Cliff Bruneau

Jameson Brunkow
Danielle Bucci
Sarah Budowle
Janelda Buenaventura
Arthur Bufalari
Roger Bunch
Alexander Bunyard

Amber Burke
Jeremy Buskirk
Matthew Campbell
Melanie Carter
Virginia Carter
Benjiman Casey
Nickolas Casey

Krystal Centers
Jason Chase
Steven Chergosky
Lauren Chong
Etomgi Chukwu
Charlie Claure
William Cline

Marlo Cobb
William Colling
Rachel Cooper
Nicole Coulombe
Kendra Cox
Megan Crone
Jared Crooks

"You get to ride to school with a friend." -Brandon Botts, 9

"You don't have to walk in lines everywhere." - Krista Olechowicz, 9

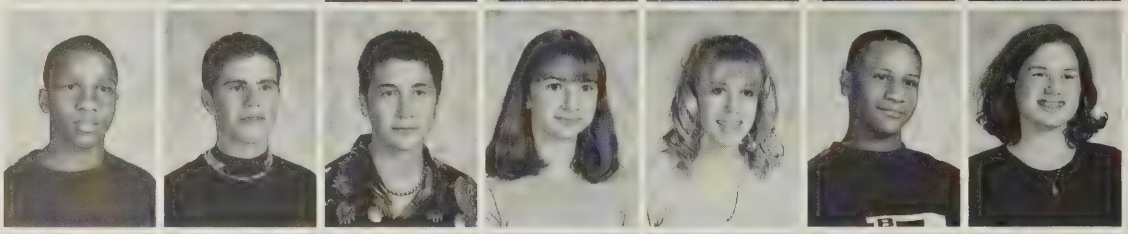
"There are better looking girls." -Cody Jones, 9

"You have more freedom, you're not constantly being watched." -Shannon Fox, 9

"You can chew gum in class, and the teachers don't care." -Nolan Jackson, 9

Tekiesha Crouch
Mark D'Amico
Marc D'Eredita
Emily Dahlkamp
Maile Daniels
Amanda Daughtry
Jocelyn Davidson

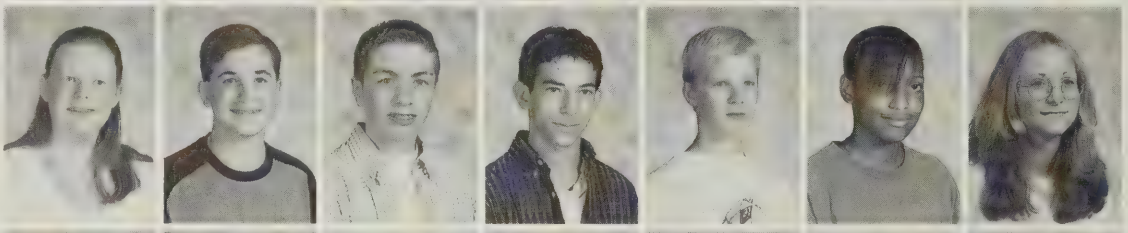
Philip Davis
Thomas Davis
Aaron Dearinger
Melissa Deatherage
Heather Deditch
Marcus Deneal
Amanda Dennis



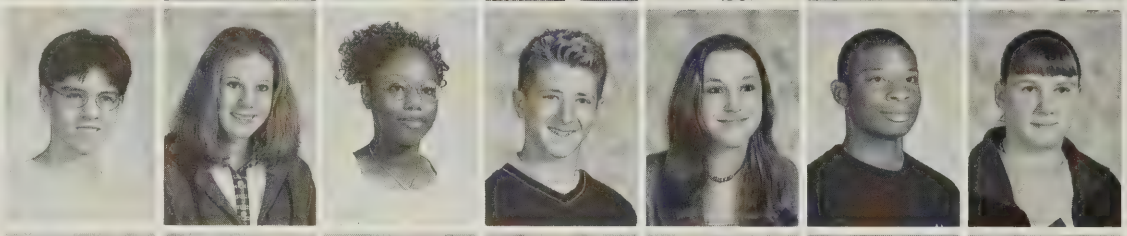
Sara Deviers
Brett Diamond
Alex Diaz
Joshua Diddams
Anthony Dinino
Neshawne Doig
Nikki Doke

Brian Donlan
Kathleen Donovan
Erica Doolittle
Jacquelyn Downes
Justin Doyle
Katie Drummond
Jaunteasha Dunbar

Lyndsey Duncan
Adam Dunn
Cory Dykstra
Joshua Eagle
David Edwards
Rachelle Edwards
Elizabeth Eleazer



Sean Elsasser
Tamara Elsenpeter
Amanda Elston
David Emison
Holly Enlow
Anthony Evans
Sharon Evans



Terre Fabricatore
Brandon Ferguson
Lindsey Ferguson
Christopher Fillmore
Stephanie Fisk
Carlton Flerlage
David Flodstrom

Veronica Flores
Crystal Folsom
Joshua Ford
Shannon Fox
Elena Fryer
Gregory Fuhrer
Jason Fullerton

Kathleen Gabriel
Erin Gallagher
Katherine Gander
Nicole Gardner
Keira Garner
Carol Gilbert
Felicia Gillette

Lakishia Gilliam
Sarah Giordano
James Giovannini
Sean Golden
Tiffany Gray
Robert Green
Ryan Griffin

John Grove
Judy Guerrero
Richard Haas
Carl Hagen
Christopher Hales
Jennifer Hamed
Charlie Hamilton

Nickolas Hamilton
Shontay Harlee
Jason Harris
Travis Hart
Mehmuna Hasan
Robert Hassinger
Bethany Hauck

Michael Henry
Octavia Herbert
Holly Hickman
Rochelle Hill
Kyle Hodde
Patrick Hodge
Fidel Hoggard

Intelligent Lifeforms

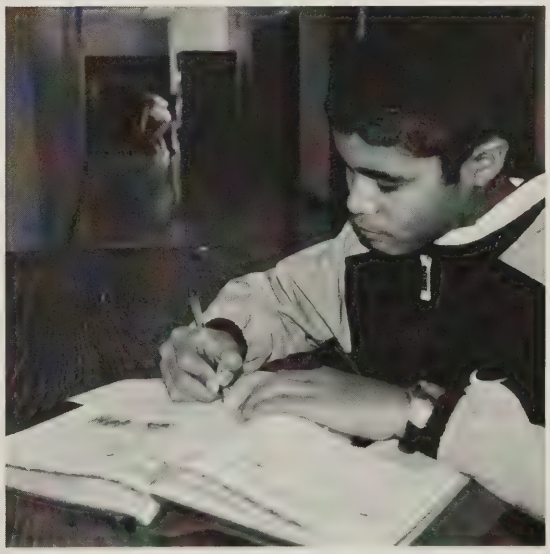
Being a freshmen is hard enough but when you have classes along with the upperclassmen, it's twice as difficult. Some ninth graders took geometry, biology, or English honors. All of these classes meant lots of hard work and dedication for these talented students.

"All the hard work for advanced classes is difficult, but definitely pays off," said Matt Savarese.

There were also those well prepared students who already began to think about college.

"I'll be able to take college credit math courses as a senior, so geometry is worth taking," said Jake Bell.

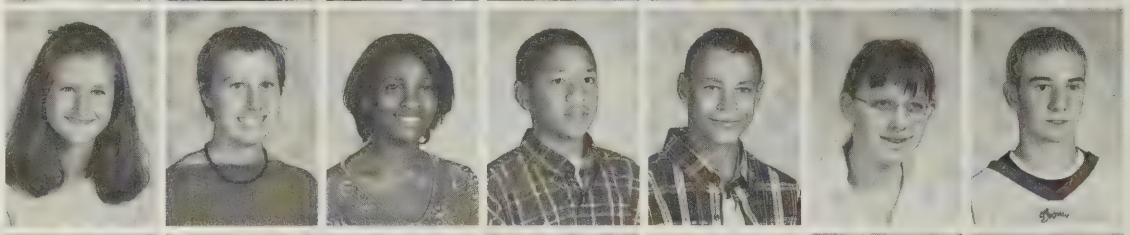
Students' courses show that they are up to the challenge of the competitive world, and ready to learn. **By: Kate Waldhouser**



Homework can be a hassle. Freshman Alejandro Medina defines a few more vocabulary words before rushing off to his next class. **Photo by: Emily Kulbeth**

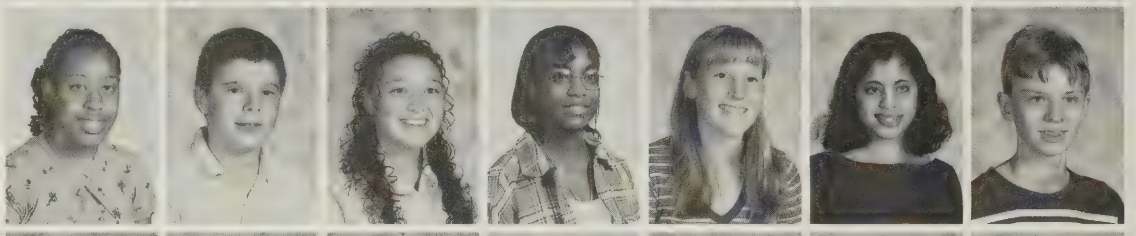
Amanda Hohman
Ashley Hollis
Michael Holman
Stephen Hornbeck
Sean Huber
Jenifer Huckabone
Justin Hudson

Lauren Hudson
Rebecca Humphrey
Felicia Hutcherson
Kaleb Ilaoa
Nolan Jackson
Susan James
Brian Jaques



Julie Jaworowski
John Jenkins
Carl Johnson
David Johnson
Eddie Johnson
Adam Jones
Ashley Jones

Centria Jones
Cody Jones
Kayleigh Jones
Tiffany Jones
Jamie Judd
Kathleen Kaulfers
Joshua Keene

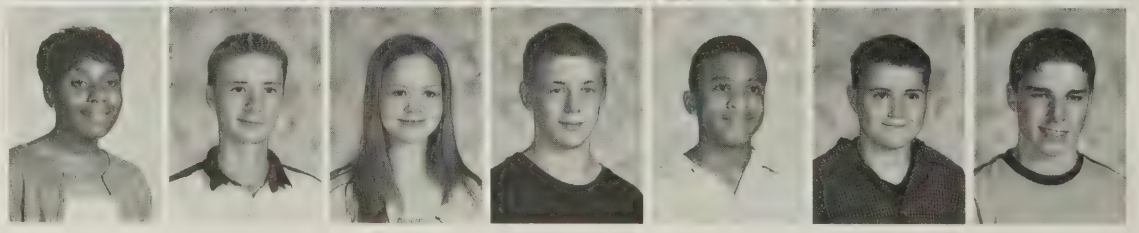


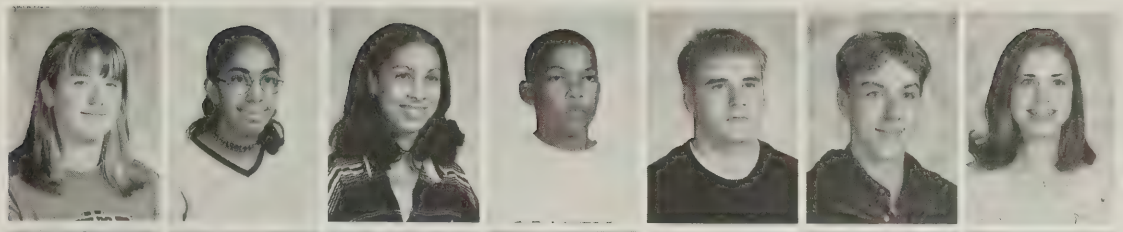
Stephanie Keener
Bridgett Kelley
Kristen Kelly
Brookelynn Kemp
Ryan Kennedy
Elleri Kerr
Lance Kim

Renata Kirk
William Kissenberger
Meghan Kline
Katrina Kraft
Casey Kreft
Christina Kube
William Lamb

Michael Langlais
Jessica Lavinder
Andrew Lavinus
Dezarae Lawlor
Kristen Lawson
Rae Levesque
Krista Little

Kasaundra Long
Deon Loucks
Rochelle Love
Jeromy Lowman
Eric Lugg
William MacEcevic
Kyle MacLaird

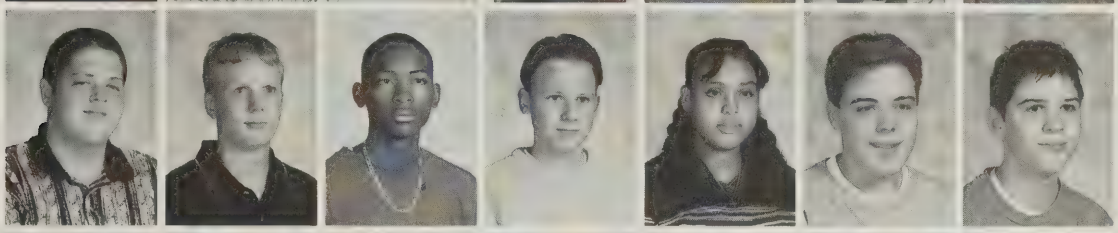




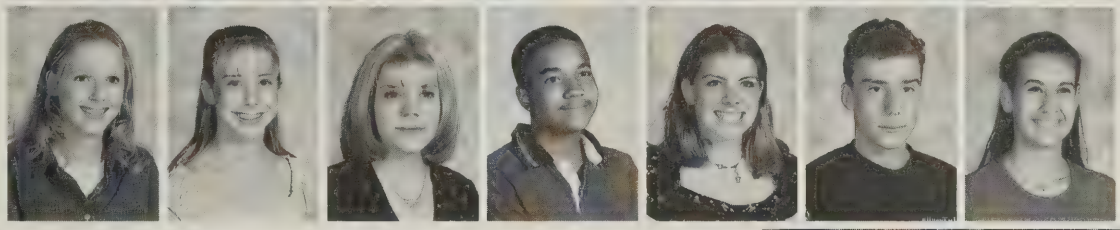
Melissa Maddox
Natasha Malik
Adrian Marcano
Jonathan Marlowe
Christopher Mathewson
Michael Mattocks
Jennifer Mauer

Timothy McAdams
Ashleigh McClure
Brandon McCreedy
Christoph McDonald
Tyrone McFarland
Valerie McKenzie
Krystal Meadows

Alejandro Medina
Joshua Mercer
Katharine Merritt
Casey Middleton
Corrie Miles
Fawn Miller
Joshua Miller



Matt Miller
Matthew Miner
Devin Mitchell
James Mitchell
Vanessa Mohammed
Christopher Molinaro
Zac Monday



Jessica Moore
Shannon Moreau
Crystal Morrow
David Morrow
Shannon Mosley
Nicholas Muhar
Teresa Murgo

We've Got Spirit, Do You...?

Though our school provides plenty of spirit through people's orange and blue clothing, painted faces, and widespread smiles, the class of 2003 did not seem to be interested in this joyful participation. They felt negative emotions pertaining to pep rallies, spirit days, and overall school spirit.

"They don't [show spirit]. They just sit there," said freshman Paige Zacharzuk.

However sad the freshmen spirit seems at times, at least there are the select few who display evident enthusiasm.

Freshman Natalie Murray said that one displays school spirit, "by the way you talk about school events; the way you show your enthusiasm".

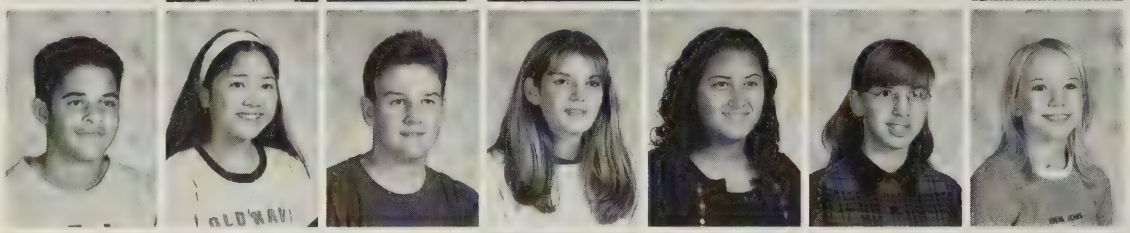
Hopefully, when they are sophomores they will feel more attached to their school and be led to participate more in the celebration of school spirit.

By: Chelsea Mc Nair

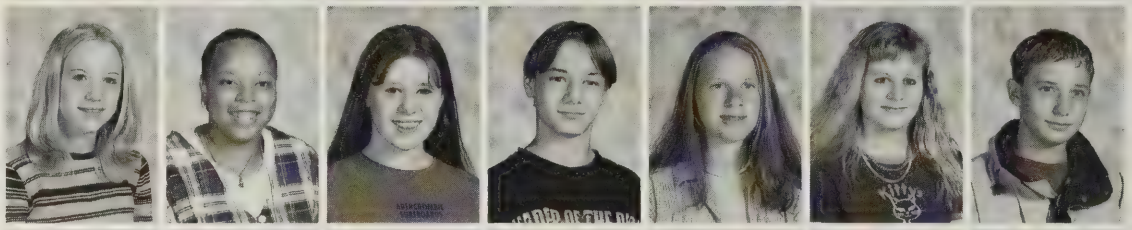
GO NOR..Nevermind! The Freshmen class didn't have a lot of school spirit, sothey just watched everyone else. **Photo by: Ashley Hall**

Jonathan Murray
Natalie Murray
Patricia Mwila
Ana Nae
Robyn Nakamoto
Alexander Nelson
Jitendra Nelson

Michael Neveu
Alicia Nguyen
David Nichols
Jennifer Niemi
Krystale Noriega
Allyson O'Neill
Kari Olechowicz

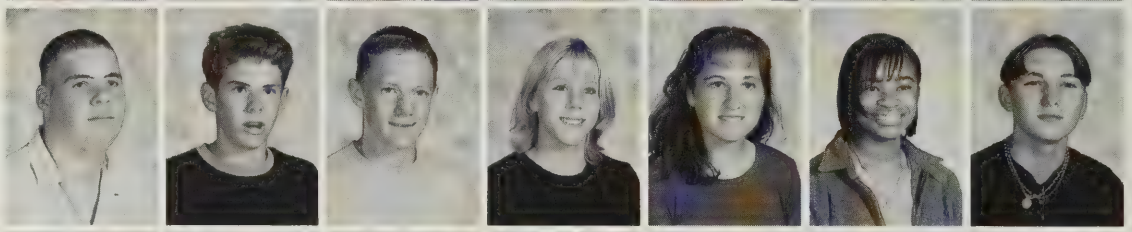


Krista Olechowicz
Jamie Oliver
Anita Ori
Donald Orr
Jennifer Ortiz
Leslie Owens
Joshua Pacheco



Kristina Palangi
Lina Paquette
Traudlinde Pelletier
Sarah Peraino
John Perren
James Perry
Leslie Peters

Mark Peters
Matthew Peterson
Tucker Peterson
AnneMarie Petherbridge
Jessica Phillips
Jamilla Philson
Ryan Pittinger



Robert Poetta
Eric Poorbaugh
Jonathan Pope
Sean Potter
Curtis Price
Jimmy Price
Karen Price

Killing Time

"We go to McDonalds and get a milkshake and some fries and you know, eat it real quick, then we get our books and run back to class." -Shannon Mosely, Jen and Angela Allardice, 9

"I talk to my good friend Angela Allardice about my day while walking to class." -Anthony Dinino, 9

"I get my books and talk with friends." -Emily Dahlkamp, 9

"I get my book, go hug and tickle my boyfriend, and talk to friends." -Traudlinde Pelletier, 9

Larissa Pyatt
Gavin Reed
Kayondra Reid
Jonathan Riggs
Christopher Rivera
David Rivers
Adrienne Robinson

Emmanuel Roman
Ashley Romano
John Romett
Ryan Rowson
Daniel Ruark
Lindsey Rufo
Justin Ruongrat

Daniel Saenz
Jered Sanders
Madonna Sanders
Terrance Sanders
Melissa Sargent
Matthew Savarese
Danielle Scanlon

Jennifer Schimpf
Kelli Schloer
Peter Schomp
Tara Schram
Cory Schubert
Cynthia Schweer
Brandon Scott

Samuel Sebero
Amanda Sharp
Andrew Shorter
Elizabeth Shotwell
Sabrina Shull
Jennifer Simon
Lindsay Simpson

Stefanie Simpson
Katrina Sims
Kelly Sines
Jennifer Sisk
Ashley Smith
Christopher Smith
Joseph Smith

"I go to my locker and meet my boyfriend to give him a kiss and then run to my class." - Shannon Mosley, 9

"I talk to my friends and go to my locker." -Jennifer Ortiz, 9

"I finish drawing song names, throw it in my locker, then I meander on to class." -John Jenkins, 9

"I get books, talk with friends, goof off, and then get to class before the bell rings." -Nicole Coulombe, 9

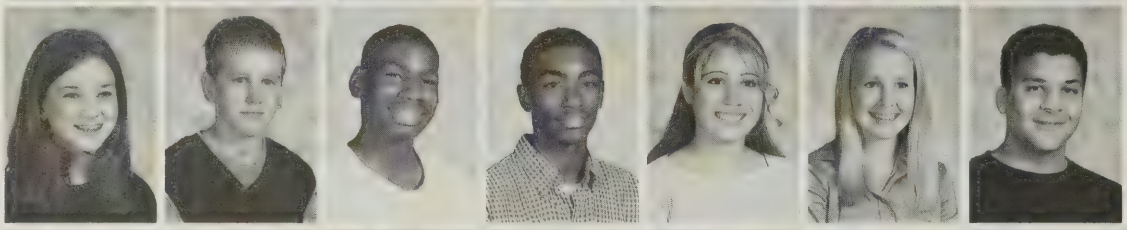
"I run around and goof off. After awhile I go to my locker to get my books and then I run to class so I'm not late." -Elissa Almand, 9

"I talk, play around, draw, hang with some girls, and then think of whether to skip class or not and then eventually make it to class." - Tyrone McFarland, 9

Laura Smith
Timothy Smith
Andrew Smithey
Jonathon Soulier
Kelly Sparry
Kevin Specht
Jennifer Speight

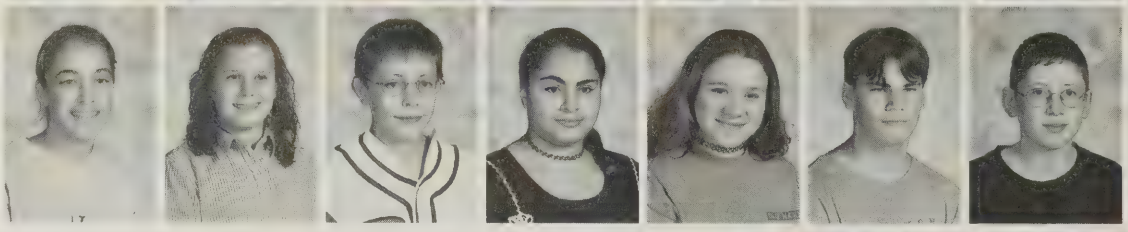
Josalyn Speight
Rebecca Spencer
Ryan Spriggs
Cassandra Stafford
Ryan Stanley
Deborah Starr
Charles Stevens

Christina Stevens
Christopher Stevenson
Marque Stewart
Patrick Still
Alta Stokes
Beatrice Stormer
Bryan Stowers



Elicia Strawderman
Jessica Stringer
Telia Stuple
Crystal Suarez
Laura Sullivan
Brittany Summerhill
Diana Sutphin

Katherine Swecker
Ashley Sweeney
Kenneth Sweeney
Sylvia Tawadrous
Jessica Taylor
Nicholas Terry
John Thompson



Where's The Pool Everyone is talking about?

In middle school, high school seemed better, bigger, and more fun. But now that they're here, freshman realized all they've heard are myths.

"I heard there was a pool on the third floor but I didn't believe it, because there is no third floor," said freshman David Morrow.

They also heard about freshman initiations, such as getting dumped in a trashcan or having to carry an upperclassman's books to class.

Freshman Becca Spencer said, "I heard upperclassmen tied freshman to the flagpole and gave them swirlies!"

Freshman soon came to the conclusion that none of the stories they'd been told were true and high school wasn't as exciting as they thought it would be.

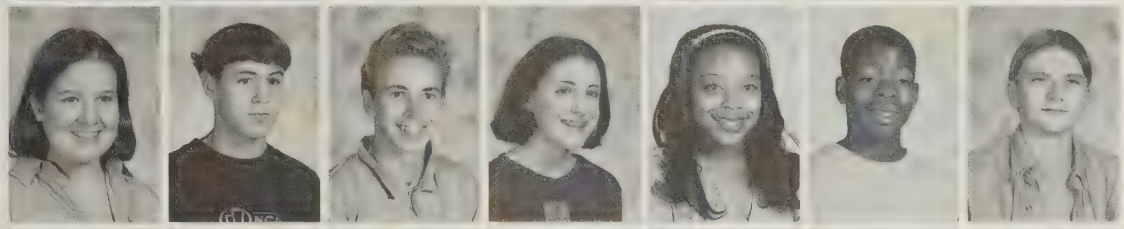
By: Tracy Oakes

Who knew there was an elevator in this school? Freshman Beatrice Stormer searches for the 3rd floor button, in hopes of finding the pool. **Photo by: Jacqui Capriglione**

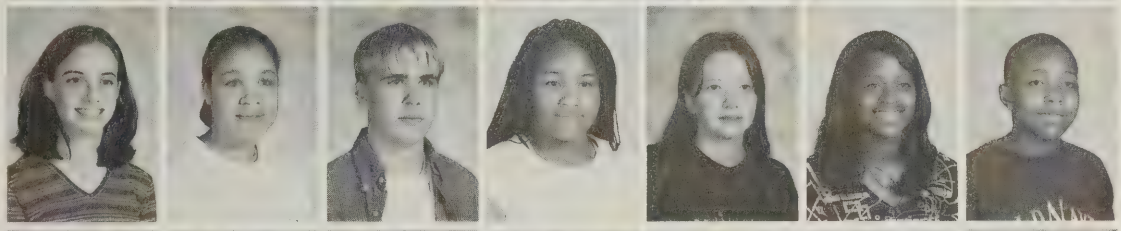
Lanaisha Thompson
Brian Tipton
Christopher Tolliver
Jennifer Toney
Clarissa Tornai
Nicole Truman
Jennifer Van Oort

Christine Vance
Rebecca Varni
Chawrdi Verser
Justin Via
Jennifer Villacres
Robert Wagner
CoCo Walters

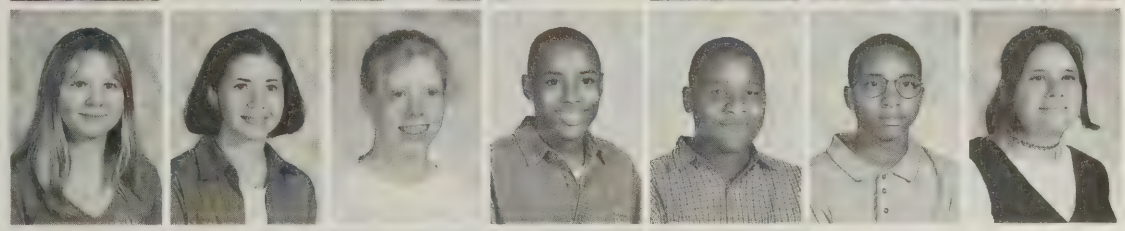
Candace Walton
Derek Ward
Rochelle Ward
Wendy Warren
Carolyn Weaver
Cantrell Wells
Emily West



Merideth Westerholm
Rory Weston
James Whaley
Sarah Whisman
Alexis White
Ryan White
Joshua Whitney



Julianne Whitten
Angela Wicker
Justin Wilhoite
Carnita Wilkins
Victoria Willard
Amber Williams
Garison Williams

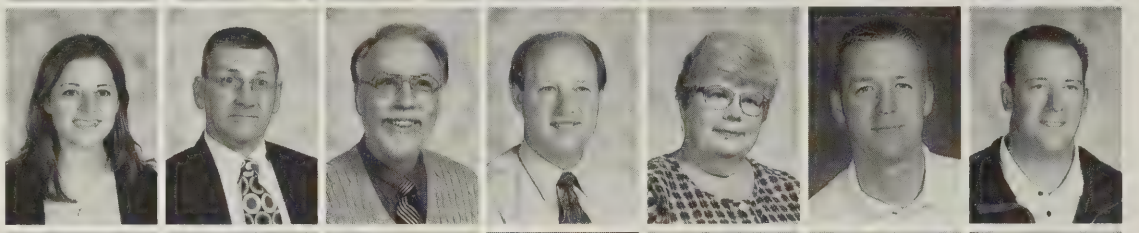


Tamara Williams
Rebecca Williamson
Kaelan Wilshaw
Brandon Wilson
Steve Wilson
James Wimbush
Leigh Wright

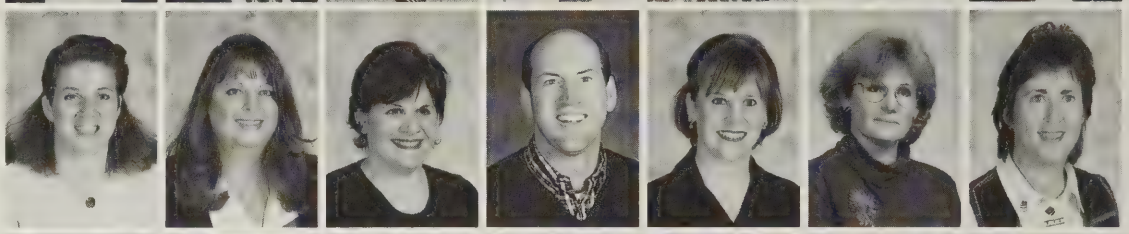
Lauren Young
Paige Zacharzuk
Andrew Zayas
Adam Zeiser
Erica Ziegenhorn

Eric Alekson
Nancy Berkley
Chris Borgeson
Melody Breitbarth
Kristi Burger
Tripp Burton
Caroline. Byrd

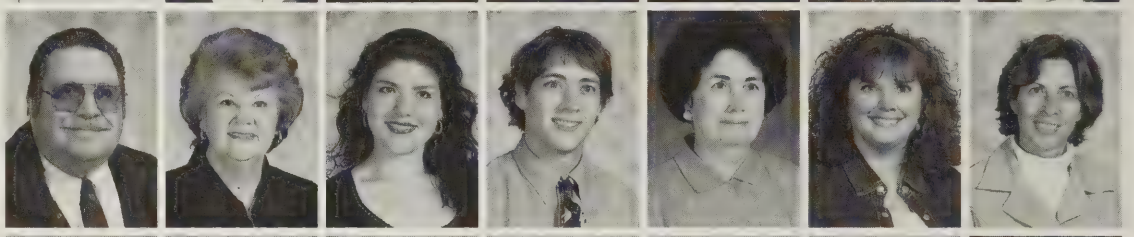
Linda Cassese
Tom Clement
Randel Clingenpeel
Jonathan Conner
Elizabeth Cook
Chad Cooke
Eric Cooke



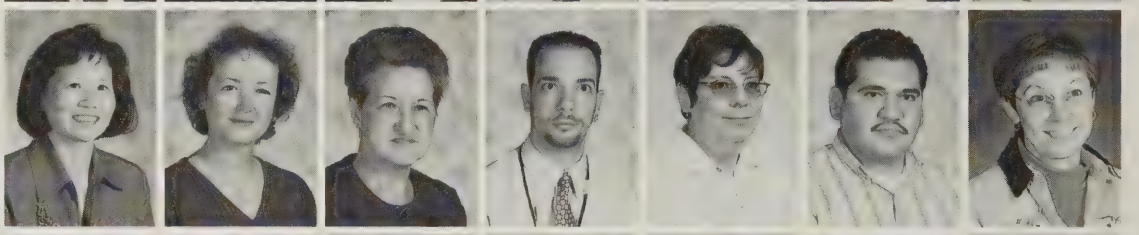
Rebekah Cousins
Crane
Claudia Crone
Matthew Crossman
Jeannine Cummings
Joan Darby
Robyn Darnell



Jeff Decatur
Prisilla Decatur
Donna DeToll
Fred Donahoe
Brenda Dougles
Melissa Dudyak
Caroline Eaves

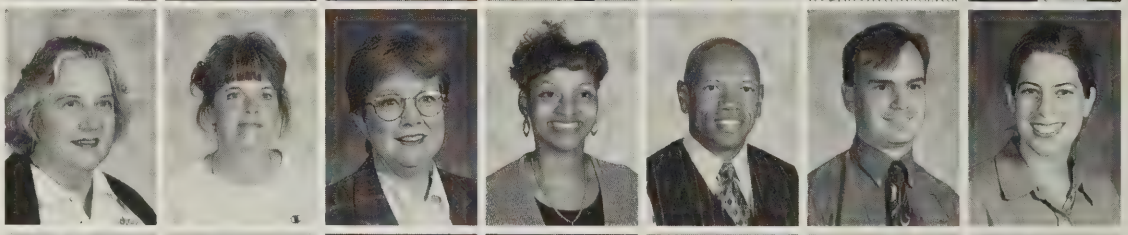


Celina Eyestone
Nadine Flood
Sally Foor
John Gabriel
Barbara Gatewood
Jose Gonzales
Melanie Green



Janet Griffin
Lori Hambrick
Erica Hamilton
Beth Harris
Lee Harris
Andrea Henson
Colleen Hodgeson

Lucile Hood
Hough
Cheryl Johnson
Kathy Felder Johnson
Henry Johnson
Kenny Johnson
Andrea Jones



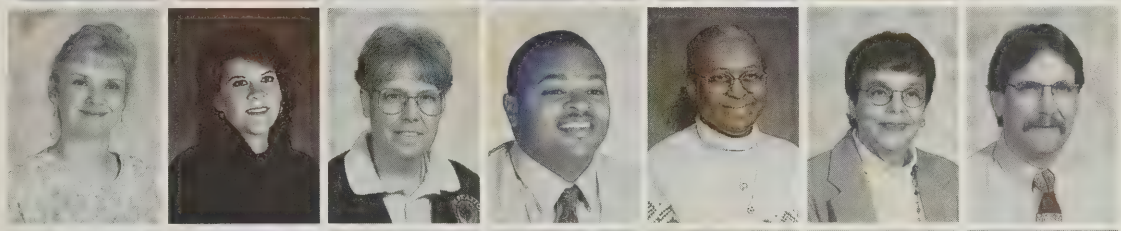
Loyce Jones
Wanda Kendrick
Bridget King
Jewell King
AnthonyLeonard
Margaret Lowry
Sam Matheney

Barbara McElfish
Chris Mitchell
Caldonia Moore
Judy Norton
Emmanuel Noudewo
David Olmstead
Thomas Osmundson

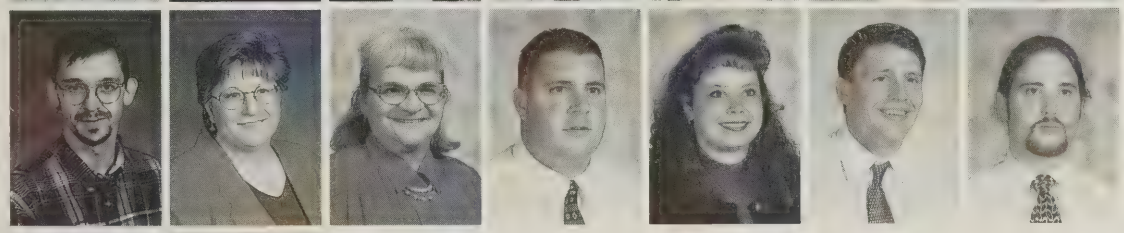
Karen Pack
Mario Palomino
Marian Parker
Marion Peters
Rosina Raines
Susan Rankin
Gwendolyn Rector

Kathleen Reif
Karen Richardson
Jennifer Robinson
Kathy Schatz
Eliza Scott
Vanessa Sekinger
Michelle Shannon

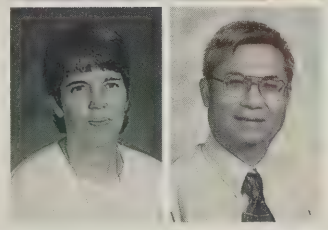
David Skeen
Mark Smith
DianaSmithey
Eric Stauffer
Beth Stefanowicz
Julie Stemple
Jim Sthreshley



Jane Sthreshley
Margaret Sturt
Kelly Sutliff
Harry Thomas
Joyce Turner
Florence Van Buren
Gary Vaughn



Steven Villers
Kathy Walsh
Mary Welborn
Craig Welker
Kim Wyne-Truslow
Dorian Yanke
Neil Yoke



Katherine Zaalouk
Ismet Zainal

What is your worst experience with a student?

"A kid farted in my class and he threatened to do it again, so i wrote him up."
-Mrs. Raines

"One time I told a student to have a seat, and he threw a desk across the room."
-Mrs. Parker

It was a season full of victories. The varsity girls soccer teams went undefeated during regular season and the lacrosse team finished third in the state, going undefeated during their regular season of play.

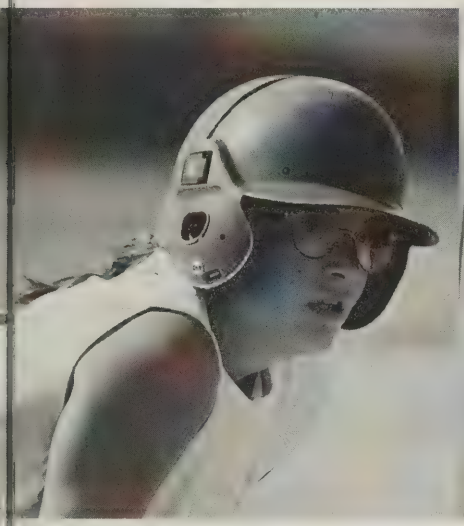
The fall season started under the cover of a rainbow. There was gold at the end of the rainbow, with the varsity football team finishing the season 10-2 and 2nd in districts and regionals. Varsity field hockey finished the season 14-6 and 2nd in districts and regionals.

The team hit hardest by the new school, Colonial Forge, was wrestling. They lost one of thir strongest wrestlers. But The girls Varsity basketball team wasn't hit hard, with junior Chrisitina Carmen leading the team in scoring. Also, there were enough girls to finally field a gymnastics team.

All the teams put forth their best effort, and were all ON THEIR MARK.

By: Jeremy Crist

SPORTS



ON YOUR *MARK*

VARSITY BASEBALL

First Row: Steve Kech, Kevin Bradley, Ryan Eldridge, Gabe Hippeard, Billy Myers, Chris Franklin, Anthony Green. **Second Row:** T. J. Barrett, Byron Binda, Matt Mallory, John Maine, Chris Lamb, Mike Goll, Chris Ashinhurst, David Daugherty

Slide! That is exactly what junior Mike Goll did to keep from getting out. **Photo by Frank Shannon, Jr.**

"We didn't have all of the power we did last year but we have the talent and will get things done." - Byron Binda 10

"We're a team with a lot of heart and we've had a lot of come back wins and come out on top of districts with the talent we have." - Ryan Eldridge 10

"It's fun playing with these guys because we're a bunch of dummies who are good at baseball." - Chris Ashinhurst 11

Potomac 9-2 loss	LC Byrd 3-2 win	
Stonewall Jackson 6-14 win	Brooke Point 7-1 win	
Stonewall Jackson 4-0 win	Stafford 12-1 win	
Garfield 7-6 loss	Culpeper 18-6 win	Chanceler 7-2 win (District)
Mills Godwin 6-7 win	Culpeper 11-0 win	Chourtland 4-7 win (District) 1st Place
Hermitage 8-3 win	Courtland 4-5 loss	Garfield 2-0 loss (Regonals)
Lee Davis 11-12 win	Chanceler 2-7 win	
Douglas Freeman 8-6 loss	Woodbridge 6-3 win	
Courtland 4-3 loss	Brooke Point 3-5 win	
Chancelor 10-6 win	Stafford 2-4 loss	

Pressure seemed to be adding up for the varsity baseball team. Hoping for a repeat district championship and another good showing in regionals is a tough expectation for a team with only three seniors.

The season started off slow, but the players became hopeful with the momentum they picked up. "We started working like a team and it started to come together," said #6 sophomore infielder Gabe Hibbard.

Losing key players didn't bother the young team. "We don't have all the power we did last year, but we have the talent to get things done," said #2 sophomore infielder Byron Binda.

Winning doesn't matter to all the players though. "We're a bunch of ball players out having a good time who happen to win a few ball games," said #14 junior catcher David Daugherty. **Article by Brian Bradley**

Did you see that! When not playing the boys baseball team gathers in the dugout to watch thier fellow teammates play. **Photo by Frank Shannon, Jr.**

Strike out Ace pitcher senior John Maine succeeds in pitching yet another strikeout. **Photo by Frank Shannon, Jr**

Varsity Softball

"The season's gone pretty well. We are a new team with a lot of young players and a new coach, and we still beat North Stafford's record from the past two years," said #2 junior catcher Christy Oakes. The varsity softball team managed to adjust to the changes of past seasons and come out with a record of 8-11.

The year also brought two new coaches. Mrs. Kantor and Mr. Ritz took over for former coaches Mr. Baker and Mrs. Lowry. "Mrs. Kantor has really turned the team around about staying positive. I think that her determination towards winning has inspired us to want it more," said #8 senior first baseman Allison Bennett.

Practices held every day and over breaks helped the team prepare for games. Besides all the hard work, there was plenty of fun. "The funniest thing was when Lindsay Sollers was being chased with a worm and she ran into a metal pole head first," said #1 sophomore left fielder Katie Thomen.

Article by Meadow Davis

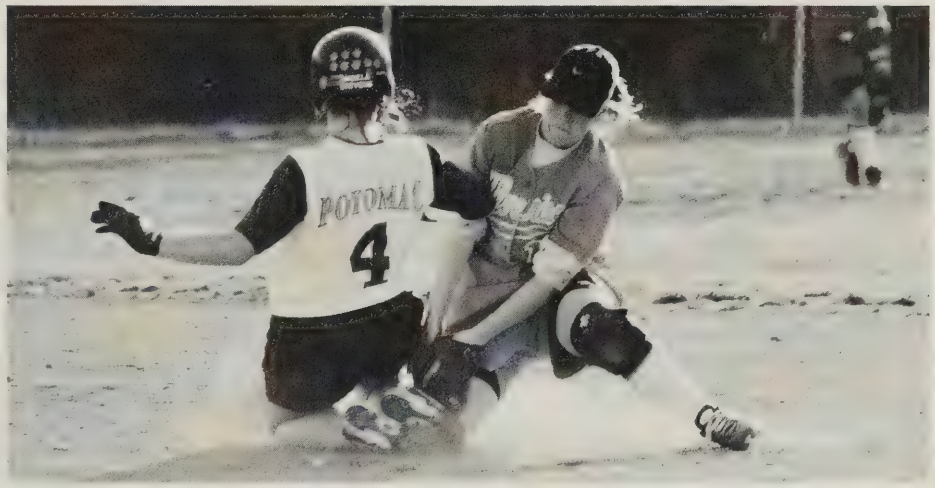
First Row: Katie Thomen, Julie Oaks, Christy Oaks, Jenn Ashinhurst, Paula Speight, Katie Fox.
Second Row: Allison Bennett, Megan McFadden, Katie Duncan, Erin Rantz, Annie Fox.
Third Row: Coach Ritz, Susan Ishman, Heather Stine, Lindsay Sollers, Cach Kantor.

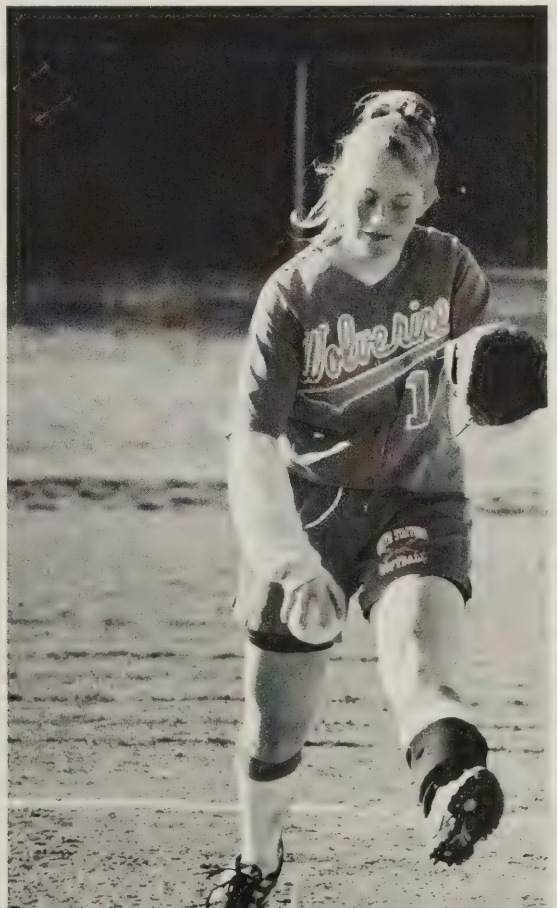
"A week after Lindsay Soilers ran into the batting cage pole, I ran into it and chipped my tooth." -Jenn Ashinhurst 9

Scoreboard not available

"Before every home game I take 16 swings and I have to kiss my softball necklace." - Julie Oakes 9

Slider or a Curve? Between batters juniors Megan McFadden and Christy Oakes discuss pitching options in the game against Stafford. **Photo by Natalie Mitchell**





You're outta there! Putting her body in front of second base, freshman Erin Rantz prevented the Potomac base runner from reaching the base. Rantz was able to catch the ball and make a solid low tag to get the runner out before she arrived at the bag. **Photo by Natalie Mitchell**

The Wind up.... Starting her wind up, senior Megan McFadden steps off the mound to deliver her pitch. Although softball is basically the same sport as baseball, the pitching was different. The mound was closer to the plate and the girls did a full wind up with their arm before releasing the ball. **Photo by Natalie Mitchell**

JV SOFTBALL/ BASEBALL

Winning, losing, and tying a game are always a possibility for any sport. But without a coach's inspiration and encouragement there is nothing. The coaches for Junior Varsity Softball and Baseball teams always have hope in their teams.

"Without our coaches we would not have succeeded as far as we have this season," said sophomore Joe Gibbons. The coach's spot on the team is as important as having players to play.

"Coach Raines made us the team we our, and showed us how to play as a team instead of individuals," said #8 junior Lauren Cortina. The teams gained determination and skills from their coaches that will never be forgotten. "Through all of the practices and mistakes," said #16 Shannon Kern "I have learned sportsmanship from coach Raines that I will carry with me for a lifetime." Both team coaches are huge parts of the softball and baseball teams, without them the team would not be the same. **Article by Sarah Sasser**

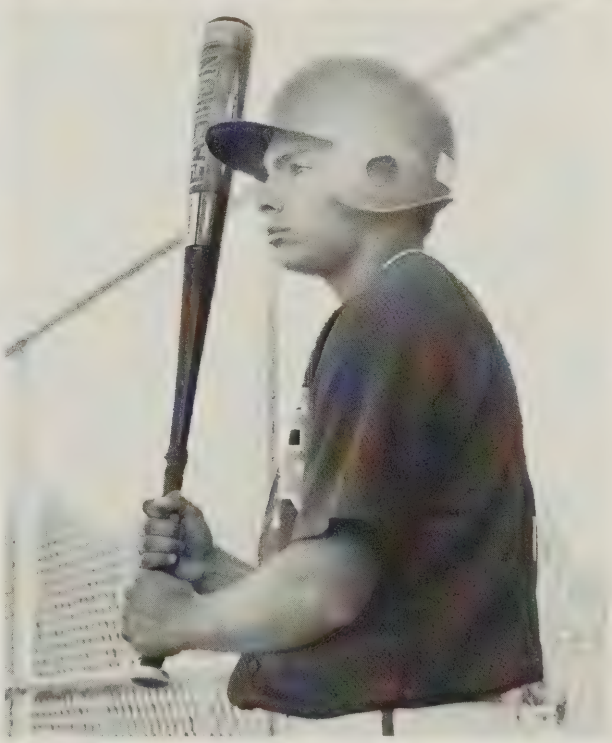
"Without the coaches ..."

Stonewall 8-3 win
Hylton 5-8 loss
Culpeper 1-6 loss
Courtland 9-5 win
Potomac 15-8 win
Chancellor 5-3 win
Brooke Point 0-7 loss
Culpeper 3-1 win
Stafford 15-11 win
Courtland 18-7 win
Manassas Park 17-2 win
Chancellor 27-7 win
Woodbridge 12-1 win
Brooke Point 3-0 win
Stafford 3-7 loss
Hylton 9-0 win

First Row: B. Williams, K. McFadden, J. Sweeney. **Second Row:** N. Brien, B. Ashinhurst, M. Osmer, K. Sperry, F. Apple. **Third row:** Coach D. Raines, L. Cortina, H. Fitzpatrick, K. Walters, J. Bennett, S. Kern, Coach R. Raines.

Strike one... The ball slides by the tip of freshman Mike McHale's bat. After the strike, the defender's catcher pitches the ball back to the pitcher for another attempt at a strike. **Photo by Natalie Mitchell**

Join hands Joining together to say the Lord's Prayer was a pre-game ritual for the girls J.V. Softball team. **Photo by Natalie Mitchell**



First Row: J. Gibbons, R. Scanlon, M. McHale. **Second Row:** C. Riechanowski, J. McCaa, M. Stine, D. Wiser, A. Hutson, R. Beland, R. Watson. **Third Row:**C. Brown, J. Pettyjohn, M. Johnson, B. Cox, K. Brogan, A. Fuhrer.

Time to focus Warming up before going to bat sophomore Joe Gibbons concentrates on preparing himself for the challenge of hitting a home run. **Photo by Natalie Mitchell**

Varsity/JV Lacrosse

Whether it was sleeping, eating, or goofing off, members of the lacrosse teams had their own way of getting pumped up before the games. "I like to mess up my hair and make myself look like an idiot. I've done this since my freshman year," said #7 junior defenseman Mike Dailey.

No matter how the members of the lacrosse teams got pumped up for the game they all looked forward to hitting other opponents, or getting hit themselves. "I love the competitive spirit and hard physical contact in the game," said # 20 junior attackman Dan Gauvin.

"I love the competitive spirit"

"Although practices involved about 10% playing around and 90% goofing off, we still managed ranking third in state, we just had an overall a good team," said # 23 senior midfielder Joe Plato. **Article by Savannah Coffman**

Varsity Lacrosse
First Row: Ross Shannon, John Seger, Matt King, J.D. Killian, Shaun Noble, Mike Davis. **Second Row:** Kevin Newport, John Stradling, Jason Cassi, Mike Olverson, Dan Gauvin, Chad Raynor, Ryan O'Conner, Steve Thorpe. **Third Row:** Coach Henderickson, Dexter Ang, Beau Ballow, Greg Hartman, Ryan Eagle, Mike D'Eredita, Mike Shannon, Frank Shannon **Forth Row:** Jarrod Schmidt, Joe Plato, Matt Thompson, Paul Fink, Kris Kimmell, Matt Lingvai, Barry Williamson, Mike Dailey

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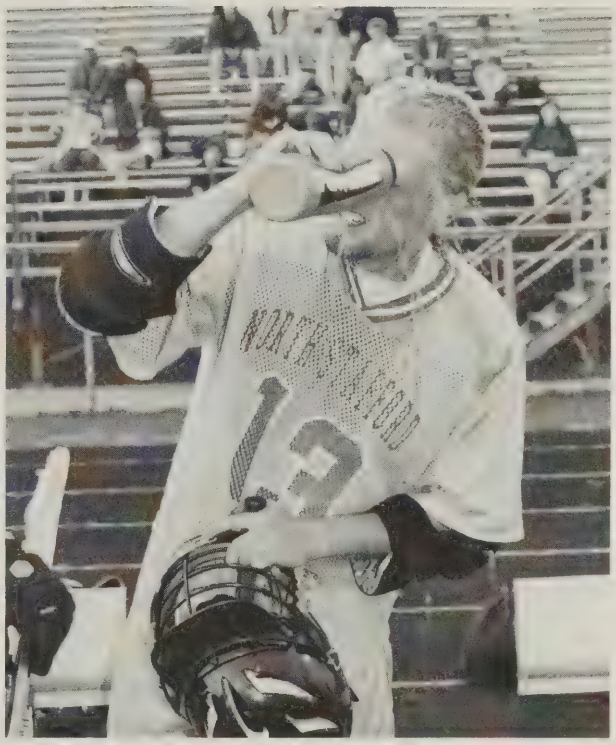
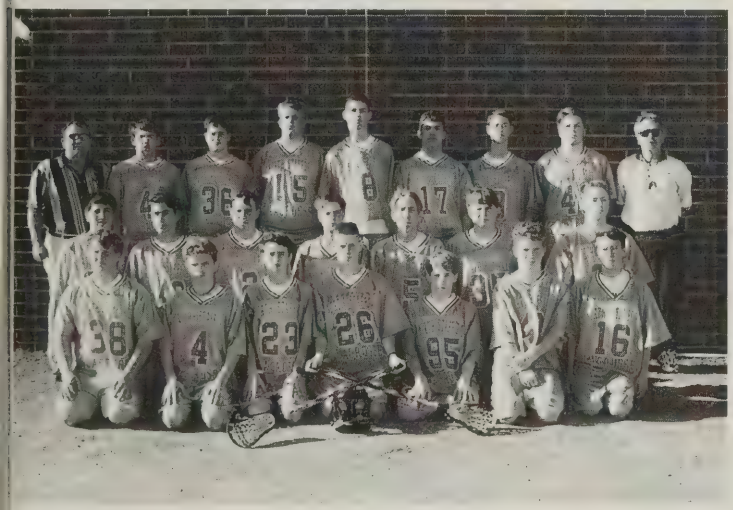
Stretch boys! Before each game it was very important that each member of the varsity lacrosse team stretch out their muscles. **Photo by Arlene Ours**



Check This!!! While both teams run down the field, sophomore Jason Cassi and junior John Seger try to check the other opponent of the other team. **Photo by Arlene Ours**



JV Lacrosse Team
First Row: J. Schimpf, E. Stone, B. Jordan, W. Ajinga, R. Burchnall, B. Wasser, J. Crist. **Second Row:** M. Singer, J. Loucks, M. Capparra, J. Balduck, D. Graeber, C. Boggs, A. Smith. **Third Row:** Coach Squires, R. Jones, D. Rovira, J. Schaefer, C. Neigh, M. Grove, P. Delwiche, T. Rodeheaver, Coach Crist

Cool Guy As junior Mike D'Eredita takes time from the game, he cools off by splashing cool and refreshing water on his face. **Photo by Arlene Ours**

Scoreboard not avalible

First Row: Raeshel Reed, Heidi Sondermann, Lea McGaughey, Jessica Schweer. **Second Row:** Cherri Dennis, Tiffanie Reed, Julie Price, Megan McCreedy, Kristen Sondermann, Kelly Gierard, Megan Bailey. **Third Row:** Coach Cassiday, Amanda Jones, Megan Handscom, Ashley McPherson, Coach Szymanski.

The prize is mine While on all fours, senior Heidi Sondermann keeps her eye in the ball. Nothing could stand in the way of the varsity soccer players. **Photo by Frank Shannon, Jr.**

"This season has been a lot of fun - everyone on the team is great and we have tons of fun. My favorite practice was when we ran to Woodlands Pool and jumped in!" - Megan Bailey 11

"It's so funny to watch everybody tease Julie Price about her throw-ins. She stutter steps, and it's hilarious." - Katlyn Crooks 9

Varsity Girls Soccer

"This year is different because we have so many freshmen on the team. I was unsure about it at first, but everyone has blended together really well, and it shows because we have an awesome team," said junior goalkeeper Sarah Zimmer.

Last season, the team had one pair of sisters, Raeshel and Tiffany Reed. This year there were three. "With three sets of sisters, there's a little bit of rivalry...it makes things interesting," said #2 sophomore center midfielder Ashley McPherson. The other pairs of sisters were Heidi and Kristin Sondermann, and Laura and Megan Hanscom.

Going undefeated in the district wasn't an easy task. The girls had to withstand taunts from opposing players during one district game. "Some of the players from Brooke Point were bragging that they were going to ruin our good record, so it was awesome when we beat them 4-0," said #7 freshman midfielder Kjersti Trout. **Article by Jeremy Crist**

It's all in the head Players had to resort to using their heads and chests when the ball soared high. Freshman Kersti Trout jumps up in preperation for the incoming soccer ball. **Photo by Frank Shannon, Jr.**

Walking the line Players will do whatever it takes to keep the ball in bounds. Junior Megan Bailey races along the sideline in order to remain in control of the ball and head towards the goal. **Photo by Frank Shannon, Jr.**

First Row: Fernando Ramos, Jason Arnold, Steve Ramos, Kyle McAleese. **Second Row:** Mitch Nason, Tony Mammarella, Jon Cozart, Jeremy Boskin, Andrew Sylling, Nathan Depasquale, Nathan Fox. **Third Row:** Coach Gottschalk, Coach Ramcheran, Sean Seward, Adam Schingler, Steve McCord, Tim Bucher, Max Trout, Chris Roland, Scott Ngeonjuklin, Coach McElhinney

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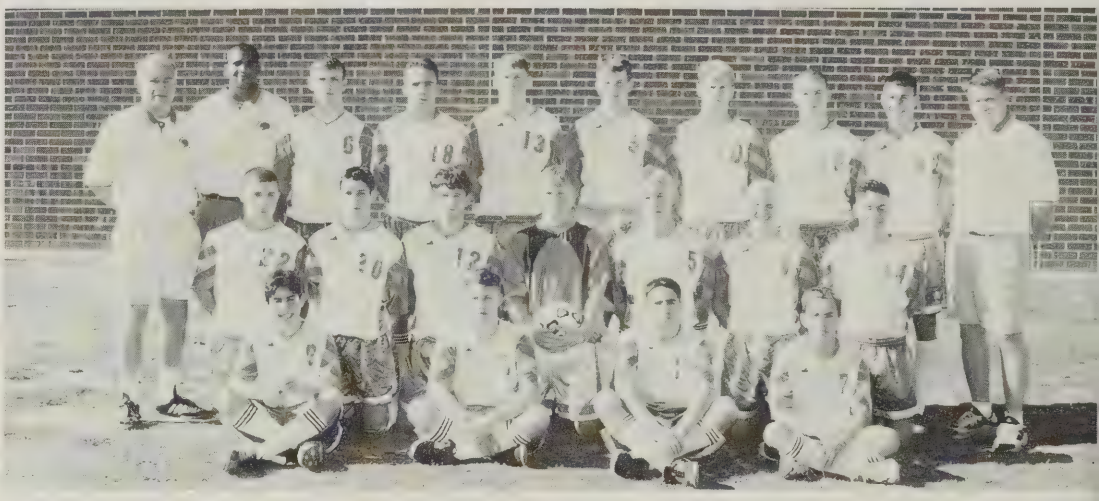


Aming High. In the game of soccer, players are not limited to using only their legs. Often, heads and chests also come into play. Junior "Nate Dawg" Depasquale soars in the air to move the ball up the field past his opponents.**Photo Melissa Unger**

"We played as a team and we won as a team."— Max Trout 11

"When Coach Gottschalk got hammed in the head by a soccer ball that Nathan Depasquale kicked."— Jason Arnold 12

"To win District, was the team's biggest goal"— Adam Shingler 11

VARSITY BOYS SOCCER

One of the main goals for the boys soccer team was, "Beating Stafford," said #18 junior defender Adam Shingler. With the successful season, the teams ability and determination took them all the way to the District Championship.

Through all of the drills and grueling runs the team still made practice fun and interesting. Even Coach Gottschalk joined in during practice,"One time Coach Gottchalk tried to participate in a drill that we were doing", said #10 Defender Max Trout, "it was one of the funniest things that we had ever seen."

With all of the practices, the team united and learned to respect each other and their positions on the team. "Everyone on the team was placed to better the team," said #14 senior forward Nathan Fox . Even though the players did not always like their positions they respected their place on the team. **Article by Sarah Sasser**

Follow the leader. It is a defensive player's job to stick with his mark. This Courtland player has trouble keeping up with speedy junior Steve Ramos. As a fanstastic dribbler this junior had no trouble leaving Courtland in his dust. **Photo by Melissa Unger**

Let's get physical! Wrestling match or soccer game? Senior Steve McCord proves that international Football has a physical element to it that rivals traditional football games in the U.S. **Photo by Melissa Unger**

JV Boys / Girls Soccer

"Our coaches are very inspirational and know how to get us pumped up for the big game," said #10 sophomore midfielder Alex Garcia.

The player-coach relationship is very important for a coach to do his or her job. Respect must be clear coming from both team members and their coaches.

Another big part of the J.V. soccer was the attitudes of the players and coaches towards each other.

"It was a great season because we worked hard and everyone got along," said sophomore goalie Dan McCleese.

"We worked hard and everyone got along."

The coaches played a major part in keeping team spirits high and establishing a fun environment.

"We won almost every game but we cared more about having fun at practice," said #15 sophomore forward Amanda Jones.

Article by Katrina Purcell

Scoreboards not avalible

First Row: C. Cox, K. Skewes, A. Milling, B. Britton, M. Serbinski, M. Lanoue. **Second Row:** B. Schlotter, D. Oh, K. Lucky, D. McCLeese, A. Zollner, A. Mitchell, A. Garcia. **Third Row:** Coach McElhinnery, B. Steckel, S. Allen, J. Baker, A. Fries, M. Mohammed, Coach Ramcheran.

Who said stealing was bad? The art of stealing is greatly appreciated in soccer. #15 freshman Tracy Carroll tries to steal the ball from an opposing player. **Photo by Denise Bucci**

Protect the goal Good goal keeping is essential to a winning team. Sophomore goalie Jessie Trosclair blocks one of many shots. **Photo by Denise Bucci**

First Row: L. Parker, J. Trosclair, K. Hartman, N. White. **Second Row:** A. Simmons, J. Olechowicz, K. Bernier, A. Ryalls, S. Korth, D. Pruessner, E. Reed, M. Barrett. Third Row: Coach Shannon, M. Tunney, K. Harris, T. Carroll, J. Gold, M. Leeds, A. Khalsa, V. Evans.

Anybody Open? Teamwork is very important to the success of the team. #2 freshman forward Elise Reed tries to find someone to pass to during a game with Chancellor High School. **Photo by Denise Bucci**

Boys Tennis

"I don't usually get nervous, just when the match comes down to a tiebreaker or gets really intense," said sophomore Adam Brownback. The boy's tennis team played both singles and doubles matches, so no matter what, all of the attention was on them during the "intense" matches. Brownback said, "I prefer playing singles because I don't have to worry about my partner, and all of the attention is on me."

Sophomore Chris Daniels said he preferred, "Doubles, because it's a friendlier atmosphere and you have one of your teammates there to back you up." Sometimes the doubles score didn't even matter because the guys had already won the five matches to beat their opponents. However, if the match was close they could get a little tense because the guys had to keep score for themselves; there weren't any line judges.

Sophomore Justin Marlowe said, "[The lack of line judges] doesn't really cause a lot of arguments, but if it's close, a bad call can start one." Whether they were by themselves or with a partner, the senior-less team was doing its best after losing three of their top six players. They only won two matches, but Marlowe did win the district championship.

Freshman John Irby said, "I think we're doing okay. We're young so we're still growing, and everybody here is going to be here for a couple more years." **Article by Brittany Trant.**

First Row: Chris Daniels, Bryan Penman, Justin Marlowe, Jeff Slmmons. **Second Row:** Jeff Young, Brian Bradley, Greg Lavoie, Blake Wood, Ricky Perry, Zack Marzaloes. **Third Row:** Coach Jellig, Mike Young, Chris Elliot, Adam Brownback, Eddie Larkin, Andrew Leyva, John Irby, Brandon Klein.

"I prefer singles because you don't have to depend on the other person." - Brandon Klein 10

Culpeper 4-5 loss
Courtland 7-2 win
Chancellor 0-9 loss
Stafford 1-8 loss
Culpeper 3-6 loss
Brooke Point 3-6 loss
Courtland 5-4 win
Chancellor 7-2 loss
Brooke Point 3-6 loss
Stafford 2-7 loss

Forty-Love Before an away match at Brooke Point junior Mike Young practices his swing to perfect it for the rival match.
Photo by Debbi Keller

Listen Up Members of the tennis team gather around for a pep talk before the game against Stafford.
Photo by Debbi Keller

Swinging hard Sophomore Adam Brownback swings his raquet to score a point against Brooke Point.
Photo by Debbi Keller

"The best thing about tennis is you get fresh air, a tan, and practices are always fun." - Blake Wood 9

Spring Track

"Everyone on the team goes through a certain procedure of stretches and good luck moves or they feel that they won't do their best," said freshman Victoria Buskirk, member of the boys and girls spring track team. A lot of people believe in superstitions and good luck charms, such as knocking on wood because you jinxed yourself, or wearing the same unwashed tee-shirt to every sports event you play. This seems to be especially true of athletes.

"Before every relay I kiss the baton for good luck, and a member of my team sleeps with the baton the night before to be focused for the next day to bring her good luck," said junior Christina Parrish. Now think about it, does singing a certain song before a meet, or kissing the ground before running a mile really work? Everyone has superstitions to help them build their self-confidence.

"I kiss the baton for good luck"

"I have a lucky charm that I found my first meet of the season, and I've used it every meet since," said junior Joe Almond. Lucky charms seem to bring people a certain relief or a good feeling. It brought Almond relief and it made him feel like as if it was there for him. **Article by Crystal DiRosario**

Socreboard not avalible

First Row: A. Kelly, J. Gavin, N. Mackey, E. Floodstrum, R. Pitts, L. Parker, H. Machovic, M. Godbey, V. Carter, J. Ross, M. King, A. Reynolds, S. Porter, H. Johnson. **Second Row:** A. Cox, E. Cwick, L. Swift, K. Fleming, C. Parrish, N. Hare, W. Lanham, T. Oakes, C. Davis, C. Binks, J. Bowen, S. Carr, B. Machovic, K. Konig, R. Morrita. **Third Row:** V. Buskirk, J. Metzger, V. Eldridge, L. Alpy, S. Mwila, S. Boone, J. Mallory, K. Shiring, J. Huddleston, K. Landrum, E. Millbaugh, T. Anker. **Fourth Row:** K. Burger, C. Palmquist, M. Constanza, M. Adair, S. Cotten, R. Merendino, K. Martz, G. Andrews, C. Hatcher. C. Carmon, C. Fludd, C. Welker, W. Breede.

Jump around Track not only involved running but jumping too. Sophomore Nikkita Hare clears a hurdle during her heat. **Photo by Melissa Unger**

Clear! With great strength, senior Isacc Wicker flies over the high jump. The high jump was a very difficult part of track. **Photo by Melissa Unger**

I got your back. While practicing for a meet, sophomore Claire Palmquist clears the bar while senior Tito Jackson spots. **Photo by Melissa Unger**

First Row: J. Rhoten, M. Jackson, S. Lingo, J. Reed, K. Sondermann. **Second Row:** M. Zayas, W. Banister, L. Walker, R. Watkins, J. Baker, J.J. Buchness, M. Green, J. Hodge, B. Swecker, R. Hensel. **Third Row:** J. Dunn, R. Carnicom, B. Scott, M. Honeycutt, R. Davis, B. Neisler, J. Almand, A. Boswell, M. Berl, D. Carnicom, P. Bryan, B. Kline. **Fourth Row:** W. Breede, K. Burger, K. Snyder, A. Hill, S. Durham, J. Jones, T. Sass, E. Gaskins, M. Watkins, J. Morgan, A. Parks, E. Robinson, B. Mallory, I. Wicker, D. Terry, N. Misyak, C. Welker

Spring Recap

We want a pitcher... The windup of a pitch makes all the difference. Freshman Nicole Brien winds up for a pitch during a game. against Stonewall. **Photo by Natalie Mitchell**

The Varsity boys' lacrosse team took the spotlight this spring when they made it all the way to the State tournament. Finishing first in their district tournament, second in regionals, and third in states, the boys ended with a record of 16 and 1. The Varsity baseball team also won the districts for the second season in a row, while their female counterparts finished second in the softball district tournament. The soccer teams finished with a pair of firsts. The girls were first in districts, while the boys were first in the tournament but not in regular season. The tennis team suffered a loss of players from the previous season and weren't able to repeat their district championship. **Article by Brian Bradley**

"Our record was 12-4, one of the best records, so Varsity oughtta be awesome next year." - Coach Raines JV Softball

"It was a great season, the girls worked hard to take the game to the next level" - Assistant Coach Cassidy Girls Varsity Soccer

Well, should I? The art of stealing is important part of baseball. Junior Anthony Green looks to second base to see if he could go ahead and steal. **Photo by Natalie Mitchell**

Put me in, coach! Everyone is important to the success of the team. All of the subs wait on the sidelines for their time to play. **Photo by Arlene Ours**

"We had a lot of people qualify for the state meet, and we have some coming back next year to help out"- Assistant Coach Welker Track

Varsity Field Hockey

Team togetherness, determination, and action took the Varsity Field hockey all the way to the state championship. The strong willed team placed second in the regional and district championships. The team had an over all winning season.

Thanks to coach Eliza Scott and assistant coach Laura Cwick the girls succeeded in their performance as a whole. The team thought of themselves as more than a team. They were friends. "I like having the whole team as a group, a wide range of friends, and the closeness we all share," said junior Dana Pruessner

Through all the hard practices and games, the team still found time to have fun. "During practice, we were playing full field and Megan Bailey was standing in front of me shaking her butt while I was trying to guard the goal," said senior Lindsay Gahr.

With all their hard work, they made many memories that will never be forgotten. "One time when we went to IHOP for breakfast we left Sports Garden tickets as a tip," said junior Jessie Trosclair. **Article by Sarah Sasser**

First Row: Melissa Barrett, Katie Thomen, Kelly Bernier, Erin Cwick, Megan Bailey, Jessica Trosclair. **Second Row:** Julie Price, Leigh Swift, Dana Pruessner, Jessica Olechowicz, Kristen Sonderman. **Third Row:** Lindsay Gahr, Lauren Boatwright, Paula Constable, Megan McCreedy, Kelly Hartman.

Goals you would like to acomplish this year...

"Making firends with my teammates when seasons over I still have the new friends I have made this season." -Jessie Trosclair 11

What is that tongue doing? Senior Leigh Swift sticks her tongue out while concentrating on keeping control of the ball. **Photo by Frank Shannon, Jr.**

Oakton 2-0 win	Colonial Forge 8-0 win
Chantilly 0-3 loss	Fauquier 2-0 win
Fairfax 2-1 win	Fauquier 4-0 win
Culpeper 4-0 win	Woodbridge 4-1 win
Brooke Point 2-1 win	Woodbridge 1-0 win
Colonial Forge 6-0 win	Stafford 1-2 loss
Culpeper 3-2 win	District 2nd place
Stafford 2-1 win	Regionals 2nd place
Brooke Point 2-3 loss	States

Face off! Both senior Megan McCreedy and a Fauqiuer defender attempt to take control of the ball. **Photo by Frank Shannon, Jr.**

Get the ball Two Fauquier players chase sophomore Kelly Hartman while she tries to gain control of the ball. **Photo by Frank Shannon, Jr.**

"We had a free hit to Leigh Swift and I missed and fell on my butt. I felt like a complete dork." - Lindsay Gahr 12

First Row: Jenn Ashinhurst, KiKi Long, Karen Price, Erica Doolittle, Jessica Phillips, Katie Sperry, Julie Oakes. **Second Row:** Nicole Coloumbe, Carolyn Bradford, Kristina Palangi, Danielle Summerhill, Tracy Oakes, Jamie Judd. **Third Row:** Rachel Cooper, Amber Williams, Lesley Street, Sarah Bostelmen, Marlo Cobb.

Good Defense To slow down her Stafford opponent, sophomore Katie Sperry tries to get the ball. Sophomore Tracy Oakes runs along the side in case Sperry can't stop it. Players were constantly backing each other up to ensure that the ball could get through. **Photo by Emily Kulbeth**

"This year was really fun. Everyone become really good friends. We had a lot of laughs and inside jokes." -Sarah Bostelmon 10

"It was hard work but in the end it all worked out." - Kristina Palangi 9

"Before each game and at the end of half time we always did little cheers Jenn Ashinhurst and Julie Oakes always did 'North Stafford what time is it?' 'It's time to go to work,' 'what kind of work?' 'hard work.' And there were a lot more." - Marlo Cobb 9

JV Field Hockey

The most necessary element in any sport is teamwork. This was especially true of the JV field hockey team. Sophomore Jennifer Ashinhurst said that "it helped us all work together and we were real close."

In order to achieve such togetherness, you'd have to spend time with your teammates, not just during practice. "We had many team dinners and sleepovers," said sophomore Sarah Bostleman. "We went to Ruby Tuesdays and Spankys', and spent the night at Jenns' and mine."

These times spent together helped the girls get to know each other better. "At sleepovers if someone was sad we all piled on top of them," said sophomore Julie Oakes. "We were all just really close."

The girls closeness helped them end the season with a record of 15 and 2, losing only to Stafford. **Article by Brian Bradley**

Take Five Everyone needs a break once in awhile. Freshmen KiKi Long and Kristina Palangi rest during one of their home games. The JV field hockey team was 12-2 at the end of the season. **Photo by Emily Kulbeth**

Listen Up! While waiting for halftime to end, sophomores Katie Sperry and Sarah Bostelman listen to their coach's pep talk. Halftimes were aften used by the coach to pep up the player's attutude and talk about what's working and what's not. **Photo by Emily Kulbeth**

First Row: D'eredita, Thorpe, Griffitts, McKoy, Barrett, Adams, Andrews, Ceichanowski, Hayes, Thompson, Honeycutt, Luckey, Philson. **Second Row:** Thompson, Woodbridge, Newport, Ashinhurst, Frierson, M. King, D. King, Seabolt, Ilaoa, Rogers, Gibbons, Payton, Atkins. **Third Row:** Miller, Baile, Misyak, Wolf, Todd, Robinson, Scott, Danie, Boone, Bosken, Ball, Snyder, Rogers. **Fourth Row:** Palmer, Bucher, Dailey, Morgan, Baldwin, Wells, Lingavi, Clapperton, Belt, Richardson, Hodge, Daniles, Gold, Bennett.

That's gotta hurt Teamwork is very important to the success of the football team. A group of players help to bring down a Brooke Point player. **Photo by Frank Shannon, Jr.**

" This, by far has been the best football team I've ever played with." - Brack Scott 11

"The best part was when I caught a pass from John Elway." - Mike Honeycutt 11

"The best part about this year's football season is that we made it to two playoff games." - Nick Misyak

VARSTITY FOOTBALL

"Friday night when we run out on the field and everyone is there, it is just amazing," said senior wide receiver Mike D'Eredita.

The boys got a chance to run on the field two extra times in play-offs. They played in the state semifinals with Danville and then Hylton. For the first time they won their first play-off game to move on to semi-finals. Three state records were broken, two by #16 senior quarterback Chris Ashinhurst and one by junior wide receiver Nate Ilaoa.

"It was an exciting season and all of the guys showed a lot of heart," said Ashinhurst.

The team pulled together to finish 10 and 2 overall and 5 and 1 in the district. The two losses were to two teams who went on to be state champs. The seniors did a great job making their mark on football in Stafford for years to come. **Article by Katrina Purcell**

Did you see that! Receiving and running are essential parts of a football team. Senior DJ Palmer runs with the ball as far as he can before being taken down by a Brooke Point player. **Photo by Frank Shannon, Jr.**

Gimme that Possession is nine-tenths of the law and an important part of football. Senior Kevin Newport takes down a player with the help of his teammates. The tackle helped them regain possession of the ball. **Photo by Frank Shannon, Jr.**

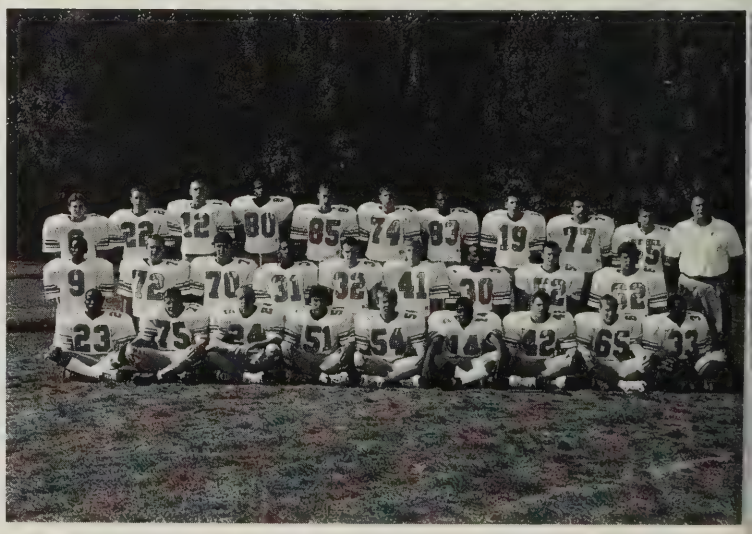
JV/Freshman Football

Freshmen football players had experience in playing football for recreation leagues and middle school. However, high school football is a whole new ball game. It seemed as if the players had a pretty tough time making the adjustment, but "they worked well together and were good teammates," said sophomore Chris Wasek.

"They worked well together and were good teammates"

The first part of the season was spent acclimating the team to the high school game. As the season progressed, things got better and better until the team won the last game of the season, against Stafford High. This provided a certain feeling of success, despite the freshman's team's overall record of 1-7. "They started off slow but got better at the end, they got used to it," said sophomore Adam Hugentober. "At first it was slow, but finally for our last game, all the things we practiced and worked on paid off," said freshman lineman Marc D'eredita.

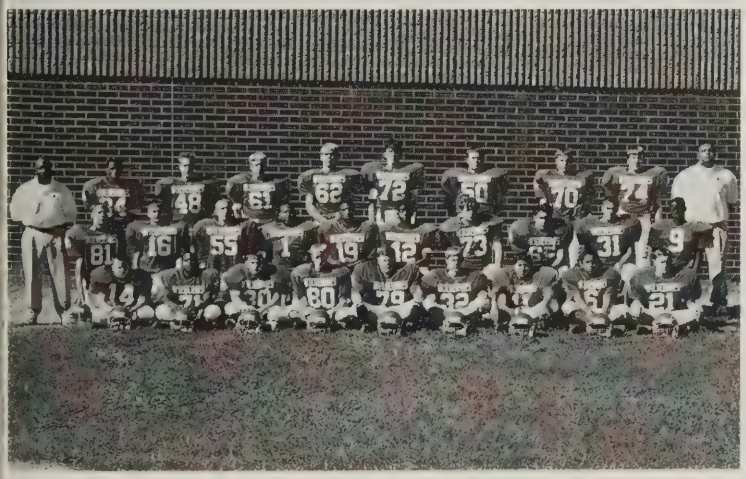
If the spirit and determination can carry forward to next year, it could be a successful one for the Junior Varsity Football team. **Article by Crystal DiRosario**



First Row: S. Pittman, M. Lang, A. Elliot, R. Jones, D. Layton, B. Fulton, M. Witt, M. Seay, T. Baldwin
Second Row: J. Nunnery, P. Bryan, M. Grove, L. Hancock, C. Nance, M. Witt, M. McGovern
Third Row: J. Kingman, D. Terry, S. Lucas, A. Sherrier-Harmon, A. Leyva, A. Hugentober, J. Fowler, K. Tolbert, J. Sawyer, C. Wasek, Coach Welker

Concentrate Football takes a lot of consentration and thought. While taking a break for the game, freshman Gavin Reed shows no exhaustion while mentally preparing to go back on the field. **Photo by Ashley Hall**

What was that call? While anxiously awating for the outcome of the play, freshman Bob Wagner stands patiently on the sideline. **Photo by Ashley Hall**



Team names unavailable

Ready set go! As in most sports, running is important in building strength and endurance. Freshman Ryan Griffen sprints during practice in order to build stamina and succeed on the field. Staminia is important because running is more then 75% of the game. **Photo by Ashley Hall**

Cross Country

Team bonding was an important part of the cross-country teams.

"Scott Lingo, John Rhoten and I attacked everyone with shaving cream one day," said senior Jeremy Reed.

"We took grape soda and sprayed it all over Josh Mercer after spraying him with shaving cream," said junior Richard Carnicom.

Events like that occurred frequently during the team's practices after school.

"The best thing about the season was when we dressed up like trees in the woods and had mud fights," said senior Bethany Beil.

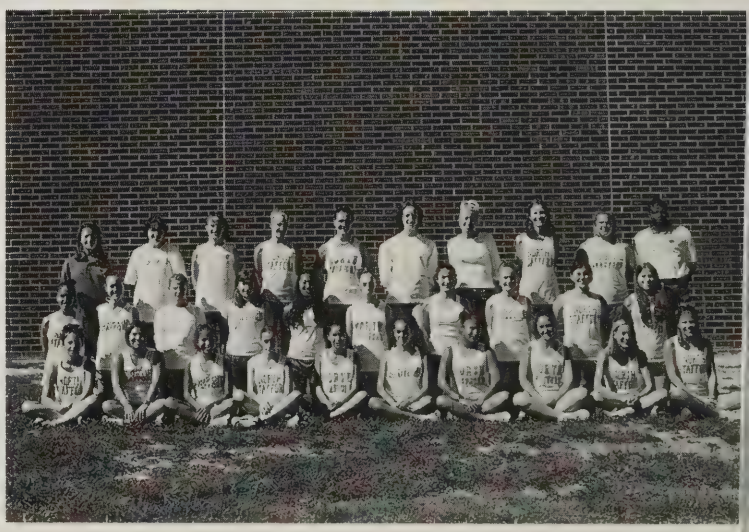
Even the girls got in on the mud fights in the woods during practice runs.

"I run to prove that pain is fun"

All of the fun helped the boy's team place 4th in the district and the girls 5th in the district. The boys made their mark by sending runner senior Scott Lingo to states while the girls sent sophomore Kristyn Shiring.

"I run to prove that pain is fun," said senior John Rhoten.

Whether running for fun or pain the cross-country teams had a good season. **Article by Katrina Purcell**



First Row: Missy King, Vicki Carter, Tiffanie Reed, Elyssa Almand, Elise Reed, Cindy Schweer, Amanda Williamson, Megan Bieber, Bethany Beil. **Second Row:** Katherine Swecker, Kristyn Shirring, Shannon Cotten, Claire Plamquist, Cassandra Woods, Deenie Kidby, Megan Tunney, Shannon Carr, Kelly Gierard, Shannon Kelly **Third Row** Kelly Slater, Katherine Sigler, Jen Mallory, Tracy Carroll, Kathelyn, Crooks, Carly Hatcher, Gwyneth Andrews, Jennifer Belokon.

Give me a minute Resting is important after running a hard race. Senior Scott Lingo and junior Eddie Larkin use a fence as support while resting. **Photo by Jacqui Capriglione**

Leader of the pack The pack is the place to before senior Kelly Gierard. She chose to stick with the pack which made it easier to pace herself. **Photo by Jacqui Capriglione**

First Row: JP Larkin, Clyde Abbott, Paul McHugh, Jeremy Reed, WIllard Hagen, Nathon Morey, Matt Bieber. **Second Row:** Josh Mercer, Scott Lingo, Billy Mallery, Nathan DePasquale, Mike Greene, Richard Carnicom, Darrin Colombe, Blake Gunther. **Third Row:** Mike Zayes, Billy Schlotter, Jesse Baker, Peter Schomp, Derek Carnicom, Eddie Larkin.

My magic shoes Good shoes are key to running well during meets. Sophomore Katherine Sigler puts on clean socks and laces up her sneakers as she prepared to run. **Photo by Jacqui Capriglione**

Girls Tennis

Some great tennis players were competing this season. Senior Jackie Trosclair went undefeated in the singles division, allowing her to compete at the district level. Also, the dynamic duo consisting of junior Katie Sandkuhler and freshman Laura Sullivan beat #2 doubles. For sophomore Pamela Cassell, the high light of the season was coming close to beating Stafford High, which no one else in the district seemed to be able to do.

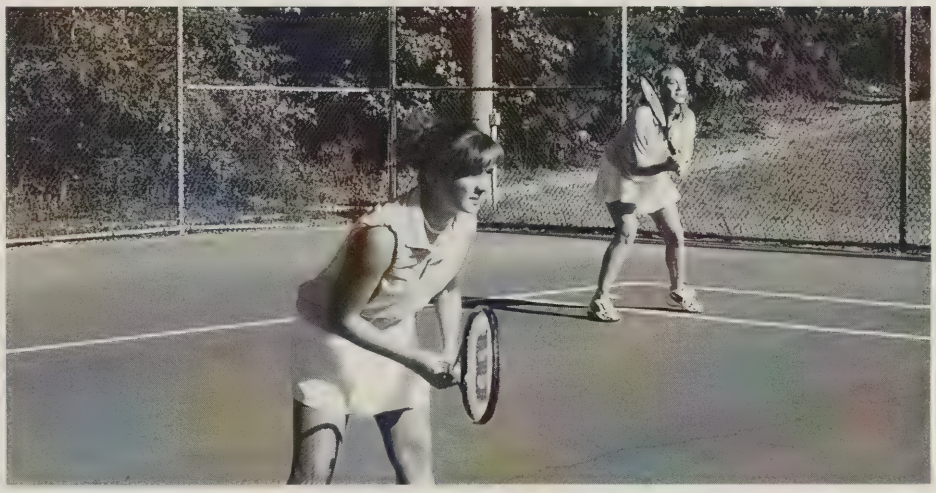
But competition wasn't the only reason the girls were playing. For some of the girls, the camaraderie was most important. Sophomore Rachel Sokoly said she had an awesome time playing tennis this year. She felt that she and her teammates got along perfect and worked really well together.

Some of the girls had more personal reasons for joining the team. When asked why she chose tennis over any other sport, junior Marleana Chavez said, "the only reason why I chose to play tennis over any other sport was because I wanted to were the cute skirts." Sophomore Elizabeth Dregert has hopes of fulfilling a family tradion. Her sister played tennis all 4 years of high school. But for what ever their reasons, North Stafford is proud of the girls tennis team. **Article by Crystal DiRosario**

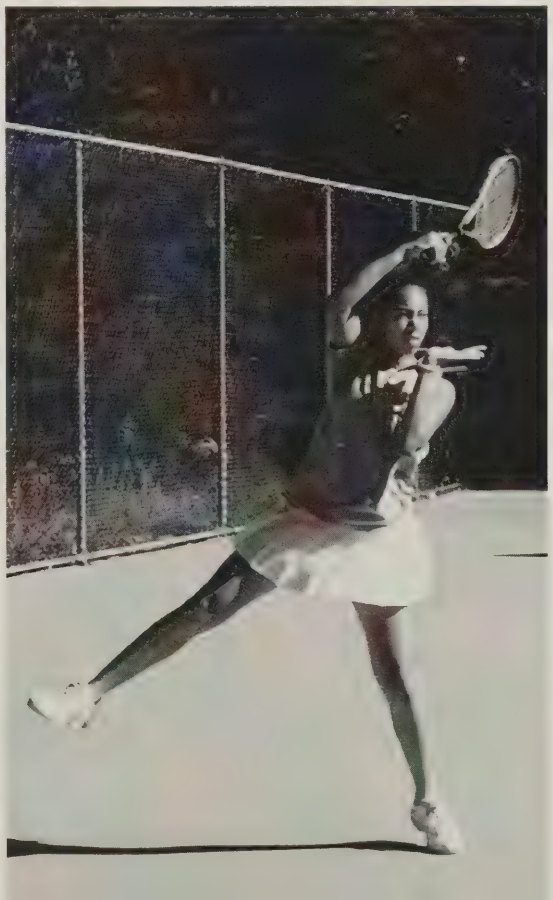
First Row: Marlena Chavez, Katie Fox, Chelsea McNair, Natalie Murry, Huba Ayub. **Second Row:** Kacie Binks, Jackie Trosclair, Shannon Graber, Rachel Sokoly, Kay Reid, Wendy Nelson. **Third Row:** Laura Sulivan, Pam Cassel, Katie Walters, Liz Driegert, Katie Sandkuhler, Rachelle Edwards.

Warm up time "Streching and practicing is a very important part of tennis," says junior Kacie Binks, who is patiently waits to start a match. **Photo by Debbi Keller**

Stafford 0-9 loss
Brooke Point 7-2 win
Colonial Fordge 8-1 win
James Wood 5-4 win
Sherando 8-1 win
Fauquier 7-2 win
Culpeper 9-0 win
Stafford 4-5 loss
Colonial Forge 9-0 win
Districts 2nd
Regional - Woodbridge 0-9 loss



Lets get fired up Sophomore doubles partners Katie Fox and Katie Walters practice before a match to make a great pair. **Photo by Debbi Keller**



Hi-ya! While warming up before a match sophomore Pamela Cassel hits the ball with all her might. **Photo by Debbi Keller**

Golf

Putting around the golf course might seem like a simple task to most people, but to the golf team golf was a very serious game.

"Though golf might look easy, it takes a lot of concentration and skills," said senior Jason Booth.

"Golf is a never ending game"

Just like baseball and soccer, the golf team had to practice everyday. To the team members, golf is as serious as any other sport. "Golf to me is harder than most sports. We practice all of the time," said freshman Matt Miner.

"Golf is a never ending game, I can play even after high school," said junior Justin Crum.

The players on the golf team took their jobs on the team very serious. Many of the guys on the team planned to take golf to another step. **Article by Sarah Sasser**

First Row: Matt Minor, Klye McAleese, Justin Crum, Daniel Bromley. **Second Row:** Steven Roupas, Robert Berry, Zach Marzoles, Ricky Perry, Matt Mitchell. **Third Row:** Chris Tye, Jason Booth, Jarrod Schmidt.

In the rough! After a drive freshman Matt Miner finds himself in the rough. Miner had to pitch the ball back onto the fairway. **Photo by Joy Thompson**

Swing baby swing! Golfers often find themselves in difficult positions. Senior Matt Mitchell chips the ball past a tree and onto the green. **Photo by Joy Thompson**

Hit the road jack. Senior Matt Mitchell and a Brooke Point golfer stroll and chat while lugging their golf bags to yet another hole. The team members have to walk to all 18 holes. **Photo by Joy Thompson**

Fore!!! Before teeing off, junior Kyle McAleese takes a practice seing to get into the groove. **Photo by Joy Thompson**

Volleyball

Volleyball has come to North Stafford. This was the first year that volleyball was a sport at North Stafford. Not very many people have had past experience. Junior Mary Bashay and freshman Alta Stokes were the only two girls that had past experience. Since the majority of the players were first year volleyball players, they had to practice after school and on Saturday mornings.

Both teams had several traditions before the games. "I squeeze a toy frog before the game for good luck," said freshman Alta Stokes. The traditions ranged from chugging down a bottle of Mountain Dew to sliding into the middle of the floor yelling NORTH!

"I squeeze a toy frog before the game for good luck"

"The team really got along, and we all became really good friends," said sophomore Jenn Bennett.

Since the teams worked really well together, that made them great teams. The team was concentrated more on gaining experience and being competitive then winning. They plan on being the best team in Stafford County. **Article by Savannah Coffman**

First Row: Joy Daggett, Fiona Apple, Kristine Rhymer, Rebecca Hedger, Christy Oakes
Second Row: Jenn Bennett, Jazmina Griffith, Coach Oliver, Victoria Buskirk, Liz Pellatier

I got it! Junior Joy Dogget, sophomore Jenn Bennet and senior Christy Oakes work together to save the ball. **Photo by Kisha Adams**

Just spike it! Junior Mary Bashay spikes the ball with her hard work and dedication. **Photo by Kisha Adams**

Aiming High Sophomore Victoria "Mouse" Buskirk leaps into the air, managing to keep the other team from scoring. **Photo by Kisha Adams**

First Row: Katie McFadden, Heather Shannon, Laura Welch, Ashley Booth, Amy Delwich
Second Row: Sabrina Shull, Kate Swanstron, Megan Hanscom, Coach Oliver, Mary Bashay, Alta Stokes

Varsity Cheerleading

The outstanding cheerleaders were continuing their hard work for state champions. They won the 1999 AAA State Championship. "It's a lot of hard work, but someone has to do it," said coach Mark Smith.

Several members of the varsity cheerleading squad were looking forward to winning state championship again.

"I wasn't on varsity last year, but I would really like to be the first squad to win AAA State Championship back to back," said senior Tabitha Apple.

The members of the varsity squad put their best efforts into the season. They practiced every day after school, and since they wanted to win states again, they had to put extra time into their practices. The squad was really devoted to winning again. **Article by Savannah Coffman**

First Row: M. Wotherspoon, A. Dela Cerna, L. Parker, T. Winkler
Second Row: M. Leeds, L. Smith, A. Willard, M. Conners, M. Hall
Third Row: T. St. Clair, C. Gann, T. Apple, S. Herbert, A. Savarese, T. O'Ferrel

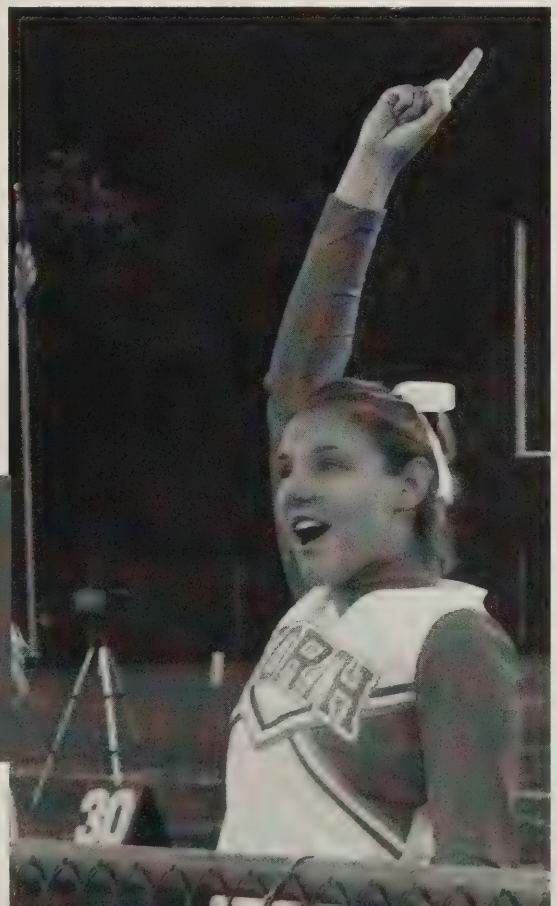
"The funniest thing is when Tracey O'Ferrell tries to dance, because she can't carry a beat like the rest of us cheerleaders." - Amy Savarese 11

"I would really like to see us win states again, for the second time in a row." Melissa Wotherspoon 10

Rah rah, sis boom bah! Members of the varsity cheerleading squad use their magaphones to pump up the crowd. **Photo by Jessica Loy**

That looks like it hurts
Stretching before exercise keeps muscles from getting sore or pulled. In a pre-practice stretch session, seniors Trisha St. Clair and Lisa Smith loosen their muscles while sophomore Melissa Wotherspoon demonstrates her flexibility. **Photo by Jessica Loy**

"We work very well together, and we have a really good chance of winning states again." - Lauren Parker 11



We're Number One!
Senior Lisa Smith motivates the crowd by yelling "we're number one!" Her enthusiam made the crord go wild. **Photo byJessica Loy**

JV/ Freshmen Cheerleading

"Cheering is a good way to meet people," said freshman Amber Burke. "It's really fun and our squads got to become really good friends."

When the freshmen came up from middle school, they were unfamiliar with the way the high school would work. It was a good thing that they got to know the j.v. cheerleaders really well. "The relation was good, we would do stuff together and we taught them cheers since they were new," said sophomore Whitney Lanham.

The relation between the two squads was like a teacher/mentor relationship, since the j.v. girls had been there a year before and knew the ropes.

"Cheering is a good way to meet people"

"The freshmen were cool to work with, we got to pass on all the stuff we learned, it was really fun!" said sophomore Rachael Merendino.

The freshmen enjoyed the new experience they had ahead of them. Freshman Shannon Moreau said her favorite part was "the away games, since we got to get out of school early."

Article by Brian Bradley

Front Row: Lindsey Brown, Alandra Simmons, Serena Tyson
Second Row: Julianne Metzger, Rachel Merindino, Whitney Lanham, Reva-Ann Williams
Third Row: Ashley Brunacci, Beth Coleman, Elise Jackson

Shake your Pom-Pom! Pom-Poms aren't just for the dance team. Sophomores Rachel Merindino, Reva-Ann Williams and Whitney Lanham get the crowd psyched during a home game. **Photo by Ashley Hall**

Shout it out! Cheerleaders were always energetic and willing to cheer on their teams. Freshmen Allison Armstrong claps and cheers loudly for the freshmen football team.**Photo by Ashley Hall**

Front Row: R. Williamson, A. Armstrong
Second Row: J. Schimpf, K. Price, D. Summerhill, K. Schloe, K. Palangi
Third Row: K. Wilshaw,K. Olezhowicz, P. Zurcharzuk, S. Moreau, A. Burke, K. Olezhowicz

We Got Spirit! Getting the crowd involved was one way the girls cheered on their teams. Freshman Rebecca Williamson asks the crowd whether or not they have spirit. **Photo by Ashley Hall**

Varsity/JV Poms

Practice made perfect for the dance team. Everyday after school they met to stretch and practice routines.

"We practice really hard after school to get our routines learned for games and competitions," said senior captain Amanda Allison.

"We practice really hard"

The girls braved the cold air during football and the stuffy gym during basketball to bring enjoyment to the audience.

"I really liked camp because we really bonded as a team," said senior Gennifer McCauley. They really came together and even won a bid to go to nationals in Florida. Whatever they place in competition the audience sure appreciated the half time entertainment.

Article by Katrina Purcell

First Row: Rebecca Zimmer, Jean Bryan, Amanda Allison, Christina Deyak. **Second Row:** Gennifer McCauley, Jozanne Summerville, Jennifer Berry, Cathy Leemann, Melissa Cooper. **Third Row:** Lisa Hennemen, Kaycee Nakamoto, Megan Bressler, Caitlyn Steining, Laura Riordan

It's show time The preformance is the culmination of all the hard work during the year. The varsity team received the honor of preforming at pep rallys during school. **Photo by Jacqui Capriglione**

Strech it out girls Partner strtching is very helpful to make muscles limber. Seniors Jennifer Berry and Jean Bryan help each other strech their legs during practice afterschool. **Photo by Jacqui Capriglione**

First Row: Theresa Davis, Stephanie Allison, Erica Ziegerhorn. **Second Row:** Kristen Kelly, Kelly Sparry, Chandri Verser, Amanda Tucker, Ashleigh McClure, Danielle Scanlon. **Third Row:** Amanda Apple Michelle Alpy, Jessica Loy, Cantell Wells, Tera Pellien.

Lets get together Teamwork is important when you depend on your teammates for support during a dance. Team members strech during afterschool practices. **Photo by Jacqui Capriglione**

Tee it up Precision is essential to golf. Junior Steven Roupas sets his ball and tee up to take a shot. **Photo by Joy Thompson**

Many great athletes graduated last year leaving big shoes to fill. During the fall season, last year's second string or JV players stepped up and did better than anyone could have hoped. Four teams made it to states. Cheerleading, football, field hockey and cross country teams all proved that they were some of the best in Virginia.

Tennis also proved itself by going to districts and holding its own against Stafford, the top team in their division.

The golf team did well individually, while the school's first volleyball team displayed their talent by defeating other teams.

Football fever swept through the school as they defeated every team that wandered into their path, except for two state championship teams. Quarterback Chris Ashinhurst set several records, did as running-back Nate Ilaoa.

The Varsity cheerleading squad equaled the excitement of the football team. They jumped, stunted, and tumbled their way to winning states.

Cross country also had a successful season sending two runners to states; both placed in the top five.

The field hockey team contained great talent and excellent coaching. Numerous players were chosen by the Free Lance-Star to be on the all district teams, and they made it to the first round of the state competition. North Stafford's athletics showed great dedication and heart. Whether it was pushing up the hills in cross country, staying low on defense in field hockey or forcing yourself to stay focused during an intense tennis match, athletes of each gender proved they were physically and mentally tough, and ready to devour their competition. **Article by Megan Tunney**

"It was a great experience and I think it was a good learning year, and I plan on using it next year." - Coach Oliver Volleyball

"It was fun to cheer next to the (football) team because they did such an excellent job." - Coach Smith Varsity Cheerleading

Fall Recap

No pushing The only time junior Kelly Bernier is allowed to push during field hockey. She tries to battle an opposing player for control of the ball. **Photo by Frank Shannon, Jr.**

Through the gauntlet Ball control is necessary in football. Junior Kenny Lucky tries to keep control of the ball while running through his teammate's outstreched arms. **Photo by Jacqui Capriglione**

"One of our goals was to go to States and we accomplished that." - Coach Scott Varsity Field Hockey

"We had an excellent year and everyone gave 110% and you can't ask for more than that." - Coach Sturt Girls Tennis

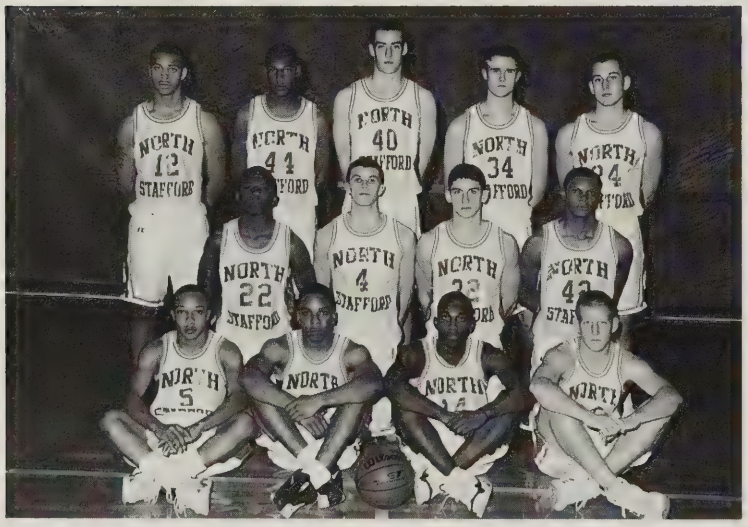
Varsity Boys Basketball

The varsity basketball team worked very hard this season. Even though their record wasn't very good, the members still put devotion and hard work into the sport. The members worked very well together, and all got along very well.

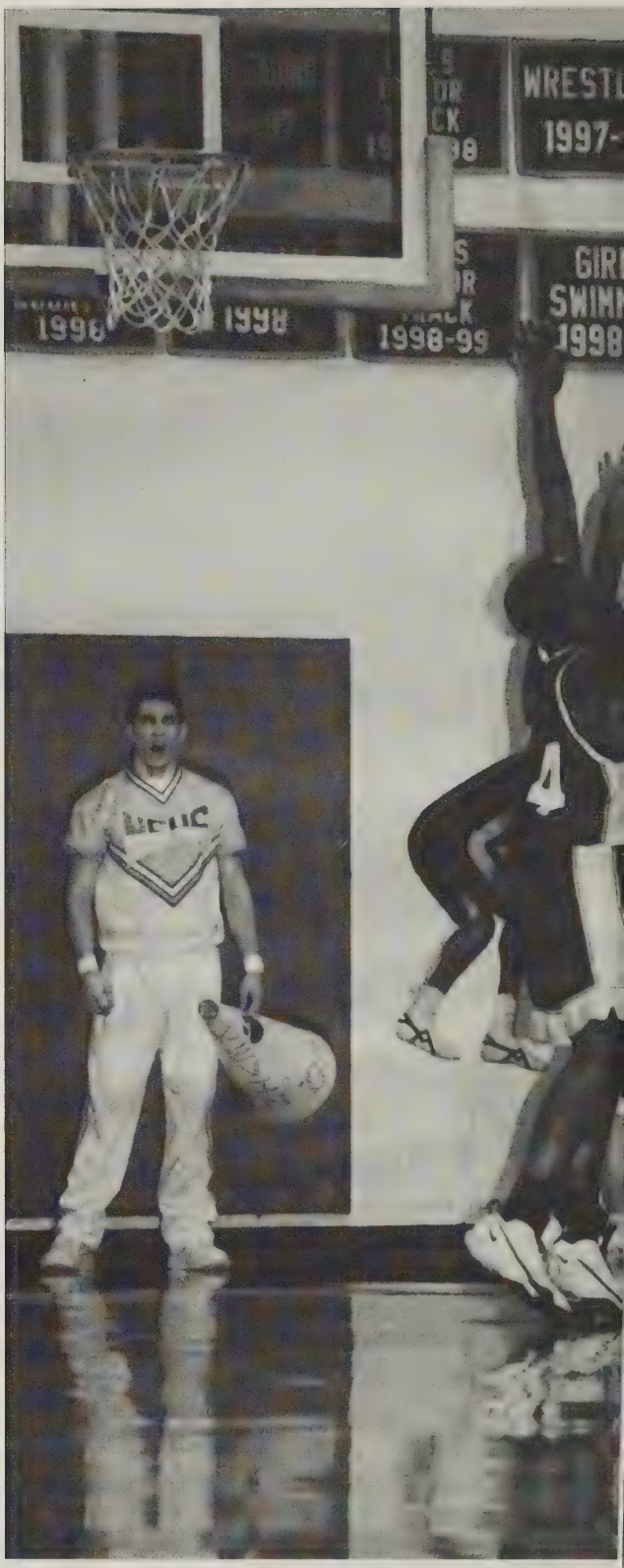
The members liked to warm up. It gave them a time to fool around and have fun, but at the same time get down to business. "I liked dunking against Dan Schott during warm ups," said senior Monte Garner.

"It was a tough season, but I'm looking forward to next year," said junior Wayne Austin.

"This season was basically a learning experience for our team because we were so young," said junior Leon White. **Article by Savannah Coffman**



Frist Row: Arthur White, Russel Payton, Sean Miller, Billy Mallory **Second Row:** Jared Fowler, Kyle Skewes, Andy Parks, Monte Garner **Third Row:** Jathon Ball, Wayne Austin, Nathon Lanham, Dan Schott, Matt Mallory.



Lay it up Driving to the basket, senior Monte Garner jumps through a wall of defense trying to lay up a basket, while junior Nathan Lanham waits to grab the rebound. **Photo by Debbi Keller**

Rock and a hard place Double teaming is an effective way of playing defense. Junior Billy Mallory and senior Russel Payton surround and cut off their opponent from his teammates **Photo by Debbi Keller**

Dunkin baskets Grabbing the rim, senior Dan Schott, slams for a basket. Slam dunking wasn't necessary or extra points but it made the game more fun. **Photo by Debbi Keller**

Front Row: Latia Ferhuson. **Second Row:** Tiffanie Reed, Ginni Matern. **Third Row:** Leigh Swift, Jen Mallory, Joy Doggett. **Forth Row:** Lakishia Gilliam, Pam Cassell, Nicole Dowell, Amanda Ballard, Christina Carmon, Kaipo Daniels, Coach Oliver.

Where you at? Looking for a teammate, junior Cristina Carmon dribbles the ball while keeping a watchful eye on her incoming opponent. **Photo by Jacqui Capriglione**

Garfield 47-70 loss
Osborn 70-24 win
Fauquier 54-34 win
Stonewall 45-49 loss
James Wood 75-29 win
Garfield 47-71 loss
Sherando 58-45 win
Potomac 49-52 loss
Stafford 55-50 win
Culpeper 56-64 loss
Colonial Forge 75-19 win

Brooke Point 50-58 loss
Stafford 61-54 win
Fauquier 53-46 win
Stonewall Jackson 55-47 win
Colonial Forge 58-29 win
Culpeper 68-48 win
Brooke Point 51-47 win
Colonial Forge 50-21 win
Culpeper 67-41 win
Stafford 53-24 win
Garfield 44-57 loss

VARSITY GIRLS BASKERTBALL

The girl's varsity basketball team was on a success trip. The girls have had a wonderful season this year. "Winning is what we set out to do and that is exactly what we did," said sophomore Jenn Mallory.

Playing as a team helped the girls to their winning season. "We were so close this year, it is like we knew what each other was going to do," said junior Tia Ferguson. Together the team took the wins and losses. "Instead of playing against each other, we put our differences aside and look to each other for help," said sophomore Pam Cassell. While the team was putting their differences aside they were scoring points to a great season.

Not only did the girls enjoy their season of wins but also they enjoyed meeting and making friends with their teammates. "We have a lot of new people on the team but we have all become great friends and even better teammates," said senior Tiffany Reed.

Article by Sarah Sasser

Did you see that! Coming to a quick stop, junior Nicole Dowell grips the ball to set up a shot on the basket. **Photo by Jacqui Capriglione**

On a drive Driving to the basket, junior Kristine Rhymer, dribbles the ball and looks for any opponent in her path. **Photo by Jacqui Capriglione**

JV Boys/Girls Basketball

"I love the game of basketball because I love interacting with people and it is a good way to get out energy," said sophomore Steve Pittman.

"It is...a real team sport."

Energy and action drew the attention of many potential players to the junior varsity basketball. Basketball can be a very aggressive when played correctly, and is also a good team sport.

"It is really fun, competitive, aggressive and a real team sport," said sophomore Cassidy Fludd.

Teamwork is important to the overall success of the team, and everyone needs to be able to rely on his or her teammates. Basketball requires a great deal of fitness because it requires constant movement up and down the court. Practices always included many endurance and running drills.

"We all have a lot of fun of the bus when Johnson tells us jokes," said sophomore center Michael O'Conner.

Article by Katrina Purcell

First Row: Trevon Patterson, Tyrone Tutson, Eric Blackwell, Steve Pittman, Andy Elliot, Mike Elliot, Bryan Williams.
Second Row: Coach Johnson, Jon Ferris, Adwain Sharrier, Will Clapperton, Mike O'Conner, Josh Baldwin, Stacy Durham, Coach Thomas

Easy layup Warming up before a game, sophomore Eric Blackwell shoots a layup. Common warmup drills were layups and rebounds, and longer range shots. **Photo by Jacqui Copriglione**

Here's the plan Time-outs were used during the game to discuss strategy and plans. Head coach Danny Raines shows a play to the girls. **Photo by Jacqui Copriglione**

Front Row: Jenn Ashinhurst, Elise Reed, Charie Dennis, Erin Rantz, Meko Rowe. **Second Row:** Coach Raines, Marlo Cobb, Brandie Jones, Cassidy Fludd, Maile Daniels, Katherine Sigler, Becky Ashinhurst

Are you ready? Before a home game, sophomore Steven Pittman, trailed by the rest of the team, waits to enter the gym and begin pre-game warmups. **Photo by Jacqui Capriglione**

Freshman Boys/Girls Basketball

Some people believe if you don't have teamwork, you won't have a team. "I feel that the best thing about playing basketball is working hard as a team. Like at the Culpeper game. We all worked really hard as a team," said freshman Beau Bevard.

"We all worked really hard"

There were also dramatic highlights during the season. Freshman Carl Baker said his highlight of the season was "when I hit the game winning shot against Garfield."

Some players felt the need to call on higher powers in order to succeed. "If we think it will be a hard game we get in a group and pray," said freshman Jessica Baldwin

Whether it was working together, making a dramatic scene, or relying on a good luck ritual, the freshmen teams ended pretty successful.

Article by Crystal DiRosario

Front Row: Dave Edwards, Gavin reed, Carl Baker, Ryan White, Matt Peterson. **Second Row:** Fidel Hoggard, Marcus Deneal, John Romett, Ryan Rowson, Marc D'Eredita. **Third Row:** Coach Donahoe, Corrie Miles, Anwar Allen, Tony Evans, Carlton Flerage, Beau Bevard.

We can get him Double teaming is an important aspect of defense. During a home game against Colonial Forge, freshmen Carl Baker and John Romett play tight defense. **Photo by Takisha Adams**

Get open After grabbing a rebound, freshmen Anwar Allen and Beau Bevard prepare to move the ball down the court. **Photo by Takisha Adams**

First Row: Angela Allardice, Ashley Booth, Carnita Wilkins, Jessica Baldwin, Alta Stokes. **Second Row:** Laura Smith, Rachel Cooper, Julianne Whitten, Kendra Cox. **Third Row:** Coach Dodd, Kiera Gardner, Angela Wicker, Casey Middleton.

Practice makes perfect Sports teams always practice the basics, no matter the skill level. During a practice session, freshman Jessica Baldwin runs laps around the gym while dribbling. **Photo by Takisha Adams**

Wrestling

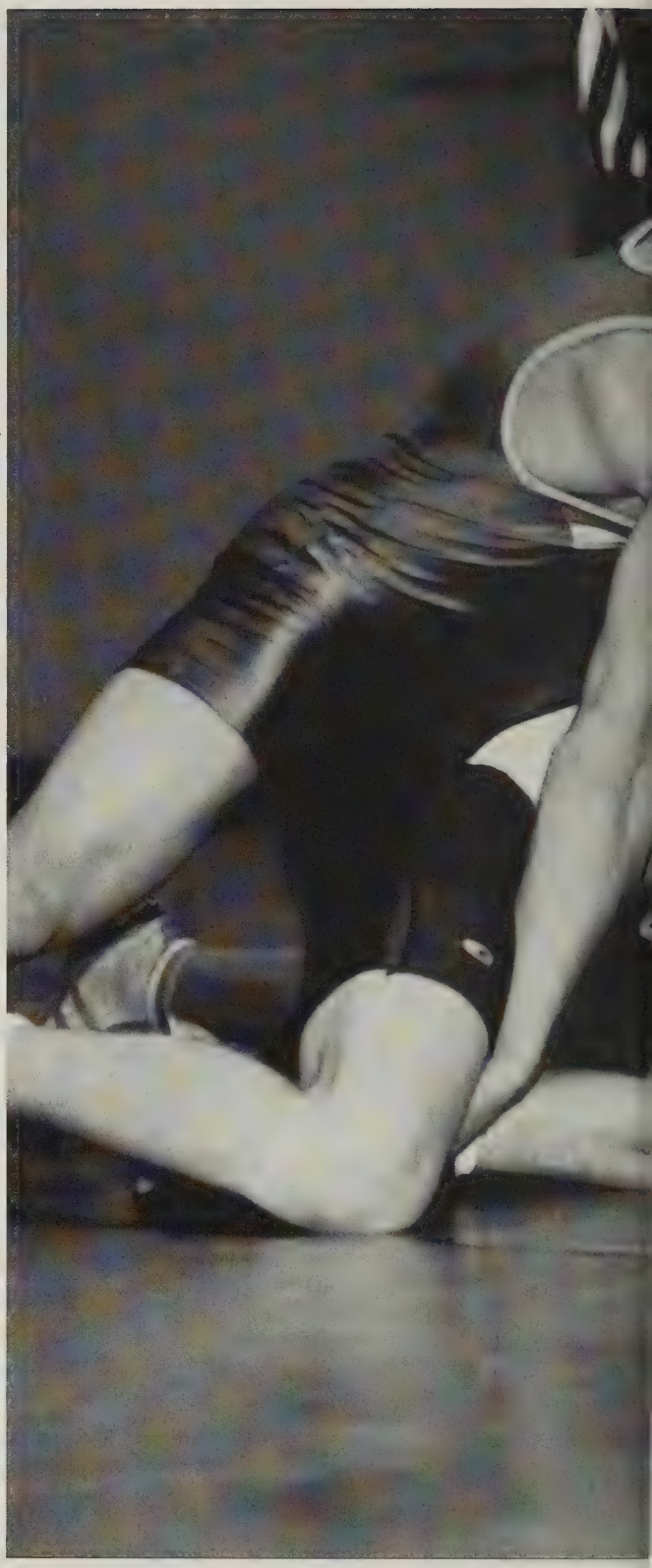
What is your weight? That was a question that was asked frequently by the wrestlers. How much you weigh was one of the biggest concerns on the wrestlers' minds. "You have to be in tip top shape," said sophomore Sam Bannister.

The wrestlers constantly tried for a lower weight class. "The less you weigh, the lower class you will be in so you will be stronger than the other players," said senior Dustin Qualls.

"Wrestling is a full contact sport, it takes endurance and strength," said senior Aaron Townsend.

To make their lower class mark, the wrestlers did not eat, wore sweats, and exercised all the time. "Coach will check up on what we eat at lunch to see if we are eating what we are supposed to," said sophomore Mike Berl. The wrestlers had a diet they stuck to and they said that a win is worth all the pain and suffering that they go through. "If being in a lower weight class means winning, than tell me what to do and I will do it," said senior Chris Franklin. **Article by Sarah Sasser**

Frist Row: Miller, J. Johnson, Wagner, Grotsky, Mann, Perren, Hudson, Eagle, Emison, Townsend, Mills, Peterson, Fuhrer. **Second Row:** Weston, Kingman, Jones, Bannister, Smithey, Jaques, Savarese, Wasek, Blockowitz, Nida, M. Shannon, Collier, Cox, Chergosky. **Third Row:** Scott, Ajinga, Downes, K. MacLaird, Ciechanowski, Mackey, Hudson, Franklin, Ashinhurst, C. MacLaird, S. Hornbeck, J. Hornbeck, C. Johnson, H. Shannon. **Fourth Row:** Leonard, Wenk, Doolittle, Shotwell, Qualls, Dinino, Shawn, Crooks, Wolfe, Bromley, Couch, Berl, Carey, Bennett, Parthenakis.



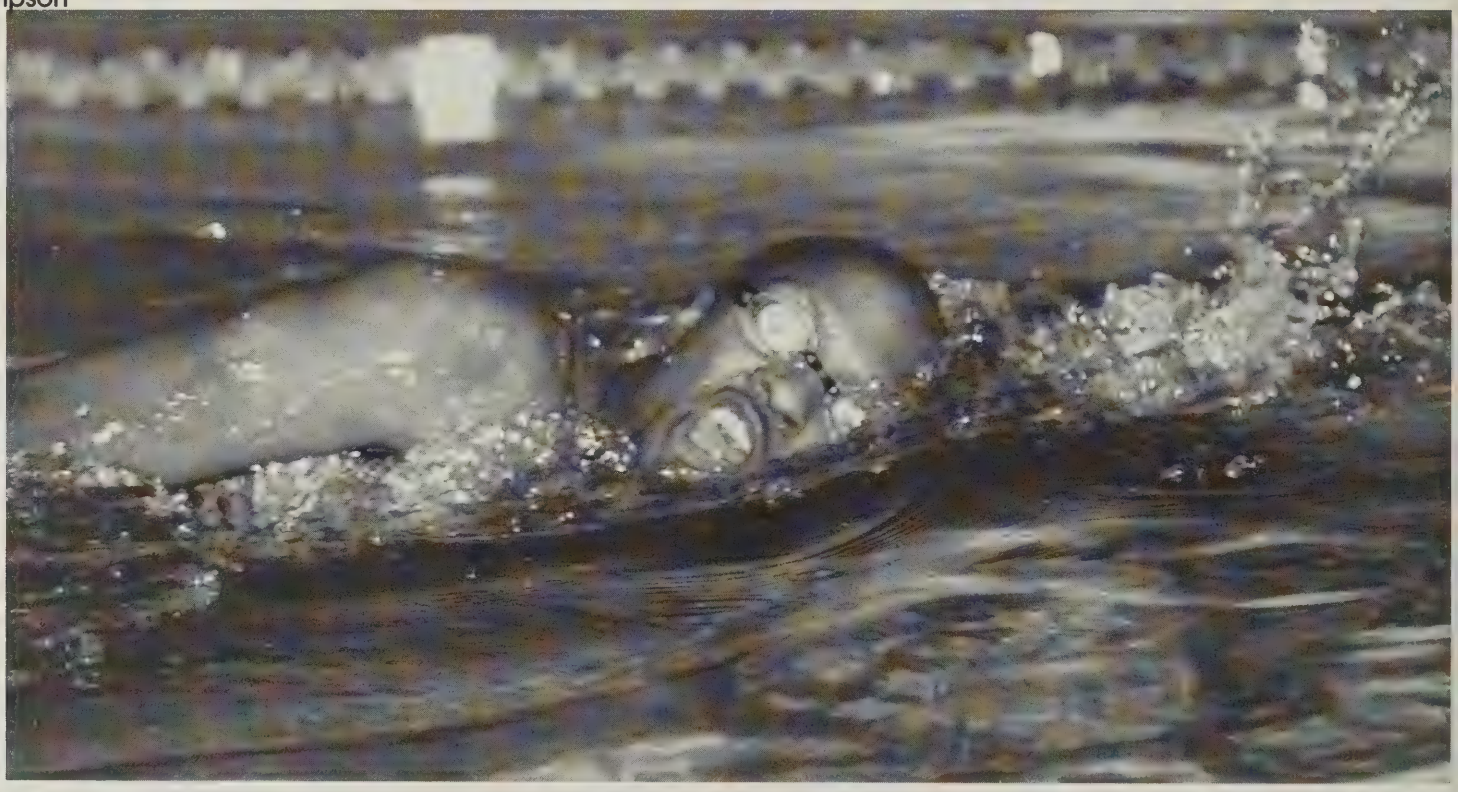
Take the pin Reaching around his opponents leg and grabbing his wrist, senior Mike Shannon attempts to roll his opponet over to score a pin fall. **Photo by Frank Shannon, Jr.**

Does it hurt yet? A North Stafford wrestler wraps himself around his Colonial Forge opponent to gain the win. The wrestlers did anything to get their opponent to the ground. **Photo by Frank Shannon, Jr.**

Macho macho man Agility and flexibility weren't the only way to get an opponent down. Senior Chris Franklin demonstrates the use of strength to drop his opponent to the ground. **Photo by Frank Shannon, Jr.**

First Row: Crouch, Carter, Hibbert, Noriega, Humphrey, Kelly. **Second Row:** Smith, Cortina, Constanza, Sokoly, Jaworowski, Wishmyer, Bostellman, Seth. **Third Row:** Witlow, Norton, Whittle, Brown, Allardice, Sigman, Dearinger, Slear, Heck. **Fourth Row:** Coach Abramson, Brown, Rebeiro, Bye, Monday, Gander, Bostelman, Bradley, Martz, Whittle, Coach Yoke.

I can breath! Gasping for breath senior Ira Seth finishes the last fifty yards of a practice at Woodland pool. Swimmers practice everyday after school to get ready for competitions. **Photo by Joy Thompson**



"Swimming is a sport where individuals are competing for a team victory." Chris Whittle 12

"I swim because I love the sport. I swim the 500 freestyle because that is the event that I am strong in." Rebekah Brown 12

BOYS/GIRLS SWIMMING

"It is a family atmosphere with everyone cheering you on," said senior captain Ira Seth.

The swim team practices everyday after school and even during the week of snow days. They spent so much time together that they actually become a sort of family.

"It is kind of weird swimming in the winter, with all of the snow, but swimming really keeps you in shape," said senior Katie Martz.

Even though the weather outside was cold and snowy the team still went to the pool and wore swim suits to practice for several hours. All over toning was achieved in swimming because all muscles are used to achieve the proper form during the strokes. The team did well with several swimmers in top place times. **Article by Katrina Purcell**

Good form Going hands first into the water sophomore Racheal Sokoly demonstrates how to start a race. A good start determined tenths of a second in a race. **Photo by Joy Thompson**

Stroke, stroke Bringing her arm out of the water, freshman Rebecca Humphrey swims the backstroke while rolling her shoulder and going from side to side. **Photo by Joy Thompson**

Winter Track

Running track takes speed and endurance. Winter track is a sport that takes training and hard work. Senior Ryan Eagle said the training came into use in "the four by four because it allowed me to use speed and endurance."

One of the events is the mile. That takes the most endurance. Junior Mike Greene enjoys running the mile because, "it's long distance, and I don't like to sprint."

The mile or two-mile required the speed and endurance, but for those who didn't want to go the distance, they had alternatives. "My favorite event was the high jump because I excelled in it," said junior Anthony Boswell.

Doing distance events had an added bonus though, it kept them warm from the winter weather. **Article by Crystal DiRosario**

It's a bird... Well, technically it is. During a home event, senior Ryan Eagle soars for distance in the running long jump. **Photo by Ashley Hall**

Get set... On the line before a race, senior Christy Oakes and freshman Liz Pelletier set up on either side of a Colonial Forge runner. **Photo by Ashley Hall**

Same team. So? Even though they were on the same team, winter track runners had to run against each other in meets. Sophomore Tory Buskirk leads freshman Emily Dahlkamp and sophomores Katie Fox and Tiagra Hicks. **Photo by Debbi Keller**

Oops! A hurdler doesn't necessiarily have to clear the hurdle in order to finish the race. Junior Anthony Boswell knocks over a hurdle during a home race. **Photo by Ashley Hall**

Gymnastics

The gymnastics team did a great job this year. The girls all worked very hard because they started really late into the season. Though just getting started only two weeks before districts, they still placed second.

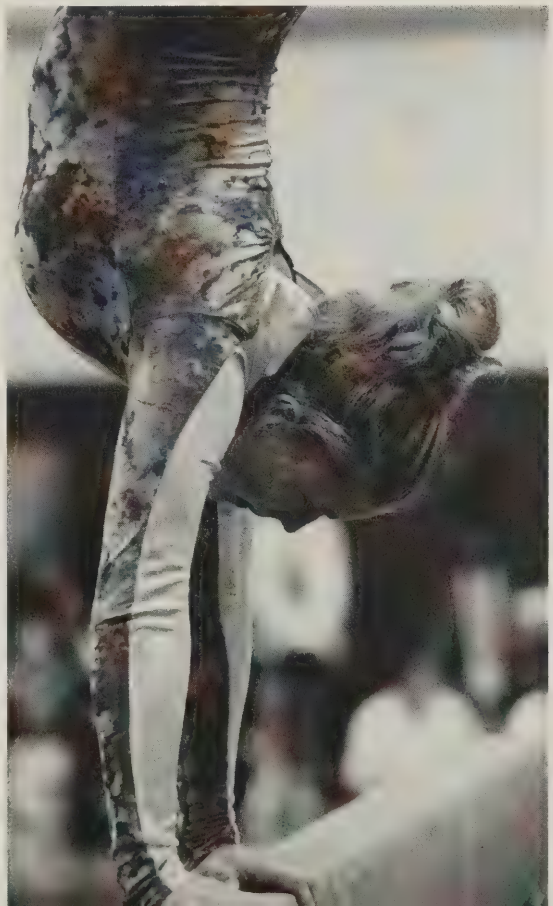
The girls had no time to fool around. As soon as the team was brought together, they had to immediately began to work as hard as they could. It took a lot of flexibility, time and dedication to make such a great team.

Several of the members had to come over their fear. Freshmen Kaelean Wilshaw said "the hardest thing for me was to get over my beam fears." Freshmen Nikki Doke also had to concentrate on getting over her fears. "I always had to overcome my fears and try to relax more." Many of the girls look forward to next year. **Article by Savannah Coffman**

First Row: Kaelan Wilshaw, Kristen Kelly. **Second Row:** Nikki Doke, Kaylen Baker. **Third Row:** Liz Barrett, Giulietta Scovel.

Head over heels for gymnastics Floor routines require both dancing and gymnastic abilities. During a meet, freshman Kaylen Baker does a back handspring in her floor routine. **Photo by Emily Kulbeth**

Banana Split Flexibility is an important component of gymnastics. Freshman Kaelan Wilshaw shows off her flexibility as well as coordination during a competition. **Photo by Emily Kulbeth**



Wonder Woman Showing great strength and balance, freshman Kristen Kelly performs a handstand on a balance beam. **Photo by Emily Kulbeth**

Winter Wrap-Up

Quick pep talk Before her event, sophomore Amber Allardice talks with Coach Yoke. Yoke gave Allardice quick tips on how to improve her turns and stroke in able to shave valuable seconds off her time. **Photo by Joy Thompson**

The winter sports teams made their mark on the score boards and the hearts of fans. Six snow days caused a delay for the teams but they still managed to do well.

The Varsity girls' basketball team won the district finals for the first time in history, and Coach Oliver was named Coach of the Year. They even put up an impressive fight against Garfield in a regional game.

The gymnastics team started practices two weeks before districts and placed second in districts.

The wrestling team placed third in the regional match and went on to the district match Senior Kevin Collier placed first in states for his weight class.

The girls swim team took second in districts while the boys' place third. Several swimmers advanced to the regional meet. Junior Ryan Gerwig, senior Katie Hiles and the boys two hundred free relay all advanced to states.

The winter track team sent runners to the regional meet and several individual runners to the state meet. **Article by Katrina Purcell**

"I think we had a blessed season considering all the injuries. We had a very successful season." - Coach Leonard Wrestling

"We had a good season. Some of our swimmers stepped up and made a great show for us. We are looking forward to great season next year." - Coach Yoke Swimming

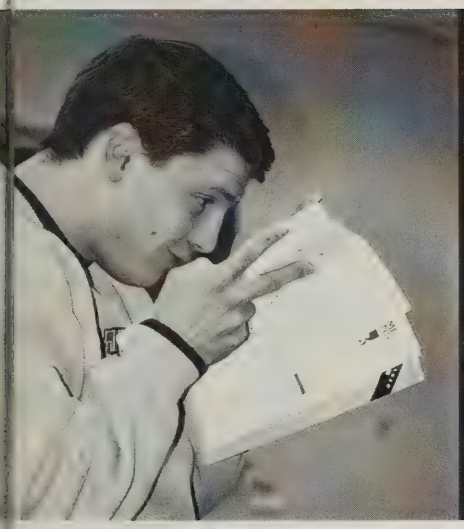
Stretch! Sometimes you can't just reach. During a home game against Stafford, sophomore Erin Rantz attempts to beat her defender to the ball. **Photo by Jessica Loy**

The Hulk While body slamming opponents is illegal, picking them up isn't. To demonstrate his strength, freshman David Emison picks up his opponent. **Photo by Frank Shannon**

"I think the JV baseball team set a good foundation for the varsity basketball program next year." - Coach Thomas JV Boys basketball

Striving to meet our potential, reaching for success: growing up. It all has to happen some time. High school is just here to push us along. Every day of our high school careers, we encounter academic challenges. We gain knowledge in areas such as history, English, math, and science by paying attention and getting involved.

After school activities, such as clubs, taught us membership and leadership skills. These are skills that we may or may not choose to apply later on in our lives. We developed our social skills by being a part of a group. By developing these skills, we can all grow up to make a mark on society, no matter how big, or how small. The only hard part was reaching our mark.



REACHING OUR *MARK*

Foreign Invasion

Even though speaking it was a pain sometimes, taking a foreign language was required for all.

In Spanish, Students celebrated Dia de los Santos, Cinco de Mayo, and Dia de los Muertos. During Dia de los Muertos, which is the day of the dead, the Spanish IV classes went outside and busted a pinata.

Mardi Gras, Noel and Bastille Day were special days that French classes celebrated.

"For Noel, everyone makes a Buche de Noel. It's this really rich chocolate cake which looks like a jelly roll," said sophomore Meagan Bressler.

Deaf Awareness Day was an interesting time for American Sign Language classes. During that day, the students that chose to participate were "deaf" and only allowed to communicate by signing.

Senior Matt Ramey said, "I really enjoyed Deaf Awareness Day this year. It gave me a chance to see the frustration and challenges the deaf community face daily. It gave me a great respect for my teacher Mr. Yanke."

The German students honored Octoberfest and St. Nickolas Day and learned about how they were celebrated.

"For St. Nickolas Day, the German children put their shoes outside their doors to be filled with candy and toys. In class we do a gift exchange," said senior Katie Martz.

In Latin, they students observed the Ides of March and Caeser Day. They have a Caeser Day every month and for each one they bring in food and snacks to share.

"We have a statue of Lares and Penates. The Lares is in charge of the food. Each one of us have to put a piece of our food into the top of it. Then we sing Happy Birthday in Latin and play games such as Greco,"said sophomore Meghan Godbey. **Article by Megan Bieber**

Practice makes perfect. Foreign languages required hours of memorization and speaking. Sophomore Sophie Malatie practices an oral dialogue in her French III class. **Photo by Jacqui Capriglione.**

What did you get for this one? Good study habits really pay off. Spanish student senior Chris Whittle flips through the pages of his book to get ahead in the class. **Photo by Jacqui Capriglione.**

Je ne sais pas! Students not only have to know how to speak a foreign language, they have to know how to write it as,too. Sophomore Wayne Champayne had his pen poised to do his book work. **Photo by Jacqui Capriglione.**

"After four years of Spanish, I would feel comfortable speaking a foreign language."
-Meghann Reist 12

"The best part of [Spanish] is that we get to cook Spanish dishes and have fiestas."
-Amanda Jones 11

"As I continued to take French, I realized that French I was a lot harder than French V."
-Brandi Payne 12

"You get to learn new cultures and can expand your mind as well as your capabilities with another language."
-Erin Purcell 10

Watch and learn. Sign Language is a challenging class in which you must use your eyes as well as your hands to understand. Seniors Melissa Brown and Michelle Slater, and junior Paula Constable, try to grasp new concepts in their ASL class. **Photo by Jacqui Capriglione.**

Laissez-faire doesn't apply here

Many people already know what they want to do with their life. They have their path paved before them, and all they have to do is pass the classes that will lead them to their dream. That's why the vocational classes are offered. Students who know what they want, can go out and get it. Classes like child care, graphics, and nurse assistant help inform a student more about that particular field of study, and the effort and work needed to succeed.

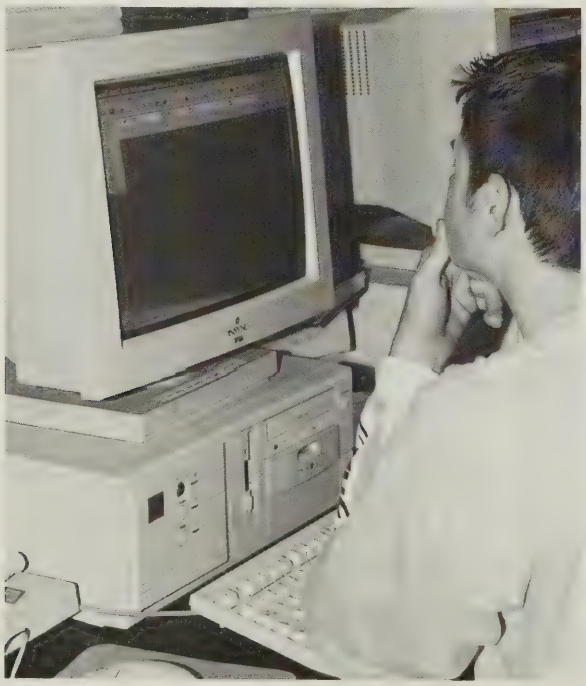
"The skills I learned in this class will prepare me for majoring in technical drawing in college," said senior Chris Elliott.

"From our interaction with senior citizens (On a field trip with her home economics class) we learned how society has changed over the years," said sophomore Krystal Crownover.

"[In home economics] we learn interesting facts about families and family relations," said junior Charketa Buie and senior Rashanda Hawkins.

"I take child care because the kids are cute and small and they know more than they think they do," said junior Raquel Hill.

Of course not everyone knows what he or she wants to do. Experimenting in different fields to decide what they want to do, classes ranging from carpentry to graphics are available to anyone who wants to sign up. Students want to build a future for themselves, and the rest of their lives, and that is why vocational classes are so important to everyone. **Article by Amanda Hibbert**



Hmm, I think it's this key... Being in a computer class my be a breeze for some, but for others proved to be a challenge. Senior Steve Ramos sits at his computer and trys to think of what key to hit next. **Photo by Debbi Keller.**

Health Care - "I've actually enjoyed it. I learned a lot more than I thought about first aid. It comes in handy."
Danielle Allen 12

"[Carpentry] keeps your hands busy"
- Brandon Short 10

Child Care - "The kids think of us as role models"
- Kate Ryalls 12

Nurse Assistant-"It's a good class if you want to be in a health care occupation."
-Ashleigh Lynch 10

Darn eraser marks! Drafting class consists of drawing plans for houses and other architectural designs. Senior Jon Segar works on some drawings so he can transfer the final roduct to the computer. **Photo by Debbi Keller.**

Turn on the hose! In auto-mechanics class students work on broken down cars and learn the different parts of them. Senior Chris Soulier cleans up the garage floor in the auto-mechanics room. **Photo by Debbi Keller.**

Blast from the Past

History students everywhere: beware this infamous subject! According to most of the students interviewed, the negative response to the subject of history seems to be the most eminent answer. Though history has been with the students for many years, the repulse felt when questioned about it is obviously apparent.

"World History is just so boring," said freshman Jessica Taylor.

There were others who just could not understand the meaning of taking history.

Perhaps the memorization of specific dates and events contributes to the dislike of this particular subject.

"You have to study a lot for government," said senior David Holland.

At least there were a few hopes for the increase in optimistic attitude towards this required subject. The history club was formed by Mr. Crossman in hopes of bringing out the fun qualitites and reiterating the important information history holds.

There are also certain students that hold a true respect and appreciation for history.

"[History] is important because without it you wouldn't know about the past and learn from the mistakes that have been made," said junior Joe Dwyer.

Students also enjoyed making interesting comments about their history teachers.

"Mr. Palomino is a crazy A.P. History teacher, because of his odd teaching tactics," said junior Claire Palmquist.

Like or dislike the disputed subject of history, it proves to be a subject that will always be with high school students throughout the country. **Artlicle by Chelsea McNair**

Hi-ya! This year, the American History and English departments combined to form American Studies. Mr. Palomino has a little fun with his American Studies history class by using hand-to-hand combat to demonstrate civil war tactics. **Photo by Joy Thompson.**

Canons loaded, aim, fire! The students listen as juniors Richard Carnicom, Hillary Wasser, Rachael Amos, and Jazminia Griffith helped demonstrate how they used the canons during the Civil War. **Photo courtesy of Alberto Medina.**

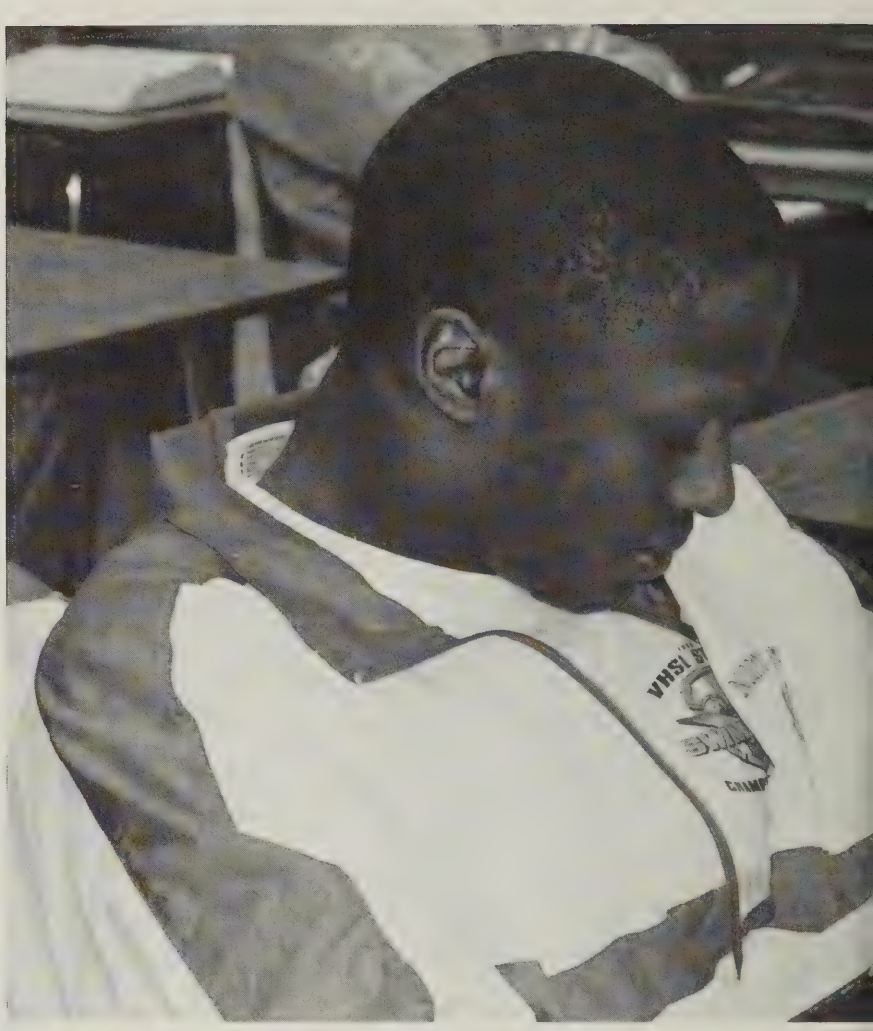
History: waste of *time* or *time* well spent

"History is my favorite class, because I have the best teacher in the world, Mrs. English." - Melissa Connors 11

"History is history: leave it alone,"- Greg Bray 11

"It is important because without it you wouldn't know about the past, and learn from the mistakes that have been made." - Joe Dwyer 11

Oh, now I get it! The AP history classes often found themselves on field trips with the American Studies class. One of their field trips was to Monticello, the home of Thomas Jefferson. Listening to the speaker, students got a chance to learn outside the classroom. **Photo courtesy of Alberto Medina.**



To read or not to read? That is the question. Senior Ira Seth reads a story out of his english book to learn more about literature. **Photo by Jacqui Caprigione.**

"A double negative is a no-no."
-Tess Winkler 10

"I chose an honors class because it will look better on my college application."
-Natalie Brito 11

"I think Ms. Sekinger is the best English teacher because she never gets frustrated and she's always willing to take time to work one-on-one."
-Kristina Perry 10

"Once I wrote a ten page paper on jello."
-Katie Martz 12

"The worst part of English is the reports. I hate them."
-Lesley Street 10

Now you've got it! Reports were an essential part in English Class. English teacher Mrs. McElfish helps sophomore David Spence edit his paper. **Photo by Jacqui Capriglione**

Let me mark that down... Mrs Parker checks over junior Kristen Mocks' paper while jotting down notes in her gradebook. **Photo by Ashley Hall.**

"O' captain, my captain!"

English isn't just for foreign exchange students. All students were required to have 4 English credits before graduation. Many found the classes boring and pointless.

"I don't see why I have to take English classes, I've been speaking it since age two" said junior Ross Shannon.

Many others, however, viewed classes in the English deptment as a chance to prepare them for their future.

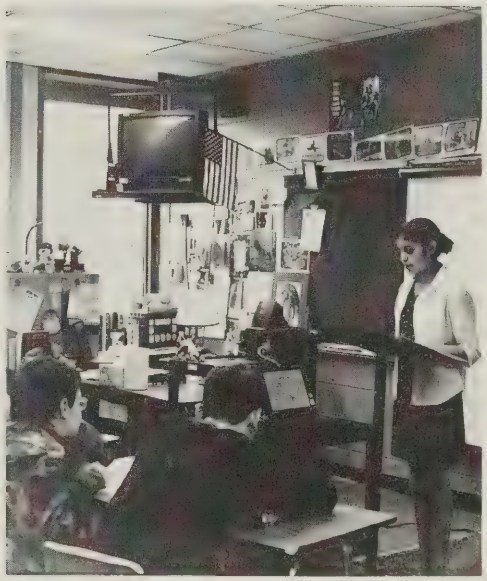
"Oral communications is helping me prepare for college." Said senior Cathy Leeman.

Often, whether or not the student enjoyed English class depended not on what type of class they took, but on the teacher they had.

Senior Samantha Watson said, "English was really fun this year because my teacher was really enthusiastic."

Whether students found English classes interesting or boring beyond belief, all were connected through the requirment to learn more about the language that inspired such great authors as Shakespeare, and Hemingway.

Article by Megan Tunney



Let's give them something to talk about. Freshman Katie Kaulfers presents her speech in front of the class. **Photo by Emily Kulbeth.**

"Band helps you to become a well rounded person and suprisingly can increase your math test scores." - Jason Mosley 11

"Drama is a good class because it teaches you to express yourself." - Aaron Biscombe 11

Band teaches you self-discipline and it's a lot of hard work." - Stefanie Franklin 10

"Drama is an excellent way to express yourself" - Anna Willard 11

"Art is the most relaxing class and the teachers are great." -Andrew Parks 11

I've got rhythm. Band students know that working together is a key factor in mastering a piece of music. These saxaphone players concentrate preciesly on the music at hand. **Photo by Frank Shannon Jr.**

Let's take it from the top! Singing, dancing, and acting were all talents necessary to perform in the show choir. Students put in hours of hard work to perfect song and dance steps. **Photo by Frank Shannon Jr.**

Lights, Camera, Action!

A warm-up for class where you get to talk? Or even sing? This is the way that musical and drama classes operated. Although some of the methods used in drama were a bit unorthadox, interaction was the key to success in liberal art classes. Many students also felt that these types of classes were great preparation for the real world.

"Drama class is fun and it prepares students to speak publicly," said freshmen Jennifer Van Ort.

"Drama is like no other class. It isn't about books or formulas. It's about learning how to interact with different people in life," said Junior Tori Anchor.

Musical classes were inviting to those with talented in that area. The show choir members, however, and to be able to perform choreographed dance steps while keeping up with the music and singing.

"Chorus is different from other classes and it combines different talents into one classroom," said Junior Angie Ferris.

Members of the band had a lot to keep up with, as well. Not only did they have to keep time with the music, they had to make sure to keep the same pace as the rest of the band. Reading music could prove to be challenging, too.

These unique classes appealed to many students who are sure to reap the benefits in the future. **Article by Kate Waldhauser**

To be or not to be? Lots of work was put into getting into charcter for drama students. They left their personalities at the door and prepared for the notes the director gave them. **Photo by Frank Shannon Jr.**

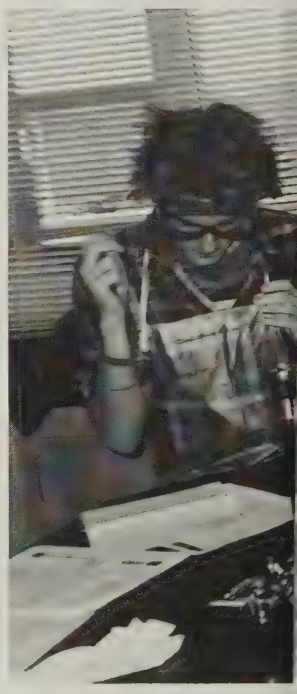
Raking in the leaves. In Learn and Serve, students help out around the community. Seniors John Romett and Chudney Mason rake leaves and pick up sticks to clean up Ms. Staples' yard. **Photo by Kim Benson**

"I took an independent study in Art History so when I go to Europe over the summer I will know what I want to see."
- Shannon Gnacker 12

"The thing that is most difficult about the learn and serve class is that the extremely hard to get out of school hours. You need a total of fifteen hours, and you always end up scraping together out of school at the end of the nine weeks"
- John Romett 12

"It is my opinion that the most difficult thing this year is focus. This class would seem to be an easy "A" and nothing would be needed for this class. However, a great deal of work is required for the class and another problem would be maintaining focus once it is achieved."
- Theresa Young, 11

Future congressmen? For learn and Serve, students had to obtain a total of fifteen hours out of school hours. Seniors Dan Schott and Kyle Skewes attend a meeting in D.C. for their Learn and Serve class. **Photo by Kim Benson.**



Lend A Helping Hand

When the subjects learn and serve, independent study, and governor's school was mentioned, one tends to think about dedicated, hard working students.

In the learn and serve class, teenagers help out the community by performing activities in local areas. Students seemed to enjoy helping others, showing that they can be selfless.

"I chose learn and serve as an elective as a way to help out my community and make a difference for others," said senior Tracee O'Ferrell

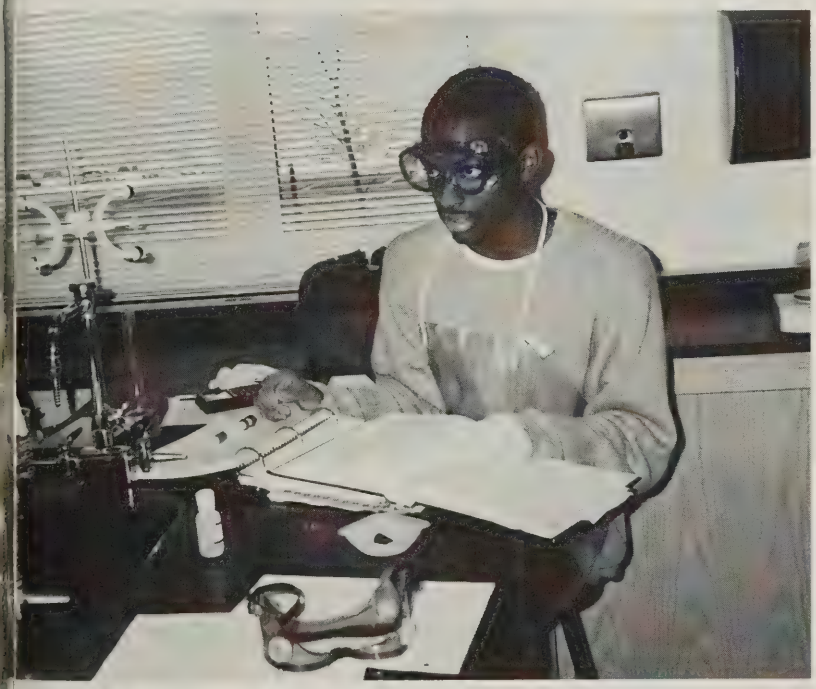
There were hard times however, where putting in enough hours of required community work seemed a bit overwhelming.

Another subject that requires discipline is independent study. Independent study is a class where a person chooses a subject for a year long, self-beneficial research.

"I took this independent study, one because originally it interested me, and two, it seemed like a good choice. Unfortunately, an independent study takes a lot of time and energy, and unless you really like your subject choice, can be a pain. On the other hand, if you are dedicated you can learn a lot and spend more time on areas that particularly interest you, which is cool," said senior Kelly Gierard

The program that seemed to require the most devotion, however, is governor's school. In this program, students take advanced classes, the mainstream of North Stafford does not choose to take. This program took a vicious toll on students' energy, but proved to be rewarding.

All of these courses and programs issued a mental challenge to students determined to prepare for their journey to the real world. **Article by Michelle Ensrud.**



afety first! Independant study courses are here a student chooses a subject to work n all year long. Junior Aaron Biscombe ears his safety goggles while working on lab for his independant study choice. **hoto by Emily Kulbeth.**

How Buff Are You?

Taping ankles, running the mile, and lifting weights were all results of Sports Medicine, seventh period gym, and Strength and Body. Students and athletes took these courses to stay in shape for their sports and to learn about their injuries.

The main purpose of seventh period gym is to build up one's strength and body. It helps the athletes of varsity sports remain in shape for their sport and get an extra 45 minutes of practice.

Junior Katie McFadden said, "I take seventh perod gym because it will help me in training for softball season and helps me build up my endurance and strength."

Sports Medicine is a class where students develop a knowledge and understanding of prevention and emergency care for athletic injuries. They also become certified in American Red Cross Adult CPR and First Aid.

"Since I get hurt a lot, doing [Sports Med.] was good for me so I could understand what happened, and I also plan to be trainer. We did CPR on Orphan Annie a couple times! It's a great way to learn what's up and what's going on when you get hurt," said sophomore Julie Price.

Strength and Body, also known as weight lifting class, is another class that helps student athletes stay in shape and build up their muscles. It also serves as a break from regular curriculum classes.

Senior Jeremy Boskens said, "It's a class you can relax in and still do something worthwhile."

These courses were a favorite among students this past year proving body maintenance the most important issue among teenagers.

Article by Tracy Oakes

Is it too tight? In Sports Medicine, taping ankles and wrists was a regular occurance. Senior Rosie Coffey tapes up freshman Ashley Boothe before practice. **Photo by Debbi Keller.**

I got it! Bumping, setting, and spiking are just three of the things that students learn about volleyball. Freshman Centria Jones works on her bumping skills during a game in her seventh period gym class. **Photo by Debbi Keller.**

I'm open! Basketball was judt one of the sports students worked on during gym. Several students wait under the basket for the rebound while junior Brian Steckel gets ready for a pass. **Photo by Debbi Keller**

"[I'm doing Sports Medicine] because I thought it would be an interesting class."
-Katie Hiles 12

"[I'm doing Sports Medicine] because it would help me gain experience for what I want to do when I grow up."
-Becky Ashinhurst 10

"[I'm doing Sports Medicine] because I want to know what is wrong with me."
-Lauren Riordan 10

"I'm taking 7th Pd PE because I want to get conditioned for the baseball season and in shape. It's cool because all the other baseball players are in it."
-Shawn Maye 12

"I'm taking Sports Medicine because the class is very interesting and exciting. I also take the course because the field of physical therapy/training interests me."
-Dan McCleese 11

"I wanted to go into pre-med in college, so [Sports Medicine] gives me a preview into some of the topics I will be studying."
-Renae Wilkey 12

The power of three! The trainers often work together to get the job done quicker. Mr. Cooke and seniors Rosie Coffey and Greg Hartman tape up two basketball players before their practice. **Photo by Debbi Keller.**

Science Classes

"Why do I need to know this stuff? Science is not my thing, and it never will be!" said junior Joe Gibbons.

Many students had strong feelings about the world of science. Classes such as Biology, Chemistry, Human Physiology were just a few of the courses offered in this field. A wide variety of choices allowed students to select a class that best suited their interests.

"I plan on majoring in Biology in college, so Dual Enrollment Biology is a great course for me," said senior Margaret Holder.

"I want to take Human Physiology because I have interest in the medicine field," said junior Anna Willard.

While the science classes offered were extremely helpful and interesting to some, others just were not science people.

"I'm just taking the required science classes, nothing more!" said sophomore Jon Ferris.

Whether students wanted lots of science classes in their schedule or none at all, the opportunity for great courses was always an option.

Article by Kate Waldhauser

Is she snorkling? No, actually, junior Mary Bashay is mixing chenicals in chemistry class. Saftey goggles were worn to protect eyes from harmful and danerous chemicals. **Photo by Jessica Loy.**

You're playin with fire! Sparks are flying between these two students! Actually, they are using a striker, which is used to ignite the bunsen burner flame. The students would then heat liquids and chemicals to determine their chemical properties. **Photo by: Jessica Loy.**

"I took Marine Science because I wanted to play with the fish."
-Nicky Bowers 12

"Science at the governor's school is way easier than it is at North Stafford."
- Michelle Whitlock 10

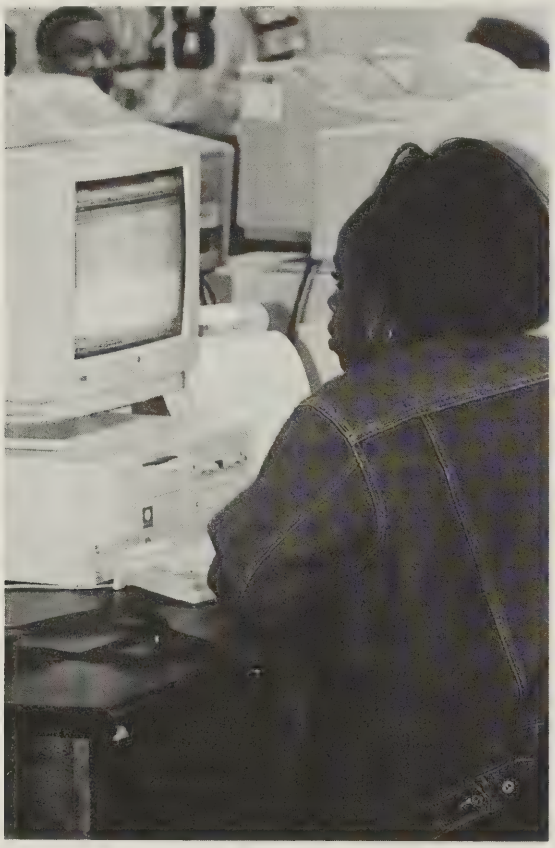
"Science is a difficult challenge because the elements are hard to learn."
- Daniel Etter 10

Don't spill it! Experimenting with chemicals was just a small part of chemistry. Two students mix some potentially dangerous chemicals during class. **Photo by: Jessica Loy.**

"Our math teachers are better than Brooke Point's"
- Sarah Mallette 10

"If you're in a business class, you can be in FBLA and you can get a trip to New York in December. I've never been to New York and that was my chance to go."
- Amy Delwiche 12

"Math is very vital to a young human being and it could not be taught any better than the way the superb teachers at North Stafford do. I think we have the best math teachers in the entire country. They make me proud to say I'm a student at North Stafford."
- Robert Watkins 11



Just point and click. Sounds easy enough, right? In the real world, however, things were different. A student prepares for the real world by taking a word processing class. **Photo by Jessica Loy.**

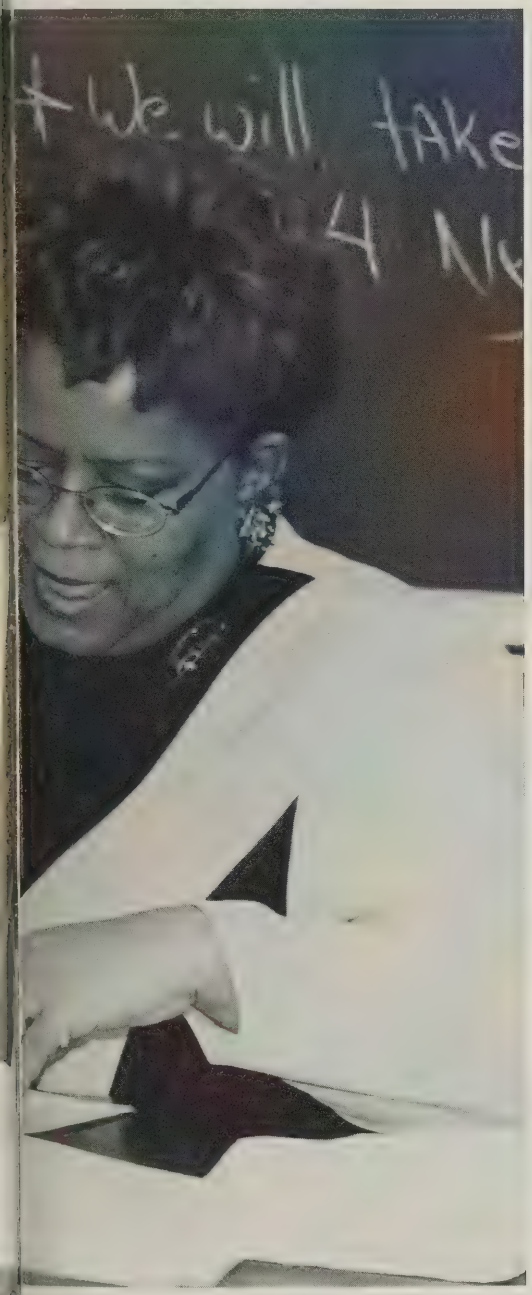
Are those grades good or bad? Being a student was tough, but being a teacher was even tougher. Mrs. Townsend grades business class papers with a look of interest on her face. **Photo by Jessica Loy.**

Get Out Your Calulators!

Slope, integrals, derivation, and plotting points. All involve mathematical analysis. Students enrolled in all levels of math, ranging from Algebra I part I, to BC Calculus, look at numbers for forty-five minutes each class period. Everyone must suffer from numerical distress, even the brightest students.

"Math is the essential to all other studies like biology and history," said sophomore David Linscott.

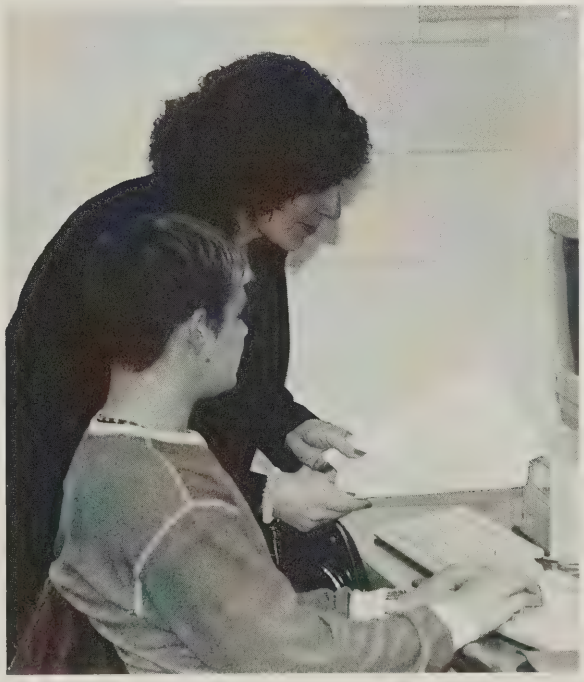
No matter how hard you try to escape the clenches of math, four years, or at least four credits, is required in order to graduate. Even if you barely pass, the important thing is that you've made it through the year. The past is behind while the future lies ahead.



In order to get an edge in the "real" world, future business men and women prepare for life after high school now. Classes like accounting, marketing, and finance prepare students interested in management. Other classes such as desktop publishing, speed writing, and finance prepare for futures in specific vocations. There are a few that think the classes are a waste of time, while others take them seriously, as a building block for future goals.

"The reason why I am taking marketing is to further my education for my future so I have a good paying job," said junior Andrew Dodson.

Students take classes in order to plan for future success. Although some students may not graduate, and more will not go to college, a majority will. With future plans laid, students use time to their advantage, which can be the best edge possible in the real world. **Article by Amanda Hibbert.**



Key pointers. Students often recieved help from teachers for computer related projects and assignments. A student gets some one-on-one help from his computer teacher. **Photo by Jessica Loy.**

Senior Class Officers:
Mike Dailey, Sarah Herbert, Leigh Swift, Lisa Smith, Mike Davis

Junior Class Officers:
Lauren Boatwright, Kyle McAleese

Sophomore Class Officers:
Brandon Palmer, Pam Cassell, Julianne Metzger, Kristin Sondermann, Jenn Ashinhurst

Freshman Class Officers:
Rebecca Williamson, Erica Doolitle, Christina Kube, Ashley Booth, Danielle Summerhill

SCA:
Hyrum Garvin (Pub. Coordinator), Sarah Zimmer (Secretary), Kevin Newport (President), Laura Cortina (Treasurer), Matt Lingvi (Vice President)

Do you like being in the leadership role you are in?

"I like the responsibility. Being able to make decisions that benefit and affect the student body is fun for me." - Kevin Newport 12, SCA

"Being president all four years has been one of the best parts of high school. Not only am I involved with activities but I can help in a way that others can't who aren't involved with student government."
- Sarah Herbert 12, Senior Class Officers

"Being a freshman class officer gives the freshmen class a chance to speak their minds and state their opinions. It gives us a chance to get people who aren't included, included."
- Ashley Booth 9, Freshman Class Officers

"I feel like I get to know more people and become involved with what's happening in our school."
- Jenn Ashinhurst 10, Sophomore Class Officers

"Yes, I like being in a leadership position because I always know what is going on. I also feel good when people ask me questions about school activities and I know the answer."
- Lauren Boatwright 11, Junior Class Officers

North Star:
Row One – Katie Martz, Kelly Gefrich, Kathleen Hom, Kim Benson
Row Two – Amanda Moreland, Frank Shannon, John Boothe, Matt May
Not Pictured – Adam Filbey, Christina Deyak, Casey Middleton

Yearbook:
Row One – Stacy Way, Jeremy Crist, Frank Shannon, Debbi Keller, Courtney Willis, Katie Walters, Bryan Penman, Brian Bradley, Jenn DiCristina
Row Two – Jenn Huggins, Mary Whitlow, Jacqui Capriglione, Sarah Sasser, Ashley Hall, Megan Bieber, Michelle Ensrud, Tracy Oakes, Amanda Hibbert
Row Three – Mr. Mario Palomino, Megan Tunney, Dan Peterson, Heather Ruth, Savannah Coffman, Matt Hiliker, Mrs. Jenn Robinson

What is the best part

"Writing about things that matter and trying to change what people think."
- Kathleen Hom 12, North Star

"Being creative with other people and working towards one magazine."
- Brian Foundos 11, Lit Mag

Lit Mag:
Row One – Jen Badger, Amanda Moreland, Sam Laudenslager, Brittanie Martin
Row Two – Matt Arnold, Brian Foundos, Myles Fisher, Dustin Pare

Cover to Cover:
Jenny Sisk, Virginia Carter, Ms. Beth Stefanowicz, Charketa Buie, Brandi Payne
Not Pictured – Brandon Sassnett

"Talking about the interesting books we've read with our friends."
Jenny Sisk 9, Cover to Cover

"Singing in the darkroom and changing the station on the radio… we're gonna be famous singers some day."
- Ashley Hall 11, Yearbook

f what you do in your club?

VICA:
Row One – Brandon Bailey, Ryan Kennedy, Brandon Dionne, Mike Fitzpatrick, Alberto Medina, Walter Fretwell, David Layton, Lorie Miles, Chris Ciechanowski, Mr. Johnson
Row Two – Nikita Harris, David Rovira, Anthony Boswell, Ricky Davi Zach Marzoles, Matt Peterson, Joe Dwyer, Patrick Bryan, Ryan Blau, Ale Bunyard, Doug Hooks
Row Three – Mikal Thompson, Marcus Boone, Sean Allen, Josh Keeves, Jason Demory, Jerod Richardson, Kris Ward, Nathan Lanham, Robert Green

Does your dream job have anything to do with your club?

"I would like to become a pediatrician. We work with groups outside of school sometimes we become involved with children." - Matt King 12, HOSA

"To be an architect and design big skyscrapers." - Sean Allen 10, VICA

"My dream job is to mix video games and Anime into one entertaining product. I hope to put some Anime in all of my games." - Matt Arnold 12, Anime Club

"My dream job would be a sales representative. It does have to do with my club because I like to be around lots of people." - Bobby Falcone 12, DECA

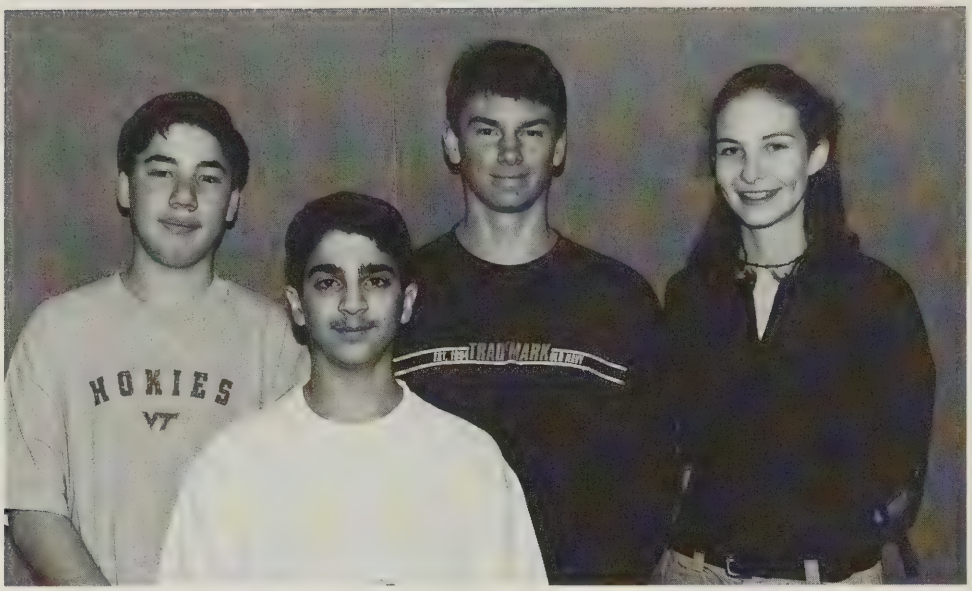
"My dream job is to become an elementary school teacher because i love workings with children. FCCLA helps me with that by teaching me leadership skills." - Jessica Marcey 12, FCCLA

DECA:
Row One –Paula Speight, Andrea Sargent, Emily Loyd, Jessica King, Danielle Evans, Lacey Ballow, Carly Lynch, Gina Woorlief, Tiffany Lilley
Row Two – Rachel McMann, Angelina Calabro, Jennifer Bailey, Courtney Downing, Bobby Falcone, Jerrod Philson, Megan McCreedy
Row Three – Chad Davis, Amanda Ballard, Andrew Green Scott Baggarly, Petru Leu, Eric Edmand, Doug VanOort, Jacob Stewart

Anime:
Row One – Tony Guerra, James Stafford, Matt Arnold, David Faltum, Amanda Moreland
Row Two – Joe Ford, Jason Derringer
Not Pictured – Katya Brodowski, Jennifer Simon, Justin Lowry

HOSA:
Row One – Elise Reed, Jenn Huddleston, Megan Hanscom, Amanda Jones, Brook Neis, Crystal Folsom, Kristine Rhymer, Karen Sugahara
Row Two – Ashley Holm, Robin Martin, Nicole Wente, Pam Bridenthal, Danielle Hlava, Jennifer Harzell, Charity Gallagher, Adrianne Mann
Row Three – Zoraida Barnabas, Matt King, Ira Seth, Lamar Hancock, Marcus Miller, Tannica Lugg, Livia Paquette

FCCLA:
Co-Presidents – Tyrece Humphrey, Jessica Marcey

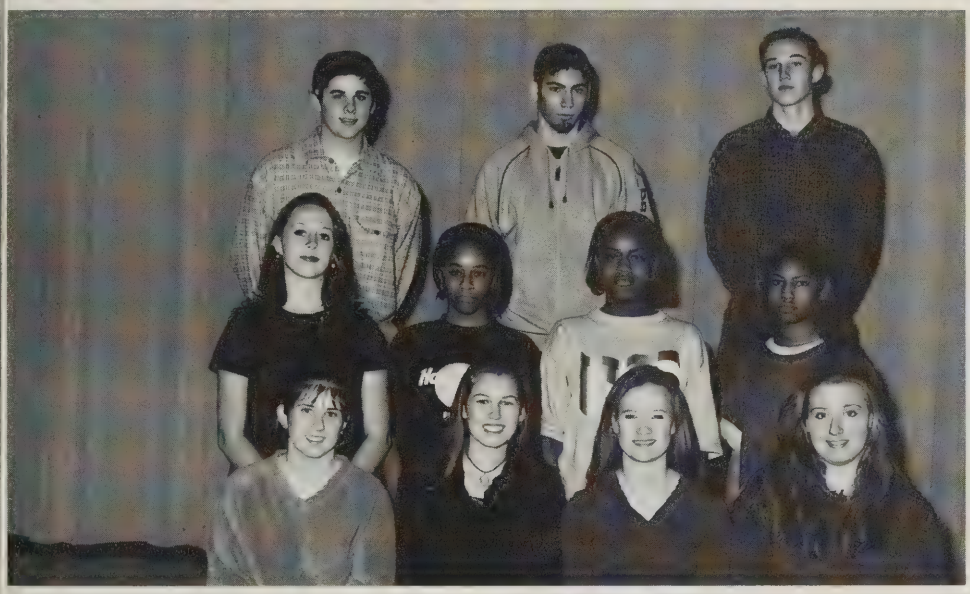


History Club:
Left to Right – David Spence, Steven Grotsky, Micheal Berl, Gwyneth Andrews

Environmental Club:
Row One – Patricia Arans, Cindy Schweer, Miranda Sanderson, Jessica Jones, Kat Wisener, Katey Siler, Jen Duncan
Row Two – Randy Haggard, Sarah Giordano, Kim Benson, Mickael Berl, Joe Mueller, Adam Hergentober
Row Three – Ray Marquez, Matt Hilliker, David Rovira, P.J. Ortiz, Brandon Lloyd, William Weaver, Mrs. Moore

Students Serving Stafford:
Row One – Chelsea McNair, Kirstin Mock, Megan Tunney, Natalie Brito
Row Two – Ji-yon Oh, Sandra Boyd, Ira Seth, Michael O'Connor Austin McNair
Not Pictured – Malcom Beckett, Jacqui Capriglione, Vicki Carter, Valarie Coles, Kelly Gefrich, Karen Kimble, Sandra Mwila, Seyon Oh, Claire Palmquist, Nicole Roberts, Katrina Purcell, Todd Twombley

Learn and Serve:
Row One – Tracee O'Ferrell, Jen Duncan, Nicky Bowers, Kim Benson
Row Two – Dan Schott, Amanda Allison, Kyle Skewes, John Ronnett



Forensics:
Row One – Emily Dahlkamp, Kat Wisener, Katey Siler, Danielle Love
Row Two – Jen Duncan, Punani Rebeiro
Row Three – Ben Jaworowski, John Rhoten, Andrew Leyva

What got you interested in your club?

"I figure we only have one planet to last for a long time so we might as well preserve it."- Kat Wisener 12, Environmental Club

"I wanted to tutor little kids." - Natalie Brito 11, Students Serving Stafford

"I saw how I could help people in the community."
- Yasin Rahman 11, Learn and Serve

"The fact that you get to be al the characters during your oral interpretation and you don't do it with anyone else. Also it's neato because you get to use a lot of vocal variations." - John Rhoten 12, Forensics

"I am interested in pursuing a career in history when I graduate." - Gwyneth Andrews 10, History Club

What's your favorite

"Se la vie (that's life)." - Nicole Peters 10, French Club

"Adios because it means time to go." - Mark Mohammed 10, Spanish Club

French Club:
President – Amanda Moreland
Vice President – Shannon Graeber
Secretary – Stephen Zaborowski
Treasurer – Nicole Peters
Reporter – Amanda Hibbert

Spanish Club:
Row One – Reina Guevara, Kerri Glaze, Sarah Lausman
Row Two – Blaine Oxendine, Leaya Pippen, Linda Alpy, Mark Mohammed, John Sawyer, Mickael Johnson

"Veni vidi vici, I came, I saw, I conquered." - Justin Stringer 10, Latin Club

"Entschuldiging means excuse me. It's the one word I learned in Germany." - Katie Martz 12, German Club

phrase in your foreign language?

Latin Club:
Row One – Daniel Etter, Meghan Godbey, Danielle Love, Justin Stringer
Row Two – Kevin Wisener, Thomas Sigman, Sean Kelly, David Faltum, William Weaver

German Club:
Row One – Laura Hall, Laura Welch, Amanda Tucker, Melanie Carter, Patrick Still
Row Two – Kirstin Mock, Dorte Martens, David Rivers, Katie Martz, Susan Sigman

Strings:
Row One – Miranda Sanderson, Matt Freyer, Laura Welch, Stephanie Keener, Willard Hagen, Valerie McKenzie, David Floostrom
Row Two – Chevonne King, Kelly Slater, Katherine Sigler, Shaun Potter, William Weaver, Cynthia Schweer, Nolan Ryan

Why did you decide to play an instrument?

"I decided to play an instrument because I love music and I wanted to accomplish playing the clarinet." - Alexis White 9, Concert Band

"My parents made me, but it's fun." - Jason Mosley 11, Marching Band

"It was better than taking drama of chorus in the sixth grade, plus, chicks dig it." - Kevin Snyder 12, Jazz Band

"Because I can't sing or act and I liked what I heard in Orchestra." - Laura Welch 9, Strings

"Because I wanted to and all my friends took band."- Ryan Loucks 10, Symphonic Band

Symphonic Band:
Row One – Adriana Lema, Dezarae Lawlor, James Whaley, Kelsey Sandbakken, David Edwards, Ales Nelson, Connie Paris, Tyranei Powell
Row Two – Jason Roberts, Megi Korynta, Art Bufalari, Crystal Perry, Puanani Rebeiro, Kayond Reid, Eileen Calvo
Row Three – Emily Scalf, Ryan Loucks, Seyon Oh, Christine Vance, Ashley Hollis, Marcus Smith, Allyson Durham, Scott Miller

Marching Band:
Drum Majors – Jason Mosley, Alberto Medina, Teresa Krebs

Jazz Band:
Row One – Jon Cerny, Scott Abukoff, Arthur White, Susan Dause, Tyler Twombley, B.J. Coles, Drew Smith
Row Two – Kevin Wisener, Alberto Medina, Steve Norton, Wes Koerner, Todd Twombley, Austin McNair
Row Three – David Dement, Kevin Schweer, Ernest Robinson, Kevin Snyder

Concert Band:
Row One – Alexis White, Bea Stormer, Amanda Elston, Melanie Carter, Susan James, Robert Poetta, Jaunteasha Dunbar, Jennifer Allardice, Lora Banks, James Wimbush
Row Two – Timmyah Brooks, Nicole Coulombe, Josh Eagle, Etomgi Chukwu, Katrina Kraft, Megan Kline, Elizabeth Eleazer, Shannon Mosely, Traudelinde Pelletier
Row Three – John Jenkins, Tyrone McFarland, Tucker Peterson, Gavin Reed, Jameson Brunkow, Jake Thompson, Jennifer Ortiz, Casey Kreft, Mike Langlais
Row Four – Angla Allardice, Jason Fullerton, Steven Bray, David Morrow, Nick Muhar, James Hembrey, Anthony Dinino

Drama:
Row One – Sarah Giordano, Jen Duncan, Kat Wisener, Katey Sile Danielle Love, Bryan Penman, Jennifer Badger, Tiffany Walker
Row Two – John Rhoten, Matt Arnold, Rachel Fetherolf, Tara Stafford, Nick Lynch, Kelly Bohley, Kristina Arnold

What is your favorite part of performing?

"I like to play the drums because they are the most loud and obnoxious instrument…I think it fits me." - Joe Mueller 10, Percussion

"I like the adrenaline rush the crowd gives me and the applause when you do a good job." - Angie Calabro 12, Colorguard

"Seeing the enjoyment on the audience's faces because it means I'm doing something right." - Rachel Fetherolf 11, Drama

"I just like to play." - Craig Brown 11, Drumline

"Performing quality music that the audience will enjoy." - Ernest Robinson 12, Wind Ensemble

Percussion Ensemble:
Row One – Brett Diamond, Alegandro Medina, Garrison Williams, Keoni Perry, Chris Fillmore, Josh Smith, Brian Donlan, Ryan Griffin
Row Two – Jason Harris, Matt Anderson, Jamie Chrstmas, J.T. Wilhoite, Mike Child, Joe Mueller
Not Pictured – Mark Anderson, Mike Brickman

Drumline:
Row One – Jamie Sansone, Alejandro Medina, Chris Fillmore, Brian Donlan
Row Two – Matt Anderson, Scott Abukoff, Josh Smith, Mike Child
Not Pictured – Mike Brickman, Lauren Twombley, Jacki Downes

Colorguard:
Row One – Bea Stormer (Feature Twirler), Krstin Taylor, Elizabeth Flodstrom, Kristina Berghoffer, Pam Bridenthal, Megan Oden, Ashley Sweeny, Kelly Gefrich
Row Two – Krystal Centers, Kwanis Coffield, Katrina Kraft, Miranda Sanderson, Carol Gilbert, Vanessa Mohummad, Jocelyn Davidson
Row Three – Kat Wisner, Katya Brodowski, Erin Ridder, Jen Duncan, Angie Calabro, Bridget Seitzinger, Cassie Stafford

Wind Ensemble:
Row One – B. Ramos, S. Dause, A. Cwick, L. Twombley, V. Coles, S. Franklin, S. Sigman, B. Chapman, S. Walton, K. Glaze
Row Two – K. Norris, T. Rush, C. Wishmyer, A. Ives, L. Brown, E. Kulbeth, S. Lausman, T. Krebs
Row Three – C. Wasek, B. Myers, A. Garbinski, K. Ruggles, J. Mosley, R. Perry, J. Cooper, J. Loucks, M. Flower
Row Four – R. Davis, K. Coulombk, J. Etter, J. Ford, T. Twombley, E. Robinson, P. McDonald

Chorale/Mixed Chorus:
Row One – J. Huckabone, A. Booth, C. Suarez, T. Purkey, M. Dorr, J. Simon, L. Peters, T. Baldwin
Row Two – C. Rose, T. Shipman, J. Hayhurst, K. Donovan, S. Whisman, R. Cooper, S. Troupe, F. Eagle, J. Harper
Row Three – R. Ward, N. Truman, C. Haley, A. Woodbridge, V. Dinson, T. Eason, D. Harwell, K. Tolbert

Advanced Women's Chorus:
Row One – Virginia Carter, Ashley Collie, Karen Price, Sarah Reynolds, Crystal DiMattina, Crystal Dorsey, Cherita Paul, Tina Kennedy
Row Two – Vanessa Mohammed, Katherine Merritt, Alta Stokes, Erin Gallagher, Rebekah Brown, Jennifer Bennett, Amanda Ballard
Row Three – Keira Garner, Vanessa Reyes, Erin Ridder, Krystal Meadows, Amanda Ballard, Andrea Woodbridge
Not Pictured – Kwanis Coffield, Sandra Mwila, Allison Resler, Teresa Murgo, Lindsey Mason, Melissa Maddox, Nicole Bell

Have you always

"I have always loved to sing because that's when I'm most content." - Rebecca Humphrey 9, Show Choir

"Yes because it clears the mind and allows you to focus on more than one thing at a time." - Ivan Jenkins 11, Madrigals

Madrigals:
Row One – Hillary Wasser, Kathaleen Damjan, Sarah Reynolds, Naketa Stanton, Jessica Adams, Kwanis Coffield, Daniel Brown, Michelle Fullem, Katherine Wisener
Row Two – Chevonne King, Melony Segar, Kristin Willis, Michelle Slater, Julianne Metzger, Lori Utterback, Derrel Jeffries, John Sawyer
Row Three – Jacob Fravel, Mikal Thompson, Stacey Durham, Mark Mohammed, Michael Johnson
Not Pictured – Linda Alpy, Ivan Jenkins, Derek Terry, Joy Thompson

Show Choir:
Row One – Terre Fabricatore, Ashley Sweeny, Enri Jikerr, Alandra Simons, Mandy Hughes
Row Two – Carol Gilbert, Angela Ferris, Leah Beard, Candace Walton

"Yes, because it helps me relieve stress." - Erin Ridder 11, Advanced Women's Chorus

"Yeah, I have always liked to sing because that is what I plan to pursue in college." - Andrea Woodbridge 11, Chorale/Mixed Chorus

liked to sing?

Debate:
Row One – Janet Martini, Natalie Murray, Amanda Kimble, Jacqui Capriglione, Tiara McFarland, Cindy Schweer
Row Two – George Lecakes, Jennifer Ortiz, Jared, Kidd
Not Pictured – Andy LaVinus, Matt Mitchell, Adam Dunn

Does the club you're in have anything to do with your future?

"NHS has made me realize the opportunities for people in service. It has also taught me leadership, something I will definitely use in my future." - Kevin Schweer 12, NHS

"Art has a lot to do with my future. I want to use my talent in architectural engineering, or something along those lines. Maybe graphics design." - Ryan Eagle 12, NAHS

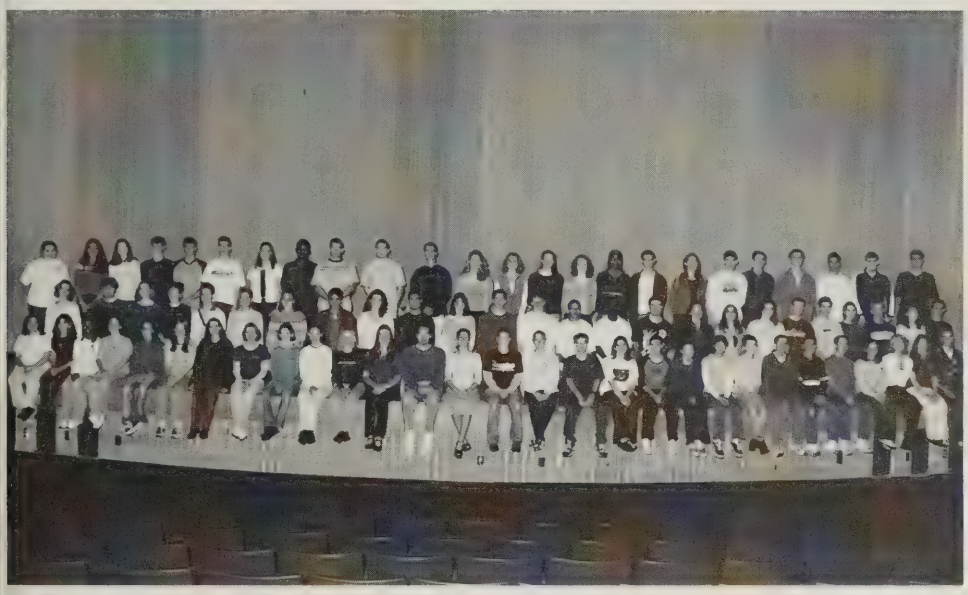
"No, I'm just getting started with it." - Cindy Schweer 9, Debate

"The Academic Team prepares me for my future because it teaches you to retain knowledge." - Brandon Lloyd 12, Academic Team

"Yes it does in a way because I'm not sure what I want to do, but this will have a positive influence in helping me decide." - Missy King 10, FBLA

Academic Team:
Row One – Brandon Sassnet, Kelsey Sondbakken, David Rovira, Jason Kelley
Row Two – Ray Marquez, Sandra Boyd, Matt Hilliker, Andy Lavinus
Row Three – William Weaver, Dan Byrnside, Ted Serbinski, Aaron Chinault
Not Pictured – Kelly Gabriel, Brandon Lloyd, Jon Stradling, P.J. Ortiz

FBLA:
President – Ray Marquez
Vice President – Patrick Hayes
Reporter – Amy Delwiche
Historian – Missy King
Chairman – Christopher Townsend
Board of Directors – Robert McKenzie, Christopher Townsend



NHS:
President – Kevin Schweer
Vice President – Laura Hanscom
Secretary – Kelsey Sandbakken
Treasurer – Amy Delwiche

NAHS:
Row One – J. Sansone, G. Mattern, A. Savarese, C. Steining, C. Carmon, R. Hedger, M. Comegys, A. Calabro, M. Lee
Row Two – D. Packharn, K. Benson, E. Brown, C. Dennis, N. Bowers, Y. Kim, H. Garvin, B. Bradley, A. Hursh
Row Three – L. Smith, K. Swanstrom, J. Griffith, C. Bennett, A. Parks, S. Zimmer, M. Lingvai, C. Neigh, R. Eagle, D. McGuckin

FCA:
Leadership Team – Stacy Way, Molly Bostelman, Alex Smith (President), Shannon Kern, Kevin Newport, Megan Downey, Kate Swanstrom

Athletic Trainers:
Row One – Mr. C. Cooke, Steven Norton, Jimmy Kingman, Greg Hartman, Ira Seth
Row Two – Rosie Coffey, Margaret Holder, Jenny Kelley

Step Team:
Row One – W. Ward, A. White, A. Ellson, K. Spraure, J. Adams, K. Coffield, T. Adams, N. Stanton, G. Sprauve
Row Two – N. Hare, C. Robinson M. Coffield, A. Lynch, J. Biron, M Brawner, N. Brown, N. Edmonds, S. Marila
Row Three – T. Sanders, C. Jones, E. Robinson, L. Gwynn, M. Abousaleh, B. Payne, D. Jeffries, P. Mwila, Y. Rahmin

SADD:
President – Margaret Holder
Vice President – Kyle McAleese
Secretary – Jimmy Kingman
Treasurer – Joe Gibbons

Interact:
Row One – Michelle Ensrud, Natalie Brito, Laura Hanscom, Kevin Schweer, Kat Wisener
Row Two – Natalie Murray, Patricia Arans, Katey Siler, Kristina Palangi, Cindy Schweer, Becca Byrnside, Megan Godbey
Row Three – Jen Duncan, David Spence, Amanda Kimble, Gwyneth Andrews, Matt Hiliker
Row Four – David Roberia, Matt King, Megan Reist, Michael Berl, Matt Mitchell, Casey Hannah, Txomin Trueba, Mrs. Townsend

What's the most special event you've done in your club this year?

"The highlight of the season was when we placed third out of fourteen teams at Hayfield High School. We've really come a long since our debut performance three years ago." - Mike Abousaleh 11, Step Team

"We put a wrecked car by the student parking lot to demonstrate the impact of drinking and driving." - Jimmy Kingman and Margaret Holder, 12, SADD

"The prayer vigil for Jacob because so many people came." - Shannon Kern 12, FCA

"Blood drives because we were able to go into our school to fulfill the community's needs." - Laura Hanscom 12, Interact

"It has been a challenge adapting to a new head trainer since Mr. Collier left, but it is a good adventure learning new methods of training from Mr. Cooke. We all enjoy taking care of the athletes at North Stafford because we get to practice skills with different type people." - Ira Seth 12, Athletic Trainers

Amanda Moreland

Best Wishes for continued success. We love you. Love, Mom and Dad

Jeremy Bosken

Jeremy, the road has been long and your determination inspirational. We are confident that if you pursue your dreams with the same intensity, courage, and principles, your personal success is inevitable. We will always be your greatest fans and most loyal advisors. Congratulations! Love, Mom, Dad, & Josh.

John Hurley

Thank you for bringing joy to our hearts, beauty to our world, and you are precious to our life.

Shawna Beck

Congratulations Shawna! We are very proud of you. Love, Dad, Mom, Alicia, and Michelle.

Heather Mills

Heather, Your family is very proud of you. It's hard to believe you are graduating. We wish you the best of luck in everything you do. Hugs & Kisses. Love, Mom, Dad, Nana, and Buddy.

Brian Bradley

"Swimming ain't easy!" Congratulations from your family.

Sarah Frances Wood

Well Princess, you've made it! Your first big accomplishment in life, to graduate high school. It's been hard for me to imagine my little girl growing up, but here you are. I cannot express all the emotion I feel and how very proud I am of you. My biggest wish for you is that you remain as strong and happy as you are right now, and that all your dreams come true. I have no doubt that your accomplishments in life will be many. With all that said, congratulations my princess! I love you, Mom.

Greg Lavoie

The road ahead is long and sometimes difficult, but you now can soar among the eagles. Remember that God is always the wind beneath your wings. Our wishes for you are those of success but most importantly happiness. May you be surrounded by those who love you as much as we do. Oceans of love, Mom, Dad, and Daniel.

Mike Dailey

Hooray, Mike!
Love Mom, Dad,
Geoff

Joy Thompson

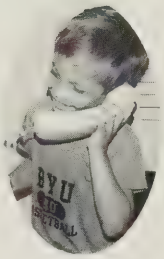
Joy
comes in the morning

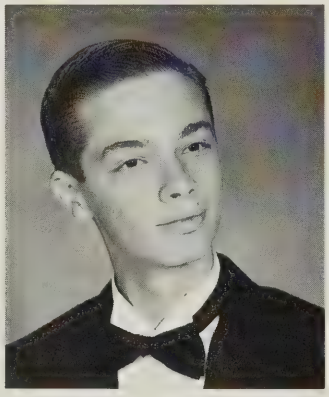
God Bless you
and keep you
always
We love you!
Mom and Dad
Scott and Jason

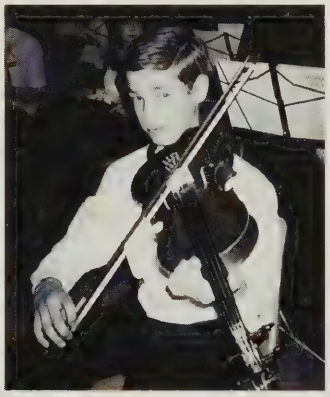
Jer.29:11-13

Willard Antonio Hagan

Follow Your Dreams and Reach the Highest of your Capabilities







"I have no greater joy than to hear that my children walk in truth." 3John 1:4

You are a blessing in our lives
With our love always, your parents and brother
Jarom, Almira and Carl Hagen

Matt Mitchell

Congratulations Matt! We are very proud of you and the exceptionally fine young man that you have become. Your potential is unlimited, pursue your dreams and always remember to follow the right path. We love you, Mom, Dad, Molly, Rebecca and Amanda.

Sarah Olds Swint

Sarah,

The road has not always been easy, but you were determined to suceed. You have grown into a beautiful young woman of whom we are very proud. We love you- Always, Mom and Dad.

Ted Serbinski

"How long until I graduate?"

Tiffany Lilley

Congratulations! We love you and are very proud.

Love Mom, Bob, and Pap

Tricia St. Clair

December 14, 1981 at 2:53 a.m. you came into our hearts. You have been a ray of sunshine, a great daughter, and a wonderful big sister to your three younger brothers. You have always strived to do your best and reach your goals. We are so proud of you and the beautiful young lady you have become. Always remember we love you and will always be there for you no mater what choices you make. Best of luck at James Madison University. Set your goals high! We love you, Mom, Dad, Chris, Craig, and Kyle.

Erika Henne

Can't believe 18 years have gone by. Mom and Dad are quite proud of your accomplishments and the beautiful young lady you are

Megan McCreedy

As this most important phase of your life begins, we will continue our love, support & encouragement for you. With all our love, Dad, Mom & Brandon.

Courtney Willis

Congratulations! We're so proud of you! Best of luck on whatever you do.

Love Mom, Dad, and, Jason

Takisha Adams

Congratulations! We are very proud of your growth and development throughout the years. Remember: a journey of many miles begins with a single step. May God bless you and crown all of you efforts with success. Love, Grandma, Robbie, Mommy, Sidney, & Dominique.

Natalie Kaminsky

Congratulations Natalie and good luck at Virginia Tech. We have always been proud of you and knew you would succeed. You have blessed our lives with laughter and love. Commit to the Lord whatever you do, and your plans will succeed. -Proverbs 16:3. May God Bless you in all things. Love, Mom, Dad, and Dan.

Matt Hilliker

You've filled our hearts
With love and joy...
Now, as a man
And then, as a boy!
You have always made
us proud.
Best of luck at William &
Mary!
May you continue to fill
our lives with
your bright promise,
spark of life, and lively
humor!
Congratulations, Matt!
Love, Mom and
Shannon.

Jamie Sansone

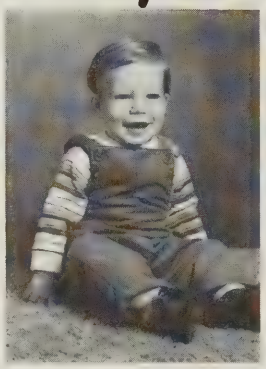
Congratulations!
We are so proud of you you will always be "my sunshine" and daddy's "little bean"
Love Dad, Mom, and Paul

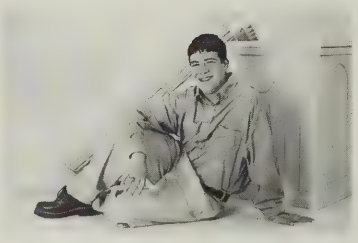
Sarah Herbert

Thank you for the happiness you've given us as a thoughtful, loving daughter. We are so proud of the remarkable young woman you have become. May all your dreams come true.

All our love,
Mom, Dave,
Ashley and Alexis

Bryan Penman

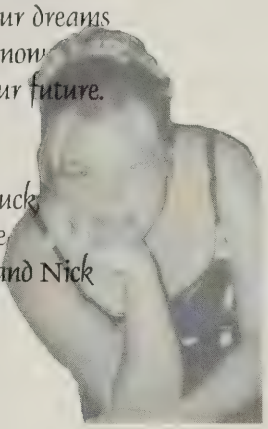




Bryan, you are the greatest!!
Seems like yesterday, the yellow school bus came for the first time. Many times we missed the mark at understanding who and whose you are.
Yet you continued your journey with faith, love and truth. You will always be welcome here.
God's speed and peace be with you all the days of your life.
Love Mom, Dad and Matthew

Jennifer Belokon

Jenni -
You were the daughter
and sister of our dreams
and are now
the hope of our future.



Good Luck
Love,
Mom, Dad, and Nick

Dan Gauvin

We are very proud of the young man you have become. Remember who you are and always do your "best". Follow your heart and strive towards your dreams...you will achieve them.
It's your turn to soar!

Love always
Mom, Dad, and
Jenny

Sandra Boyd

Congratulations on your special year. Remember the accomplishment of today is the beginning for your future achievements.

Whatever walk of life you select, we will always be there to support you. Good luck in college. We are very proud of you.
Love Mom and Dad

Erin and Jessica Nelson

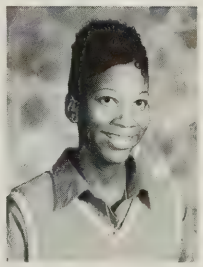
Congratulations
Beanie and BooBoo
We have always
been and will always
be pround of both
of you!
We love you
Mama, Daddy,
Sophie

Kevin Newport

Congratulations Kevin.
We are proud of you!
We love you!
P.S. Sarah wants your
room!
Love Mom and Dad

Brandi Payne

Shoot for the
moon Kiddo,
If you miss you
might hit a
star!
Congratulations!
Mom, Dad,
Mekael and
RaeAnne



Kate Swanstrom

You have always
been our precious
little girl and you have
blessed us each and
everyday.

Jeremiah 29:11
Continue
following His
perfect plan for
you!
We love you God
bless you
Mom and Dad

Anabel Dela Cerna

Through all the stages of your life, you've brought such special joy...

Wishing you always....
the wisdom to recognize
what is important in life,
the confidence to pursue
it, and the good fortune to
attain it.

Congratulations!

Love Always
Mom, Dad and Jason

Scott Serraro

If you can dream it,
you can do it!
Congratulations Scott
Love Mom and Dad

Jamie Schoolcraft

Mom's "Punkey"
and Dad's
"Mugsy"!
As always, we are
so proud of you.
We are two
blessed parents
to have you as a
daughter.
Love,
Mom, Dad, and
Dudley

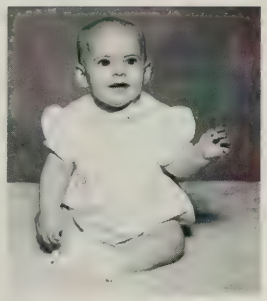
Amanda Hibbert

Congratulations
Amanda Jane
"From down the lane"
We love you!!!
Mom, Dad, and David

Kevin Gregory Schweer

Keep smiling, keep trying,
never stop being the best you
can be. Aim high and follow
your heart. We are so proud
of you. Congratulations! Love
Mom, Dad, Jessica, Cindy,
and David

Debbi Keller



Debbi,
May life bring you joy equal to the joy you have brought into our lives.

May the peace of the Lord be with you always
With love, Mom and Dad

Doug Van Oort

We love you more than we can show,
When we say we Love you,
We know you know,
We are so proud in all you do,
We are just happy....
You are you!

Congratulations!
We are all very proud of you!
Love Dad, Mom, and Jenny
P.S. I love you, drive safe! Mom

Gennifer McCauley

"Little Gennifee"
We are very proud of you

Congratulations
"Peanut"

"Geni"

You came into this world as "our little Gennifer" and in your own right you became "Geni".
You are our daughter, our best friend, and our "Miracle from God!" Just remember....Keep that beautiful smile on your face. God by your side, and the world dancing under your feet!!!
May God bless you and keep you safe always
Love Mom and Dad

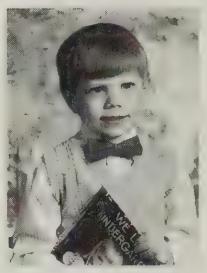
Nathan DePasquale

Congratulations Nathan!
Class of 2000

Always follow your dream
Love Mom

Scott Abukoff

Congratulations
Scott
We're proud
of you
Love always
Dad, Mom,
Julie, and
Frosty



Stacy Specht

Congratulations on
your Graduation!
We knew you
could do it. We are
very proud of you.
Good luck in the
future. Love Dad,
Mom, and Kevin.

John Rhoten

Born to run...
Congratulations
John for completing you
race for a high school
diploma. Life's a stage
and you are a leading
man. I'm proud of you.
Break a leg.
Love, Mom

Gary Sharp

Congratulations!

We are so proud of you.
Keep up the great work.

Love, Mom, Dad,
and Mandy

Cathy Leeman

Live your dreams
Your future is before you.
graduation is just the
beginning. We are very
proud of you and all you
have accomplished. Follow
your heart and your dreams
will come true.
All our love
Mom, Dad, Jenny and Lizzy

Katrina Purcell

Congratulations Keenie-Beanie! We are very proud of you! Continue to follow your dreams and your heart. There is nothing you cannot achieve! Love Mommy, Daddy, Danny, and Tricia

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Congratulations
to all the
Flashback Seniors

Courtney Willis - Thank you so much for all the fun, support and smiles you've given to me and the book. Well done. Good luck with teaching.
Debbi Keller - Careful with whom you play EMT.
Bryan Penman - Thank you for the last two years. You've been a light in the darkness.
Frank Shannon - I hope you always have your kid gluesticks.
Brian Bradley - Spiderman ISN'T the best.
Sarah Sasser - Hope to see you on stage someday.
Amanda Hibbert - Go Tech!
Katrina Purcell - I see you finally got him.
Joy Thompson - Don't let the Mermaid go.
Takisha Adams - Keep smiling!
Matt Hilliker - W&M all the way!
Dan Peterson - No more cokes for you.
Jenn Huggins - Hope to see your prints in a show someday.

Colophon

Volume 19 of the North Stafford Yearbook, Flashback, was printed by Herff Jones, Gettysburg, PA. The 248 pages were printed on #80 glossy paper. The book is 8 ½ x 11 inches. The cover is 120 pt. Binders with antique blue grain 14 hand-tooled. School seal in gold with custom metallay dies and spot overtone rub. The cover theme, "Marking the Millennium," was designed by editors Courtney Willis, Debbi Keller, Frank Shannon, Jr., and Jeremy Crist. The book is Smyth sewn. The book was produced using 5 celeron processor computers and a non-existent Hewlett Packard 4050N LaserJet printer. Aldus Pagemaker 6.5, PageMaster, and Microsoft Word programs were used to create digital pages for publication. All black and white photography was shot, developed and printed by students. The 850 copies were printed using Miller offset presses. There are 48 pages of color and 16 pages of spot color. Body copy, captions, and folios are in Avant Garde, Brush Script, Veranda, Comic Sans, and a variety of other fonts. Seventeen staff members attended Gettysburg Yearbook Experience at Gettysburg College in Gettysburg, PA, July 18-22, 1999. Frank Shannon, Jr., Ashley Hall, and Jessica Loy won outstanding photojournalism awards and Jeremy Crist won an outstanding editor award. The staff would like to thank the administration, faculty, and entire student body for their help and support with our publication. Thanks to Ms. Griffin and Mrs. Rector for all the copies, and the Art Department for the use of the darkroom. Special thanks to Mrs. Robinson, Mr. Palomino, Annette Rollyson of Herff Jones, Mrs. Lowry, Mrs. Sutherland, Mr. Johnson, Mr. Waldron, Jr., Mr. Sovitsky, and Mr. Phillips. Without the support of these people, the publication of this yearbook would not be possible.

Editors

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Sports Editor- Jeremy Crist
Assistant Sports Editor- Brian Bradley
Clubademics Editors- Stacy Way & Jenn DiCristina
Photography Editors- Frank Shannon & Debbi Keller
Computer Editor- Bryan Penman
Ads Editors- Megan Tunney & Kate Waldhauser

Flashback 2000

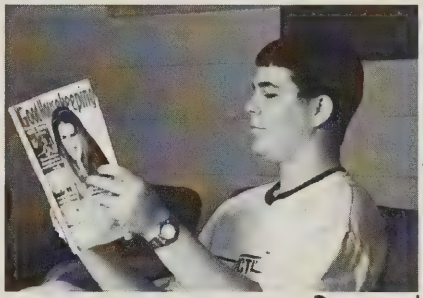
Chelsea: Me and Big Mitch will RULE the school next year! **Jessica**: Hear NO EVIL, Speak NO EVIL, See NO EVIL!!!...In the Darkroom. **Heather**: To my darling Elizabeth, I'll never forget our love, call me J. **Savannah**: Hey K&M I'm totally diggin' your hair! HR I luv ya darlin'. Dan I totally missed you this weekend, c-ya 2night. Crystal, I lov you also! God Bless. **Matt**: Flojo, La luz es verde! "I like her! I like her!" Team Scrub for life. Buff Ryders! **Kate & Megan T.**: Best Friends!! Colonel Mustard crew raise the roof! We won't tell, Still haven't beat the hair champion, but we'll keep at it. God Bless the outcasts! Past the glass... Yes!! **Dan**: Takow!! Shout out to all the Business Staff, Daps Baby, and Bling Bling to my boy Jeremy Crist. Whasssuuup to my girl Savannah. **Crystal**: Love you Joey and Lisa Poo! Sup to my girls Savannah & Heather. What's up to my yearbook nerds! **Ashley**: So what's the latest on Joe? Hey guys, this song stinks-can I change the station? Pleeeease! **Frank**: This is the scary monster talking to you. Some call me a photo editor. I assure you, I'm really not. I am really soft at heart. **Katrina**: We are not flirting-I assure you. Hey, I'm getting my nails filled today. **Tracy**: Scrubs; Have you ever done the penguin?; What, you're not lucky?! You lied! And what are you, a sheep? **Michelle**: Scrubs rule! Howdy to my 3 main dawgs...Nat, Shan, & Case. Seize the moment and keep the fun alive! **Kisha**: This was probably the most musically inclined staff ever! We even had the little mermaid sing... oh, I mean Joy! **Brian**: Jeremy, I leave you a chance with the yearbook camp girls, but man I should have made out with her **Sarah**: #4...Pastry Psycho...BP Boys...Girlfriends' Discretion. **Jenn H:**This is probably the only time Allen Ginsburg will be mentioned in the yearbook. **Katie**: Please don't make me stay after school on Wednesdays...It's 6 o'clock and I'm still here, I have a life, really I do...nevertheless... big sister is watching you... (PE.) **Joy**: Dancing under red lights... never getting into fights...life was always filled with glee...once I emerged from under the sea! **Emily**: Hey guys!...Yes Ashley, you can turn the radio station...of course I'm staying after...What do you think Franklin? Bye guys..Sorry! **Jenn**: The boxer boys are so hot! Stacy always attracts the weirdos. GQ man of the year. 4 words, baby! **Stacy**: 3am phone calls from stalkers, Blake's knees are mine.. No, I will not make out with you, Brian. **Mary**: Robby-when's the calender coming out? Mr. P's gonna get a smack down. Yellow Organisms. **Jeremy**: WASSSUUUP! Stop making fun of me Mrs. R, nice hair Mr. P! High-five, Dan and Robby! **Megan B**: Mad crazy-weakness yo! Blondie. No I'm not a cheerleader. **Amanda:** Of course I can go get quotes. I have nothing else to do. **Courtney & Debbi**: apparently!obviously!...Hi, we're Leon and Neon...Flappers and the roaring 20's forever...yrbk cheerleaders...Palomino puppet and CD player false alarms...That's disgustin'...leaky fridge...better than Dawson's Creek...jellybean. **Mr. Palomino**: From the General to the Chief of Staff...Without us, there would be no yearbook. **Mrs. Robinson**: Theoretically...Watch out! Big Brother is watching. Jeremy-my kick puppy forever.. Penman!!! Where's my Pikachu? I am NOT Ms. Payne!

Who ever said yearbook camp was just for nerds?

Slacking in the yearbook room... no way!

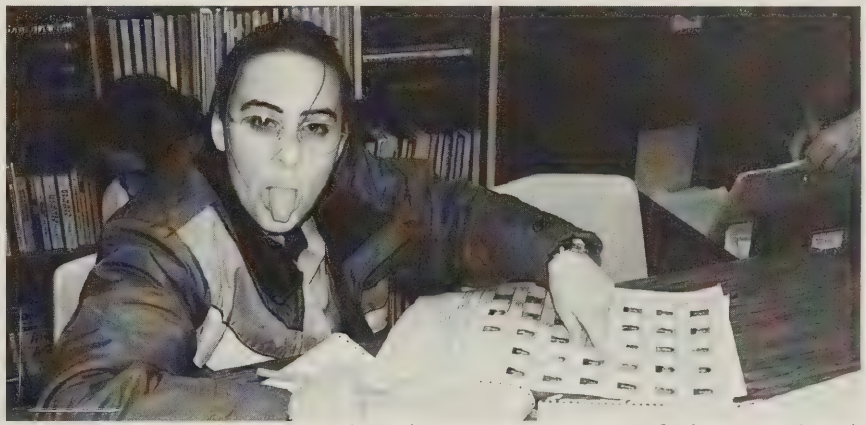
Theoretically, the deadline was yesterday...

Executive decisions.... The pain and privilege of yearbook editors



Penman! Come on!

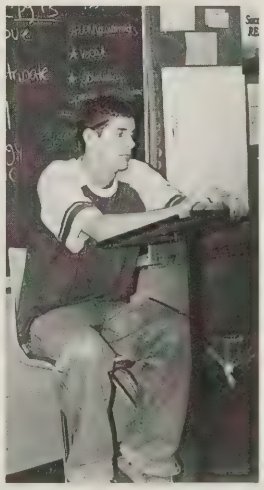
The Photographers LOVE the darkroom



Amanda, we can't take someone out of the yearbook just because they're icky.

Leon and Neon as Flappers

The 3 J's sharing a group hug



Hey Dan.. Wake up man!

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Marking the Millennium

The End

Marking The Millennium

Every school year is filled with memories. Memories of classes, athletics, clubs, and especially friends. But no other school year will provide the memory of closing out a millennium.

While we ended one millennium, a new one began. This new year brought changes to the school and the students involved.

The year 2000 brought experiences and expectations... and more opportunities to mark the millennium.

Article by: Courtney Willis and Debbi Keller

"As we leave North Stafford High!" Singing the school alma mater reminded students that their high school years wouldn't last forever. But these singing girls, along with every other student, will have memories to last a lifetime. **Photo by Frank Shannon, Jr**

Zipadeedooda... As the school day ends, students and teachers alike celebrated the 2:15 bell. Mr. Mario Palomino jumps for joy when he knows the day is done. **Photo by Joy Thompson**

world yearbook

1999-2000

HERFF JONES

world events

RPG/Sygma

▲ Russian President Boris Yeltsin shocked the world by resigning on New Year's Eve. He handed the reigns of power to Prime Minister Vladimir Putin. In one of his first acts as President, Putin gave Yeltsin bodyguards, a pension, and immunity from prosecution.

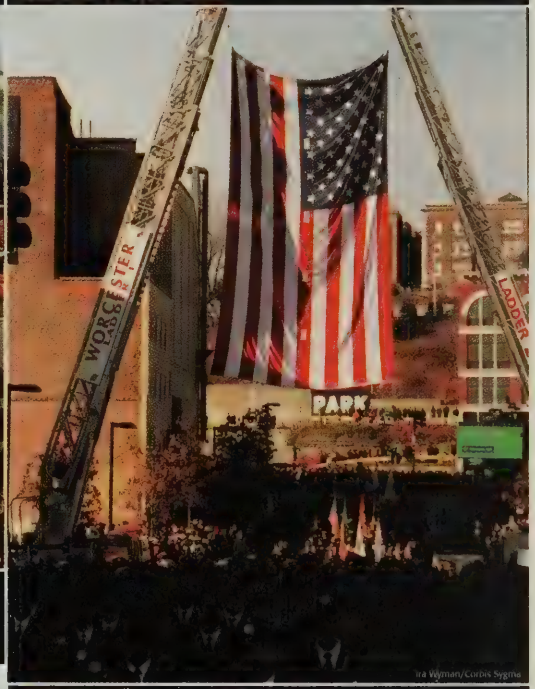
Evan Yee/LADN/Corbis Sygma

▲ Alaska Airline Flight 261 crashed 11 miles off Point Mugu, California on January 31. All 88 people on board were killed.

▲ School violence continued to be a major concern. Since February of 1997, school shooting sprees left 36 dead and 77 wounded.

Sven Creutzmann/Corbis Sygma

▲ Elian Gonzalez, a six-year-old refugee from Cuba was rescued after the boat carrying him and his mother went down in the Atlantic Ocean. Elian's mother drowned on their journey and a huge controversy erupted over whether the boy should be allowed to stay in the United States with relatives, or returned to his father in Cuba.



▲ Six firefighters were killed in a December 3, Worchester, Massachusetts blaze started by squatters in a warehouse. More than 15,000 firefighters from all over the world gathered for a memorial service.

A.Gyori/Corbis Sygma

▲ Russia came under international scrutiny for waging a civil war to try to hold on to the break-away republic of Chechnya. After months of fierce fighting neither side gained much ground, and a settlement seemed nowhere in sight.

Orban/Corbis Sygma

▲ Raisa Gorbachev, former first lady of the Soviet Union, died after a battle with leukemia.

Cover photo credits, strip of photos left ▪ right: Washington Monument-Marshall, Millennium partiers-Chris Hondros, Cairo celebrates-John Samples, all from Newsmakers

Alex Wong/Newsmakers

▲ Ninety-year old Doris Haddock, also known as "Granny D," walked 3,000 miles across the U.S. to draw attention to campaign finance reform.

Yannis Kontos/Corbis Sygma

▲ Greek deputy foreign minister Yiannos Kranidiotis was killed after the plane he was traveling in suddenly lost altitude on its way to Romania. Kranidiotis and his son were both reported dead.

Jean Becker/Sygma

▲ Switzerland's Bertrand Piccard and Britain's Brian Jones travelled around the world in a balloon on a 20-day, 29,000 mile voyage. This was the first voyage of its kind to make it all the way around the world.

David McNew/Newsmakers

▲ The San Diego Zoo was home to Hua Mei, the first surviving giant panda to be born in a North American zoo.

Allan Tannenbaum/Corbis Sygma

▲ "America's son" John F. Kennedy Jr., his wife Carolyn Bessette and her sister Lauren Bessette were killed when the plane John was piloting crashed into the ocean off the coast of Massachusetts.

Corbis Sygma

▲ The last solar eclipse of the century drew thousands of spectators around the world on August 11. A shadow cast by the moon turned day to night for those in a seventy mile wide path from England to India.

Corbis Sygma

▲ Over 17,000 people were killed and thousands more injured when a magnitude 7.4 earthquake hit Izmit, Turkey on August 17.

Corbis Sygma

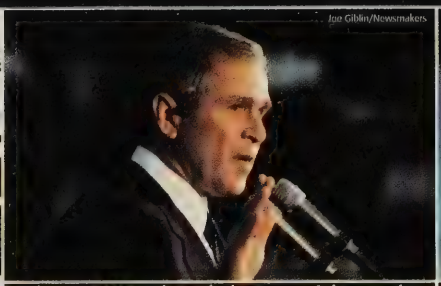
▲ Suspected serial killer Rafael Resendez-Ramirez surrendered to authorities after more than three weeks on the FBI's Ten Most Wanted list. He was wanted in connection with eight murders along railroad tracks in Illinois, Kentucky, and Texas.

Corbis Sygma

▲ The rain from Hurricane Floyd caused the worst flooding in North Carolina in recent memory. Water from the Tar and Neuse rivers covered 66 counties, destroying over 4,000 homes and killing 51 people.

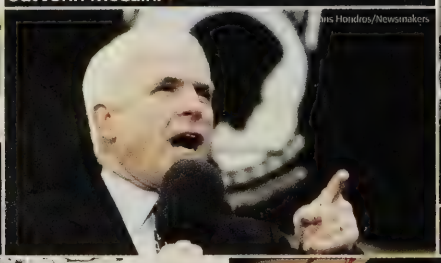
Corbis Sygma

▲ All 217 passengers aboard EgyptAir flight 990 were killed October 31, after the plane dropped 17,000 feet in a matter of seconds. Initial reports indicated that a backup pilot may have intentionally plunged the plane into the Atlantic Ocean southeast of Nantucket Island.

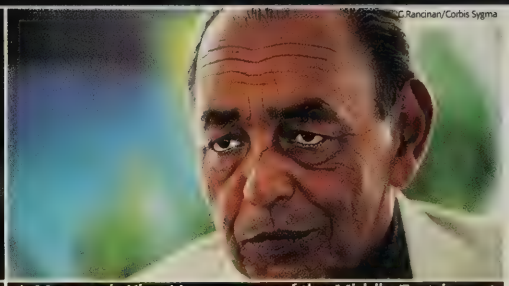


Joe Giblin/Newsmakers

▲ George W. Bush took the essential states he needed on "Super Tuesday" to win the Republican nomination for president, beating out John McCain.▼



ns Hondros/Newsmakers



C.Rancinan/Corbis Sygma

▲ Morocco's King Hassan, one of the Middle Easts' most devoted peacemakers, died after ruling for over 38 years.

Scott Houston/Corbis Sygma

▲ A heat wave in the Eastern U.S. claimed 95 lives and withered crops from Kansas to the Atlantic Ocean.

Baldev/Corbis Sygma

▲ Thousands were feared dead as a "supercyclone" tore through India in October. Another cyclone just two weeks earlier killed 100 people and injured 1,000 in Orissa.

Corbis Sygma

▲ More than 2,100 people lost their lives when an earthquake measuring 7.6 on the Richter scale shook through the island of Taiwan.

Chenghua Hsu/Corbis Sygma

▲ People around the world celebrated the turn of the century. These partiers ushered in the year 2000 in New York's Times Square.

Westwood Gerhard Studio/Corbis Sygma

▲ Despite fears of the predicted Y2K bug, mass computer shutdowns and chaos in the streets, January 1, 2000 came and went with virtually no problems at all.

Uzi Keren/Newsmakers

▲ Stalled Middle East peacemaking efforts were put back on track when Yasser Arafat and Prime Minister Ehud Barak of Israel signed a land-for-security agreement.

Pool/Newsmakers

▲ Despite strong showings in early polls for former senator Bill Bradley, Vice President Al Gore had the Democratic presidential nomination wrapped up by the end of "Super Tuesday" in March.

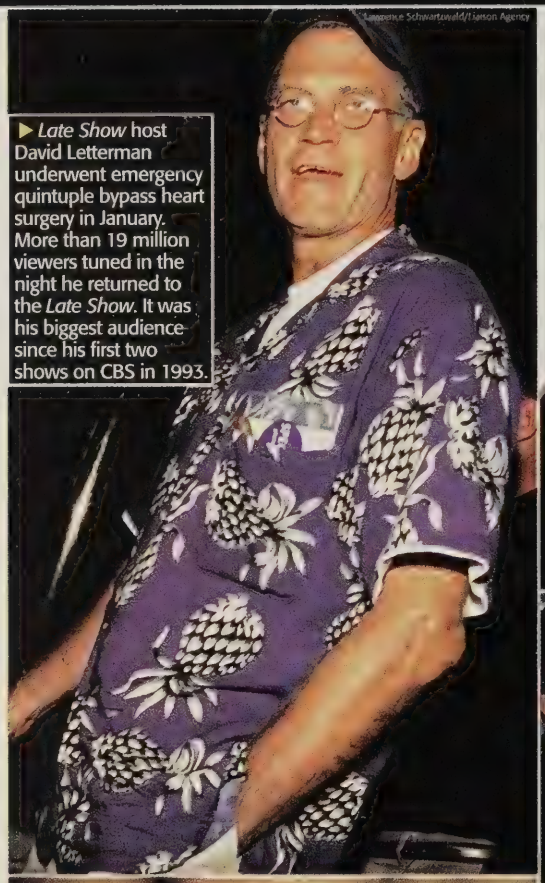
Corbis Sygma/Antoine Sorra

▲ A November World Trade Organization conference in Seattle was disrupted by violent protesters claiming the WTO promoted large, multinational corporations at the expense of workers' rights and environmental concerns.

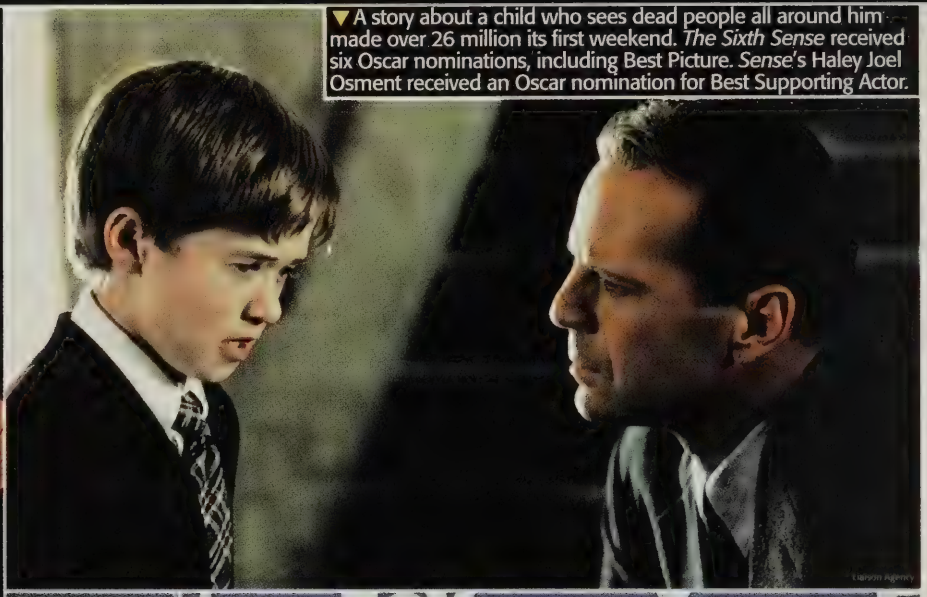
Ted Soqui/Corbis Sygma

▲ A string of deadly tornados crossed the southwest, killing 47 people and damaging or destroying over 2,600 homes and businesses. Worst hit was the Oklahoma City area where over 50 tornados touched down.

tv & movies



▶ *Late Show* host David Letterman underwent emergency quintuple bypass heart surgery in January. More than 19 million viewers tuned in the night he returned to the *Late Show*. It was his biggest audience since his first two shows on CBS in 1993.



▼ A story about a child who sees dead people all around him made over 26 million its first weekend. *The Sixth Sense* received six Oscar nominations, including Best Picture. *Sense*'s Haley Joel Osment received an Oscar nomination for Best Supporting Actor.

▲ *Ally McBeal* won an Emmy for Outstanding Comedy Series. Original cast members Courtney Thorne-Smith and Gil Bellows announced that they would not return for the show's fourth season.

▲ *Felicity*'s Keri Russell won a Golden Globe for Best Actress in a drama, though her shortened hairdo was blamed for loss of viewers this season. Keri also showed off her dancing abilities in her movie *Mad About Mambo*.

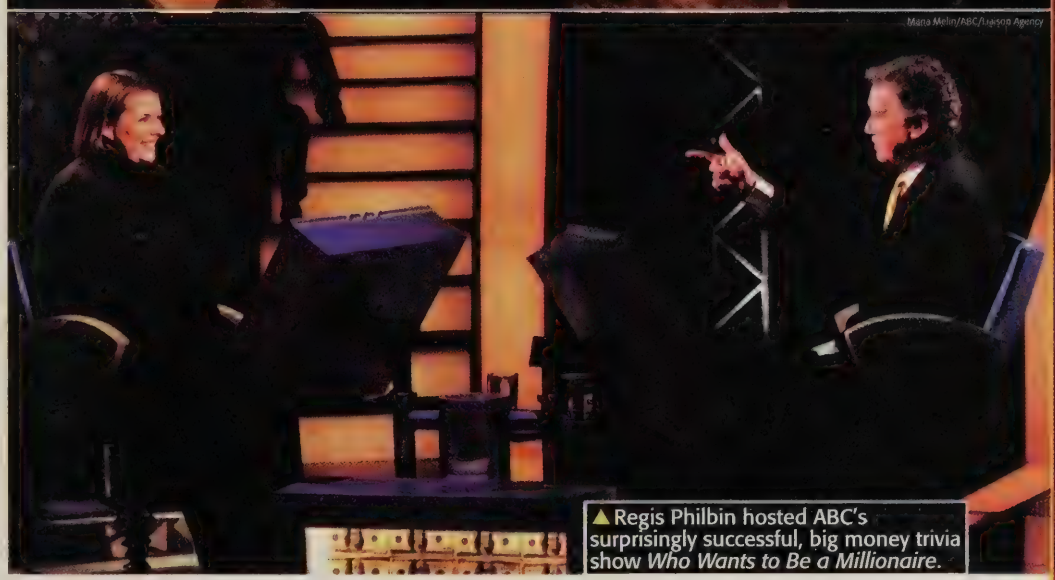
▲ *Star Wars: Episode I—The Phantom Menace* hit theaters in May with industry-shaking power. *Phantom* took in 28.5 million on its first day, and totaled the biggest five day opening ever at 105.7 million. It was the biggest film of 1999, bringing in $430.7 million.

▲David E. Kelley's law firm drama, *The Practice*, won an Emmy for Outstanding Drama Series.

▼*Scream 3* hit theaters with a bang, but fell short of Scream fans' expectations. The film's heroine was again Neve Campbell, with Courteney Cox-Arquette, David Arquette, Scott Foley, and Parker Posey costarring.

Courtesy of Dimension Films via Joseph Vilas/Dawson Agency

Maria Melin/ABC/Dawson Agency



▲Regis Philbin hosted ABC's surprisingly successful, big money trivia show *Who Wants to Be a Millionaire*.

other news

Cider House Rules received seven Oscar nominations, including Best Picture, Best Director, and Best Adapted Screenplay.

Toy Story 2 delighted us with its computer animation, and won a Golden Globe for Best Motion Picture, Musical or Comedy.

The Green Mile, starring Tom Hanks and Michael Clarke Duncan, received four Oscar nominations, including Best Picture. The story about a magical death row inmate and his pet mouse earned Duncan an Oscar nomination for Best Supporting Actor.

American Bandstand's eternally young Dick Clark turned 70 in November.

Fox's new comedy *Malcolm in the Middle* had the strongest debut since *The Simpsons*. More than 22 million viewers tuned in to the show about a middle-class family with four squabbling brothers and their parents.

Novelist Stephen King suffered extensive injuries after being hit by a van. King, who has written close to 50 books, was back to writing within weeks.

Julia Roberts continued as one of the hardest working women in show business with two box office hits, *Notting Hill* and *Runaway Bride*.

The Matrix thrilled moviegoers with a high-tech mix of action and computer generated effects.

Popular TV shows included *South Park*, *Dawson's Creek*, *Popular*, *ER*, *Friends*, *Frasier*, *Everybody Loves Raymond*, *NYPD Blue*, *Jesse*, and MTV's *Real World*.

Clayton Moore, TV's *Lone Ranger*, died at age 85.

Academy Award winner George C. Scott, most known for his roles in *Dr. Strangelove* and *Patton*, died at 72.

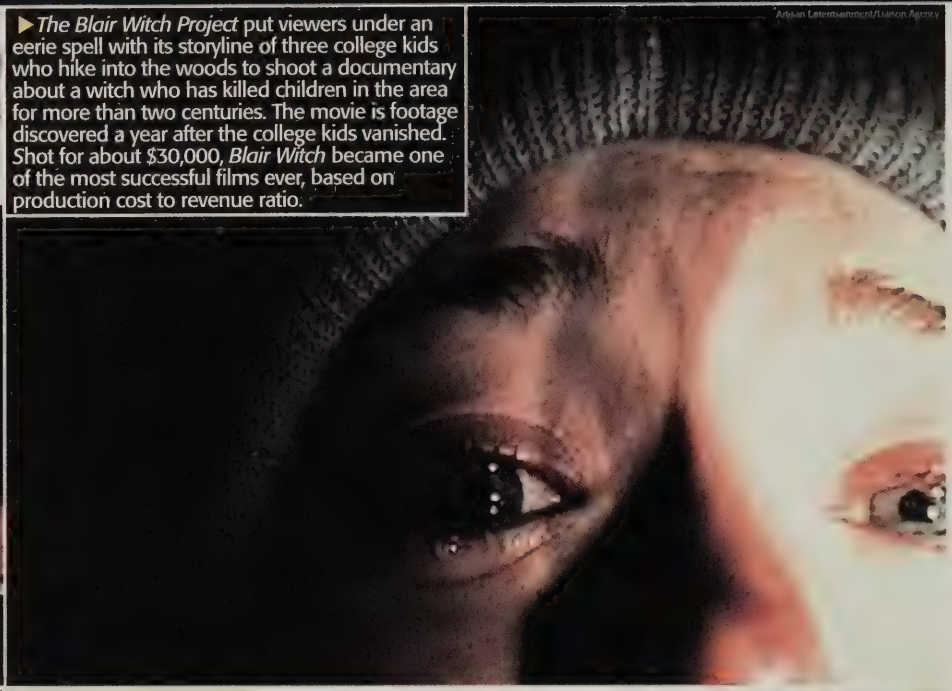
Actress Madeline Kahn died of ovarian cancer at 57.

Desmond Llewelyn, Q in the *James Bond* movies, died in a car crash.

Jim Varney, best known for his *Ernest* commercials and movies, died of lung cancer.

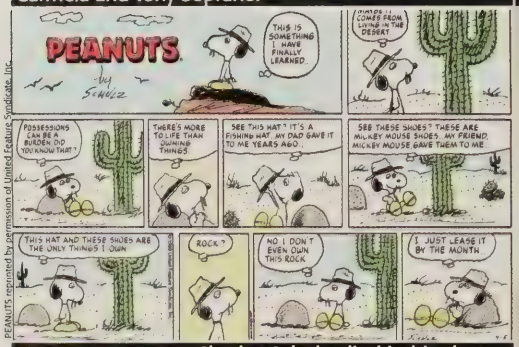
Luis Martinez/Liaison Agency

▲HBO's gritty organized crime drama, *The Sopranos*, was a huge hit with fans and critics. Edie Falco and James Gandolfini won Golden Globes for their roles as Carmela and Tony Soprano.



Artisan Entertainment/Liaison Agency

▶*The Blair Witch Project* put viewers under an eerie spell with its storyline of three college kids who hike into the woods to shoot a documentary about a witch who has killed children in the area for more than two centuries. The movie is footage discovered a year after the college kids vanished. Shot for about $30,000, *Blair Witch* became one of the most successful films ever, based on production cost to revenue ratio.



PEANUTS reprinted by permission of United Feature Syndicate, Inc.

▲*Peanuts* creator, Charles Schulz, died in his sleep the night before his final comic strip ran in newspapers. He was 77.

ABC via LaPresse/Newsmakers

▲Michael J. Fox won a Golden Globe for his role in *Spin City*, and announced that he would leave the ABC sitcom to spend time with his family and work to find a cure for Parkinson's disease.

American Beauty Lorey Sebastian/Dreamworks/Liaison Agency

▲*American Beauty* received eight Academy Award nominations, including Best Picture, Best Original Screenplay, and Best Director. In addition, stars Kevin Spacey and Annette Benning received Oscar nominations for their performances. The film also won Golden Globes for Best Motion Picture, Drama, Best Director and Best Screenplay.

music

Barry King/Liaison Agency

▲Tim McGraw won Male Vocalist of the Year and Album of the Year at the Country Music Association Awards. His album, A *Place in the Sun*, went platinum in just five weeks. Since his 1993 debut, he's sold 13 million albums and had 13 number one singles.

▲Faith Hill's *This Kiss*, her first single to go platinum, won Song of the Year at the CMA Awards. Since her debut six years ago, she has sold more than 11 million records, and has had eight number one singles. She performed at the Super Bowl and became Cover Girl Cosmetic's newest face.

▲The Dixie Chicks won two Grammys, including Best Country Album for *Fly*. They also won the Country Music Award for Vocal Group of the Year, and CMA's Music Video of the Year and Single of the Year for *Wide Open Spaces*. Their song *Cowboy Take Me Away* went to number one. The Chicks celebrated their success by getting chicken feet tattoos on their feet every time a record hit number one or went gold or platinum.

▲JoDee Messina won the CMA's Horizon Award for career progress.

▲Garth Brooks, the top-selling solo artist in the U.S. with over 95 million albums sold, received Favorite Male Artist at the American Music Awards.

▲Shania Twain was CMA's Entertainer of the Year. She also won AMA's Favorite Female Artist in both the Country and Pop/Rock categories. She won Grammys for Female Country Vocal Performance for *Man, I Feel Like a Woman*, and Country Song, *Come On Over*.

▲Clint Black's duet with his wife, Lisa Hartman Black, *When I Said I Do*, reached the top of the country radio chart.

▲Three sisters from Utah pushed musical boundaries and the result was *The Whole Shebang*, their debut CD. SHeDaisy brought a fresh sound to country music with their popular songs *Little Good-byes* and *This Woman Needs*.

music

▲ Winning the Grammy for New Artist, Christina Aguilera rose to stardom with her self-titled album. The CD went to number one with more than 250,000 copies sold in its first week of release.

▲ Latin music enjoyed a surge in popularity with entertainers like Ricky Martin, Marc Anthony, Enrique Iglesias, and Lou Bega gaining huge English-language audiences. Martin won an American Music Award for Favorite Artist.

▲ Jennifer Lopez made the move from movies to music with her number one single *If You Had My Love*. Sean "Puffy" Combs had a rocky year with indictments for bribery and gun possession charges stemming from a shooting at a New York City night club.

Andrew Lichtenstein/Corbis Sygma

▲ Woodstock '99, the 30th anniversary of the Woodstock Peace Festival, turned out to be anything but peaceful when hundreds of concert goers looted vendors and burned anything they could get their hands on during the last night of the show.

▲ Carlos Santana won eight Grammys for the album *SuperNatural* and the song *Smooth*, featuring Rob Thomas. The album and the song topped the charts. The 52-year-old Santana, who performed at the original 1969 Woodstock, tied Michael Jackson's record for the most Grammys won by a single performer.

▲ Cher's dance hit *Believe* went to number one in 23 countries and earned Cher her first Grammy.

▲ TLC received two Grammys, including one for Best R&B Album, *Fanmail*. Their singles *No Scrubs* and *Unpretty* did well on the charts. They also earned an AMA Award for Favorite Band, Duo, or Group in the Soul/Rhythm & Blues category.

▲ Sting won two Grammys for his album *Brand New Day*, Best Pop Album and Best Male Pop Performance.

Russell Einhorn/Liaison Agency

▲ The Backstreet Boys gained momentum with a sold-out tour and the success of *Millennium*, which sold over a million copies its first week of release, setting a single-week sales record. Their song *I Want It That Way* was high on charts and quickly dominated air waves across the country. Two of the Boys got engaged, causing heartache for many girls.

Evan Agostini/Liaison Agency

▲ Britney Spears won an American Music Award for Favorite New Artist. The 18-year-old walked away with four Billboard Music Awards including New Artist of the Year and Female Artist of the Year.

Evan Agostini/Liaison Agency

▲ With his fifth album *Devil Without a Cause* going double platinum, and his performance at Woodstock '99, Kid Rock enjoyed the greatest success of his ten-year career.

▲ 'N Sync's *Music Of My Heart*, recorded with Gloria Estefan, was an instant hit. *Bye, Bye, Bye*, the first single off *No Strings Attached*, also did well on the charts.

other winners

Martina [illegible] Female Voca[illegible] also celebr[illegible] timum certifica[illegible] olution. Her s[illegible] th the single [illegible] movie

Phil Co[illegible] Tarzan soundt[illegible] nal. He also won [illegible] Favorite Artist, Ad[illegible] category

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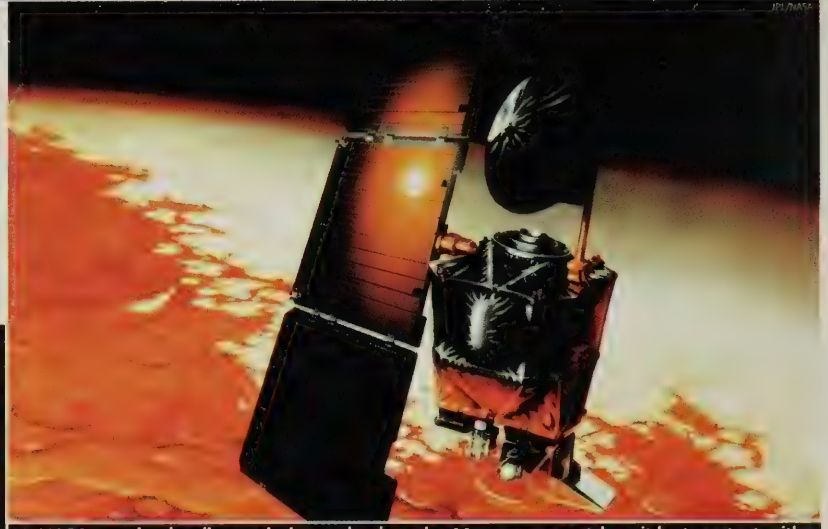
trends & technology

Courtesy of Apple Computer, Inc.

▲ Apple's iBook gave consumers more memory, a 6-gigabyte hard disk, and had a very distinctive design. This durable notebook computer sold 250,000 units within the first few months of availability.

JPL/NASA



▲ NASA received a disappointing setback to the Mars program when it lost contact with the Mars Climate Orbiter. This was followed by yet another lost mission when the Mars Polar Lander disappeared only three months later.

▲ Ford introduced its new hybrid electric car prototype, the *Prodigy*. This fuel efficient family car achieves more than 70 miles per gallon, making it very appealing to the cost conscious, environmentally aware consumer.

Nokia 1999

▲ Nokia's line of colorful cell phones made it possible to communicate in full color.

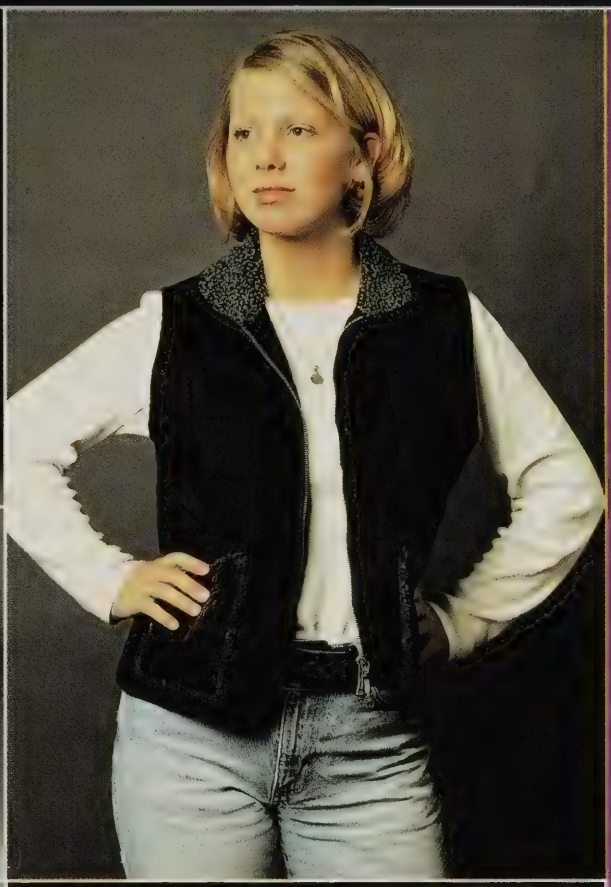
Jeff Christensen

▲ Windows 2000, Microsoft's newest operating system, was released just as the Department of Justice anti-trust case against Microsoft was concluded.

▶ The craze of the year for millions of kids, Pokémon, was an import from Japan. The anime video and card game soon spread to everything from bedsheets and t-shirts, to a full length animated movie.

▲ Faux animal print accessories like tiger, leopard, and zebra were all the craze among the wild at heart.

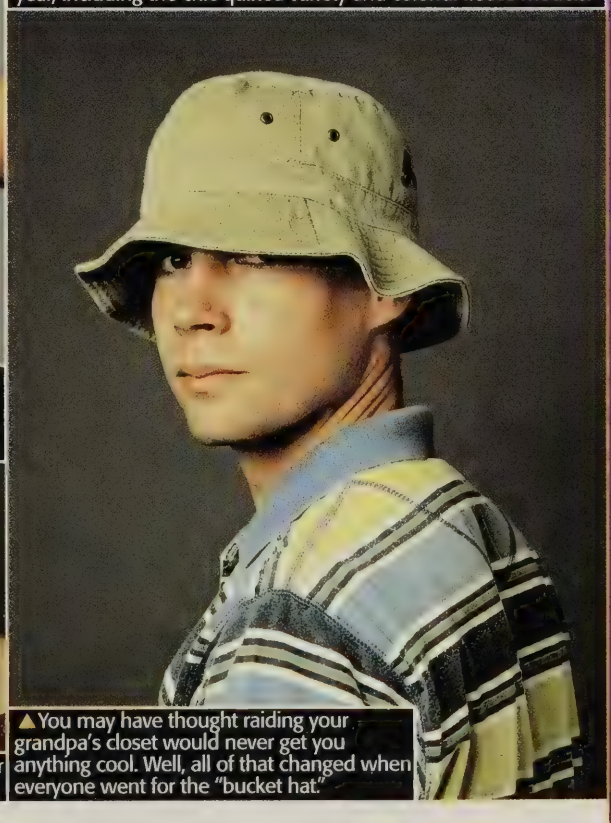
▲ Embroidered jeans were popular, as well as flare jeans and jeans with ribbons sewn on the hem.



▲ Looking "cool" while keeping warm, vests were a big hit this year, including the chic quilted variety and colorful fleece models.

▲ Made of semiprecious stones that hold special meanings, power bead bracelets gave us the energy to make it through the day. There were as many different stones as there were moods.

▲ Beaded necklaces of all colors were very popular as well.



▲ You may have thought raiding your grandpa's closet would never get you anything cool. Well, all of that changed when everyone went for the "bucket hat."

Ty, the abies, announ r line of collectib inued at year and continue ests from

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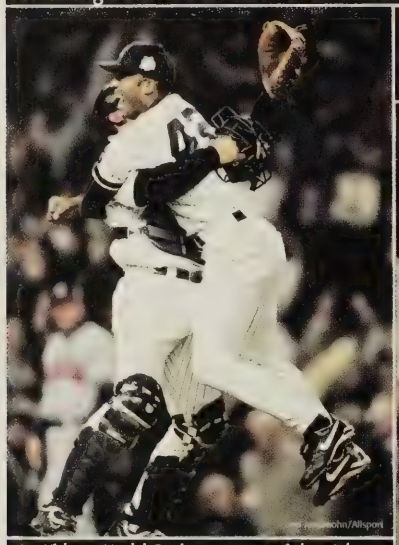
sports

▲ After overcoming a near-fatal battle with cancer, American cyclist Lance Armstrong became the second American to win the Tour de France.



▲ With a World Series sweep of the Atlanta Braves, the New York Yankees had their 3rd series win in 4 years and a record 25 total.

▼ U.S. Open golf champion Payne Stewart died in a plane crash that investigators believe was the result of sudden cabin depressurization.

Craig Jones/Allsport

▲ Winning the Women's World Cup in an overtime shoot-out, Brandi Chastain's final shot clenched a hard-fought victory for the U.S. soccer team in front of more than 90,000 fans.

Otto Greule/Allsport

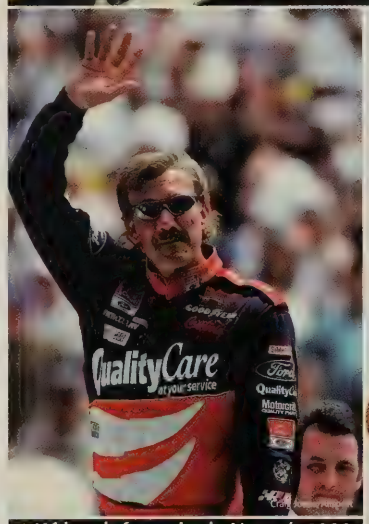
▲ Margaret McGregor made it into sports history by defeating Loi Chow in the first male-female boxing match.

Allsport/Newsmakers

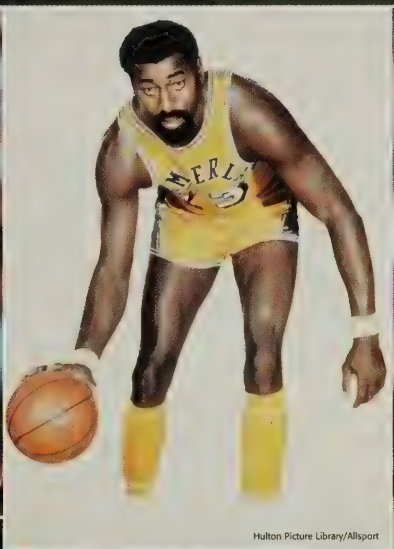
▲ New Zealand won its second consecutive America's Cup, returning the 149-year-old trophy to the Royal New Zealand Yacht Squadron.

Brian Bahr/Allsport

▲ In what some have called the "best Super Bowl ever," the St. Louis Rams survived a last second onslought by the Tennessee Titans to win the 34th NFL championship 23-16. Kurt Warner was named Super Bowl MVP, breaking Joe Montana's record of 357 yards, with his 414 yards. This season, Warner passed for 4.353 yards and 41 touchdowns, to be only the second NFL quarterback to throw for more than 40 in a season.



▲ With only four wins in Nascar's 1999 Winston Cup Series, Dale Jarrett came out on top with the championship by placing in the top five twenty-four times.

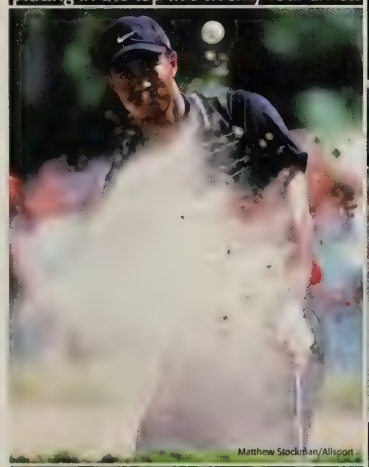


Hulton Picture Library/Allsport

▲ One of basketballs greatest players, Wilt "The Stilt" Chamberlain died at age 63. At the time of his death he still held several NBA records, including the most points scored in one game (100), and the most points scored in one season (4000).

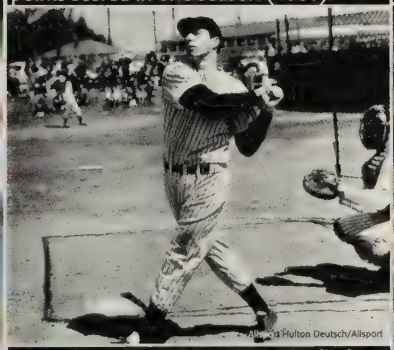
Elsa Hasch/Allsport

▲ Serena Williams became the only African-American woman to win a Grand Slam tennis championship in over 40 years with her win in the US Open women's singles match.



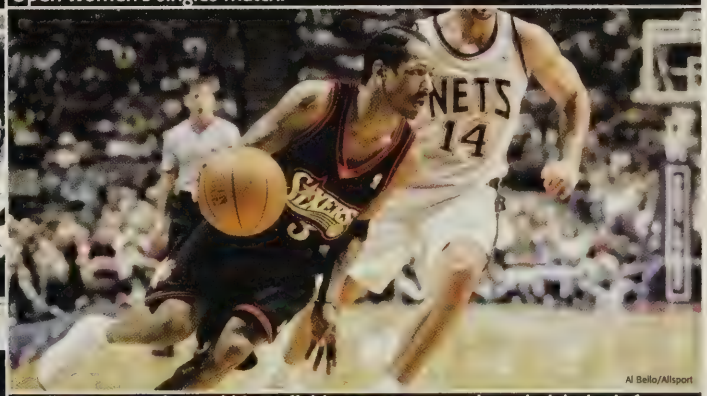
Matthew Stockman/Allsport

▲ Tiger Woods ended '99 at the top of his game, ranked number one in the golfing world.



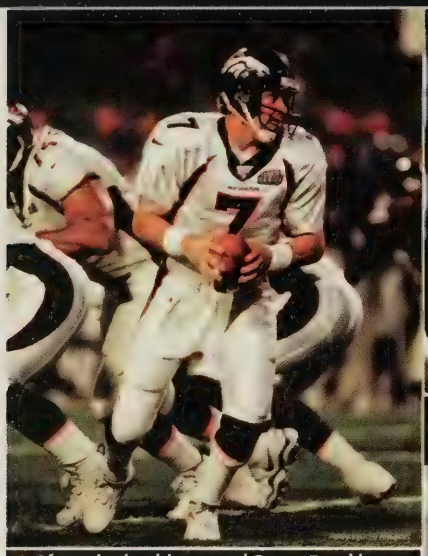
Allsport/Hulton Deutsch/Allsport

▲ "Yankee Clipper" Joe DiMaggio died at age 84. DiMaggio made it in the record books for his 56 game hitting streak in 1941, cementing his spot in baseball history for all time.

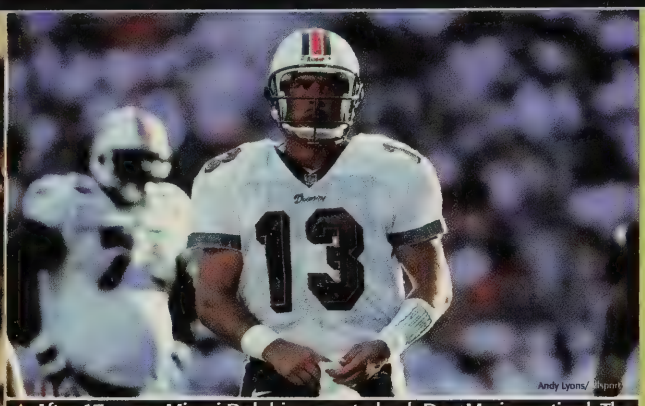


Al Bello/Allsport

▲ Allen Iverson showed his stuff this year. Iverson, whose height is six feet even, was the shortest NBA scoring champion ever. He also finished third in the League and was named to the All-NBA first team.

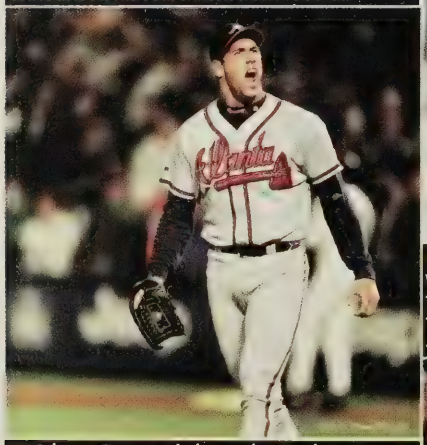


▲ After winning his second Super Bowl in a row, Denver Bronco's quarterback John Elway announced his retirement from football.

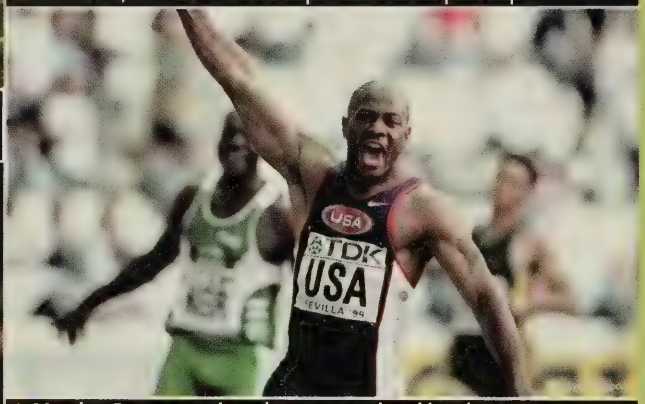


Andy Lyons/ Allsport

▲ After 17 years, Miami Dolphins quarterback Dan Marino retired. The 38-year-old Marino threw for a record 61,361 yards and 420 touchdowns, but never won a Super Bowl Championship.



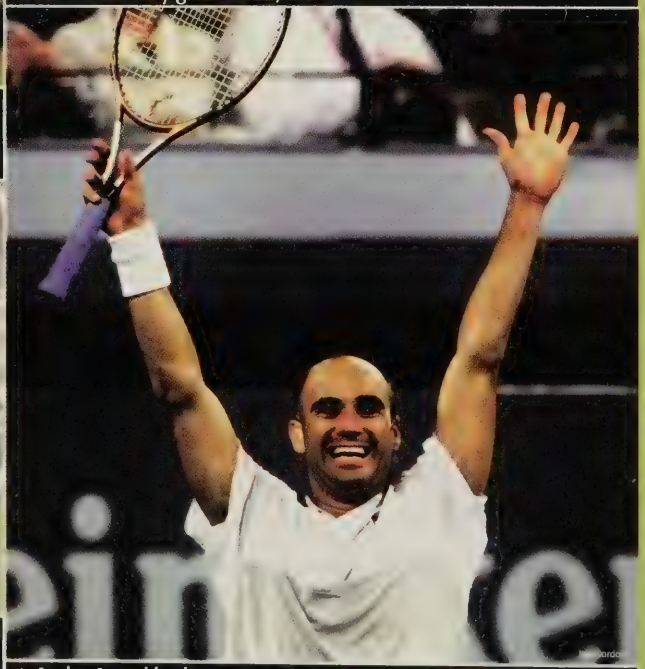
▲ Atlanta Braves pitcher, John Rocker, was suspended by Major League Baseball after making controversial remarks to a Sports Illustrated writer during the off-season.



▲ Maurice Greene continued to wow us, breaking the 100-meter world record in Athens. He added the world indoor 60-meter title, and the 200-meter title to his collection to become the first man to achieve the sprint double in the World Championships. Then he grabbed a 4x100-meter relay gold medal, too.

Robert Laberge /Allsport

▲ Wayne Gretzky retired after 20 seasons with the Edmonton Oilers, Los Angeles Kings, and New York Rangers. Gretzky helped win four Stanley Cup championships and three Canada Cup tournament titles. He was also inducted into the Hockey Hall of Fame in Canada.



▲ Andre Agassi had an awesome year, winning the U.S. Open and the French Open, and taking over the number one ranking from Pete Sampras for the first time since 1996. Agassi and Steffi Graf plan to marry in June.

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